

# CLARKE COUNTY

## Health Improvement Plan

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For additional information, CONTACT:

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# Community Priority

## Health Care Workforce

**Goal #1** Maintain or increase the number of health, mental and dental providers in Clarke county. Currently, Medical Healthcare Providers(1,874:1). Dental Providers (4,663:1) -2/3 providers planning retirement, 3/3 don't take new patients, 3/3 do not take Medicaid payment. Mental Health providers (3,108:1)patients have a wait time from several weeks to several months for appointments for care.

### National Alignment

National Prevention strategy goals is reduce barriers to accessing clinical and community preventive services, especially among populations at greatest risk.

### State Alignment

Healthy lowans 2020 has plan to increase number of direct care professionals in the state.

**Objective 1-1** Train and utilize one community health educator/care coordinator to assist the population's access to care, patient knowledge, healthy behaviors and preventative care by 7/1/2018.

Baseline Year	Baseline Value	Target Year	Target Value
2015	0 %	2020	10 %

Report Date  
06/01/2017

Year  
2017

Value

### Progress on Objective

- |   |  |
|---|--|
| <input checked="" type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend                            | <input type="checkbox"/> Not met, no trend                 |
| <input type="checkbox"/> Met, trend in wrong direction            | <input type="checkbox"/> Not met, trend in wrong direction |

Progress notes: CCPH has trained Health Educator who is providing health education to community

**Strategy 1-1.1** Health Educator/Care coordinator will provide outreach, education, referral and follow-up, case management, and advocacy .

### Strategy Type

Address Social Determinant / Health Inequity

### Who's Responsible

Clarke County Public Health, Clarke County Hospital

### Target Date

07/01/2018

Report Date  
06/1/2017

### Progress on Strategy

- Complete  On track  Off track  No progress

Progress notes: CCPH Health Educator providing multiple classes in health and well being in Clarke County. Partnering with CCH with many of these.

**Objective 1-2** Assess the number of health providers in the community quarterly.

Baseline Year	Baseline Value	Target Year	Target Value
2015	20 %	2020	22 %

**Strategy 1-2.1** Network with Community Health Center, Unity Point clinic and Clarke County Hospital about recruitment.

### Strategy Type

Long-Lasting Protective Intervention

### Who's Responsible

Clarke County Public Health, Development Corp.

### Target Date

07/01/2018

**Goal #2** Maintain the mental health crisis hotline and telemedicine due to limited mental health providers in community and long wait times for appointments.

**National Alignment**

National Prevention Strategy goal to provide individuals and families with the support necessary to maintain positive mental well-being.

**State Alignment**

Healthy Iowans 2020 goal is to increase access to services and supports for individuals experiencing a mental health crisis.

**Objective 2-1** Increase usage of the mental health crisis hotline toll free number by 25% by 1/1/2017

Baseline Year	Baseline Value	Target Year	Target Value
2015	10%	2020	35%

Report Date  
06/01/2017

Year  
2017

Value  
35%

Progress on Objective

Met, trend in right direction     Not met, trend in right direction

Met, no trend     Not met, no trend

Met, trend in wrong direction     Not met, trend in wrong direction

Progress notes: With some outreach and marketing the use of mental health crisis hotline usage has increased.

**Strategy 2-1.1** Promotion of the hotline phone number with posters and magnets available from community health partners to the public.

Strategy Type  
Counseling & Education

Who's Responsible  
Mary DeLong, Clarke Co Mental Health coordinator for Cross Region

Target Date  
7/1/2017

Report Date  
06/01/2017

Progress on Strategy

Complete     On track     Off track     No progress

Progress notes: Magnets and social media posts have helped promote the hotline.

**Goal #3** Maintain or increase the number of dental providers in Clarke County by 7/1/2018

**National Alignment**

National Prevention Strategy goal is to support implementation of community-based preventive services and enhance linkages with clinical care.

**State Alignment**

Healthy Iowans 2020 plan to provide leadership and support for state and local oral health coalition development to strengthen existing coalitions and to develop new coalitions and/or work groups that will pool expertise and resources to improve oral health.

