

# FY2015 CHNA&HIP Progress Report

## Humboldt County

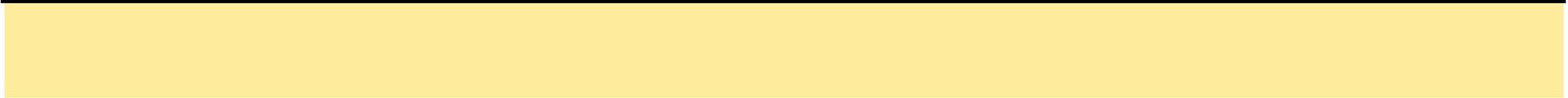
### Community Health Improvement Plan

GOAL	Strategies	Progress on Strategies
<p>Decrease the percentage of obese adult population in Humboldt County from 28% estimated in 2009, based on a population of 9473 to 22%. In 2011, the population base was 9802.</p>	<p>Develop and implement a comprehensive educational campaign to the people in Humboldt County.</p>	<p>Humboldt County Public Health has partnered with Humboldt County Memorial Hospital Dietician regarding wellness and areas of concern/need within Humboldt County. Public Health and the hospital dietician have provided bi-monthly lunch and learns for the public regarding healthy eating habits; the dietician provides a weekly healthy tips brief that we forward out to individuals seeking additional educational information, healthy recipes, and/or healthy activities. This is an ongoing goal as this concern continues to be ongoing with the adult population.</p>
	<p>Continue to work with community partners on providing educational sessions, nutritional information, weight loss control and exercise information.</p>	<p>The healthy educational campaign to the community of Humboldt County has been stalled due to various reasons, yet public health has a plan to continue to partner with the hospital dietician, the local Hy-Vee dietician and the Extension Office to provide this campaign to healthy living and battling back against obesity. The planning committee has just started to meet to discuss options for the community.</p>
		<p>Humboldt County Public Health is seeking to partner with the West River Recreation Center to promote and provide health and wellness classes to all Humboldt County residents, directed specifically at age groups to meet the needs identified (adults and children) at a reduced or free rate as many people cannot afford the classes offered there at this time. The Unmet Needs Grant for the CHNA/HIP could assist with these fees along with the education that can be provided within the school and other community settings.</p>

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		Based on the 2015 County Health Rankings, Humboldt County adult obesity has risen from 28% in 2009 to 35% in 2015. The goal was to decrease this average based on the county population to 22% but this goal was not obtained. Due to the increase of this goal, public health will be continuing this goal within the upcoming CHNA/HIP as long as the county continues to view this as an area of need. There will be different goals and wellness opportunities offered through public health and local partners.



<b>GOAL</b>	<b>Strategies</b>	<b>Progress on Strategies</b>
According to the 2009 Iowa Summary for Domestic Violence counts, 54% of Humboldt County residents report that there is not enough funding for needed programs, services and resources.	Set up quarterly public informational meetings with local partners to provide basic domestic violence information.	There has been a change over in the domestic/sexual assault services that cover Humboldt County. We now have Crisis Intervention Services, which are domestic abuse and sexual abuse advocates within the County. Since this change in service providers, there has been a lax in any educational information provided to the community as the local partners are continuing to educate themselves on how the process works and what services can still be provided. There is a delay in this goal at this time. It is hoped that this goal will be able to be met by the end of 2015.
	Provide information to all HOPES, Maternal Child Health and WIC clients regarding domestic violence services in Humboldt County and contact information.	Information continues to be provided by public health regarding domestic violence, yet not to the extent is used to be. Once public health staff are completely educated on the new Crisis Intervention Services, this information will be more readily available to the community members.

