

Ringgold (RG) 2020 Rankings

County Demographics

	County	State
Population	4,968	3,156,145
% below 18 years of age	23.5%	23.2%
% 65 and older	24.5%	17.1%
% Non-Hispanic Black	0.8%	3.8%
% American Indian & Alaska Native	0.3%	0.5%
% Asian	0.5%	2.7%
% Native Hawaiian/Other Pacific Islander	0.1%	0.1%
% Hispanic	2.8%	6.2%
% Non-Hispanic White	94.8%	85.3%
% not proficient in English	0%	2%
% Females	50.6%	50.2%
% Rural	100.0%	36.0%

	Ringgold County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Health Outcomes					44
Length of Life					57
Premature death			5,500	6,200	
Quality of Life					40
Poor or fair health **	13%	13-14%	12%	14%	
Poor physical health days **	3.2	3.0-3.4	3.1	3.3	
Poor mental health days **	3.6	3.4-3.8	3.4	3.6	
Low birthweight	6%	3-8%	6%	7%	

Additional Health Outcomes (not included in overall ranking)

Life expectancy	77.8	75.4-80.3	81.1	79.4
Premature age-adjusted mortality	350	270-450	270	320
Child mortality			40	50
Infant mortality			4	5
Frequent physical distress	10%	9-10%	9%	10%
Frequent mental distress	11%	11-12%	11%	11%
Diabetes prevalence	9%	4-17%	7%	10%
HIV prevalence			41	98

Health Factors **55**

Health Behaviors **25**

Adult smoking **	15%	15-16%	14%	17%
Adult obesity	33%	24-43%	26%	33%
Food environment index	8.4		8.6	8.2
Physical inactivity	26%	18-36%	20%	24%
Access to exercise opportunities	62%		91%	83%
Excessive drinking **	19%	18-20%	13%	22%
Alcohol-impaired driving deaths	11%	1-33%	11%	27%
Sexually transmitted infections	198.6		161.4	441.6
Teen births	19	12-29	13	19

Additional Health Behaviors (not included in overall ranking)

Food insecurity	11%		9%	11%
Limited access to healthy foods	3%		2%	6%
Drug overdose deaths			10	10
Motor vehicle crash deaths	31	16-56	9	11
Insufficient sleep	27%	26-28%	27%	28%

Clinical Care

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Uninsured	8%	6-9%	6%	5%
Primary care physicians	840:1		1,030:1	1,370:1
Dentists	4,970:1		1,240:1	1,500:1
Mental health providers			290:1	640:1
Preventable hospital stays	2,369		2,761	3,808
Mammography screening	55%		50%	51%
Flu vaccinations	36%		53%	53%

Additional Clinical Care (not included in overall ranking)

Uninsured adults	8%	7-10%	7%	7%
Uninsured children	6%	4-8%	3%	3%
Other primary care providers	1,656:1		665:1	990:1

Social & Economic Factors

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High school graduation	98%		96%	91%
Some college	67%	57-77%	73%	70%
Unemployment	2.8%		2.6%	2.5%
Children in poverty	23%	15-31%	11%	14%
Income inequality	4.6	3.7-5.4	3.7	4.2
Children in single-parent households	23%	15-32%	20%	29%
Social associations	13.9		18.4	15.2
Violent crime	59		63	282
Injury deaths	123	84-175	58	67

Additional Social & Economic Factors (not included in overall ranking)

Disconnected youth			4%	5%
Reading scores	2.9		3.4	3.1
Math scores	2.9		3.4	3.1
Median household income	\$48,800	\$43,500-54,000	\$69,000	\$60,100
Children eligible for free or reduced price lunch	43%		32%	40%
Residential segregation - Black/White			23	62
Residential segregation - non-white/white			14	48
Homicides			2	2
Suicides			11	14
Firearm fatalities			8	9
Juvenile arrests				37

Physical Environment

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Air pollution - particulate matter **	8.9		6.1	9.0
Drinking water violations	No			
Severe housing problems	10%	7-13%	9%	12%
Driving alone to work	82%	79-86%	72%	81%
Long commute - driving alone	31%	25-37%	16%	20%

Additional Physical Environment (not included in overall ranking)

Traffic volume	175			1,461
Homeownership	77%	74-80%	81%	71%
Severe housing cost burden	11%	7-14%	7%	10%

Areas to Explore

Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data