

Serving Seniors through Iowa's Food Banking System and Community Collaborations

Panel:

Diane Erickson, River Bend Food Bank, Programs Director

Tim Getty, Heritage Agency on Aging, Regional Nutrition Coordinator

Linda Gorkow, Iowa Food Bank Association, Executive Director

Susan Kraus, Northeast Iowa Food Bank, Director of Network Relations

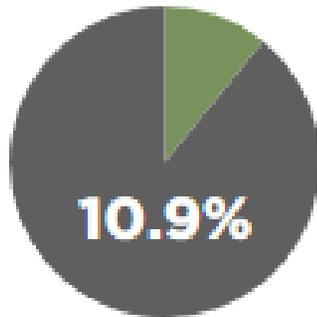


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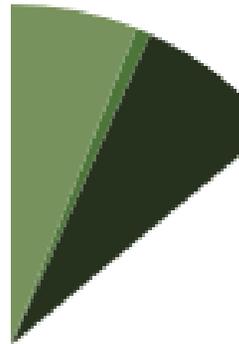
- Senior Hunger in Iowa
- Iowa Food Bank Association & Network overview
- Northeast Iowa Food Bank
- Heritage Agency on Aging and HACAP
- River Bend Foodbank
- Questions & Answers



**FOOD INSECURITY RATE
IN IOWA**



