

## Plymouth (PY) 2020 Rankings

### County Demographics

|  | County | State     |
|--|--------|-----------|
| Population                               | 25,095 | 3,156,145 |
| % below 18 years of age                  | 25.0%  | 23.2%     |
| % 65 and older                           | 18.4%  | 17.1%     |
| % Non-Hispanic Black                     | 0.9%   | 3.8%      |
| % American Indian & Alaska Native        | 1.1%   | 0.5%      |
| % Asian                                  | 0.7%   | 2.7%      |
| % Native Hawaiian/Other Pacific Islander | 0.2%   | 0.1%      |
| % Hispanic                               | 5.7%   | 6.2%      |
| % Non-Hispanic White                     | 91.2%  | 85.3%     |
| % not proficient in English              | 1%     | 2%        |
| % Females                                | 50.1%  | 50.2%     |
| % Rural                                  | 62.9%  | 36.0%     |

|                              | Plymouth County | Error Margin | Top U.S. Performers ^ | Iowa  | Rank (of 99) |
|------------------------------|-----------------|--------------|-----------------------|-------|--------------|
| <b>Health Outcomes</b>       |                 |              |                       |       | <b>35</b>    |
| <b>Length of Life</b>        |                 |              |                       |       | <b>41</b>    |
| Premature death              | 6,100           | 4,900-7,300  | 5,500                 | 6,200 |              |
| <b>Quality of Life</b>       |                 |              |                       |       | <b>35</b>    |
| Poor or fair health **       | 13%             | 12-13%       | 12%                   | 14%   |              |
| Poor physical health days ** | 3.0             | 2.8-3.2      | 3.1                   | 3.3   |              |
| Poor mental health days **   | 3.4             | 3.2-3.6      | 3.4                   | 3.6   |              |
| Low birthweight              | 7%              | 6-8%         | 6%                    | 7%    |              |

### Additional Health Outcomes (not included in overall ranking)

|                                  |      |           |      |      |
|----------------------------------|------|-----------|------|------|
| Life expectancy                  | 80.0 | 78.9-81.1 | 81.1 | 79.4 |
| Premature age-adjusted mortality | 290  | 250-330   | 270  | 320  |
| Child mortality                  | 40   | 20-80     | 40   | 50   |
| Infant mortality                 |      |           | 4    | 5    |
| Frequent physical distress       | 9%   | 9-9%      | 9%   | 10%  |
| Frequent mental distress         | 11%  | 10-11%    | 11%  | 11%  |
| Diabetes prevalence              | 10%  | 7-15%     | 7%   | 10%  |
| HIV prevalence                   | 58   |           | 41   | 98   |

### Health Factors 12

### Health Behaviors 20

|                                  |       |        |       |       |
|----------------------------------|-------|--------|-------|-------|
| Adult smoking **                 | 15%   | 14-16% | 14%   | 17%   |
| Adult obesity                    | 32%   | 26-40% | 26%   | 33%   |
| Food environment index           | 9.0   |        | 8.6   | 8.2   |
| Physical inactivity              | 29%   | 22-36% | 20%   | 24%   |
| Access to exercise opportunities | 76%   |        | 91%   | 83%   |
| Excessive drinking **            | 21%   | 20-22% | 13%   | 22%   |
| Alcohol-impaired driving deaths  | 27%   | 13-41% | 11%   | 27%   |
| Sexually transmitted infections  | 206.2 |        | 161.4 | 441.6 |
| Teen births                      | 14    | 11-17  | 13    | 19    |

### Additional Health Behaviors (not included in overall ranking)

|                                 |    |      |    |     |
|---------------------------------|----|------|----|-----|
| Food insecurity                 | 9% |      | 9% | 11% |
| Limited access to healthy foods | 1% |      | 2% | 6%  |
| Drug overdose deaths            |    |      | 10 | 10  |
| Motor vehicle crash deaths      | 12 | 7-18 | 9  | 11  |

|                    |     |        |     |     |
|--------------------|-----|--------|-----|-----|
| Insufficient sleep | 26% | 25-27% | 27% | 28% |
|--------------------|-----|--------|-----|-----|

