

# Iowa Department on Aging Updates

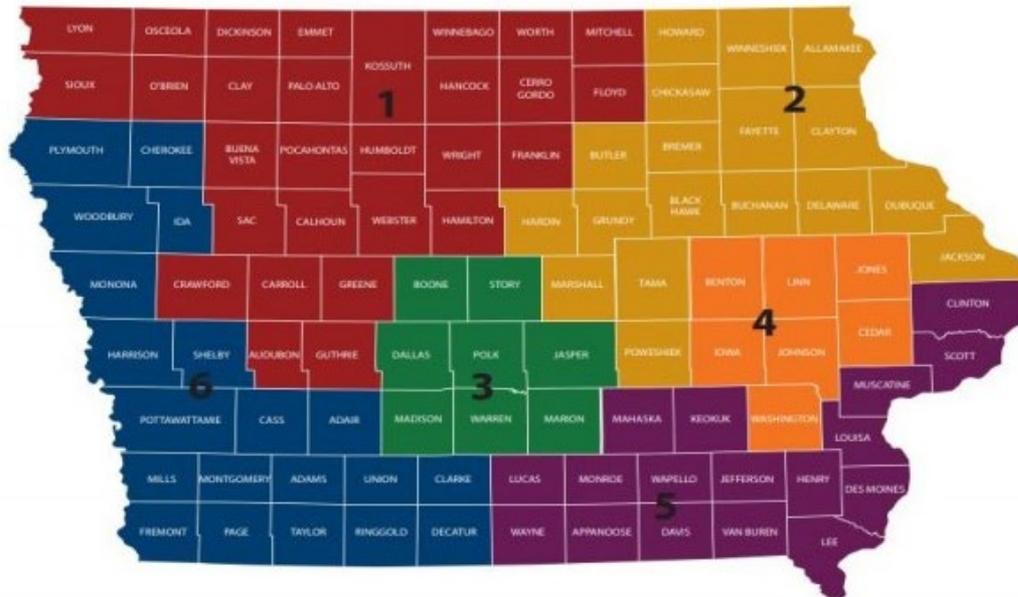


IOWA DEPARTMENT ON AGING

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August 7, 2019

# Iowa Area Agencies on Aging



Planning & Service Area -AAA
PSA 1 Elderbridge
PSA 2 Northeast Iowa Area Agency on Aging-NEI3A
PSA 3 Aging Resources of Central Iowa
PSA 4 Heritage
PSA 5 Milestones
PSA 6 Connections



# OAA Service & Funding Sources

Available AAA services have been organized in the following three broad categories:

- *Information & Service Assistance*
- *Nutrition & Health Promotion*
- *Services to Promote Independence*

The organization of these three broad categories supports efforts for reporting and budgeting.

**Vision:** The Iowa Department on Aging (IDA) supports accessible, integrated services to older adults, adults with disabilities, and caregivers to assist them in maintaining their independence, dignity, autonomy, health, safety, and economic well-being.

**Mission:** IDA will provide resources, tools, and support to enable Area Agencies on Aging (AAA) to effectively deliver the following core services to our consumers:

- *Information & Service Assistance*
- *Nutrition & Health Promotion*
- *Services to Promote Independence*

### Older Americans Act Services

Information & Service Assistance (Mandatory)	Nutrition & Health Promotion (Mandatory)	Services to Promote Independence (Optional)	
<ul style="list-style-type: none"> <li>• Case Management FC Case Management ORC Case Management - Optional EAPA Assessment &amp; Intervention</li> <li>• FC Counseling ORC Counseling - Optional</li> <li>• Information &amp; Assistance FC Information &amp; Assistance ORC Information &amp; Assistance- Optional EAPA Consultation</li> <li>• Legal Assistance</li> <li>• Options Counseling FC Options Counseling ORC Options Counseling - Optional</li> </ul>	<ul style="list-style-type: none"> <li>• Congregate Nutrition FC Congregate Nutrition –Optional ORC Congregate Nutrition – Optional</li> <li>• Health Promotion: Evidence-Based</li> <li>• Health Promotion: Non Evidence-Based (Optional)</li> <li>• Home Delivered Nutrition FC Home Delivered Nutrition - Optional ORC Home Delivered Nutrition- Optional</li> <li>• Nutrition Counseling</li> <li>• Nutrition Education</li> </ul>	<ul style="list-style-type: none"> <li>• Adult Day Care / Health</li> <li>• Assisted Transportation</li> <li>• Behavioral Health Supports</li> <li>• Chore</li> <li>• Emergency Response System FC Emergency Response System ORC Emergency Response System</li> <li>• Homemaker</li> <li>• FC Information Services ORC Information Services</li> </ul>	<ul style="list-style-type: none"> <li>• Material Aid FC Supplemental Services ORC Supplemental Services</li> <li>• Outreach</li> <li>• Personal Care</li> <li>• FC Respite Care ORC Respite Care</li> <li>• FC Support Groups ORC Support Groups</li> <li>• Training &amp; Education FC Training ORC Training</li> <li>• Transportation</li> </ul>

