

How Does Iowa's Health Rank?

Healthy Iowans 2017 State Health Assessment Supplement



January 2018



Coordinated by the Bureau of Planning Services
Iowa Department of Public Health



Iowa's health issues with indicators ranked in the bottom 20 states

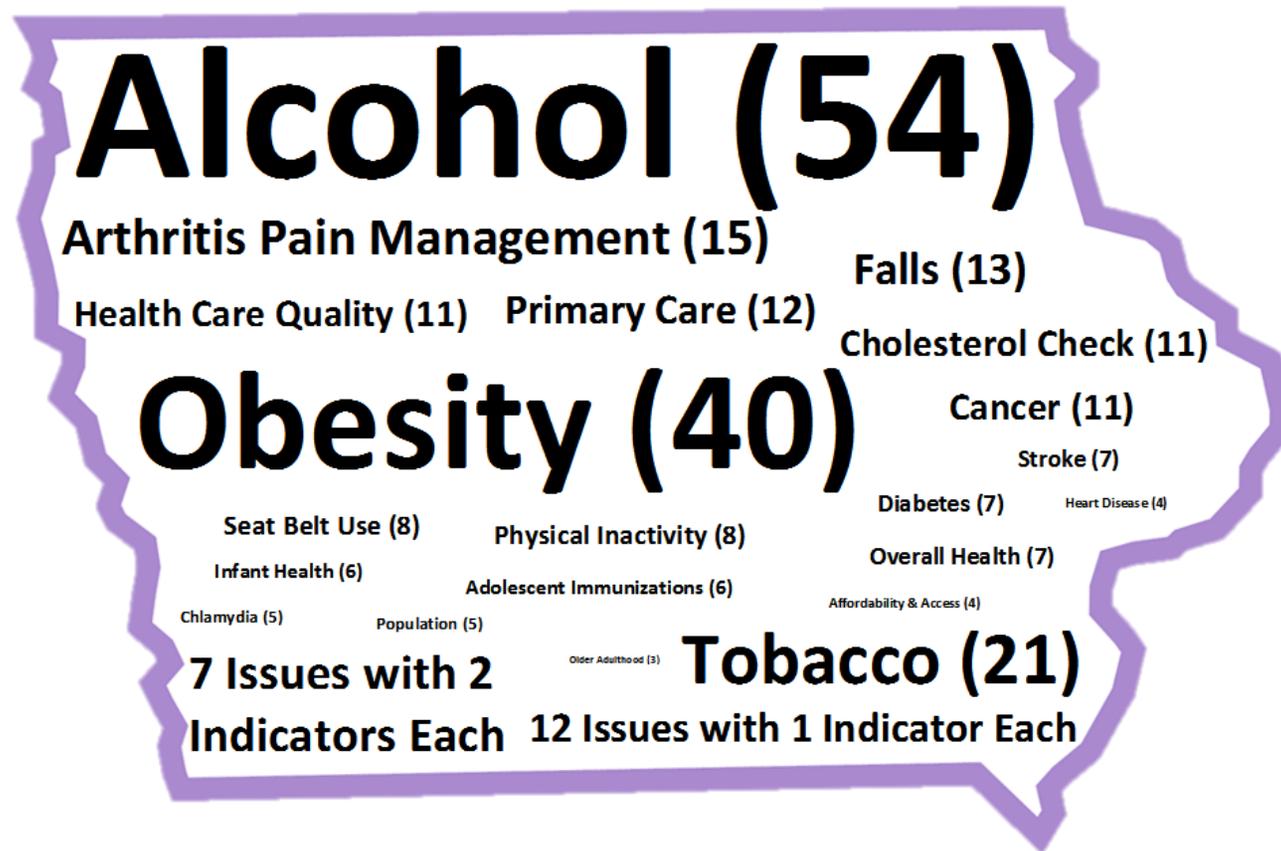
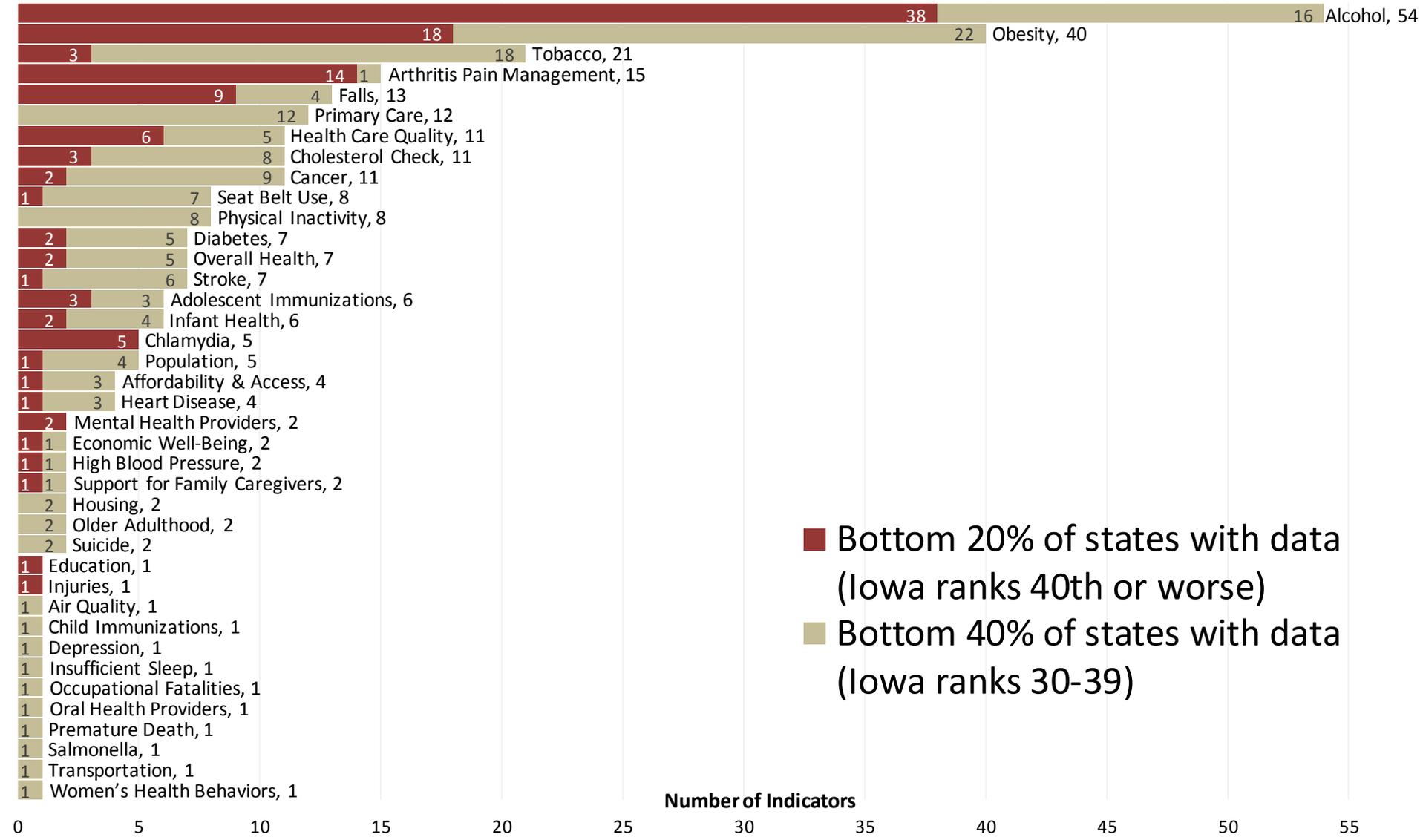


Figure 1. Health issues where Iowa has indicators ranked in the bottom 20 states. The size of text reflects the number of indicators (also in parentheses after the health issue) for which Iowa ranked 30th or lower when compared with all states ([Appendix A](#)). Based on analysis conducted by the Bureau of Planning Services of more than 1,350 health-related indicators from six national health ranking reports and scorecards:

- America's Health Rankings® Annual Report, 2017
- America's Health Rankings® Senior Report: A Call to Action for Individuals and Their Communities, 2017
- America's Health Rankings 2016 Health of Women and Children Report
- Commonwealth Fund Scorecard on State Health System Performance, 2017 Edition
- County Health Rankings and Roadmaps, 2017
- Long-Term Services & Supports State Scorecard, 2017

Iowa Health Issues by the Number of Low-Ranking Indicators



■ Bottom 20% of states with data (Iowa ranks 40th or worse)

■ Bottom 40% of states with data (Iowa ranks 30-39)

Figure 2. Iowa Health Issues by the Number of Low-Ranking Indicators. This figure shows the total number of indicators where Iowa ranked 30th or lower, broken down by the number of indicators with performance that is poor (ranks 30-39) and very poor (ranking of 40th or lower).

Iowa's Health Indicators: Who's Affected?