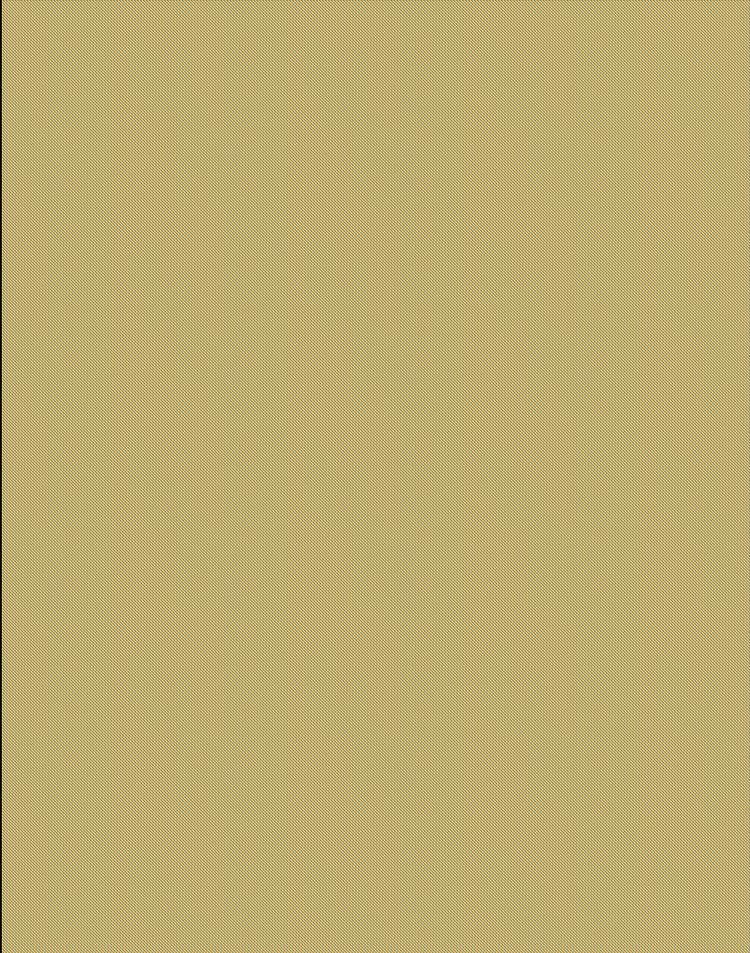
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		<p>The local DSAOC (domestic sexual assault outreach center) has changed some of its program to crisis intervention services which we have started to partner with as they are more local and have staff covering the county. This has improved the abilities to have an advocate available for victims when the call is made, versus having to wait for someone to travel to the victim. Per the 2013 Domestic Violence Counts Iowa Summary, there continues to be a decline in the funding available to county residents for needed programs and services. That is why our local DSAOC office downsized, yet provides basic crisis intervention services, and not all of the other services.</p>
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<p>Humboldt County will decrease the number of confirmed cases of Chlamydia from 17 to 13 in the age group of 15-24 year olds.</p>	<p>Information will be provided to the age group of 15-24 year olds regarding STD's, how they are acquired, how this affects their body, signs and symptoms and prevention and treatment.</p>	<p>Humboldt County Public Health continues to provide information at WIC clinics, at the physician's office, the school offices and public health office regarding STD information.</p>
	<p>The Pregnancy Prevention Coordinator will work with and communicate with the Humboldt County School districts regarding providing sexual education to the high school level school children, along with possibly the junior high school level children. Education will be provided to these groups on STD's and basic information, along with safe sex protection.</p>	<p>Humboldt County Public Health has partnered with the Pregnancy Prevention Coordinator and have been providing education to the Humboldt High School health class and the Junior High School health class on STD's and pregnancy prevention. This education is provided twice per semester to the 7th grade class and the high school Health 1 &amp; 2 class. The STD information is the only education provided to the 7th graders. This is a new education opportunity that we have been able to partner with and provide the education for the schools and the focus age group. The education presented has been well accepted by the schools and the students with some students following up with the public health office seeking further education. This will continue into the next school year 2014 - 2015 but at this time, this goal is considered to be met.</p>
	<p>Work with Webster County Health Department on implementing STD testing in Humboldt County and also shortly after the implementation of STD testing, implement a family planning clinic.</p>	<p>Humboldt County Public Health is starting in June 2014 to provide STD testing for anyone who is seeking testing, this does not have to be a resident of Humboldt County. The Planned Parenthood office in Fort Dodge (a neighboring community) has recently closed and a new grant has been awarded that Humboldt County is able to subcontract with Webster County Health Department on to provide the STD education, testing, treatment, and other information on. This will start shortly with additional services being offered to everyone that is in need of STD testing and also family planning clinics and education.</p>