## Aging & Disability Resource Center: Community Navigation & Coordination System

January 2019

<b>System Access</b>
<ul style="list-style-type: none"> <li>* 866-468-7887</li> <li>* www.lifelonglinks.org</li> <li>* Visits AAA</li> <li>* Outreach Service</li> </ul>
<b>Consumers</b>
<ul style="list-style-type: none"> <li>1) Individuals Age 60 or Older</li> <li>2) Individuals Age 18 or Older Living With a Disability</li> <li>3) Family Caregivers</li> <li>4) Veterans</li> </ul> <p>Or Someone Calling on a Consumer's Behalf</p>

<b>Navigation of Supports &amp; Services</b>
<b>Information &amp; Assistance Service</b>
<ul style="list-style-type: none"> <li>- Caregiver Assistance (FCG)</li> <li>- Caregiver Assistance (ORC)</li> <li>- EAPA Consultation</li> </ul>
<b>Minimal Service Intervention</b> Short Duration
<ul style="list-style-type: none"> <li>* Can self-advocate or arrange for supports &amp; services</li> <li>* May need information and/or guidance on private and public programs and services</li> </ul>

Need I&A on OAA Services?

<b>Coordination of Supports &amp; Services</b>
<b>Options Counseling Service</b> (0 – 90 Days)
<ul style="list-style-type: none"> <li>- Family Caregiver</li> <li>- Older Relative Caregiver</li> </ul>
<b>Limited Service Intervention</b> Varied Duration
<ul style="list-style-type: none"> <li>* Have a critical point in time need</li> <li>* Financial need but not eligible or don't need long-term public support</li> <li>* ADL and/or IADL impairment</li> <li>* Can address other needs on own</li> <li>* May be able to contribute toward cost of service</li> <li>* Would benefit from preventative service</li> </ul>
<b>Intensive Service Intervention</b> Long Term Duration
<ul style="list-style-type: none"> <li>* Have financial needs</li> <li>* ADL and/or IADL impairments</li> <li>* Alone or minimal caregiver support</li> <li>* Caregivers with high demands</li> <li>* Other indicators: mental health issues, food insecurity</li> </ul>

Need Additional Assistance From OAA Services?

Connect to Other Resources Within ADRC Like:	Disability Resources	Housing	Palliative Care
	Mental Health Assistance	Oral Health	Financial Management Counseling
	Veteran Assistance	Food Assistance	Other Supports & Services