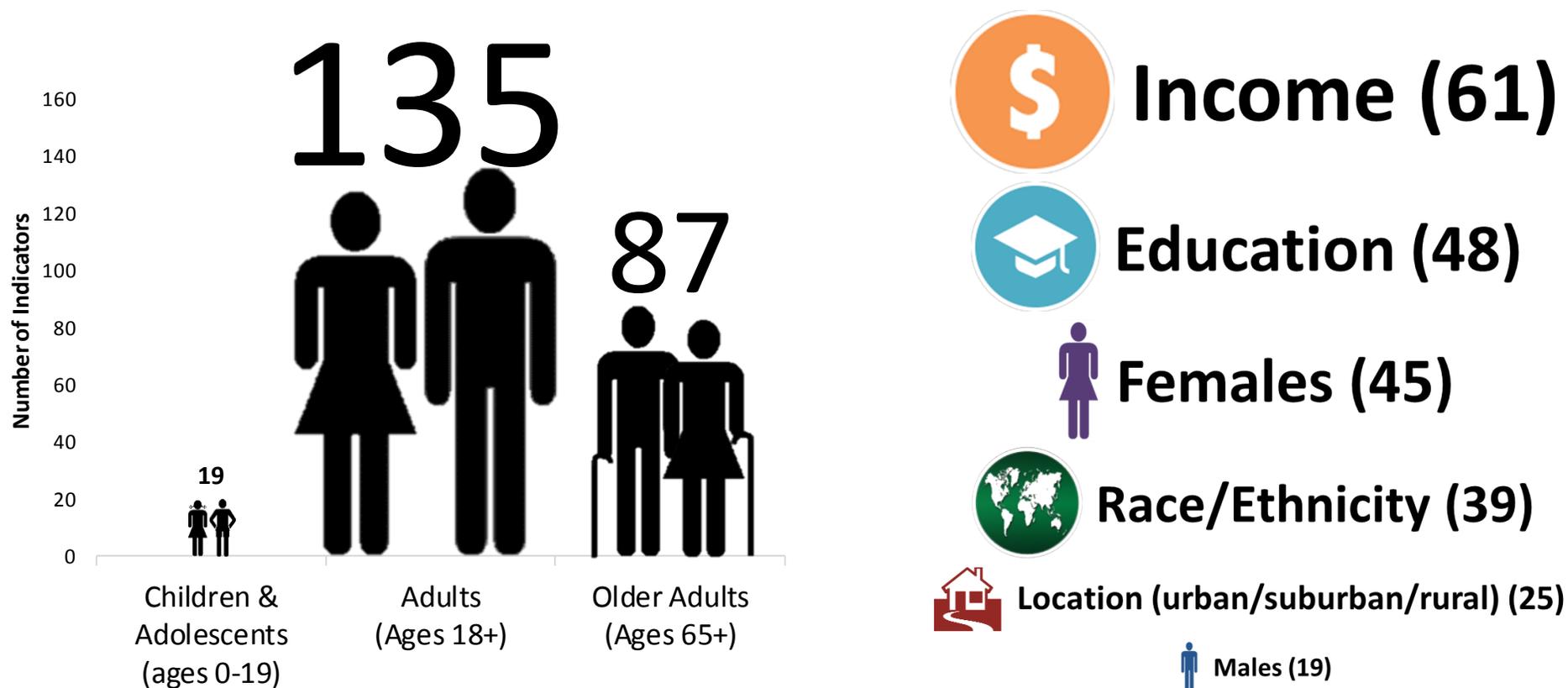


Figure 3. Iowa's Health Indicators: Who's Affected?¹ These graphics represent the number of indicators with low rankings by age groups (children & adolescents ages 0-19, adults 18 and older, and older adults ages 65 and older), income groups, education levels, gender, race/ethnicity (e.g., Black, Hispanic, White), and location (urban, suburban, or rural).

¹ Categories may overlap. For age groups, an indicator was classified in only one of the three categories. For example, suicides for ages 15-19 were included only in the Children & Adolescents category despite including 18 and 19 year olds. In addition, older adults ages 65+ only included indicators that specifically referred to adults over age 65. If the indicator included all ages 18 and older, the indicator was classified in the adult category only. For the non-age related categories, the number of indicators is listed in parentheses after the category name. A single indicator could be in more than one category. For example, an indicator affecting low-income Hispanic males would be classified in the Income, Race/Ethnicity, and Males categories. In addition, not every indicator could be classified into one of these groups. Thus, totals for the categories do not equal the total number of indicators.

Recommendations and use of this document

In the end, this document should generate as many questions as answers about Iowa's top health issues. Using these six reports to compare Iowa's performance on a nationally recognized set of health-related indicators with the performance of other states and the nation is one of many steps we can take to identify important health-related issues. Other considerations include studying trends over time; making comparisons with other achievable benchmarks; exploring additional disparities; reviewing other reports, topics, and data sources; and having ongoing conversations with those interested in improving health in Iowa and the nation.

Additionally, the three infographics (pages 1-3) and [Appendix A](#) (pages 7-30) in this document add to the ongoing assessment of Iowa's top health issues. They reflect *additional* evidence for 39 health issues and provide details about 279 health indicators for which Iowa ranks 30th or lower when compared with all states. The identified issues should be *considered* by Iowans and professionals working to improve health in Iowa for inclusion in [Healthy Iowans: Iowa's State Health Improvement Plan](#). In addition, the issues represent possible topics for additional research, planning or other interventions. In particular, five health issues represent more than half (51%) of the indicators for which Iowa performs poorly compared with other states:

1. Alcohol Use (54 of the 279 total indicators ranking 30th or below)
2. Obesity (40)
3. Tobacco Use (21)
4. Arthritis Pain Management (15)
5. Falls (13)

Of these five, only Arthritis Pain Management is not currently in [Healthy Iowans: Iowa's State Health Improvement Plan](#). Given the growing concern of opioid overuse and abuse (often beginning as part of pain management), this issue should be considered for inclusion in Healthy Iowans. Other issues that are not currently in Healthy Iowans include several related to cardiovascular disease, specifically, cholesterol screening (11 indicators), stroke (7), and high blood pressure (2). Heart disease is currently the focus for *Healthy Iowans*. Perhaps these related issues warrant attention as well. [Appendix A](#) provides details about these and other issues not currently in Healthy Iowans (**highlighted RED**).

The five top issues also include important health equity and life course indicators. The 143 indicators in these five issues reflect majorities of indicators related to females (78%), education (69%), income (64%), location (64%), adults (64%), and older adults (61%). Because of this review, indicators **highlighted GREEN** in Appendix A were proposed to Healthy Iowans stakeholders, revised based on feedback, and will be included as measures of health improvement with targets in the 2018 revision of Healthy Iowans. However, not all of the health equity subcategories (income, education, race/ethnicity, etc.) will be included yet, mainly because the data do not show disparities *within Iowa* for those indicators. For example, for some indicators nearly all subgroups have similar (poor) values. Thus, improvement for all subgroups is necessary to achieve health improvement for the state instead of focusing on particular subgroups or disparities. Obesity is a good example with nearly no subgroups performing well. As a result, it is necessary to prevent and reduce obesity in all populations rather than a more targeted approach. Thus, *Healthy Iowans* sets an obesity target for all adults. A target for obesity in adults with disabilities is also included as a population that is not included in these other subgroups.

Methodology

An important piece of assessing Iowa's health is to compare Iowa's performance on health-related indicators with the performance of other states and the nation. Six national health rankings and scorecard reports ([Appendix A](#)) were selected for review and analysis based on the breadth of their analysis [i.e., they included non-health indicators that directly affect health (e.g., education, income, housing)], availability of downloadable datasets, and consistency in measurement over time. Overall, the reports included data for Iowa and at least 35 other states for 1,356 indicators. Iowa's ranking was determined simply by comparing the absolute values for each indicator with comparable values for other states. The definitions for each indicator reflect those used in the specific report. Categories for comparing differences by income, education, race/ethnicity, age groups, etc., were determined by the report and may not be the same across indicators. The Bureau of Planning Services categorized indicators by the Healthy Iowans focus areas and into descriptive health issue categories.

Based on this methodology, there are several caveats.

1. Iowa's ranking for each indicator was determined simply by comparing the absolute value rather than by evaluating for statistical or practical differences. This means that for some indicators Iowa may have ranked lower than another state even if its value for a specific indicator was essentially the same as the higher ranked state. Thus, the rankings for individual indicators and the health issues highlighted in this report should be used as rationale to begin other analyses rather than to make final decisions about whether or not Iowa is performing well.
2. Ranking states may not identify issues where every state is performing poorly. Obesity is an example of an issue where nearly no states are performing well. Thus, a rank of 10 versus 30 might mislead one into deciding that obesity is not an important health issue for that state. For obesity, Iowa has many rankings below 30 so the issue is identified as an important one, but further analysis is necessary to determine whether indicators with ranks 1-29 merit attention as well.
3. The issues identified reflect only those included in the six reports. While these reports include a mixture of indicators relating to different age groups; chronic and acute diseases; behavioral, clinical, environmental and policy factors; and population demographics, they do not include an equal number of indicators for these factors nor every possible topic that affects health. Thus, this report should not be used to claim these issues are the only ones of importance to Iowa.

Suggested Citation:

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Appendix A. National Health Rankings & Scorecard Reports

Ranking Report or Scorecard	# of indicators with Iowa data	Accessed At
America's Health Rankings® Annual Report, 2017	554	https://www.americashealthrankings.org/
America's Health Rankings® Senior Report: A Call to Action for Individuals and Their Communities, 2017	263	https://www.americashealthrankings.org/
America's Health Rankings® 2016 Health of Women and Children Report	385	https://www.americashealthrankings.org/
Commonwealth Fund Scorecard on State Health System Performance, 2017 Edition	60	http://datacenter.commonwealthfund.org
County Health Rankings and Roadmaps, 2017	70	http://www.countyhealthrankings.org/
Long-Term Services & Supports State Scorecard, 2017	24	http://longtermscorecard.org/

Indicators where Iowa ranks 30th or below (sorted by Iowa Rank)

Green highlighted rows include indicators that are substantially the same² as those included in the 2018 Healthy Iowans revision to be published in spring 2018.

Red highlighted rows indicate Health Issues not currently included in Healthy Iowans.

Healthy Iowans Focus Area	Health Issue	Short Indicator Description	Who's Affected	Full Indicator	Iowa Rank	Iowa Value	Best State Value	Worst State Value	US Value	Data Source	URL	Data Year
Addictive Behaviors	Alcohol	Binge Drinking	College Grad: Ages 25+	Percentage who reported having four or more (women) or five or more (men) drinks on one occasion in the past month	50	22.6	8.7	22.6	16.6	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Alcohol	Excessive Drinking	College Grad: Ages 25+	Percentage who reported either binge drinking (having four or more [women] or five or more [men] drinks on one occasion in the past month) or chronic drinking (having eight or more [women] or 15 or more [men] drinks per week)	50	23.4	9.6	23.4	18.4	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Health System Improvement	Health Care Quality	Effective Transitions	Ages under 65	Percent of people with 90+ day nursing home stays successfully transitioning back to the community	50	4.1	14.9	4.1	7.4	Long-Term Services & Supports State Scorecard	http://longtermscorecard.org/2017-scorecard	2012
Health System Improvement	Arthritis Pain Management	Pain Management	Urban: Ages 65+	Percentage with arthritis who reported that arthritis or joint pain does not limit their usual activities	49 of 49	36.6	56.5	36.6	46.4	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015

² Indicators in Healthy Iowans may use different data sources for an indicator (e.g., where possible, the original data source is used rather than a ranking report) or have minor wording variations, changes in age groupings, race/ethnicity categories, or other changes that reflect the original data sources.

