

Tama (TA) 2020 Rankings

County Demographics

	County	State
Population	16,904	3,156,145
% below 18 years of age	24.1%	23.2%
% 65 and older	19.7%	17.1%
% Non-Hispanic Black	0.8%	3.8%
% American Indian & Alaska Native	8.4%	0.5%
% Asian	0.5%	2.7%
% Native Hawaiian/Other Pacific Islander	0.1%	0.1%
% Hispanic	10.3%	6.2%
% Non-Hispanic White	80.2%	85.3%
% not proficient in English	2%	2%
% Females	49.9%	50.2%
% Rural	72.4%	36.0%

	Tama County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Health Outcomes					94
Length of Life					96
Premature death	9,300	7,500-11,200	5,500	6,200	
Quality of Life					82
Poor or fair health **	15%	14-15%	12%	14%	
Poor physical health days **	3.2	3.1-3.4	3.1	3.3	
Poor mental health days **	3.5	3.3-3.7	3.4	3.6	
Low birthweight	7%	6-9%	6%	7%	

Additional Health Outcomes (not included in overall ranking)

Life expectancy	76.9	75.4-78.4	81.1	79.4
Premature age-adjusted mortality	390	340-450	270	320
Child mortality	80	50-140	40	50
Infant mortality			4	5
Frequent physical distress	10%	9-10%	9%	10%
Frequent mental distress	11%	11-11%	11%	11%
Diabetes prevalence	9%	6-14%	7%	10%
HIV prevalence	77		41	98

Health Factors **84**

Health Behaviors **83**

Adult smoking **	17%	17-18%	14%	17%
Adult obesity	35%	28-44%	26%	33%
Food environment index	8.3		8.6	8.2
Physical inactivity	27%	21-34%	20%	24%
Access to exercise opportunities	77%		91%	83%
Excessive drinking **	20%	19-21%	13%	22%
Alcohol-impaired driving deaths	32%	19-44%	11%	27%
Sexually transmitted infections	257.9		161.4	441.6
Teen births	25	20-30	13	19

Additional Health Behaviors (not included in overall ranking)

Food insecurity	10%		9%	11%
Limited access to healthy foods	6%		2%	6%
Drug overdose deaths			10	10
Motor vehicle crash deaths	21	13-30	9	11
Insufficient sleep	27%	26-28%	27%	28%

Clinical Care

93

Uninsured	8%	7-9%	6%	5%
Primary care physicians	4,260:1		1,030:1	1,370:1
Dentists	3,380:1		1,240:1	1,500:1
Mental health providers	2,820:1		290:1	640:1
Preventable hospital stays	3,975		2,761	3,808
Mammography screening	45%		50%	51%
Flu vaccinations	48%		53%	53%

Additional Clinical Care (not included in overall ranking)

Uninsured adults	9%	8-10%	7%	7%
Uninsured children	5%	3-6%	3%	3%
Other primary care providers	1,878:1		665:1	990:1

Social & Economic Factors

75

High school graduation	97%		96%	91%
Some college	61%	55-66%	73%	70%
Unemployment	3.0%		2.6%	2.5%
Children in poverty	15%	10-20%	11%	14%
Income inequality	4.1	3.6-4.6	3.7	4.2
Children in single-parent households	30%	24-35%	20%	29%
Social associations	14.7		18.4	15.2
Violent crime	322		63	282
Injury deaths	85	66-107	58	67

Additional Social & Economic Factors (not included in overall ranking)

Disconnected youth			4%	5%
Reading scores	3.1		3.4	3.1
Math scores	3.1		3.4	3.1
Median household income	\$57,000	\$50,600-63,300	\$69,000	\$60,100
Children eligible for free or reduced price lunch	47%		32%	40%
Residential segregation - Black/White			23	62
Residential segregation - non-white/white	44		14	48
Homicides			2	2
Suicides	16	8-29	11	14
Firearm fatalities			8	9
Juvenile arrests	32			37

Physical Environment

61

Air pollution - particulate matter **	9.5		6.1	9.0
Drinking water violations	No			
Severe housing problems	10%	9-12%	9%	12%
Driving alone to work	80%	78-82%	72%	81%
Long commute - driving alone	32%	29-36%	16%	20%

Additional Physical Environment (not included in overall ranking)

Traffic volume	349			1,461
Homeownership	76%	74-78%	81%	71%
Severe housing cost burden	9%	7-11%	7%	10%

Areas to Explore

Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data