

Sioux (SI) 2020 Rankings

County Demographics

	County	State
Population	34,909	3,156,145
% below 18 years of age	27.0%	23.2%
% 65 and older	15.9%	17.1%
% Non-Hispanic Black	0.6%	3.8%
% American Indian & Alaska Native	0.5%	0.5%
% Asian	1.0%	2.7%
% Native Hawaiian/Other Pacific Islander	0.1%	0.1%
% Hispanic	11.1%	6.2%
% Non-Hispanic White	86.4%	85.3%
% not proficient in English	2%	2%
% Females	49.7%	50.2%
% Rural	50.8%	36.0%

	Sioux County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Health Outcomes					4
Length of Life					5
Premature death	4,300	3,500-5,200	5,500	6,200	
Quality of Life					6
Poor or fair health **	13%	12-13%	12%	14%	
Poor physical health days **	3.1	2.9-3.2	3.1	3.3	
Poor mental health days **	3.2	3.0-3.4	3.4	3.6	
Low birthweight	5%	4-6%	6%	7%	

Additional Health Outcomes (not included in overall ranking)

Life expectancy	83.2	82.2-84.2	81.1	79.4
Premature age-adjusted mortality	210	180-240	270	320
Child mortality	40	20-70	40	50
Infant mortality	6	4-9	4	5
Frequent physical distress	9%	9-9%	9%	10%
Frequent mental distress	10%	10-10%	11%	11%
Diabetes prevalence	7%	4-10%	7%	10%
HIV prevalence	21		41	98

Health Factors 1

Health Behaviors 2

Adult smoking **	14%	13-15%	14%	17%
Adult obesity	29%	23-34%	26%	33%
Food environment index	9.2		8.6	8.2
Physical inactivity	19%	15-24%	20%	24%
Access to exercise opportunities	83%		91%	83%
Excessive drinking **	23%	22-24%	13%	22%
Alcohol-impaired driving deaths	23%	9-39%	11%	27%
Sexually transmitted infections	134.8		161.4	441.6
Teen births	15	13-18	13	19

Additional Health Behaviors (not included in overall ranking)

Food insecurity	7%		9%	11%
Limited access to healthy foods	1%		2%	6%
Drug overdose deaths			10	10
Motor vehicle crash deaths	9	5-13	9	11

Insufficient sleep	25%	24-26%	27%	28%
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Clinical Care

15

Uninsured	7%	6-8%	6%	5%
Primary care physicians	1,250:1		1,030:1	1,370:1
Dentists	1,940:1		1,240:1	1,500:1
Mental health providers	830:1		290:1	640:1
Preventable hospital stays	2,241		2,761	3,808
Mammography screening	55%		50%	51%
Flu vaccinations	54%		53%	53%

Additional Clinical Care (not included in overall ranking)

Uninsured adults	8%	7-10%	7%	7%
Uninsured children	4%	3-5%	3%	3%
Other primary care providers	1,518:1		665:1	990:1

Social & Economic Factors

3

High school graduation	89%		96%	91%
Some college	69%	63-74%	73%	70%
Unemployment	1.8%		2.6%	2.5%
Children in poverty	7%	5-10%	11%	14%
Income inequality	3.2	2.9-3.6	3.7	4.2
Children in single-parent households	14%	10-18%	20%	29%
Social associations	27.5		18.4	15.2
Violent crime	43		63	282
Injury deaths	44	35-55	58	67

Additional Social & Economic Factors (not included in overall ranking)

Disconnected youth			4%	5%
Reading scores	3.2		3.4	3.1
Math scores	3.3		3.4	3.1
Median household income	\$70,200	\$62,400-78,000	\$69,000	\$60,100
Children eligible for free or reduced price lunch	37%		32%	40%
Residential segregation - Black/White			23	62
Residential segregation - non-white/white	27		14	48
Homicides			2	2
Suicides			11	14
Firearm fatalities			8	9
Juvenile arrests	16			37

Physical Environment

13

Air pollution - particulate matter **	8.8		6.1	9.0
Drinking water violations	No			
Severe housing problems	9%	7-11%	9%	12%
Driving alone to work	77%	75-79%	72%	81%
Long commute - driving alone	11%	9-13%	16%	20%

Additional Physical Environment (not included in overall ranking)

Traffic volume	346			1,461
Homeownership	80%	78-82%	81%	71%
Severe housing cost burden	6%	4-8%	7%	10%

Areas to Explore

Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data