**Objective 3-1** Quarterly assessment of # dental providers, hours of services, and funding accepted.

Baseline Year	Baseline Value	Target Year	Target Value
2015	30%	2020	32%

**Strategy 3-1.1** Communicate with Clarke County Development, Delta Dental, University of Iowa Dental School about the need for additional dental providers, recruit as needed.

Strategy Type  
Address Social Determinant / Health Inequity

Who's Responsible  
Clarke County Public Health, I-Smile dental services

Target Date  
07/01/2019

Objective 3-2 Increase the number of children with completed dental screenings at kindergarten and 9th grade in yearly dental audit

Baseline Year	Baseline Value	Target Year	Target Value
2015	25%	2019	30%

Strategy 3-2.1 Promote I- Smile dental services for children

Strategy Type  
Counseling & Education

Who's Responsible

I-Smile Coordinator, Clarke County Public Health and Warren County Health Services, School nurses

Target Date

07/01/2019

Report Date

06/01/2017

Progress on Strategy

Complete  On track  Off track  No progress

Progress notes: I-Smile is now provided by Marion Co. Public health and Clarke County Public Health contracts with them and provides I-Smile services in Clarke County.

# Community Priority

## Physical Inactivity

**Goal #1** Decrease the amount of individuals reporting inactivity, 27% report physical inactivity.

### National Alignment

National Prevention Strategy goal is Encourage community design and development that supports physical activity.

### State Alignment

Healthy Iowans 2020 plan on trying to increase the proportion of adults who get the recommended levels of aerobic physical activity and a reduce of adults that are obese.

**Objective 1-1** Provide and promote more activities within the community. Decrease the report of physical inactivity from 27 % to 25%

Baseline Year	Baseline Value	Target Year	Target Value
2015	27%	2020	25%

**Strategy 1-1.1** Install and maintain a "rent a bike" station and promote bike trails in the community

### Strategy Type

Environmental / Policy / Systems Change

### Who's Responsible

Healthy Clarke County Coalition, Clarke County Public Health, City of Osceola, Development Corp.

### Target Date

07/01/2019

Report Date  
06/1/2017

### Progress on Strategy

Complete  On track  Off track  No progress

Progress notes: Applied for Wellmark grant and received \$10,000 towards bike share. Got 10 bikes with system to rent and track bikes. Working on getting money for cement pad and cover for bike share system.

**Strategy 1-1.2** Safe Routes to School grant to include walking school bus

### Strategy Type

Environmental / Policy / Systems Change

### Who's Responsible

Safe Routes to School grant committee.

### Target Date

07/01/2019

Report Date  
06/1/2017

### Progress on Strategy

Complete  On track  Off track  No progress

Progress notes: City is completing another set of safe route to school sidewalks.

**Strategy 1-1.3** Increase the number of community "activity" events.

### Strategy Type

Long-Lasting Protective Intervention

### Who's Responsible

Clarke County Public health, Healthy Clarke County Coalition, Community Partners

### Target Date

07/01/2019

Report Date  
06/1/2017

### Progress on Strategy

Complete  On track  Off track  No progress

Progress notes: Planning and participating in more events that include physical activity.

**Goal #2** Decrease the percentage of obesity in Clarke County. Currently 29% are overweight or obese.

### National Alignment

National Prevention Strategy plans to improve nutritional quality of the food supply and help people recognize and make healthy food and beverage choices.

### State Alignment

Healthy Iowans 2020 plan is to increase the percentage of persons who eat five or more servings of fruits and vegetables each day.

Objective 2-1	Provide and promote information on healthier eating and physical activity to community.	Baseline Year	Baseline Value	Target Year	Target Value
		2015	29 %	2020	27 %

Strategy 2-1.1 Plan cooking classes and other activities to promote incorporating nutrition and exercise into daily routines.

Strategy Type  
Long-Lasting Protective Intervention

Who's Responsible  
Clarke County Public health, Hy-Vee Nutritionist, Community Partners

Target Date  
7/1/2019

Report Date  
6/1/2017

<u>Progress on Strategy</u>			
<input type="checkbox"/> Complete	<input checked="" type="checkbox"/> On track	<input type="checkbox"/> Off track	<input type="checkbox"/> No progress

Progress notes: Health Educator partnered with Clarke Co. Parents as Teachers and obtained grant to have healthy snack classes for low income families.