

## Polk (PO) 2020 Rankings

### County Demographics

	County	State
Population	487,204	3,156,145
% below 18 years of age	24.9%	23.2%
% 65 and older	13.1%	17.1%
% Non-Hispanic Black	6.9%	3.8%
% American Indian & Alaska Native	0.4%	0.5%
% Asian	5.1%	2.7%
% Native Hawaiian/Other Pacific Islander	0.1%	0.1%
% Hispanic	8.5%	6.2%
% Non-Hispanic White	77.2%	85.3%
% not proficient in English	3%	2%
% Females	50.7%	50.2%
% Rural	4.9%	36.0%

	Polk County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
<b>Health Outcomes</b>					<b>58</b>
<b>Length of Life</b>					<b>48</b>
Premature death	6,400	6,100-6,600	5,500	6,200	
<b>Quality of Life</b>					<b>62</b>
Poor or fair health **	13%	13-14%	12%	14%	
Poor physical health days **	3.1	3.0-3.2	3.1	3.3	
Poor mental health days **	3.5	3.4-3.6	3.4	3.6	
Low birthweight	7%	7-7%	6%	7%	

### Additional Health Outcomes (not included in overall ranking)

Life expectancy	79.1	78.8-79.3	81.1	79.4
Premature age-adjusted mortality	330	320-340	270	320
Child mortality	60	50-60	40	50
Infant mortality	6	5-7	4	5
Frequent physical distress	9%	9-9%	9%	10%
Frequent mental distress	11%	11-11%	11%	11%
Diabetes prevalence	8%	7-9%	7%	10%
HIV prevalence	191		41	98

### Health Factors **37**

### Health Behaviors **37**

Adult smoking **	15%	15-15%	14%	17%
Adult obesity	32%	30-34%	26%	33%
Food environment index	8.3		8.6	8.2
Physical inactivity	20%	18-21%	20%	24%
Access to exercise opportunities	93%		91%	83%
Excessive drinking **	21%	20-21%	13%	22%
Alcohol-impaired driving deaths	30%	25-35%	11%	27%
Sexually transmitted infections	645.2		161.4	441.6
Teen births	22	21-23	13	19

### Additional Health Behaviors (not included in overall ranking)

Food insecurity	11%		9%	11%
Limited access to healthy foods	4%		2%	6%
Drug overdose deaths	16	14-18	10	10
Motor vehicle crash deaths	7	6-7	9	11

Insufficient sleep	30%	29-31%	27%	28%
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**Clinical Care**

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Uninsured	6%	5-6%	6%	5%
Primary care physicians	1,010:1		1,030:1	1,370:1
Dentists	1,420:1		1,240:1	1,500:1
Mental health providers	390:1		290:1	640:1
Preventable hospital stays	3,385		2,761	3,808
Mammography screening	51%		50%	51%
Flu vaccinations	60%		53%	53%

**Additional Clinical Care (not included in overall ranking)**

Uninsured adults	7%	6-7%	7%	7%
Uninsured children	3%	2-3%	3%	3%
Other primary care providers	773:1		665:1	990:1

**Social & Economic Factors**

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High school graduation	89%		96%	91%
Some college	73%	70-75%	73%	70%
Unemployment	2.5%		2.6%	2.5%
Children in poverty	12%	9-14%	11%	14%
Income inequality	4.2	4.0-4.3	3.7	4.2
Children in single-parent households	33%	30-35%	20%	29%
Social associations	12.6		18.4	15.2
Violent crime	392		63	282
Injury deaths	67	64-70	58	67

**Additional Social & Economic Factors (not included in overall ranking)**

Disconnected youth	6%	5-8%	4%	5%
Reading scores	3.1		3.4	3.1
Math scores	3.1		3.4	3.1
Median household income	\$68,500	\$65,300-71,700	\$69,000	\$60,100
Children eligible for free or reduced price lunch	46%		32%	40%
Residential segregation - Black/White	50		23	
Residential segregation - non-white/white	42		14	48
Homicides	4	3-4	2	2
Suicides	14	13-16	11	14
Firearm fatalities	9	8-10	8	9
Juvenile arrests	38			37

**Physical Environment**

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Air pollution - particulate matter **	8.6		6.1	9.0
Drinking water violations	No			
Severe housing problems	14%	14-15%	9%	12%
Driving alone to work	83%	83-84%	72%	81%
Long commute - driving alone	17%	16-18%	16%	20%

**Additional Physical Environment (not included in overall ranking)**

Traffic volume	4,150			1,461
Homeownership	67%	66-68%	81%	71%
Severe housing cost burden	11%	11-12%	7%	10%

Areas to Explore

Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.

\*\* Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data