Healthy Iowans Focus Area	Health Issue	Short Indicator Description	Who's Affected	Full Indicator	Iowa Rank	Iowa Value	Best State Value	Worst State Value	US Value	Data Source	URL	Data Year
Addictive Behaviors	Alcohol	Binge Drinking	Income \$75,000 or More: Ages 25+	Percentage who reported having four or more (women) or five or more (men) drinks on one occasion in the past month	49	27.7	12.6	28.6	20.2	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Alcohol	Excessive Drinking	Females: Ages 18-24	Percentage who reported either binge drinking (having four or more drinks on one occasion in the past month) or chronic drinking (having eight or more drinks per week)	49	32.2	13.4	38.5	21.1	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Addictive Behaviors	Alcohol	Excessive Drinking	Females: Ages 18-44	Percentage who reported either binge drinking (having four or more drinks on one occasion in the past month) or chronic drinking (having eight or more drinks per week)	49	24.3	10.7	28.7	17.7	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Addictive Behaviors	Alcohol	Excessive Drinking	Income \$75,000 or More: Ages 25+	Percentage who reported either binge drinking (having four or more [women] or five or more [men] drinks on one occasion in the past month) or chronic drinking (having eight or more [women] or 15 or more [men] drinks per week)	49	29.1	13.5	30.6	22.2	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Alcohol	Excessive Drinking	Some College: Females ages 18-44	Percentage who reported either binge drinking (having four or more drinks on one occasion in the past month) or chronic drinking (having eight or more drinks per week)	49	26	9.5	28.9	16.6	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Health System Improvement	Affordability & Access	Affordability & Access	All, Disabilities, Older adults	Aging and Disability Resource Center / No Wrong Door Functions (composite indicator, scale 0-100%)	49	0	92	0	60	Long-Term Services & Supports State Scorecard	http://longtermscorecard.org/2017-scorecard	2016
Healthy Living	Chlamydia	Chlamydia	Black / African American	Number of new cases of chlamydia per 100,000 population	49	2167	160	2201	1115	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Healthy Living	Obesity	Obesity	Males: Ages 65+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	49	36.4	19.1	36.8	28.2	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Addictive Behaviors	Tobacco	Smoking	Black: Ages 18+	Percentage who are smokers (reported smoking at least 100 cigarettes in their lifetime and currently smoke every or some days)	36 of 37	28.4	11.3	32.4	18.4	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Alcohol	Binge Drinking	Ages 18-44	Percentage who reported having four or more (women) or five or more (men) drinks on one occasion in the past month	48	31	16.9	34.8	24.2	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Alcohol	Binge Drinking	Some College: Ages 25+	Percentage who reported having four or more (women) or five or more (men) drinks on one occasion in the past month	48	20.7	9.7	26	16.2	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016

Healthy Iowans Focus Area	Health Issue	Short Indicator Description	Who's Affected	Full Indicator	Iowa Rank	Iowa Value	Best State Value	Worst State Value	US Value	Data Source	URL	Data Year
Addictive Behaviors	Alcohol	Excessive Drinking	Females: Ages 35-44	Percentage who reported either binge drinking (having four or more drinks on one occasion in the past month) or chronic drinking (having eight or more drinks per week)	48	19.7	8.4	19.8	13.6	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Addictive Behaviors	Alcohol	Excessive Drinking	White: Females ages 18-44	Percentage who reported either binge drinking (having four or more drinks on one occasion in the past month) or chronic drinking (having eight or more drinks per week)	48	26.8	10.5	28.9	20.8	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Chronic Disease	Diabetes	Diabetes	Income Less than \$25,000: Females ages 18-44	Percentage who reported being told by a health professional that they have diabetes (excludes prediabetes and gestational diabetes)	48	9.8	3.1	11.6	6.3	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Health System Improvement	Arthritis Pain Management	Pain Management	Females: Ages 65+	Percentage with arthritis who reported that arthritis or joint pain does not limit their usual activities	48	40.1	57.5	36.6	47.9	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Health System Improvement	Arthritis Pain Management	Pain Management	Income Less Than \$25,000: Ages 65+	Percentage with arthritis who reported that arthritis or joint pain does not limit their usual activities	48	42.2	64.4	39.2	54.4	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Healthy Living	Obesity	Obesity	Income \$50-\$74,999: Ages 25+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	48	36.8	25.9	43.8	32.7	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Chronic Disease	Cholesterol Check	Cholesterol Check	Black: Ages 18+	Percentage who reported having their blood cholesterol checked within the past five years	39 of 41	66.8	85.1	56.4	78.2	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Addictive Behaviors	Alcohol	Binge Drinking	Ages 18+	Percentage who reported having four or more (women) or five or more (men) drinks on one occasion in the past month	47	21.2	11.3	24.8	16.9	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Alcohol	Binge Drinking	Females: Ages 18+	Percentage who reported having four or more (women) or five or more (men) drinks on one occasion in the past month	47	15.4	6.2	19.5	12	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Alcohol	Binge Drinking	Males: Ages 18+	Percentage who reported having four or more (women) or five or more (men) drinks on one occasion in the past month	47	27.1	16.3	32.1	22.1	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Alcohol	Binge Drinking	White: Ages 18+	Percentage who reported having four or more (women) or five or more (men) drinks on one occasion in the past month	47	22	11.3	24.9	17.9	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Alcohol	Excessive Drinking	Ages 18+	Percentage who reported either binge drinking (having four or more [women] or five or more [men] drinks on one occasion in the past month) or chronic drinking (having eight or more [women] or 15 or more [men] drinks per week)	47	22.1	11.8	26.2	18.5	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016

Healthy Iowans Focus Area	Health Issue	Short Indicator Description	Who's Affected	Full Indicator	Iowa Rank	Iowa Value	Best State Value	Worst State Value	US Value	Data Source	URL	Data Year
Addictive Behaviors	Alcohol	Excessive Drinking	Ages 18-44	Percentage who reported either binge drinking (having four or more [women] or five or more [men] drinks on one occasion in the past month) or chronic drinking (having eight or more [women] or 15 or more [men] drinks per week)	47	31.2	17.6	35.8	25.2	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Alcohol	Excessive Drinking	Females: Ages 18+	Percentage who reported either binge drinking (having four or more [women] or five or more [men] drinks on one occasion in the past month) or chronic drinking (having eight or more [women] or 15 or more [men] drinks per week)	47	16.8	6.6	21.3	13.9	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Alcohol	Excessive Drinking	Income \$75,000 or More: Females ages 18-44	Percentage who reported either binge drinking (having four or more drinks on one occasion in the past month) or chronic drinking (having eight or more drinks per week)	47	24.3	9	25.5	20.1	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Addictive Behaviors	Alcohol	Excessive Drinking	Some College: Ages 25+	Percentage who reported either binge drinking (having four or more [women] or five or more [men] drinks on one occasion in the past month) or chronic drinking (having eight or more [women] or 15 or more [men] drinks per week)	47	21.9	10.3	27.5	17.9	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Health System Improvement	Arthritis Pain Management	Pain Management	Ages 65+	Percentage with arthritis who reported that arthritis or joint pain does not limit their usual activities	47	40.0	54.9	37.2	46.5	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Health System Improvement	Arthritis Pain Management	Pain Management	White: Ages 65+	Percentage with arthritis who reported that arthritis or joint pain does not limit their usual activities	47	40.4	56.8	36.9	45.5	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Injury & Violence	Falls	Falls	Income \$75,000 or More: Ages 65+	Percentage who reported they had fallen in the past 12 months	47	29.8	18.1	30.9	24.8	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2014
Chronic Disease	Diabetes	Diabetes	Less than High School: Females ages 18-44	Percentage who reported being told by a health professional that they have diabetes (excludes prediabetes and gestational diabetes)	45 of 48	9.4	2.1	11.5	6.2	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Healthy Living	Obesity	Obesity	Suburban: Ages 65+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	44 of 47	35.3	18.7	39.8	26.6	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Healthy Living	Obesity	Obesity	Hispanic: Females ages 18-44	Percentage with a body mass index of 30.0 or higher based on reported height and weight	37 of 40	34.8	14.8	50.5	29.1	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Addictive Behaviors	Alcohol	Binge Drinking	Ages 45-64	Percentage who reported having four or more (women) or five or more (men) drinks on one occasion in the past month	46	17.7	9.2	21.5	14.1	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016

Healthy Iowans Focus Area	Health Issue	Short Indicator Description	Who's Affected	Full Indicator	Iowa Rank	Iowa Value	Best State Value	Worst State Value	US Value	Data Source	URL	Data Year
Addictive Behaviors	Alcohol	Excessive Drinking	Ages 45-64	Percentage who reported either binge drinking (having four or more [women] or five or more [men] drinks on one occasion in the past month) or chronic drinking (having eight or more [women] or 15 or more [men] drinks per week)	46	19.1	9.8	23.3	15.9	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Alcohol	Excessive Drinking	Males: Ages 18+	Percentage who reported either binge drinking (having four or more [women] or five or more [men] drinks on one occasion in the past month) or chronic drinking (having eight or more [women] or 15 or more [men] drinks per week)	46	27.6	17.3	32.9	23.2	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Alcohol	Excessive Drinking	White: Ages 18+	Percentage who reported either binge drinking (having four or more [women] or five or more [men] drinks on one occasion in the past month) or chronic drinking (having eight or more [women] or 15 or more [men] drinks per week)	46	23	11.8	26.4	19.7	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Health Equity	Population	Population	All non-Hispanic White	Percent of population ³	46	86.7	93.6	22.9	N/A	County Health Rankings and Roadmaps, 2017	http://www.countyhealthrankings.org/	2015
Health System Improvement	Arthritis Pain Management	Pain Management	College Grad: Ages 65+	Percentage with arthritis who reported that arthritis or joint pain does not limit their usual activities	46	37.4	50.8	33	42	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Healthy Living	Chlamydia	Chlamydia	Hispanic / Latino	Number of new cases of chlamydia per 100,000 population	46	538	51.7	772	372	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Healthy Living	Obesity	Obesity	Income \$25-\$49,999: Ages 65+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	46	35.2	16.9	45.3	29.8	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Healthy Living	Obesity	Obesity	Some College: Ages 65+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	46	33.9	19	37.9	28	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Addictive Behaviors	Alcohol	Binge Drinking	Black: Ages 18+	Percentage who reported having four or more (women) or five or more (men) drinks on one occasion in the past month	33 of 36	18	9.6	28	13.7	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Acute Disease	Adolescent Immunizations	Immunization Tdap	Ages 13-17	Percentage who received ≥1 dose of tetanus-diphtheria-acellular pertussis (Tdap) since age 10 years	45	76.7	94.8	70.8	87.6	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2014

³ For this indicator, the "Best" state has the highest percentage of non-Hispanic whites. The higher the percentage, the greater the need for health policies targeting non-Hispanic whites. Iowa has the nation's fifth highest rate. However, this concentration also indicates the importance of health equity policies to ensure the needs of minority populations are not overlooked.