**ESTIMATED PROGRAM ELIGIBILITY AMONG FOOD
INSECURE PEOPLE IN IOWA**



43% Above Other Nutrition Program threshold of 185% poverty

5% Between 160%-185% poverty

52% Below SNAP threshold 160% poverty

FOOD INSECURE PEOPLE IN IOWA

341,890



AVERAGE MEAL COST

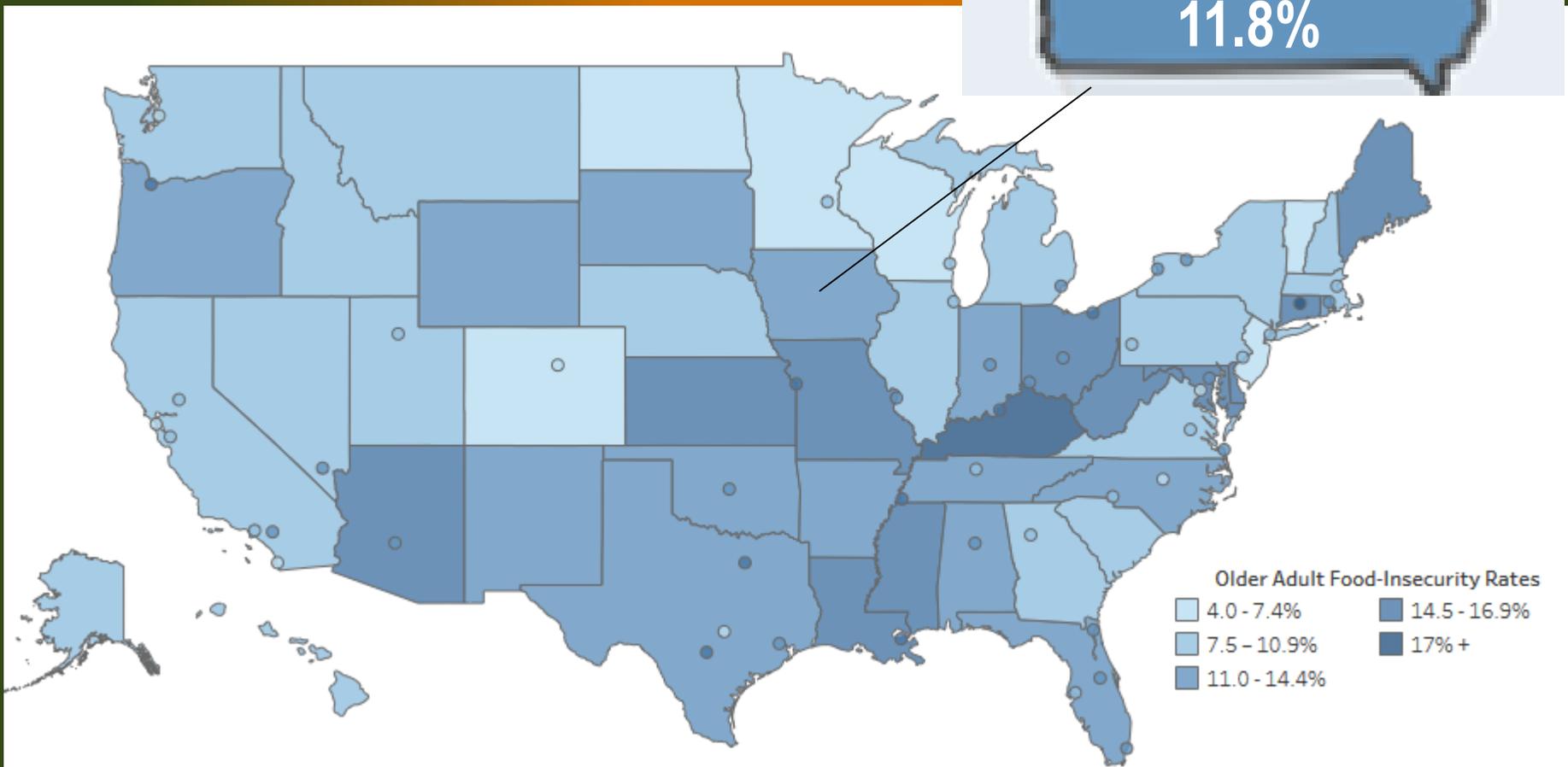
\$2.70

ANNUAL FOOD BUDGET SHORTFALL

\$157,367,000



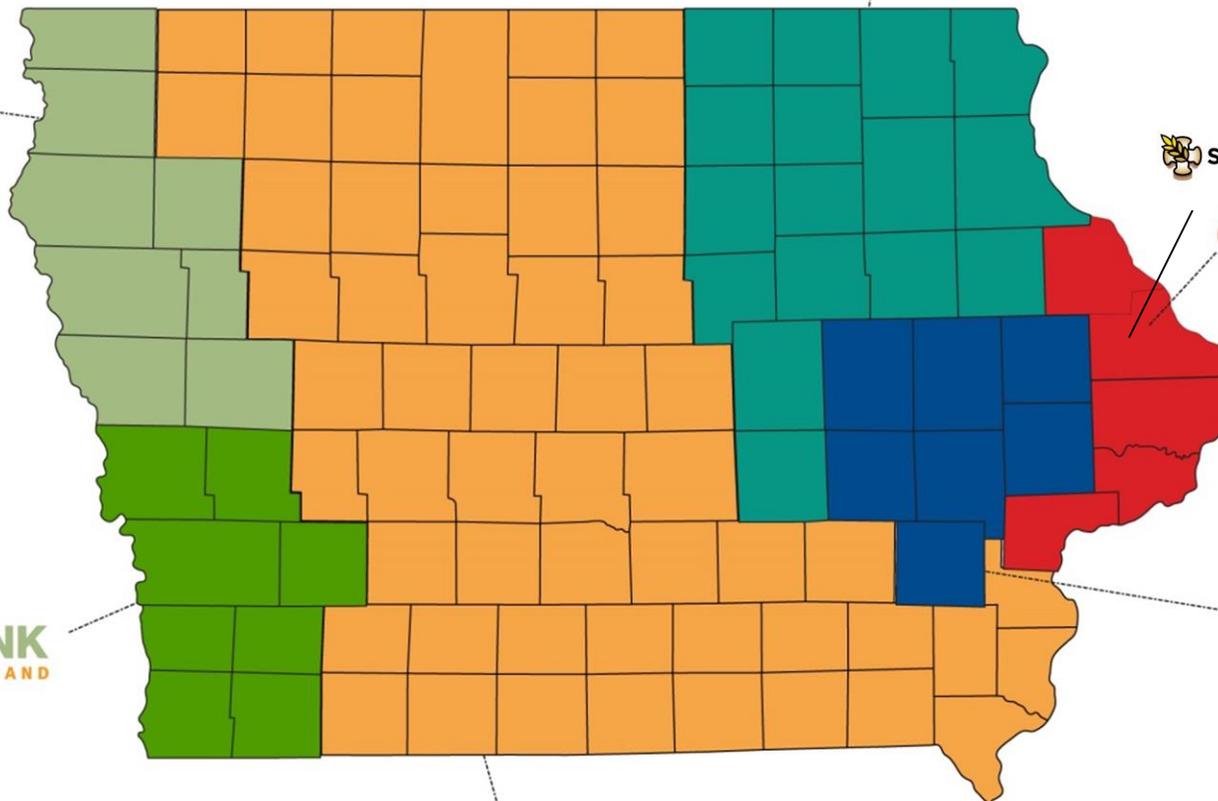
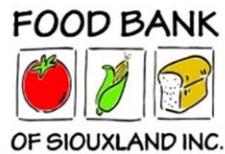
Older adult food insecurity rate in Iowa is 11.8%



Stigma of Hunger

- Pantries and food banks seeing 20% increase
 - One or more negative life incidents
 - Working families
 - Seniors
- Stigma reduces the voice of hunger and its' true impact and presence.