**Clinical Care**

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|                            |         |      |         |         |
|----------------------------|---------|------|---------|---------|
| Uninsured                  | 5%      | 4-6% | 6%      | 5%      |
| Primary care physicians    | 2,290:1 |      | 1,030:1 | 1,370:1 |
| Dentists                   | 2,090:1 |      | 1,240:1 | 1,500:1 |
| Mental health providers    | 780:1   |      | 290:1   | 640:1   |
| Preventable hospital stays | 3,816   |      | 2,761   | 3,808   |
| Mammography screening      | 49%     |      | 50%     | 51%     |
| Flu vaccinations           | 54%     |      | 53%     | 53%     |

**Additional Clinical Care (not included in overall ranking)**

|                              |         |      |       |       |
|------------------------------|---------|------|-------|-------|
| Uninsured adults             | 6%      | 5-7% | 7%    | 7%    |
| Uninsured children           | 3%      | 2-4% | 3%    | 3%    |
| Other primary care providers | 2,091:1 |      | 665:1 | 990:1 |

**Social & Economic Factors**

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|                                      |      |         |      |      |
|--------------------------------------|------|---------|------|------|
| High school graduation               | 97%  |         | 96%  | 91%  |
| Some college                         | 70%  | 63-77%  | 73%  | 70%  |
| Unemployment                         | 1.9% |         | 2.6% | 2.5% |
| Children in poverty                  | 9%   | 6-12%   | 11%  | 14%  |
| Income inequality                    | 3.5  | 3.2-3.9 | 3.7  | 4.2  |
| Children in single-parent households | 27%  | 22-33%  | 20%  | 29%  |
| Social associations                  | 16.7 |         | 18.4 | 15.2 |
| Violent crime                        | 103  |         | 63   | 282  |
| Injury deaths                        | 56   | 44-71   | 58   | 67   |

**Additional Social & Economic Factors (not included in overall ranking)**

|   |          |                 |          |          |
|---|----------|-----------------|----------|----------|
| Disconnected youth                                |          |                 | 4%       | 5%       |
| Reading scores                                    | 3.3      |                 | 3.4      | 3.1      |
| Math scores                                       | 3.3      |                 | 3.4      | 3.1      |
| Median household income                           | \$66,400 | \$59,100-73,600 | \$69,000 | \$60,100 |
| Children eligible for free or reduced price lunch | 29%      |                 | 32%      | 40%      |
| Residential segregation - Black/White             | 50       |                 | 23       | 62       |
| Residential segregation - non-white/white         | 33       |                 | 14       | 48       |
| Homicides   |          |                 | 2        | 2        |
| Suicides  | 10       | 5-17            | 11       | 14       |
| Firearm fatalities                                |          |                 | 8        | 9        |
| Juvenile arrests                                  | 24       |                 |          | 37       |

**Physical Environment**

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|                                       |     |        |     |     |
|---------------------------------------|-----|--------|-----|-----|
| Air pollution - particulate matter ** | 8.9 |        | 6.1 | 9.0 |
| Drinking water violations             | No  |        |     |     |
| Severe housing problems               | 7%  | 5-10%  | 9%  | 12% |
| Driving alone to work                 | 82% | 80-84% | 72% | 81% |
| Long commute - driving alone          | 23% | 20-26% | 16% | 20% |

**Additional Physical Environment (not included in overall ranking)**

|                            |     |        |     |       |
|----------------------------|-----|--------|-----|-------|
| Traffic volume             | 341 |        |     | 1,461 |
| Homeownership              | 79% | 77-80% | 81% | 71%   |
| Severe housing cost burden | 6%  | 4-8%   | 7%  | 10%   |

Areas to Explore

Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.

\*\* Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data