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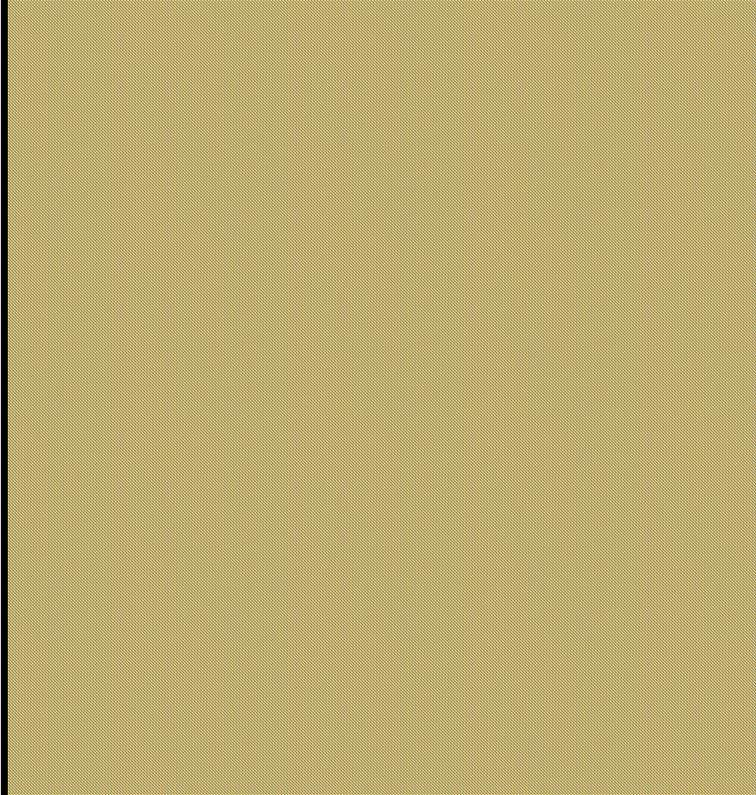
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		Humboldt County Public Health provides free STD testing for Chlamydia for all ages of females and males. The number of confirmed cases in Humboldt County for ages 15-24 year olds as of 2012 decreased to 5 cases that year. That is a decrease for the county and below the state average which is 26%. The goal was to decrease to 13 cases and this has decreased to 5 cases.

<b>GOAL</b>	<b>Strategies</b>	<b>Progress on Strategies</b>
All emergency preparedness community partners meet on a bi-annual basis to review basic knowledge of each partners plans/skills.	Meetings will be held annually with EMS, EMA, HCMH, HCPH to review plans, inform others of changes among staff and work together on community drills/emergency preparedness activities.	Since forming the single county Humboldt County Coalition, we have been meeting face to face, on the phone and via email updates regarding community plans, communication and information sharing and hospital preparedness.
	Meetings will be held annually with partners listed above, along with local law enforcement, local fire departments and other key local partners to update plans, discuss emergency preparedness activities and make changes as needed with contact information.	There will be a table top drill held in June 2014 for all local partners to be involved in to practice the information sharing techniques set in place, as well as practicing each entities responsibilities and roles in disaster planning and implementation.
		This is an ongoing goal within Humboldt County.
		In June 2015, a functional drill was held with Humboldt County Public Health and Humboldt County Memorial Hospital to practice tornado drills. This drill will be added too and include additional partners with additional scenarios within the next two months. After that, additional drills will be conducted on various emergency needs with debriefings held after in order to gain knowledge of what is needed.

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**Community Health Improvement Plan**

GOAL	Strategies	Progress on Strategies
<p>Increase dental offices that accept Title 19 from one to two local dental offices or to have transportation provided for families to other communities that have dentists that accept Title 19.</p>	<p>Unfortunately, the one dentist that practices in Humboldt County that did accept Title 19, is no longer taking new Title 19 clients, only existing clientele.</p>	<p>This goal and strategies has not been met due to the lack of providers within the county providing services to Title 19 patients.</p>
	<p>Work with other local area providers to set up transportation for clients to get to dentists in outlying communities.</p>	<p>Since we have started to work with dentists in outlying counties that accept Title 19, we have run into the transportation problem, yet we are working with various providers on how to provide the transportation necessary for our clients to get to their dental appointments. We have partnered with Department of Human Services to use the TMS transportation program; also with Co-City Bus to transport when funding is available.</p>
	<p>Work with dentists and dental clinics in surrounding communities to ensure community members are receiving the dental care necessary.</p>	<p>The ongoing concern in regards to meeting this goal is the lack of transportation to dentists in surrounding counties. Progress on this goal has been delayed due to this concern.</p>
	<p>Work with Unity Point Clinic physicians to obtain the referral information to work with patients on dental needs.</p>	
		<p>The ongoing concern continues with no dental offices in Humboldt County taking Title 19 patients. All title 19 patients are being referred to the Community Health Center in Fort Dodge, which leads to transportation issues for clients. The surrounding county dentists that would accept Title 19 patients now have a waiting list. This is an ongoing need and concern for the county.</p>