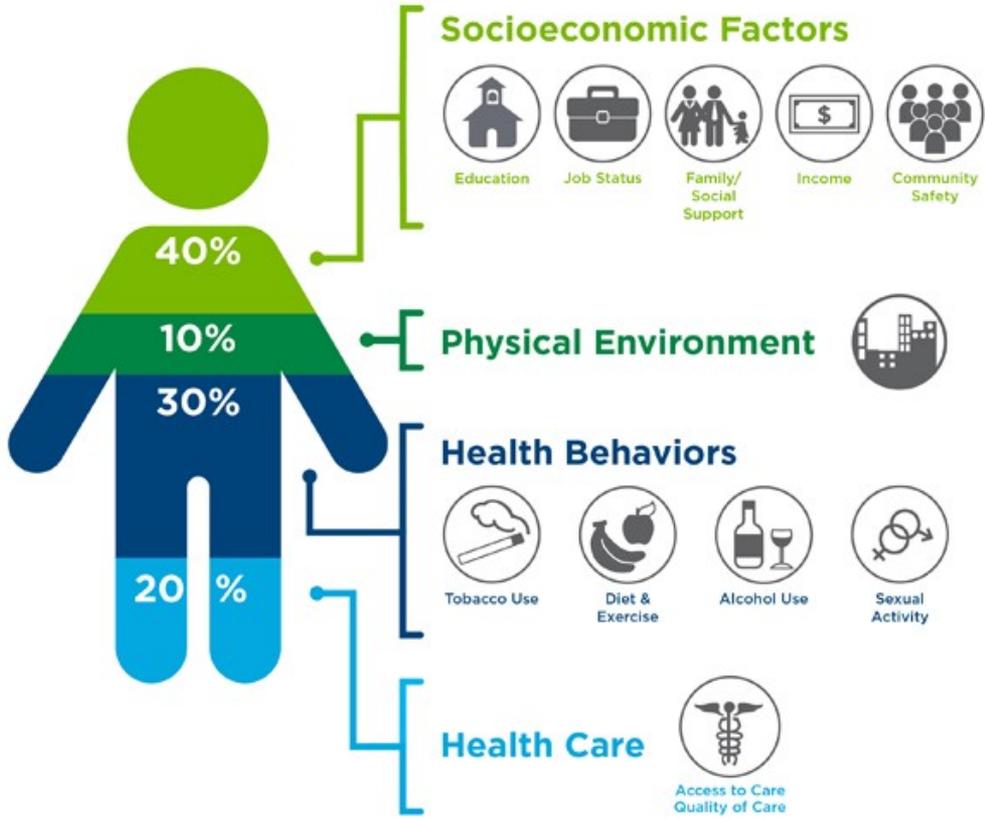
Older Americans Act Services	
Adult Day / Health Services	Homemaker Service
Assisted Transportation Service	Information Services
Behavioral Health Supports	- Family Caregiver - Older Relative Caregiver
Case Management Service (90 days)	Legal Assistance
- Assistance: Caregiver Case Management - EAPA Assessment & Intervention	*Maternal Aid Service
Chore Service	- Supplemental Services: Family Caregiver - Supplemental Services: Older Relative Caregiver
*Congregate Nutrition	*Nutrition Counseling Service
- Family Caregiver - Older Relative Caregiver	*Nutrition Education Service
Counseling – Family Caregiver	Outreach Service
Emergency Response System	Personal Care Service
- Family Caregiver - Older Relative Caregiver	Respite Care Service
*Health Promotion: Evidence-Based	Support Groups - Caregivers
*Health Promotion: Non Evidence-Based	Training & Education
*Home Delivered Nutrition	- Training Family Caregiver - Training Older Relative Caregiver
- Family Caregiver - Older Relative Caregiver	*Transportation Service

\*These services may be accessed independently without going through the system. Intake forms are still required to be completed by providers and contractors and submitted to AAAs.

**Key**

- Mandatory Core OAA Services
- Optional OAA Services
- Potential Other ADRC Services

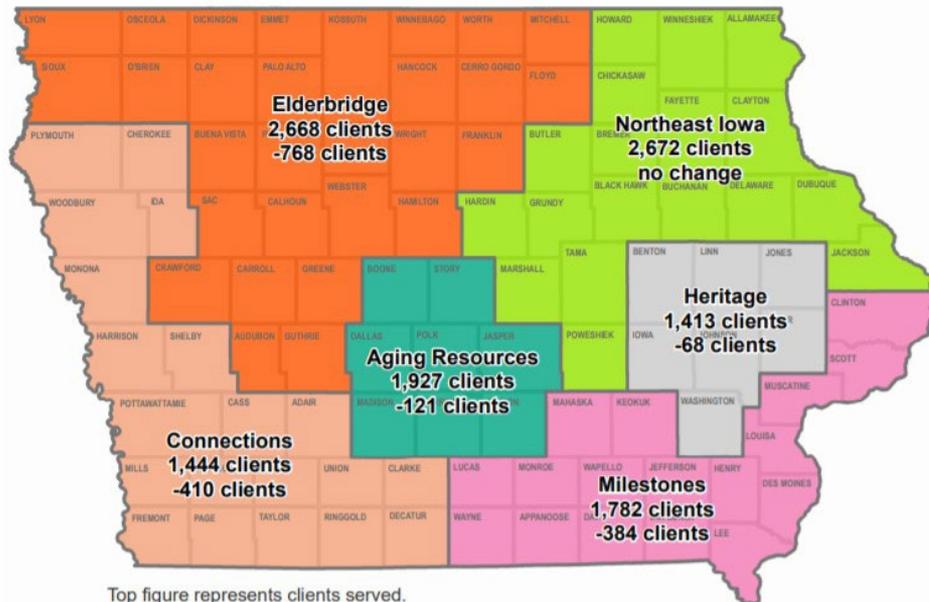
# What Goes Into Your Health?