Healthy Iowans Focus Area	Health Issue	Short Indicator Description	Who's Affected	Full Indicator	Iowa Rank	Iowa Value	Best State Value	Worst State Value	US Value	Data Source	URL	Data Year
Addictive Behaviors	Alcohol	Excessive Drinking	Income \$25-\$49,999: Females ages 18-44	Percentage who reported either binge drinking (having four or more drinks on one occasion in the past month) or chronic drinking (having eight or more drinks per week)	45	23.6	8.6	26.7	17	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Chronic Disease	Cholesterol Check	Cholesterol Check	College Grad: Ages 25+	Percentage who reported having their blood cholesterol checked within the past five years	45	84.9	91.5	81.7	88.3	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Health Equity	Education	Education - Seniors	Ages 65+	Percentage who reported having a college degree	45	19.7	36.5	15.6	25.8	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Health System Improvement	Arthritis Pain Management	Pain Management	Income \$75,000 or More: Ages 65+	Percentage with arthritis who reported that arthritis or joint pain does not limit their usual activities	45	33.4	55.8	26.7	39.5	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Health System Improvement	Health Care Quality	Overuse- Mammography	Females: Ages 75+	Percentage of Medicare enrollees who had at least one screening mammogram	45	26.7	18.3	29.8	23.1	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2014
Health System Improvement	Support for Family Caregivers	Support for Family Caregivers	All	Person- and Family-Centered Care (composite indicator, scale 0-5.5)	45	1	4.3		2.41	Long-Term Services & Supports State Scorecard	http://longtermscorecard.org/2017-scorecard	2016
Healthy Living	Chlamydia	Chlamydia	Asian	Number of new cases of chlamydia per 100,000 population	45	256	12.7	521	116	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Healthy Living	Chlamydia	Chlamydia	White	Number of new cases of chlamydia per 100,000 population	45	290	19.7	345	189	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Healthy Living	Obesity	Obesity	Income Less Than \$25,000: Females ages 18-44	Percentage with a body mass index of 30.0 or higher based on reported height and weight	45	47.1	29.8	50.2	39.5	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Healthy Living	Obesity	Obesity	Less than High School: Ages 25+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	45	41.3	27.4	44.1	37	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Healthy Living	Obesity	Obesity	Males: Ages 18+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	45	33.8	22.4	37.9	29.6	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Healthy Living	Obesity	Obesity	Some College: Females ages 18-44	Percentage with a body mass index of 30.0 or higher based on reported height and weight	45	37.9	26.1	42.1	33.4	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Healthy Living	Obesity	Obesity	White: Ages 65+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	45	30.8	17.7	33	26.5	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015

Healthy Iowans Focus Area	Health Issue	Short Indicator Description	Who's Affected	Full Indicator	Iowa Rank	Iowa Value	Best State Value	Worst State Value	US Value	Data Source	URL	Data Year
Injury & Violence	Falls	Falls	College Grad: Ages 65+	Percentage who reported they had fallen in the past 12 months	45	32.5	20.9	36.8	28	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2014
Mental Health, Illness, & Suicide	Mental Health Providers	Mental Health Providers	All	Ratio of population to mental health providers	45	819	197	1258	500	County Health Rankings and Roadmaps, 2017	http://www.countyhealthrankings.org/	2014
Health Equity, Life Course	Overall health	High Health Status	Less than High School: Ages 65+	Percentage who reported their health is very good or excellent	43 of 48	16.3	32.8	13.7	20.7	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Health System Improvement	Arthritis Pain Management	Pain Management	Less than High School: Ages 65+	Percentage with arthritis who reported that arthritis or joint pain does not limit their usual activities	41 of 46	39.0	64.5	31.8	53.7	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Acute Disease	Adolescent Immunizations	Immunization Meningococcal	Ages 13-17	Percentage who received ≥1 dose of meningococcal conjugate vaccine (MenACWY)	44	64.4	95.2	46	79.3	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2014
Acute Disease	Adolescent Immunizations	Immunizations	Ages 13-17	Mean z score of the percentage who received ≥1 dose of Tdap since age 10 years, ≥1 dose of meningococcal conjugate vaccine, and ≥3 doses of HPV vaccine (females and males)	44	-1.1	1.31	-2	N/A	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2014
Addictive Behaviors	Alcohol	Binge Drinking	Income \$25-\$49,999: Ages 25+	Percentage who reported having four or more (women) or five or more (men) drinks on one occasion in the past month	44	18.6	8	20.5	15.4	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Alcohol	Binge Drinking	Income \$50-\$74,999: Ages 25+	Percentage who reported having four or more (women) or five or more (men) drinks on one occasion in the past month	44	21.9	12	27.5	17.9	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Health System Improvement	Arthritis Pain Management	Pain Management	Some College: Ages 65+	Percentage with arthritis who reported that arthritis or joint pain does not limit their usual activities	44	40.6	60.1	38	46.6	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Healthy Living	Obesity	Obesity	Ages 65+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	44	31.1	17.9	34.7	27.6	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Life Course	Health Care Quality	Effective Transitions	Older Adults; Disabilities	Percentage of nursing home residents who do not require physical assistance for late-loss activities of daily living	44	17	3.8	24.3	11.7	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Mental Health, Illness, & Suicide	Mental Health Providers	Mental Health Providers	All	Number of psychiatrists, psychologists, licensed clinical social workers, counselors, marriage and family therapists, providers that treat alcohol and other drug abuse and advanced practice nurses specializing in mental health care per 100,000 population	44	135	547	85	218	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2013
Health System Improvement	Health Care Quality	Effective Transitions	Ages 65+	Percent of nursing home residents with low care needs	43 of 49	16.8	4.1		11.2	Long-Term Services & Supports State Scorecard	http://longtermscorecard.org/2017-scorecard	2014

Healthy Iowans Focus Area	Health Issue	Short Indicator Description	Who's Affected	Full Indicator	Iowa Rank	Iowa Value	Best State Value	Worst State Value	US Value	Data Source	URL	Data Year
Addictive Behaviors	Alcohol	Chronic Drinking	Males: Ages 18+	Percentage who reported having eight or more (women) or 15 or more (men) drinks per week	43	8.1	4.4	9.6	6.9	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Alcohol	Excessive Drinking	High School Grad: Females ages 18-44	Percentage who reported either binge drinking (having four or more drinks on one occasion in the past month) or chronic drinking (having eight or more drinks per week)	43	18.5	5.5	23.4	14.6	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Addictive Behaviors	Alcohol	Excessive Drinking	Income \$25-\$49,999: Ages 25+	Percentage who reported either binge drinking (having four or more [women] or five or more [men] drinks on one occasion in the past month) or chronic drinking (having eight or more [women] or 15 or more [men] drinks per week)	43	19.4	8.6	22.4	16.9	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Injury & Violence	Falls	Falls	Males: Ages 65+	Percentage who reported they had fallen in the past 12 months	43	31.5	17.4	33.6	26.5	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2014
Life Course	Infant Health	Maternity Care Practices in Infant and Nutrition Care (mPINC)	Infants; Mothers	Maternity Practices in Infant and Nutrition Care survey score based on seven birth facility policies and practices with higher scores denoting better maternity care practices and policies related to breastfeeding	43	69	91	59	75	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2014
Healthy Living	Chlamydia	Chlamydia	American Indian / Alaska Native	Number of new cases of chlamydia per 100,000 population	40 of 47	1023	45.5	2358	655	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Chronic Disease	Cardiovascular Disease	Cardiovascular Deaths	Asian / Pacific Islander	Age-adjusted number of deaths due to all cardiovascular diseases including heart disease and stroke per 100,000 population	38 of 45	161	73.4	214	153	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2013-2015
Addictive Behaviors	Alcohol	Chronic Drinking	Ages 18-44	Percentage who reported having eight or more (women) or 15 or more (men) drinks per week	42	8.4	4.5	11.1	7.2	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Alcohol	Chronic Drinking	Income \$25-\$49,999: Ages 25+	Percentage who reported having eight or more (women) or 15 or more (men) drinks per week	42	8.2	2.7	10	6.6	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Alcohol	Excessive Drinking	Income \$50-\$74,999: Ages 25+	Percentage who reported either binge drinking (having four or more [women] or five or more [men] drinks on one occasion in the past month) or chronic drinking (having eight or more [women] or 15 or more [men] drinks per week)	42	22.7	12.7	29.4	19.5	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016

Healthy Iowans Focus Area	Health Issue	Short Indicator Description	Who's Affected	Full Indicator	Iowa Rank	Iowa Value	Best State Value	Worst State Value	US Value	Data Source	URL	Data Year
Addictive Behaviors	Alcohol	Excessive Drinking	Income \$50-\$74,999: Females ages 18-44	Percentage who reported either binge drinking (having four or more drinks on one occasion in the past month) or chronic drinking (having eight or more drinks per week)	42	22.5	9.2	30.1	18.2	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Addictive Behaviors	Tobacco	Smoking	Males: Ages 65+	Percentage who are smokers (reported smoking at least 100 cigarettes in their lifetime and currently smoke every or some days)	42	11.5	6.1	15.5	9.5	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Health System Improvement	Arthritis Pain Management	Pain Management	Income \$25-\$49,999: Ages 65+	Percentage with arthritis who reported that arthritis or joint pain does not limit their usual activities	42	40.5	55.4	33.2	45.1	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Health System Improvement	Arthritis Pain Management	Pain Management	Income \$50-\$74,999: Ages 65+	Percentage with arthritis who reported that arthritis or joint pain does not limit their usual activities	42	36.6	52.5	30.9	40.3	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Health System Improvement	Arthritis Pain Management	Pain Management	Males: Ages 65+	Percentage with arthritis who reported that arthritis or joint pain does not limit their usual activities	42	39.8	57.3	35.8	44.1	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Health System Improvement	Health Care Quality	Prevention & Treatment	Ages 65+	Risk-adjusted 30-day mortality among Medicare beneficiaries hospitalized for heart attack, heart failure, pneumonia, or stroke	42	15.1	13.1	15.7	14.5	Commonwealth Fund	http://datacenter.commonwealthfund.org	07/2012 - 06/2015
Healthy Living	Obesity	Obesity	Income Less Than \$25,000: Ages 65+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	42	34.9	16.8	44.4	31.8	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Life Course	Infant Health	Baby-Friendly Facility	Infants	Percentage of live births occurring at facilities that adhere to 10 Steps to Successful Breastfeeding and are designated baby-friendly by Baby-Friendly USA	42	0.1	36	0	7.8	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2014
Health Equity	Economic well-being	Poverty	Hispanic: Ages 65+	Percentage who live in households at or below 100 percent of the poverty threshold	34 of 41	21.8	3.9	26.4	18.5	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Addictive Behaviors	Alcohol	Binge Drinking	Rural: Ages 18+	Percentage who reported having four or more (women) or five or more (men) drinks on one occasion in the past month	38 of 46	13.6	4.7	18.2	10	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Health System Improvement	Arthritis Pain Management	Pain Management	Suburban: Ages 65+	Percentage with arthritis who reported that arthritis or joint pain does not limit their usual activities	37 of 45	40.8	60.7	34.7	45.6	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Health System Improvement	Arthritis Pain Management	Pain Management	High School Grad: Ages 65+	Percentage with arthritis who reported that arthritis or joint pain does not limit their usual activities	41	40.7	57	30.4	45.2	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Health System Improvement	Health Care Quality	Effective Transitions	Medicare & Medicaid patients	Percent of home health patients with a hospital admission	41	26.1	18.3		24.4	Long-Term Services & Supports State Scorecard	http://longtermscorecard.org/2017-scorecard	2015

