

FY15 CHNA&HIP Progress Report (February 2014 - February 2015)

Marshall County

Community Health Improvement Plan

GOAL	Strategies	Progress on Strategies
Decrease number of Marshall County teen pregnancies 10% by end of 2011-12 school year at MHS. (Current number is 20)	Development of Iowa River Valley Adolescent Pregnancy Prevention Coalition which includes key stakeholders. Purpose of coalition is to look at needs assessment, assess resources, identify gaps and develop logic model/plan.	December, 2013, Child Abuse Preventive Services re-formed the Team APP (Adolescent Pregnancy Prevention) Leadership Team is to assist in coalition development that would result in sustainable community change around the issue of adolescent pregnancy prevention and adolescent sexual health. Public Health is a member of Team APP Coalition Leadership Team. Assessment of resources is ongoing. Plan is to identify gaps, determine resources and then develop plan for educating community members on topics of interest related to teen pregnancy. The plan is to bring people together to have the conversation on teen pregnancy.
	Work with schools to expand science-based curriculum	Current curriculums are science-based.
	Enlist support of schools to train the trainer to use curriculum	Has been discussed at Team APP leadership team meetings.
	Seek sustainability through grants.	The Community Adolescent Pregnancy Prevention (CAPP) grant is a grant from the Iowa Department of Human Services and administered by EyesOpenIowa. Child Abuse Prevention Services is the grantee for Marshall and Hardin Counties.
	Evaluate effectiveness of program by decrease in pregnancies 2011-12 school year end.	The latest statistics available through Iowa Kids Count 2012 show the percentage of live teen births decreased from 6% in 2000 to 5.5% in 2012 (most recent published Kids Count 2012).

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<p>Decrease Marshall County obesity rate of 27.9% to 25% through education on diabetes, premature death and other risk factors by June 1, 2015. Source: Community Health Status Report.</p>	<p>BOH administered Community Wellness Grant which ended June 30, 2011.</p>	<p>The Community Wellness Grant ended June 30, 2011. The Marshalltown YMCA was awarded \$65,000 through the Community Transformation Grant to implement programs and strategies that supported the health and well-being of individuals in Marshall County, with a specific focus on African American and Hispanic individuals. Implementation of newly adopted YMCA healthy eating and physical activity (HEPA) standards for early childhood and afterschool programs were implemented through this grant. This grant has ended.</p>
	<p>Strengthen the local food system and support efforts to connect local producers to institutional buyers in the area.</p>	<p>Farmer's markets are seasonal but active. Website: Harvest from the Heart of Iowa active during growing season and displays locally produced meats and grains.</p>
	<p>Educate general public on obesity, nutrition, and exercise through local media and information about the messages will be reported to the BOH.</p>	<p>Public education on obesity, nutrition and exercise is available through many venues in Marshall County, including the Live Healthy Iowa website, the Marshalltown YMCA, area grocery store dieticians, and the First Nurse radio program. Fit Kids after school program participation at the YMCA has increased to 50-60 participants with emphasis placed on activity and healthy food choices. Fit Kids program is in second year at Woodbury School has 50-60 participants. Anson Elementary School won the Gold Award which is a certification that recognizes schools that create healthier school environments through promoting good nutrition and physical activity. Public Health is on Physical Education Program (PEP) team at Lenihan School.</p>

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	Diabetes Prevention grant through Community Y for pre-diabetes diagnosis. Includes weight management.	The YMCAs Diabetes Prevention Program is based on research funded by the National Institutes of Health and the Centers for Disease Control and Prevention which showed that by eating healthier, increasing physical activity, and losing a small amount of weight, a person with pre-diabetes can prevent or delay the onset of type 2 diabetes by 58%. In a classroom setting, a trained lifestyle coach helps individuals change lifestyle patterns by learning about healthy eating, physical activity and other behavior changes over the course of 16 one-hour sessions. Topics covered include healthy eating, getting started with physical activity, overcoming stress, staying motivated and more.
	Record number of hits to website to evaluate.	The website no longer exists.

GOAL	Strategies	Progress on Strategies
Educate Marshall County on community asset information availability by 6/1/12. Revised date of completion: 6/1/16.	Educate Marshall County on community asset information availability by 6/1/16.	Marshall County community assets discussed frequently on First Nurse radio program.
	Partner with Mid-Iowa Community Action (MICA) to distribute Community Resource Guide at MICA website through Home Care Plus, media. MICA has the responsibility of updating.	Website not developed.
	Provide links to "211" and MICA Community Resource Guide on county and MMSC websites.	Request has been made to add to hospital website.
	Develop baseline of those in county aware of community resources through customer and/or community survey. Determine if current baseline exists.	To be developed.