

FY2015 CHNA&HIP Progress Report

Warren County

Community Health Improvement Plan

GOAL	Strategies	Progress on Strategies
Reduce the Adult Obesity rate to 25-30% range from current 31-32%% range in Warren County	Partner with Iowa State Extension office to consider completing a walkability assessment of various communities in Warren County	No progress on this strategy
	Collaborate with local chamber offices to survey Local businesses to collect information about current wellness programs run by employers in Warren County	Have contacted Indianola Chamber of Commerce, no report back as of this date
	Explore more opportunities to work with local fitness centers to hold community events such as "Biggest Loser" competitions.	Fusion Fitness held a community biggest loser in conjunction with Live Healthy Iowa
	Introduce a "screening" type of event in at least two communities to assess BMI, Blood sugar, Blood Pressure and provide written materials with interventions to address any problem areas.	No progress on this strategy
	Explore the opportunity to expand the current locations and healthy food choices at local farmers markets	No progress on this strategy
	Promote physical activity by working with local Parks and Recreation departments/citizen coalitions in our communities to offer low cost/no cost physical activities in each community.	No progress on this strategy
	Offer additional nutrition education in our communities and through local employers to those who express an interest.	No progress on this strategy. Awaiting information from Indianola Chamber
	Collaborate with local and state partners in attempt to have a NEMS (Nutrition Environment Measures Survey) completed in our county.	No progress on this strategy
	Explore opportunities to apply for healthy communities grants for our communities for additional nutritional education, environmental enhancements, screenings or physical activity enhancements for the population of Warren County.	No progress made on this strategy

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Increase the amount of physical activity in children in Warren County to have an effect in lowering the overall obesity rate in our county.	Encourage and measure participation in the physical activity program VERB in all Warren County communities during the summer of 2011.	VERB program has ended in Warren Co. No additional progress
	Increase support for breastfeeding through introduction of a breastfeeding support program in Warren County	MH nurse has had conversations regarding peer led breastfeeding group, this has not come to a realization yet as of this date.
	Advocate for decreased screen time in schools and daycare centers by offering education regarding the benefits of limiting screen time for all children in their care including ideas for replacement activities for this time.	CCNC continues to educate child care and preschool providers regarding the research related to limiting screen time.
	Explore safe walk to school programs to introduce to our communities, assist those who wish to pursue a walk to school program with set up of such program if volunteers/funding is made available.	No progress on this strategy
	Place MyPyramid.gov, or like nutritional site link, onto the Public Health website and promote this on brochures, flyers etc.	This has been linked to our Facebook page. It has not yet been included in our brochures.
	Explore opportunities to apply for healthy communities grants for our communities for additional nutritional education, environmental enhancements, screenings or physical activity enhancements for the population of Warren County.	No progress on this strategy

Warren County

Community Health Improvement Plan

GOAL	Strategies	Progress on Strategies
<p>Increase Family Planning/Pregnancy Prevention resources in our Community to decrease teen pregnancy in Warren County.</p>	<p>Increase frequency of education in our community regarding Contraception/Family Planning, Pregnancy/Birth, Safer Sex, Self-Esteem, Teen Pregnancy Prevention and Life Options Skills through the use of already established education programs available to Warren County residents.</p>	<p>No community progress made with this strategy that we are currently aware of</p>
	<p>Provide nontraditional (out of Dr. office) site for accessibility to safe and effective contraceptives for young men and women in Warren County.</p>	<p>Condoms are available at the PH office and information related to many other contraceptives is readily available.</p>
	<p>Work with the local Maternal Health and WIC providers to obtain information from young mothers regarding resources they believe would be beneficial for them regarding Family Planning/Pregnancy Prevention.</p>	<p>The MH nurse does do this but does not have any congruent information on client responses</p>
	<p>Create a brochure for home visiting programs to provide to families with information regarding the educational and contraceptive resources in our communities.</p>	<p>No progress on this strategy</p>