Healthy Iowans Focus Area	Health Issue	Short Indicator Description	Who's Affected	Full Indicator	Iowa Rank	Iowa Value	Best State Value	Worst State Value	US Value	Data Source	URL	Data Year
Healthy Living	Obesity	Obesity	Ages 65+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	41	30.9	16	35.3	28	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Healthy Living	Obesity	Obesity	High School Grad: Ages 65+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	41	31.3	16.7	35.7	29.1	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Healthy Living	Obesity	Obesity	Income Less Than \$25,000: Ages 25+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	41	39	29	44.9	36.6	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Healthy Living	Obesity	Obesity	White: Ages 18+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	41	31.9	18	37.6	28.6	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Injury & Violence	Falls	Falls	Income \$50-\$74,999: Ages 65+	Percentage who reported they had fallen in the past 12 months	41	30.5	16.8	32.3	26.1	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2014
Injury & Violence	Falls	Falls	Less Than High School: Ages 65+	Percentage who reported they had fallen in the past 12 months	41	34.5	17.9	43.8	30.2	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2014
Addictive Behaviors	Alcohol	Binge Drinking	Suburban: Ages 18+	Percentage who reported having four or more (women) or five or more (men) drinks on one occasion in the past month	36 of 44	13.6	5.8	22.3	10.9	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Tobacco	Smoking	Less than High School: Ages 65+	Percentage who are smokers (reported smoking at least 100 cigarettes in their lifetime and currently smoke every or some days)	36 of 44	17.4	6.4	21.4	12.1	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Injury & Violence	Seat Belt Use	Seat Belt Use	Suburban: Ages 18+	Percentage who reported always using a seat belt when driving or riding in a car	40 of 49	84	95.3	73.4	90.3	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Health Equity, Life Course	Overall health	High Health Status	Suburban: Ages 65+	Percentage who reported their health is very good or excellent	39 of 48	36.4	53	28.4	41.5	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Injury & Violence	Injuries	Injury Deaths	Asian / Pacific Islander	Age-adjusted number of deaths due to injury per 100,000 population	33 of 41	34	17.7	46.6	25.1	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2013-2015
Chronic Disease	Cancer	Cancer Deaths	Asian / Pacific Islander	Age-adjusted number of deaths due to all causes of cancer per 100,000 population	37 of 46	128	54.8	163	116	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2013-2015
Addictive Behaviors	Alcohol	Chronic Drinking	High School Grad: Ages 25+	Percentage who reported having eight or more (women) or 15 or more (men) drinks per week	40	7.9	3.2	8.9	6.6	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016

Healthy Iowans Focus Area	Health Issue	Short Indicator Description	Who's Affected	Full Indicator	Iowa Rank	Iowa Value	Best State Value	Worst State Value	US Value	Data Source	URL	Data Year
Chronic Disease	Cancer	Health Screenings	College Grad: Ages 65-75	Percentage of women aged 65 to 74 years who reported receiving a mammogram in the past two years and the percentage of adults aged 65 to 75 years who reported receiving colorectal cancer screening within the recommended time period	40	77.1	87.6	68.9	80.4	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2014
Chronic Disease	Cholesterol Check	Cholesterol Check	Ages 18-44	Percentage who reported having their blood cholesterol checked within the past five years	40	56.3	70.7	52	62.3	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Chronic Disease	High Blood Pressure	High Blood Pressure	Suburban: Ages 18+	Percentage who reported being told by a health professional that they have high blood pressure	40	43.3	27.4	56.1	40.1	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Healthy Living	Obesity	Obesity	White: Females ages 18-44	Percentage with a body mass index of 30.0 or higher based on reported height and weight	40	26.6	16.5	34.1	23.3	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Injury & Violence	Falls	Falls	Ages 65+	Percentage who reported they had fallen in the past 12 months	40	31.6	20.6	34.3	28.7	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2014
Injury & Violence	Falls	Falls	High School Grad: Ages 65+	Percentage who reported they had fallen in the past 12 months	40	29.9	18.7	34	27.2	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2014
Injury & Violence	Falls	Falls	Income Less Than \$25,000: Ages 65+	Percentage who reported they had fallen in the past 12 months	40	36	23.4	40.6	32.1	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2014
Injury & Violence	Falls	Falls	Some College: Ages 65+	Percentage who reported they had fallen in the past 12 months	40	32.3	22.7	34.4	29.9	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2014
Health System Improvement	Primary Care	Dedicated Health Care Provider	Income \$25-\$49,999: Ages 65+	Percentage who reported having a personal doctor or health care provider	38 of 48	92.8	98.4	89	95	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Acute Disease	Child Immunizations	Immunizations	Low income: Ages 19-35 months	Percentage without all recommended vaccines	39	39	17	44	28	Commonwealth Fund	http://datacenter.commonwealthfund.org	2014
Addictive Behaviors	Tobacco	Smoking	Income \$25-\$49,999: Ages 25+	Percentage who are smokers (reported smoking at least 100 cigarettes in their lifetime and currently smoke every or some days)	39	22.6	11.4	26.1	19.2	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Tobacco	Smoking	Income Less Than \$25,000: Females ages 18-44	Percentage who are smokers (reported smoking at least 100 cigarettes in their lifetime and currently smoke every or some days)	39	43.1	11.1	56.7	28.4	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014

Healthy Iowans Focus Area	Health Issue	Short Indicator Description	Who's Affected	Full Indicator	Iowa Rank	Iowa Value	Best State Value	Worst State Value	US Value	Data Source	URL	Data Year
Chronic Disease	Cholesterol Check	Cholesterol Check	White: Ages 18+	Percentage who reported having their blood cholesterol checked within the past five years	39	77.3	86.6	69.9	81	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Chronic Disease	Diabetes	Diabetes	Females: Ages 35-44	Percentage who reported being told by a health professional that they have diabetes (excludes prediabetes and gestational diabetes)	39	6.4	2.5	8.8	5.2	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Chronic Disease	Diabetes	Diabetes	High School Grad: Females ages 18-44	Percentage who reported being told by a health professional that they have diabetes (excludes prediabetes and gestational diabetes)	39	5.8	1.5	8.4	4.8	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Health Equity	Population	Population	All	Percent of population living in a rural area ⁴	39	36	61.3	5	N/A	County Health Rankings and Roadmaps, 2017	http://www.countyhealthrankings.org/	2015
Health System Improvement	Affordability & Access	Geriatrician Shortfall	Older Adults	Percentage of geriatricians required to meet estimated need (estimated geriatrician shortfall as a percentage of the minimum number required in each state)	39	78.8	22.7	89.2	65.7	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2016
Healthy Living	Obesity	Obesity	Females: Ages 35-44	Percentage with a body mass index of 30.0 or higher based on reported height and weight	39	36.1	21.3	41.8	31.5	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Addictive Behaviors	Alcohol	Excessive Drinking	Suburban: Ages 18+	Percentage who reported either binge drinking (having four or more [women] or five or more [men] drinks on one occasion in the past month) or chronic drinking (having eight or more [women] or 15 or more [men] drinks per week)	34 of 44	14.5	7	22.5	12.8	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Chronic Disease	Cholesterol Check	Cholesterol Check	Hispanic: Ages 18+	Percentage who reported having their blood cholesterol checked within the past five years	37 of 48	57.3	80.3	48.5	67	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Environmental Health	Air Quality	Air Pollution	All	Average daily density of fine particulate matter in micrograms per cubic meter (PM2.5)	37 of 48	9.6	5.4	11.3	8.7	County Health Rankings and Roadmaps, 2017	http://www.countyhealthrankings.org/	2012
Addictive Behaviors	Alcohol	Excessive Drinking	Rural: Ages 18+	Percentage who reported either binge drinking (having four or more [women] or five or more [men] drinks on one occasion in the past month) or chronic drinking (having eight or more [women] or 15 or more [men] drinks per week)	35 of 46	14.8	5.6	20.3	11.4	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016

⁴ For this indicator, the "Best" state has the highest percentage of population living in rural areas. The higher the percentage, the greater the need for health policies targeting rural areas. Iowa has the nation's 12th highest rate.

Healthy Iowans Focus Area	Health Issue	Short Indicator Description	Who's Affected	Full Indicator	Iowa Rank	Iowa Value	Best State Value	Worst State Value	US Value	Data Source	URL	Data Year
Chronic Disease	Cancer	Health Screenings	Less than High School: Ages 65-75	Percentage of women aged 65 to 74 years who reported receiving a mammogram in the past two years and the percentage of adults aged 65 to 75 years who reported receiving colorectal cancer screening within the recommended time period	35 of 46	49.9	76.8	37.7	59.2	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2014
Acute Disease	Adolescent Immunizations	Immunization Meningococcal	Ages 13-17	Percentage who received >=1 dose of meningococcal conjugate vaccine (MenACWY)	38	74.9	96.4	54.2	82.2	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Tobacco	Cigarette use	Low income: Ages 18+	Percentage reporting smoking	38	31	12	40	23	Commonwealth Fund	http://datacenter.commonwealthfund.org	2015
Chronic Disease	Cholesterol Check	Cholesterol Check	Females: Ages 18+	Percentage who reported having their blood cholesterol checked within the past five years	38	77.9	86.4	70.4	80.5	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Chronic Disease	Cholesterol Check	Cholesterol Check	Income \$50-\$74,999: Ages 25+	Percentage who reported having their blood cholesterol checked within the past five years	38	82	90.5	75.7	84.9	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Chronic Disease	Diabetes	Diabetes Management	Black: Ages 65-75	Percentage of Medicare enrollees with diabetes receiving a blood lipids test	38	70.3	83.3	59	75.2	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2014
Chronic Disease	Heart Attack	Heart Attack	Income Less Than \$25,000: Ages 25+	Percentage who reported being told by a health professional that they had a heart attack (myocardial infarction)	38	9.7	5	12.4	7.9	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Health System Improvement	Affordability & Access	Affordability & Access	Ages 65+	Median annual home care private pay cost as a percentage of median household income ages 65+	38	88	46	102	81	Long-Term Services & Supports State Scorecard	http://longtermscorecard.org/2017-scorecard	2015-2016
Health System Improvement	Health Care Quality	Avoidable Hospital Use & Cost	Ages 65+	Home health patients also enrolled in Medicare with a hospital admission	38	17	13.9	17.9	16.2	Commonwealth Fund	http://datacenter.commonwealthfund.org	2015
Health System Improvement	Health Care Quality	Avoidable Hospital Use & Cost	Low income: Ages 65+	Hospital admissions among Medicare beneficiaries for ambulatory care-sensitive conditions per 1,000 beneficiaries	38	103	41	128	88	Commonwealth Fund	http://datacenter.commonwealthfund.org	2014
Health System Improvement	Health Care Quality	Effective Transitions	Ages 65+	Percent of nursing home residents with moderate to severe dementia with one or more potentially burdensome transitions at end of life	38	25.5	9.1		23.8	Long-Term Services & Supports State Scorecard	http://longtermscorecard.org/2017-scorecard	2013
Injury & Violence	Falls	Falls	White: Ages 65+	Percentage who reported they had fallen in the past 12 months	38	31.4	24.4	34	29.6	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2014
Injury & Violence	Seat Belt Use	Seat Belt Use	Ages 65+	Percentage who reported always using a seat belt when driving or riding in a car	38	86.2	95.9	72.2	90.7	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015

