

## Shelby (SH) 2020 Rankings

### County Demographics

	County	State
Population	11,578	3,156,145
% below 18 years of age	22.5%	23.2%
% 65 and older	22.6%	17.1%
% Non-Hispanic Black	0.8%	3.8%
% American Indian & Alaska Native	0.5%	0.5%
% Asian	0.5%	2.7%
% Native Hawaiian/Other Pacific Islander	0.1%	0.1%
% Hispanic	3.0%	6.2%
% Non-Hispanic White	94.3%	85.3%
% not proficient in English	1%	2%
% Females	50.6%	50.2%
% Rural	59.4%	36.0%

	Shelby County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
<b>Health Outcomes</b>					<b>20</b>
<b>Length of Life</b>					<b>17</b>
Premature death	5,400	3,800-6,900	5,500	6,200	
<b>Quality of Life</b>					<b>22</b>
Poor or fair health **	13%	12-13%	12%	14%	
Poor physical health days **	3.1	3.0-3.3	3.1	3.3	
Poor mental health days **	3.4	3.2-3.6	3.4	3.6	
Low birthweight	6%	4-7%	6%	7%	

### Additional Health Outcomes (not included in overall ranking)

Life expectancy	80.9	79.4-82.4	81.1	79.4
Premature age-adjusted mortality	290	240-340	270	320
Child mortality			40	50
Infant mortality			4	5
Frequent physical distress	9%	9-10%	9%	10%
Frequent mental distress	11%	10-11%	11%	11%
Diabetes prevalence	13%	9-19%	7%	10%
HIV prevalence			41	98

### Health Factors

<b>Health Behaviors</b>					<b>8</b>
<b>Health Behaviors</b>					<b>17</b>
Adult smoking **	15%	14-16%	14%	17%	
Adult obesity	35%	27-43%	26%	33%	
Food environment index	8.2		8.6	8.2	
Physical inactivity	25%	19-32%	20%	24%	
Access to exercise opportunities	62%		91%	83%	
Excessive drinking **	19%	18-20%	13%	22%	
Alcohol-impaired driving deaths	11%	1-33%	11%	27%	
Sexually transmitted infections	146.2		161.4	441.6	
Teen births	16	12-22	13	19	

### Additional Health Behaviors (not included in overall ranking)

Food insecurity	9%		9%	11%
Limited access to healthy foods	9%		2%	6%
Drug overdose deaths			10	10
Motor vehicle crash deaths	12	6-22	9	11
Insufficient sleep	26%	24-26%	27%	28%

## Clinical Care

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Uninsured	5%	4-6%	6%	5%
Primary care physicians	1,940:1		1,030:1	1,370:1
Dentists	1,450:1		1,240:1	1,500:1
Mental health providers	1,050:1		290:1	640:1
Preventable hospital stays	3,504		2,761	3,808
Mammography screening	53%		50%	51%
Flu vaccinations	54%		53%	53%

## Additional Clinical Care (not included in overall ranking)

Uninsured adults	6%	5-7%	7%	7%
Uninsured children	3%	2-4%	3%	3%
Other primary care providers	1,654:1		665:1	990:1

## Social &amp; Economic Factors

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High school graduation	99%		96%	91%
Some college	75%	65-85%	73%	70%
Unemployment	2.0%		2.6%	2.5%
Children in poverty	10%	6-13%	11%	14%
Income inequality	4.1	3.4-4.8	3.7	4.2
Children in single-parent households	21%	14-27%	20%	29%
Social associations	14.6		18.4	15.2
Violent crime			63	282
Injury deaths	68	49-93	58	67

## Additional Social &amp; Economic Factors (not included in overall ranking)

Disconnected youth			4%	5%
Reading scores	3.1		3.4	3.1
Math scores	3.0		3.4	3.1
Median household income	\$58,900	\$51,300-66,400	\$69,000	\$60,100
Children eligible for free or reduced price lunch	34%		32%	40%
Residential segregation - Black/White	50		23	62
Residential segregation - non-white/white	39		14	48
Homicides			2	2
Suicides			11	14
Firearm fatalities			8	9
Juvenile arrests	22			37

## Physical Environment

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Air pollution - particulate matter **	8.6		6.1	9.0
Drinking water violations	No			
Severe housing problems	9%	7-12%	9%	12%
Driving alone to work	78%	75-81%	72%	81%
Long commute - driving alone	22%	18-26%	16%	20%

## Additional Physical Environment (not included in overall ranking)

Traffic volume	229			1,461
Homeownership	78%	75-80%	81%	71%
Severe housing cost burden	8%	5-10%	7%	10%

Areas to Explore

Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.

\*\* Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data