

Pocahontas (PC) 2020 Rankings

County Demographics

	County	State
Population	6,740	3,156,145
% below 18 years of age	22.9%	23.2%
% 65 and older	23.0%	17.1%
% Non-Hispanic Black	0.9%	3.8%
% American Indian & Alaska Native	0.5%	0.5%
% Asian	0.5%	2.7%
% Native Hawaiian/Other Pacific Islander	0.3%	0.1%
% Hispanic	3.9%	6.2%
% Non-Hispanic White	92.8%	85.3%
% not proficient in English	1%	2%
% Females	50.2%	50.2%
% Rural	100.0%	36.0%

	Pocahontas County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Health Outcomes					76
Length of Life					76
Premature death	7,400	4,900-9,900	5,500	6,200	
Quality of Life					83
Poor or fair health **	14%	14-15%	12%	14%	
Poor physical health days **	3.3	3.1-3.5	3.1	3.3	
Poor mental health days **	3.7	3.5-3.9	3.4	3.6	
Low birthweight	7%	5-9%	6%	7%	

Additional Health Outcomes (not included in overall ranking)

Life expectancy	77.8	75.7-79.9	81.1	79.4
Premature age-adjusted mortality	380	300-460	270	320
Child mortality			40	50
Infant mortality			4	5
Frequent physical distress	10%	10-10%	9%	10%
Frequent mental distress	12%	11-12%	11%	11%
Diabetes prevalence	10%	5-18%	7%	10%
HIV prevalence			41	98

Health Factors **49**

Health Behaviors **69**

Adult smoking **	16%	16-17%	14%	17%
Adult obesity	38%	28-47%	26%	33%
Food environment index	8.0		8.6	8.2
Physical inactivity	29%	21-39%	20%	24%
Access to exercise opportunities	71%		91%	83%
Excessive drinking **	19%	18-19%	13%	22%
Alcohol-impaired driving deaths	44%	26-60%	11%	27%
Sexually transmitted infections	131.5		161.4	441.6
Teen births	16	10-24	13	19

Additional Health Behaviors (not included in overall ranking)

Food insecurity	11%		9%	11%
Limited access to healthy foods	7%		2%	6%
Drug overdose deaths			10	10
Motor vehicle crash deaths	25	13-43	9	11

Insufficient sleep	28%	27-29%	27%	28%
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Clinical Care

79

Uninsured	6%	5-7%	6%	5%
Primary care physicians	3,420:1		1,030:1	1,370:1
Dentists	1,350:1		1,240:1	1,500:1
Mental health providers			290:1	640:1
Preventable hospital stays	3,593		2,761	3,808
Mammography screening	45%		50%	51%
Flu vaccinations	37%		53%	53%

Additional Clinical Care (not included in overall ranking)

Uninsured adults	7%	6-8%	7%	7%
Uninsured children	4%	3-5%	3%	3%
Other primary care providers	2,247:1		665:1	990:1

Social & Economic Factors

25

High school graduation	90%		96%	91%
Some college	70%	61-79%	73%	70%
Unemployment	1.8%		2.6%	2.5%
Children in poverty	18%	12-23%	11%	14%
Income inequality	4.3	3.8-4.8	3.7	4.2
Children in single-parent households	20%	13-28%	20%	29%
Social associations	29.2		18.4	15.2
Violent crime	114		63	282
Injury deaths	64	40-96	58	67

Additional Social & Economic Factors (not included in overall ranking)

Disconnected youth			4%	5%
Reading scores	3.1		3.4	3.1
Math scores	2.8		3.4	3.1
Median household income	\$55,900	\$51,000-60,700	\$69,000	\$60,100
Children eligible for free or reduced price lunch	53%		32%	40%
Residential segregation - Black/White			23	62
Residential segregation - non-white/white	36		14	48
Homicides			2	2
Suicides			11	14
Firearm fatalities			8	9
Juvenile arrests				37

Physical Environment

49

Air pollution - particulate matter **	8.5		6.1	9.0
Drinking water violations	Yes			
Severe housing problems	7%	5-9%	9%	12%
Driving alone to work	75%	71-78%	72%	81%
Long commute - driving alone	26%	21-30%	16%	20%

Additional Physical Environment (not included in overall ranking)

Traffic volume	271			1,461
Homeownership	77%	74-80%	81%	71%
Severe housing cost burden	7%	4-10%	7%	10%

Areas to Explore

Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data