Healthy Iowans Focus Area	Health Issue	Short Indicator Description	Who's Affected	Full Indicator	Iowa Rank	Iowa Value	Best State Value	Worst State Value	US Value	Data Source	URL	Data Year
Life Course	Older Adulthood	Behaviors - Seniors	Older Adults	Sum of weighted z-scores of all Behaviors-Seniors measures	38	-0.1	0.22	-0.2	N/A	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2017
Health System Improvement	Primary Care	Dedicated Health Care Provider	Black: Ages 18+	Percentage who reported having a personal doctor or health care provider	31 of 41	72.1	87.7	51	77.9	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Alcohol	Binge Drinking	Ages 65+	Percentage who reported having four or more (women) or five or more (men) drinks on one occasion in the past month	37	5.7	1.7	8.6	4.9	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Chronic Disease	Cardiovascular Disease	Cardiovascular Deaths	Black / African American	Age-adjusted number of deaths due to all cardiovascular diseases including heart disease and stroke per 100,000 population	37	339	77.1	409	328	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2013-2015
Chronic Disease	Cholesterol Check	Cholesterol Check	Urban: Ages 18+	Percentage who reported having their blood cholesterol checked within the past five years	37	85.8	91.3	77.7	87.8	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Health Equity	Population	Population	Ages 65+	Percent of population ⁵	37	16.1	19.4	9.9	N/A	County Health Rankings and Roadmaps, 2017	http://www.countyhealthrankings.org/	2015
Health System Improvement	Health Care Quality	Prevention & Treatment	All	Home health patients whose wounds improved or healed after an operation	37	88	95	77	90	Commonwealth Fund	http://datacenter.commonwealthfund.org	2015
Health System Improvement	Primary Care	Dedicated Health Care Provider	White: Ages 65+	Percentage who reported having a personal doctor or health care provider	37	94.2	98.3	89.4	95.4	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Healthy Living	Obesity	Obesity	Ages 18+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	37	32	22.3	37.7	29.9	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Healthy Living	Obesity	Obesity	Ages 18-64	Adults who are obese (BMI >= 30)	37	32	20	37	29	Commonwealth Fund	http://datacenter.commonwealthfund.org	2015
Healthy Living	Obesity	Obesity	College Grad: Ages 25+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	37	27.6	15.4	33.2	22.8	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Healthy Living	Obesity	Obesity	Less than High School: Ages 65+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	37	35.7	17.2	55.9	33.4	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Healthy Living	Physical Inactivity	Physical Inactivity	Income \$25-\$49,999: Ages 25+	Percentage who reported doing no physical activity or exercise other than their regular job in the past 30 days	37	30	19	35.9	28.4	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Life Course	Infant Health	Policy - Infants	Infants	Weighted sum of the number of standard deviations each Policy-Infants measure is from the national average	37	-0	0.13	-0.1	N/A	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2016

⁵ For this indicator, the "Best" state has the highest percentage of adults ages 65+. The higher the percentage, the greater the need for health policies targeting adults ages 65+. Iowa has the nation's 13th highest rate.

Healthy Iowans Focus Area	Health Issue	Short Indicator Description	Who's Affected	Full Indicator	Iowa Rank	Iowa Value	Best State Value	Worst State Value	US Value	Data Source	URL	Data Year
Life Course	Infant Health	Well-Baby Check	Ages 0-2	Percentage who had a well-baby checkup in the past 12 months	37	89.8	96.8	86.4	90.9	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2011-2012
Health System Improvement	Primary Care	Dedicated Health Care Provider	Some College: Ages 65+	Percentage who reported having a personal doctor or health care provider	36 of 49	94.2	98.4	88.3	95.1	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Health System Improvement	Arthritis Pain Management	Pain Management	Rural: Ages 65+	Percentage with arthritis who reported that arthritis or joint pain does not limit their usual activities	33 of 45	44.7	63.1	38.5	49.2	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Chronic Disease	Stroke	Stroke	Urban: Ages 18+	Percentage who reported being told by a health professional that they had a stroke	35 of 48	5.7	2	7.7	4.6	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Acute Disease	Salmonella	Salmonella	All	Number of new cases of Salmonella per 100,000 population	36	19.8	9.3	35.7	17.2	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Addictive Behaviors	Tobacco	Smoking	College Grad: Females ages 18-44	Percentage who are smokers (reported smoking at least 100 cigarettes in their lifetime and currently smoke every or some days)	36	8.2	2.6	17.1	7.2	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Addictive Behaviors	Tobacco	Smoking	Income \$25-\$49,999: Ages 65+	Percentage who are smokers (reported smoking at least 100 cigarettes in their lifetime and currently smoke every or some days)	36	10.4	6	15.8	9.1	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Addictive Behaviors	Tobacco	Smoking	White: Ages 65+	Percentage who are smokers (reported smoking at least 100 cigarettes in their lifetime and currently smoke every or some days)	36	9.3	4.6	13.6	8.5	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Addictive Behaviors	Tobacco	Tobacco Use	Ages 12-17	Percentage who used a tobacco product in the past month	36	9.4	5	12.5	7.4	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Chronic Disease	Cancer	Cancer	All	Colorectal cancer deaths per 100,000 population	36	15.5	10.9	19.3	14.3	Commonwealth Fund	http://datacenter.commonwealthfund.org	2014
Chronic Disease	Cancer	Health Screenings	Income Less Than \$25,000: Ages 65-75	Percentage of women aged 65 to 74 years who reported receiving a mammogram in the past two years and the percentage of adults aged 65 to 75 years who reported receiving colorectal cancer screening within the recommended time period	36	58.1	73.7	41.7	61.9	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2014
Chronic Disease	Cholesterol Check	Cholesterol Check	Income \$25-\$49,999: Ages 25+	Percentage who reported having their blood cholesterol checked within the past five years	36	79	86.2	71.9	80.5	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Healthy Living	Obesity	Obesity	Ages 18-44	Percentage with a body mass index of 30.0 or higher based on reported height and weight	36	28.7	19.6	36.3	26.5	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016

Healthy Iowans Focus Area	Health Issue	Short Indicator Description	Who's Affected	Full Indicator	Iowa Rank	Iowa Value	Best State Value	Worst State Value	US Value	Data Source	URL	Data Year
Healthy Living	Obesity	Obesity	Income \$75,000 or More: Females ages 18-44	Percentage with a body mass index of 30.0 or higher based on reported height and weight	36	21.7	13.1	29.8	18.3	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Healthy Living	Physical Inactivity	Physical Inactivity	College Grad: Ages 25+	Percentage who reported doing no physical activity or exercise other than their regular job in the past 30 days	36	13.4	7.3	20.1	12.5	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Chronic Disease	Cancer	Health Screenings	Suburban: Ages 65-75	Percentage of women aged 65 to 74 years who reported receiving a mammogram in the past two years and the percentage of adults aged 65 to 75 years who reported receiving colorectal cancer screening within the recommended time period	33 of 46	71.2	81.8	61.5	73.4	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2014
Chronic Disease	Cancer	Cancer Deaths	American Indian / Alaska Native	Age-adjusted number of deaths due to all causes of cancer per 100,000 population	31 of 44	154	28.8	287	127	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2013-2015
Health System Improvement	Primary Care	Dedicated Health Care Provider	Rural: Ages 65+	Percentage who reported having a personal doctor or health care provider	31 of 44	92.9	97.1	88	94.2	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Addictive Behaviors	Alcohol	Binge Drinking	High School Grad: Ages 25+	Percentage who reported having four or more (women) or five or more (men) drinks on one occasion in the past month	35	17.2	8.8	24.1	15.8	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Alcohol	Chronic Drinking	Ages 18+	Percentage who reported having eight or more (women) or 15 or more (men) drinks per week	35	6.9	3.5	9.1	6.5	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Alcohol	Excessive Drinking	Females: Ages 25-34	Percentage who reported either binge drinking (having four or more drinks on one occasion in the past month) or chronic drinking (having eight or more drinks per week)	35	22.1	10.2	27.8	19.1	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Addictive Behaviors	Tobacco	Smoking	Income Less Than \$25,000: Ages 65+	Percentage who are smokers (reported smoking at least 100 cigarettes in their lifetime and currently smoke every or some days)	35	15.4	7.9	21.9	13.1	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Addictive Behaviors	Tobacco	Smoking	Some College: Females ages 18-44	Percentage who are smokers (reported smoking at least 100 cigarettes in their lifetime and currently smoke every or some days)	35	25.2	8.8	33.1	21.7	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Health Equity, Life Course	Overall health	High Health Status	White: Ages 65+	Percentage who reported their health is very good or excellent	35	42.5	55.9	32	44.7	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Healthy Living	Obesity	Obesity	Income \$50-\$74,999: Ages 65+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	35	30.9	14.9	37	27.3	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015