Source: Institute for Clinical Systems Improvement, Going Beyond Clinical Walls: Solving Complex Problems (October 2014)

# Department on Aging Area Agencies on Aging — FY 2018

The Area Agencies on Aging (AAAs) respond to the needs of persons aged 60 and over by assessing current needs, services, and programs available to older Iowans. Likewise, AAAs provide information and assistance services to that population and advocate on its behalf.



Top figure represents clients served.  
Bottom figure represents change since 2017.

AAAs Funding Sources  
FY 2018



AREA AGENCIES ON AGING STATE FUNDING  
AND UNDUPLICATED CLIENTS SERVED – FY 2018

Agency	General Fund	Total All Dollars	General Fund Clients Served
Elderbridge	\$ 1,565,041	\$ 5,543,937	2,668
Northeast Iowa	1,554,812	5,231,547	2,672
Aging Resources	1,307,770	8,163,393	1,927
Heritage	985,301	5,260,868	1,413
Milestones	1,347,900	4,467,225	1,782
Connections	1,214,491	4,060,088	1,444
<b>Total</b>	<b>\$ 7,975,315</b>	<b>\$ 32,727,058</b>	<b>11,906</b>

Notes: These numbers represent the proportion of clients served based on the proportion of the General Fund divided by all cash expenditures reported. The AAAs were reorganized in FY 2013, reducing the number of AAAs from 13 to 6.

Source: Department on Aging  
LSA Staff Contact: Jess Benson (515.281.4611) [jess.benson@legis.iowa.gov](mailto:jess.benson@legis.iowa.gov)