Iowa Food Bank Network





Mission



To support the Feeding America food banks and their affiliates serving Iowa in their work to ensure that sufficient food is accessible to all.

IFBA will work to support the food banks that serve Iowa in the areas of:

- Advocacy
- Food and Fund Raising
- Disaster Relief
- Food Assistance Outreach
- Operational Support

Collaborative efforts will allow for the food banks to become more efficient and effective in serving hungry Iowans.

Total Meal Distribution – 2018

<u>FOOD BANKS</u>	<u>Pounds DISTRIBUTED</u>
Food Bank of Iowa	13,158,775
Food Bank for the Heartland/Food Bank of Siouxland	3,645,023
HACAP Food Reservoir	7,910,816
Northeast Iowa Food Bank	7,739,206
River Bend Food Bank/St. Stephen's Food Bank	7,126,583
TOTAL	32,983,669 meals

vs. a total need of over 63 million meals per year

How Food Banks Work

HOW WE'RE HELPING SOLVE HUNGER:

1



Your gift is the critical first step in feeding millions of people in America at risk of hunger.

2



We build partnerships with:

- Growers
- Processors
- Retailers
- Manufacturers
- Wholesalers

...and encourage them to donate groceries that might otherwise go to waste.

3



Our network moves the food, making sure donated food and groceries go where they are needed most.

4



Network food banks ensure safe storage and distribute the groceries to local charities.

5



Food reaches people facing hunger at:

- Food pantries
- Soup kitchens
- Senior centers
- Homeless shelters
- Youth programs
- Afterschool programs

Food Pantry



Food Bank



Food banks role in anti-hunger fight

- Rescuing safe, edible, quality food that would otherwise be discarded
- Centralized donation point
- Accept small & LARGE donations
- Distribution assurances:
 - Legitimate use
 - Legal requirements
 - Non-discrimination
 - Food safety
- Serve all 99 counties in Iowa
- Partner with more than 1,000 agencies across Iowa
- Advocacy on national, state and county levels
- Disaster relief
- Healthy nudges with fresh foods
- Every \$1 = avg. 5.5 meals
- Food Assistance Outreach
- TEFAP

Where does the food come from?

- **Donations**
 - Manufacturers
 - Distribution centers
 - Retail stores
 - Food drives
- **Food and Funds Drives**
- **TEFAP Program**
- **Purchase**
 - Programs
 - Cooperative purchasing



Programs

- Agency Support – pantries, shelters, soup kitchens
- **Mobile Food Pantries**
- Backpacks
- School Pantries
- Kids Café
- Food Deserts
- **Senior Programs**
- Community Gardens



Partnering to Fight Senior Hunger



IS YOUR GROCERY BUDGET **TIGHT?**

IF YOUR HOUSEHOLD IS AT OR BELOW THE FOLLOWING RANGE, YOU MAY BE ELIGIBLE FOR FOOD ASSISTANCE

HOUSEHOLD SIZE	GROSS MONTHLY INCOME	HOUSEHOLD SIZE	GROSS MONTHLY INCOME
1	\$1,620	5	\$3,924
2	\$2,196	6	\$4,500
3	\$2,772	7	\$5,076
4	\$3,348	8	\$5,652

* FOR EACH ADDITIONAL PERSON, ADD \$576

For assistance with an application or questions about the IFBA Food Assistance Outreach Program

Call the Hotline:

1-855-944-FOOD(3663)

or Email: FoodAssistanceOutreach@iowafba.org

OR APPLY ONLINE AT WWW.OASIS.IOWA.GOV



LEARN MORE ABOUT THE IOWA FOOD BANK ASSOCIATION AT WWW.IOWAFBA.ORG

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FOOD ASSISTANCE PROGRAM HOTLINE

(855) 944-3663 - (855) 944-FOOD

- **Find out if you are eligible**
- **Take your application right over the phone**
- **Friendly, knowledgeable Hotline Specialists happy to serve you**

Food Assistance (SNAP) Outreach

- Outreach to 341,890 lowans depend on Food Assistance to help put complete and nutritious meals on the table
- 7% receiving Food Assistance are over 60 +
- Statewide Google Grant with Feeding America
- Food Assistance Hotline



What we all can do...

- Heart – get interested
- Hands – get involved
- Help – get invested

www.iowafba.org

www.feedingamerica.org

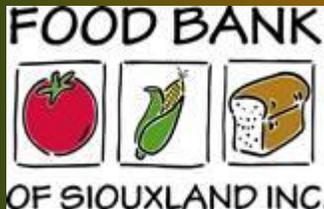




Questions?



Feeding Iowans.



Working together with more than 1,000 partner agencies across the state to end hunger.