Healthy Iowans Focus Area	Health Issue	Short Indicator Description	Who's Affected	Full Indicator	Iowa Rank	Iowa Value	Best State Value	Worst State Value	US Value	Data Source	URL	Data Year
Healthy Living	Obesity	Obesity	Income \$75,000 or More: Ages 25+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	35	30.2	20.7	36.5	26.7	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Healthy Living	Physical Inactivity	Physical Inactivity	Ages 20+	Percentage reporting no leisure-time physical activity	35	23.6	14.4	31.9	22	County Health Rankings and Roadmaps, 2017	http://www.countyhealthrankings.org/	2013
Injury & Violence	Falls	Falls	Urban: Ages 65+	Percentage who reported they had fallen in the past 12 months	35	30	22.1	40.8	28.8	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2014
Injury & Violence	Occupational Fatalities	Occupational Fatalities	Workforce	Number of fatal occupational injuries in construction, manufacturing, trade, transportation, utilities and professional and business services per 100,000 workers	35	5.5	2	12.6	4.3	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2013-2015
Life Course	Infant Health	All Determinants-Infants	Infants	Weighted sum of the number of standard deviations each Determinants-Infants measure is from the national average	35	-0	0.28	-0.2	N/A	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2016
Life Course	Older Adulthood	Policy - Seniors	Older Adults	Sum of weighted z-scores of all Policy-Senior measures	35	-0.1	1.82	-0.2	N/A	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2017
Health Equity; Life Course	Overall health	High Health Status	Hispanic: Ages 25+	Percentage who reported their health is very good or excellent	34 of 49	37.1	66.4	32.1	37.9	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Health System Improvement	Primary Care	Dedicated Health Care Provider	Males: Ages 65+	Percentage who reported having a personal doctor or health care provider	34 of 49	92.4	98.3	88	93.5	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Addictive Behaviors	Alcohol	Excessive Drinking	Income \$75,000 or More: Ages 65+	Percentage who reported either binge drinking (having four or more [women] or five or more [men] drinks on one occasion in the past month) or chronic drinking (having eight or more [women] or 15 or more [men] drinks per week)	33 of 48	12.6	4.4	16.2	11.1	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Chronic Disease	Diabetes	Diabetes	Urban: Females ages 18-44	Percentage who reported being told by a health professional that they have diabetes (excludes prediabetes and gestational diabetes)	33 of 48	4.1	1.6	8.7	3.5	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Health System Improvement	Primary Care	Dedicated Health Care Provider	High School Grad: Ages 65+	Percentage who reported having a personal doctor or health care provider	33 of 48	93.8	97.7	89.6	95.1	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Addictive Behaviors	Tobacco	Smoking	Urban: Ages 65+	Percentage who are smokers (reported smoking at least 100 cigarettes in their lifetime and currently smoke every or some days)	32 of 47	9.4	2.8	12.9	7.7	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015

Healthy Iowans Focus Area	Health Issue	Short Indicator Description	Who's Affected	Full Indicator	Iowa Rank	Iowa Value	Best State Value	Worst State Value	US Value	Data Source	URL	Data Year
Addictive Behaviors	Alcohol	Alcohol During Pregnancy	Pregnant women ages 18-44	Percentage who reported having at least one alcoholic beverage in the past 30 days	34	11.2	2.2	17.5	10	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2011-2014
Addictive Behaviors	Alcohol	Excessive Drinking	High School Grad: Ages 25+	Percentage who reported either binge drinking (having four or more [women] or five or more [men] drinks on one occasion in the past month) or chronic drinking (having eight or more [women] or 15 or more [men] drinks per week)	34	18.7	9.2	25.2	17.2	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Tobacco	Smoking	Ages 65+	Percentage who are smokers (reported smoking at least 100 cigarettes in their lifetime and currently smoke every or some days)	34	9.7	5.2	13.8	8.7	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Chronic Disease	Cancer	Health Screenings	Income \$50-\$74,999: Ages 65-75	Percentage of women ages 65 to 74 years who reported receiving a mammogram in the past two years and the percentage of adults ages 65 to 75 years who reported receiving colorectal cancer screening within the recommended time period	34	76.9	90.5	66.7	78.3	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2014
Chronic Disease	Stroke	Stroke	Males: Ages 18+	Percentage who reported being told by a health professional that they had a stroke	34	3.4	1.8	4.8	3.1	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Health Equity	Economic well-being	SNAP Reach	Low income: Ages 60+	Number who participate in Supplemental Nutrition Assistance Program (SNAP) as a percentage of adults ages 60 years and older living in poverty	34	57.3	119	20.5	70.1	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Health Equity	Tobacco	Household Smoke	Ages 0-17	Percentage who live in households in which someone uses cigarettes, cigars, or pipe tobacco	34	28.9	12.4	41	24.1	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2011-2012
Health Equity	Women's Health	Behaviors - Women	Females	Weighted sum of the number of standard deviations each Behavior-Women measure is from the national average	34	-0	0.1	-0.1	N/A	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2016
Health Equity, Life Course	Overall health	High Health Status	Males: Ages 65+	Percentage who reported their health is very good or excellent	34	38	51.7	29.6	40.7	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Healthy Living	Obesity	Obesity	Females: Ages 25-34	Percentage with a body mass index of 30.0 or higher based on reported height and weight	34	30.2	21.4	41.1	27.7	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Healthy Living	Oral Health Providers	Dentists	All	Number of practicing dentists per 100,000 population	34	51.9	80.7	41.2	60.8	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016

Healthy Iowans Focus Area	Health Issue	Short Indicator Description	Who's Affected	Full Indicator	Iowa Rank	Iowa Value	Best State Value	Worst State Value	US Value	Data Source	URL	Data Year
Health System Improvement	Primary Care	Dedicated Health Care Provider	Suburban: Ages 65+	Percentage who reported having a personal doctor or health care provider	28 of 42	95.2	98.9	91.1	96	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Addictive Behaviors	Alcohol	Chronic Drinking	Income \$75,000 or More: Ages 25+	Percentage who reported having eight or more (women) or 15 or more (men) drinks per week	33	8.1	4.2	10.7	7.7	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Tobacco	Smoking	High School Grad: Females ages 18-44	Percentage who are smokers (reported smoking at least 100 cigarettes in their lifetime and currently smoke every or some days)	33	34.1	8.7	44.6	26.8	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Addictive Behaviors	Tobacco	Tobacco Use During Pregnancy	Infants	Percentage of babies born to women who used tobacco during pregnancy	33	14.6	1.8	27.1	8.4	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2014
Chronic Disease	Cholesterol Check	Cholesterol Check	Ages 18+	Percentage who reported having their blood cholesterol checked within the past five years	33	75.7	83.7	68.3	77.7	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Chronic Disease	Diabetes	Diabetes	White: Females ages 18-44	Percentage who reported being told by a health professional that they have diabetes (excludes prediabetes and gestational diabetes)	33	3.1	0.9	4.5	2.6	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Chronic Disease	Stroke	Stroke	Ages 65+	Percentage who reported being told by a health professional that they had a stroke	33	8.2	4.7	11	7.6	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Chronic Disease	Stroke	Stroke	High School Grad: Ages 25+	Percentage who reported being told by a health professional that they had a stroke	33	4.6	2.5	6.3	4.2	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Health Equity; Life Course	Overall health	High Health Status	College Grad: Ages 25+	Percentage who reported their health is very good or excellent	33	66.5	73.9	58.6	66.8	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Health System Improvement	Affordability & Access	Affordability & Access	Low income: Adults ages 21+ with Activities of Daily Living disabilities	Percent at or below 250% of poverty receiving Medicaid	33	50.5	78.1	38.8	53.4	Long-Term Services & Supports State Scorecard	http://longtermscorecard.org/2017-scorecard	2014-2015
Health System Improvement	Primary Care	Dedicated Health Care Provider	Ages 65+	Percentage who reported having a personal doctor or health care provider	33	94.2	98.1	87.4	94.8	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Healthy Living	Obesity	Obesity	Ages 45-64	Percentage with a body mass index of 30.0 or higher based on reported height and weight	33	37.1	26.9	44.7	34.6	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Healthy Living	Physical Inactivity	Physical Inactivity	High School Grad: Ages 65+	Percentage with fair or better health status who reported doing no physical activity or exercise other than their regular job in the past 30 days	33	38.4	27.6	47.9	36.8	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015

Healthy Iowans Focus Area	Health Issue	Short Indicator Description	Who's Affected	Full Indicator	Iowa Rank	Iowa Value	Best State Value	Worst State Value	US Value	Data Source	URL	Data Year
Life Course	Infant Health	Community & Environment-Infants	Infants	Weighted sum of the number of standard deviations each Community & Environment-Infants measure is from the national average	33	-0	0.07	-0.1	N/A	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2016
Mental Health, Illness, & Suicide	Suicide	Teen Suicide	Males: Ages 15-19	Number of deaths by suicide per 100,000 adolescent males ages 15 to 19	31 of 47	18	6.7	48.5	12.7	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2012-2014
Addictive Behaviors	Alcohol	Binge Drinking	Urban: Ages 18+	Percentage who reported having four or more (women) or five or more (men) drinks on one occasion in the past month	32 of 49	11.3	5	14.1	10.5	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Alcohol	Excessive Drinking	Income \$25-\$49,999: Ages 65+	Percentage who reported either binge drinking (having four or more [women] or five or more [men] drinks on one occasion in the past month) or chronic drinking (having eight or more [women] or 15 or more [men] drinks per week)	31 of 48	7.2	3.2	12.1	6.9	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Addictive Behaviors	Alcohol	Excessive Drinking	Income Less Than \$25,000: Females ages 18-44	Percentage who reported either binge drinking (having four or more drinks on one occasion in the past month) or chronic drinking (having eight or more drinks per week)	32	15	8.7	28.5	13.3	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Chronic Disease	Cancer	Colorectal Cancer Screening	Income \$50-\$74,999: Ages 50-75	Percentage who reported receiving one or more of the recommended colorectal cancer screening tests within the recommended time interval (fecal occult blood test (FOBT) within the past year, colonoscopy within the past 10 years, or sigmoidoscopy within five years and a home FOBT within the past three years)	32	69.2	83	59	71.3	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Chronic Disease	Cholesterol Check	Cholesterol Check	Males: Ages 18+	Percentage who reported having their blood cholesterol checked within the past five years	32	73.4	81.7	66.1	75.2	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Health Equity	Housing	Housing - Residential segregation	Black/white	Index of dissimilarity where higher values indicate greater residential segregation between black and white county residents	32	63.8	41.4	77.7	N/A	County Health Rankings and Roadmaps, 2017	http://www.countyhealthrankings.org/	2011-2015
Health Equity	Population	Population	Ages 0-17	Percent of population ⁶	32	23.3	30.5	19.2	N/A	County Health Rankings and Roadmaps, 2017	http://www.countyhealthrankings.org/	2015
Healthy Living	Obesity	Obesity	College Grad: Females ages 18-44	Percentage with a body mass index of 30.0 or higher based on reported height and weight	32	21.5	12	33.1	18.2	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014

⁶ For this indicator, the "Best" state has the highest percentage of children under 18. The higher the percentage, the greater the need for health policies targeting children under 18. Iowa has the nation's 18th highest rate.