Congregate Meals

Home Delivered Meals

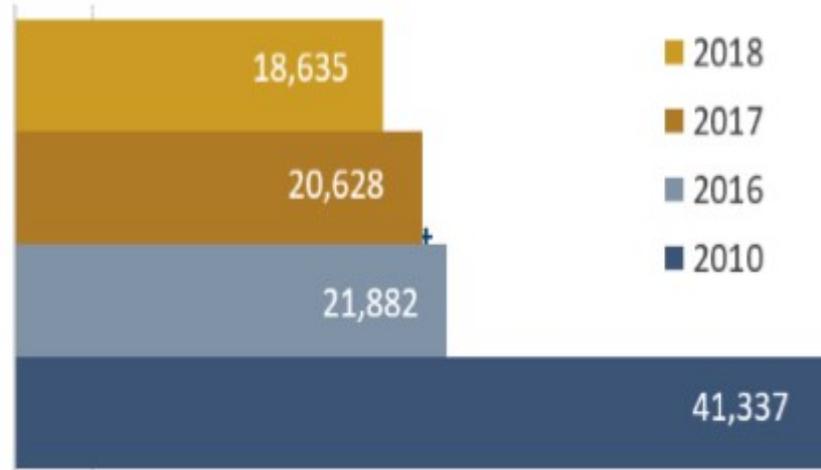
892,185 Meals

1,157,942 Meals

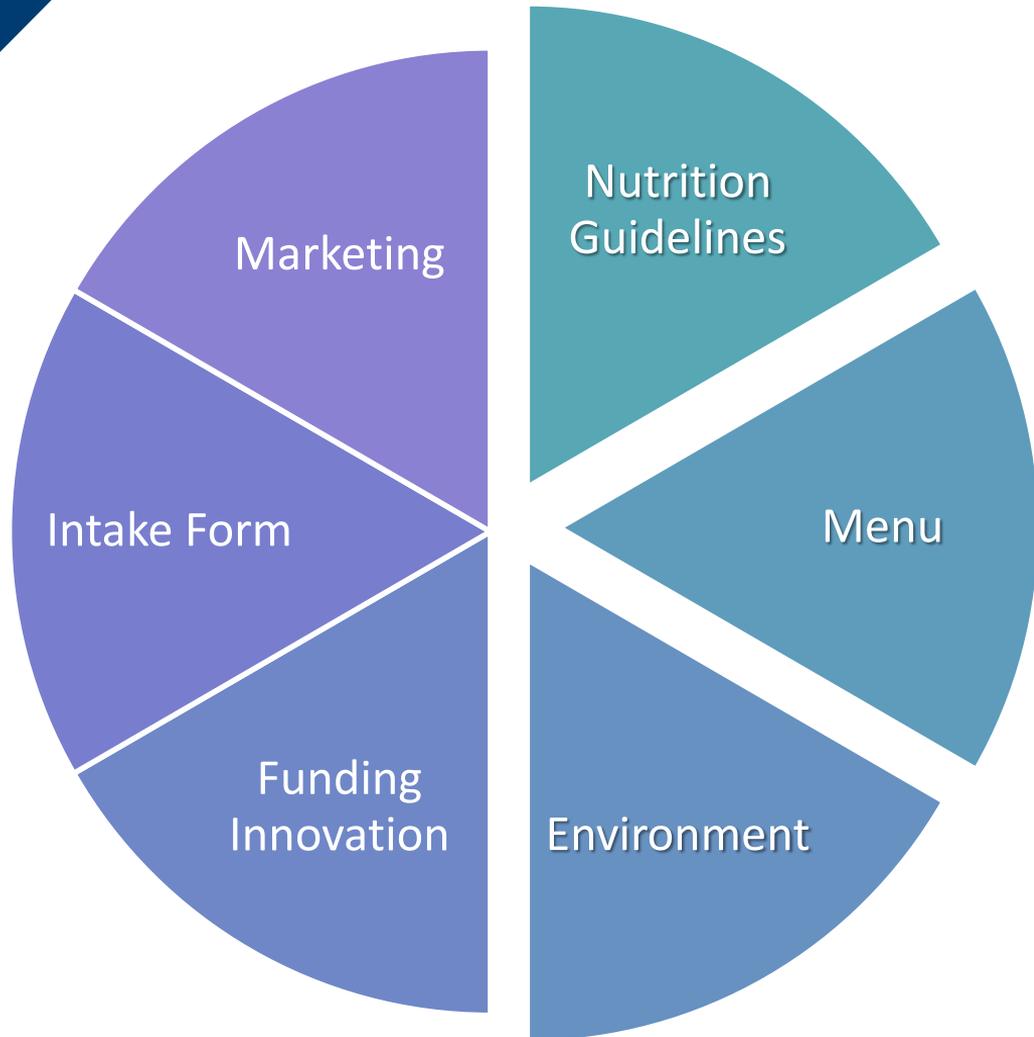
18,325 Consumers

10,033 Consumers

# Congregate Meal Innovation

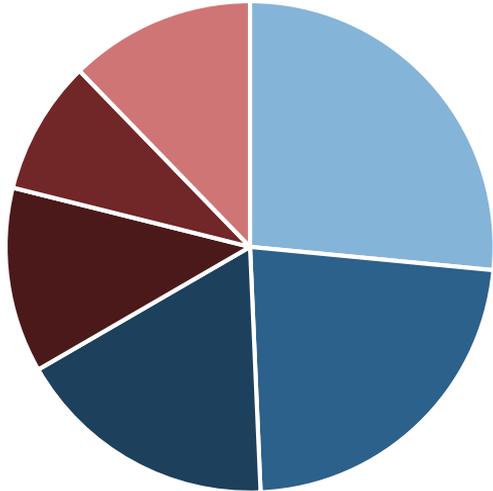


Source: Iowa Department on Aging, Aging & Disability Database



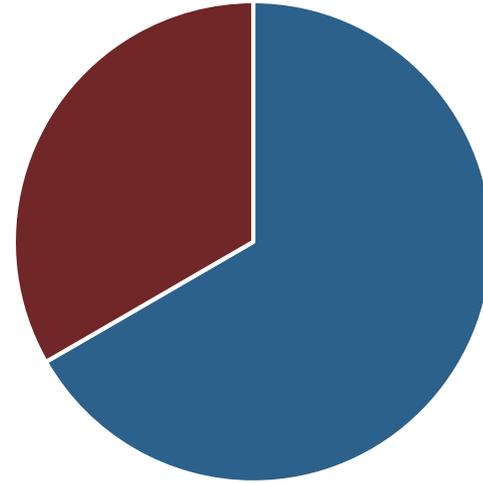
# Aging Population in Iowa

Age Groups in Iowa



- Age 60-64
- Age 65-69
- Age 70-74
- Age 75-79
- Age 80-84
- Age 85+

Generations in Iowa



- Baby Boomers aged 60+
- The Silent Generation

2019

“ *There will be over twice the number of people age 65 and over in 2040 compared to year 2000.* ”

# Purpose of Congregate Meals



Reduce Hunger and Food Insecurity



Promote Socialization of Older Individuals



Promote health and well-being with access to nutrition and other disease prevention/health promotion services.

# Eligibility for OAA

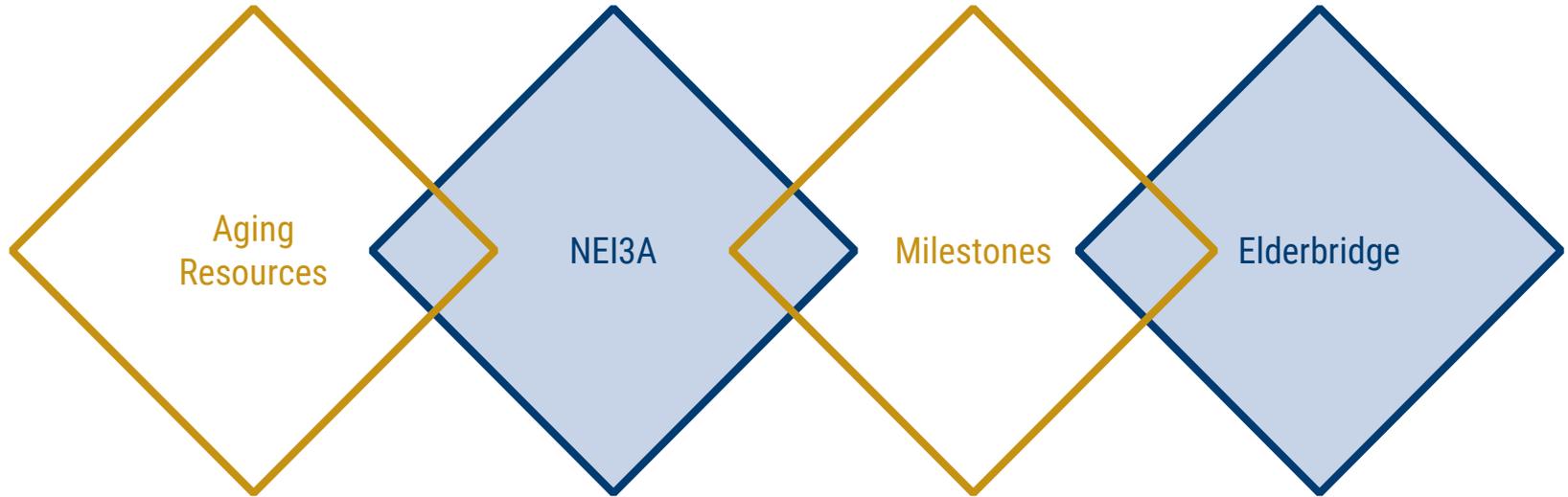
## Congregate Meals

Individuals aged 60 or older and their spouses (regardless of age) may participate in the congregate nutrition program. The following groups may also receive meals: persons under age 60 with disabilities who reside in housing facilities occupied primarily by the elderly, where congregate meals are served; persons with disabilities who reside with, and accompany, older persons to meals in congregate settings; and volunteers who provide services during the meal hours.

## Home Delivered Meals

Individuals aged 60 or older who is considered home bound, and their spouses (regardless of age) may participate in the home-delivered nutrition program. Services may be available to individuals under age 60 with disabilities if they reside at home with the older individual.

# AAA Updates and “High Fives”





# THANKS!

**Any questions?**

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515-494-7250 or [alexandra.curtis@iowa.gov](mailto:alexandra.curtis@iowa.gov)