Healthy Iowans Focus Area	Health Issue	Short Indicator Description	Who's Affected	Full Indicator	Iowa Rank	Iowa Value	Best State Value	Worst State Value	US Value	Data Source	URL	Data Year
Healthy Living	Obesity	Obesity	High School Grad: Ages 25+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	32	36.2	27.9	42.1	35	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Healthy Living	Obesity	Obesity	Income \$25-\$49,999: Ages 25+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	32	35.1	23.4	42.8	33.6	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Healthy Living	Obesity	Obesity	Income \$25-\$49,999: Females ages 18-44	Percentage with a body mass index of 30.0 or higher based on reported height and weight	32	35.7	24.6	43.9	33.8	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Healthy Living	Physical Inactivity	Physical Inactivity	Income \$75,000 or More: Females ages 18-44	Percentage who reported doing no physical activity or exercise other than their regular job in the past 30 days	32	14.2	6.9	19	13.4	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Injury & Violence	Falls	Falls	Females: Ages 65+	Percentage who reported they had fallen in the past 12 months	32	31.6	23.3	35.2	30.3	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2014
Injury & Violence	Seat Belt Use	Seat Belt Use	Income \$75,000 or More: Ages 25+	Percentage who reported always using a seat belt when driving or riding in a car	32	86.9	95.2	67.2	90.1	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Injury & Violence	Seat Belt Use	Seat Belt Use	White: Ages 18+	Percentage who reported always using a seat belt when driving or riding in a car	32	84	94.3	63	86.6	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Addictive Behaviors	Alcohol	Excessive Drinking	Urban: Ages 65+	Percentage who reported either binge drinking (having four or more [women] or five or more [men] drinks on one occasion in the past month) or chronic drinking (having eight or more [women] or 15 or more [men] drinks per week)	30 of 47	6.7	3.5	13	6.3	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Injury & Violence	Falls	Falls	Suburban: Ages 65+	Percentage who reported they had fallen in the past 12 months	30 of 47	30.4	22.3	41	28.4	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2014
Health Equity	Insufficient Sleep	Insufficient Sleep	Black: Ages 18+	Percentage who reported sleeping less than seven hours in a 24-hour period on average	26 of 41	46.1	27.3	54.4	44.7	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Health System Improvement	Primary Care	Dedicated Health Care Provider	Income \$75,000 or More: Ages 65+	Percentage who reported having a personal doctor or health care provider	31 of 49	95.8	99.2	89.8	96.7	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Acute Disease	Adolescent Immunizations	Immunization HPV	Males: Ages 13-17	Percentage who received ≥3 doses of human papillomavirus (HPV) vaccine, either quadrivalent or bivalent	31	18.7	42.9	9	21.6	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2014

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Addictive Behaviors	Alcohol	Excessive Drinking	College Grad: Females ages 18-44	Percentage who reported either binge drinking (having four or more drinks on one occasion in the past month) or chronic drinking (having eight or more drinks per week)	31	21	8.2	26.2	19.8	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Addictive Behaviors	Alcohol	Excessive Drinking	Urban: Ages 18+	Percentage who reported either binge drinking (having four or more [women] or five or more [men] drinks on one occasion in the past month) or chronic drinking (having eight or more [women] or 15 or more [men] drinks per week)	31	12.8	5.9	17.9	12.2	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Addictive Behaviors	Tobacco	Smoking	Females: Ages 18-24	Percentage who are smokers (reported smoking at least 100 cigarettes in their lifetime and currently smoke every or some days)	31	18	5.9	29.3	14.4	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Chronic Disease	Heart Disease	Heart Disease	High School Grad: Ages 25+	Percentage who reported being told by a health professional that they have angina or coronary heart disease	31	5.8	3.1	9.8	5.4	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Chronic Disease	Stroke	Stroke	Income Less Than \$25,000: Ages 25+	Percentage who reported being told by a health professional that they had a stroke	31	7.4	4.1	9.7	6.3	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Health Equity; Life Course	Overall health	Overall health	Hispanic: Ages 18-64	Percentage who report fair/poor health or activity limitations because of physical, mental, or emotional problems	31	34	26	40	30	Commonwealth Fund	http://datacenter.commonwealthfund.org	2015
Health System Improvement	Support for Family Caregivers	Support for Family Caregivers	All	Supporting working caregivers (composite indicator, scale 0-9.0)	31	0	6.5		1	Long-Term Services & Supports State Scorecard	http://longtermscorecard.org/2017-scorecard	2014-2016
Health System Improvement	Transportation	Transportation	All	Percentage of the workforce that drives alone to work	31	80.6	53.2	85.4	76	County Health Rankings and Roadmaps, 2017	http://www.countyhealthrankings.org/	2011-2015
Healthy Living	Obesity	Obesity	Income \$50-\$74,999: Females ages 18-44	Percentage with a body mass index of 30.0 or higher based on reported height and weight	31	29.5	17.1	44.3	26.5	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Healthy Living	Obesity	Obesity	Low income: Ages 18-64	Adults who are obese (BMI >= 30)	31	40	26	47	37	Commonwealth Fund	http://datacenter.commonwealthfund.org	2015
Healthy Living	Obesity	Obesity	Some College: Ages 25+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	31	35.8	26.2	43.2	33.9	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Healthy Living	Obesity	Obesity	Urban: Ages 18+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	31	32	20.1	41.2	29.8	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Healthy Living	Physical Inactivity	Physical Inactivity	High School Grad: Ages 25+	Percentage who reported doing no physical activity or exercise other than their regular job in the past 30 days	31	33.2	21.6	39.4	32.4	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016

Healthy Iowans Focus Area	Health Issue	Short Indicator Description	Who's Affected	Full Indicator	Iowa Rank	Iowa Value	Best State Value	Worst State Value	US Value	Data Source	URL	Data Year
Healthy Living	Physical Inactivity	Physical Inactivity	Income \$75,000 or More: Ages 25+	Percentage who reported doing no physical activity or exercise other than their regular job in the past 30 days	31	13.5	7.3	21.1	12.9	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Mental Health, Illness, & Suicide	Suicide	Teen Suicide	Ages 15-19	Number of deaths by suicide per 100,000 adolescents ages 15 to 19	31	10.5	5	30.3	8.4	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2012-2014
Chronic Disease	Cancer	Cancer Deaths	Black / African American	Age-adjusted number of deaths due to all causes of cancer per 100,000 population	29 of 47	223	92.7	264	218	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2013-2015
Mental Health, Illness, & Suicide	Depression	Depression	Income \$50-\$74,999: Ages 65+	Percentage who reported being told by a health professional that they have a depressive disorder	30 of 49	14.2	7.8	21.1	13.8	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Acute Disease	Adolescent Immunizations	Immunization HPV	Females: Ages 13-17	Percentage who received ≥3 doses of human papillomavirus (HPV) vaccine, either quadrivalent or bivalent	30	37.6	54	20.1	39.7	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2014
Addictive Behaviors	Tobacco	Smoking	Females: Ages 35-44	Percentage who are smokers (reported smoking at least 100 cigarettes in their lifetime and currently smoke every or some days)	30	20.9	8.5	32.2	17.3	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Addictive Behaviors	Tobacco	Smoking	High School Grad: Ages 65+	Percentage who are smokers (reported smoking at least 100 cigarettes in their lifetime and currently smoke every or some days)	30	10.5	6.5	14.2	9.8	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Addictive Behaviors	Tobacco	Smoking	Income \$25-\$49,999: Females ages 18-44	Percentage who are smokers (reported smoking at least 100 cigarettes in their lifetime and currently smoke every or some days)	30	23	9.9	30.9	19.9	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Chronic Disease	Cancer	Cancer Deaths	All	Age-adjusted number of deaths due to all causes of cancer per 100,000 population	30	195	151	234	190	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2013-2015
Chronic Disease	High Blood Pressure	High Blood Pressure	Income Less Than \$25,000: Ages 25+	Percentage who reported being told by a health professional that they have high blood pressure	30	43.8	32	56.2	42.5	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Health Equity	Housing	Housing - Residential segregation	non-White / White	Index of dissimilarity where higher values indicate greater residential segregation between non-white and white county residents	30	48.8	28.3	62.6	N/A	County Health Rankings and Roadmaps, 2017	http://www.countyhealthrankings.org/	2011-2015
Health Equity	Population	Population	All	Total population	30	3.12 million	39.14 million	0.59 million	N/A	County Health Rankings and Roadmaps, 2017	http://www.countyhealthrankings.org/	2015
Health System Improvement	Health Care Quality	Clinical Care	All	All Clinical Care measures	30	-0	0.18	-0.2	N/A	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2017

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Health System Improvement	Primary Care	Primary Care	All	Ratio of population to primary care physicians	30	1349	894	1896	1320	County Health Rankings and Roadmaps, 2017	http://www.countyhealthrankings.org/	2016
Health System Improvement	Primary Care	Primary Care	All	Ratio of population to primary care providers other than physicians	30	1290	781	2346	N/A	County Health Rankings and Roadmaps, 2017	http://www.countyhealthrankings.org/	2016
Healthy Living	Obesity	Obesity	College Grad: Ages 65+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	30	23.5	13.7	32.8	21.1	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Healthy Living	Obesity	Obesity	Females: Ages 18-44	Percentage with a body mass index of 30.0 or higher based on reported height and weight	30	27.4	18.5	36.6	25.9	America's Health Rankings 2016 Health of Women and Children Report	https://www.americashealthrankings.org/explore/2016-health-of-women-and-children-report/state/ALL	2013-2014
Healthy Living	Obesity	Obesity	Urban: Ages 65+	Percentage with a body mass index of 30.0 or higher based on reported height and weight	30	28.5	12.4	34.6	26	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015
Healthy Living	Physical Inactivity	Physical Inactivity	Males: Ages 18+	Percentage who reported doing no physical activity or exercise other than their regular job in the past 30 days	30	21.7	14.7	29.5	21.9	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2016
Injury & Violence	Seat Belt Use	Seat Belt Use	College Grad: Ages 25+	Percentage who reported always using a seat belt when driving or riding in a car	30	89	95.7	76.9	91.6	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Injury & Violence	Seat Belt Use	Seat Belt Use	Income \$25-\$49,999: Ages 25+	Percentage who reported always using a seat belt when driving or riding in a car	30	83	94.2	64.4	86.9	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Injury & Violence	Seat Belt Use	Seat Belt Use	Income \$50-\$74,999: Ages 25+	Percentage who reported always using a seat belt when driving or riding in a car	30	84.7	94	61.1	87.3	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Injury & Violence	Seat Belt Use	Seat Belt Use	Males: Ages 18+	Percentage who reported always using a seat belt when driving or riding in a car	30	78.9	91.6	54.2	83.6	America's Health Rankings 2017 Annual Report	https://www.americashealthrankings.org/explore/2017-annual-report/state/ALL	2015
Life Course	Premature Death	Early Death	Ages 65-74	Deaths per 100,000 adults ages 65 to 74 years	30	1794	1426	2470	1797	America's Health Rankings 2017 Senior Report	https://www.americashealthrankings.org/explore/2017-senior-report/state/ALL	2015