

Palo Alto (PL) 2020 Rankings

County Demographics

	County	State
Population	8,929	3,156,145
% below 18 years of age	22.8%	23.2%
% 65 and older	21.9%	17.1%
% Non-Hispanic Black	1.7%	3.8%
% American Indian & Alaska Native	0.5%	0.5%
% Asian	0.9%	2.7%
% Native Hawaiian/Other Pacific Islander	0.1%	0.1%
% Hispanic	3.1%	6.2%
% Non-Hispanic White	92.9%	85.3%
% not proficient in English	1%	2%
% Females	50.2%	50.2%
% Rural	61.5%	36.0%

	Palo Alto County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Health Outcomes					70
Length of Life					85
Premature death	8,200	5,900-10,400	5,500	6,200	
Quality of Life					32
Poor or fair health **	13%	12-14%	12%	14%	
Poor physical health days **	3.1	3.0-3.3	3.1	3.3	
Poor mental health days **	3.5	3.3-3.7	3.4	3.6	
Low birthweight	6%	4-8%	6%	7%	

Additional Health Outcomes (not included in overall ranking)

Life expectancy	78.1	76.2-79.9	81.1	79.4
Premature age-adjusted mortality	390	320-470	270	320
Child mortality			40	50
Infant mortality			4	5
Frequent physical distress	9%	9-10%	9%	10%
Frequent mental distress	11%	10-11%	11%	11%
Diabetes prevalence	13%	8-21%	7%	10%
HIV prevalence			41	98

Health Factors 21

Health Behaviors 7

Adult smoking **	14%	14-15%	14%	17%
Adult obesity	32%	23-42%	26%	33%
Food environment index	8.2		8.6	8.2
Physical inactivity	27%	18-36%	20%	24%
Access to exercise opportunities	82%		91%	83%
Excessive drinking **	20%	19-21%	13%	22%
Alcohol-impaired driving deaths	22%	6-42%	11%	27%
Sexually transmitted infections	154.0		161.4	441.6
Teen births	13	9-20	13	19

Additional Health Behaviors (not included in overall ranking)

Food insecurity	10%		9%	11%
Limited access to healthy foods	8%		2%	6%
Drug overdose deaths			10	10
Motor vehicle crash deaths	17	9-31	9	11
Insufficient sleep	27%	26-28%	27%	28%

Clinical Care

53

Uninsured	5%	4-6%	6%	5%
Primary care physicians	3,030:1		1,030:1	1,370:1
Dentists	4,460:1		1,240:1	1,500:1
Mental health providers	1,280:1		290:1	640:1
Preventable hospital stays	2,918		2,761	3,808
Mammography screening	49%		50%	51%
Flu vaccinations	31%		53%	53%

Additional Clinical Care (not included in overall ranking)

Uninsured adults	5%	4-7%	7%	7%
Uninsured children	3%	2-4%	3%	3%
Other primary care providers	1,488:1		665:1	990:1

Social & Economic Factors

35

High school graduation	92%		96%	91%
Some college	74%	66-82%	73%	70%
Unemployment	2.2%		2.6%	2.5%
Children in poverty	14%	9-19%	11%	14%
Income inequality	3.7	3.3-4.1	3.7	4.2
Children in single-parent households	18%	12-25%	20%	29%
Social associations	17.6		18.4	15.2
Violent crime	291		63	282
Injury deaths	102	74-135	58	67

Additional Social & Economic Factors (not included in overall ranking)

Disconnected youth			4%	5%
Reading scores	3.2		3.4	3.1
Math scores	3.0		3.4	3.1
Median household income	\$55,300	\$49,400-61,200	\$69,000	\$60,100
Children eligible for free or reduced price lunch	40%		32%	40%
Residential segregation - Black/White	61		23	62
Residential segregation - non-white/white	52		14	48
Homicides			2	2
Suicides	29	14-53	11	14
Firearm fatalities			8	9
Juvenile arrests	43			37

Physical Environment

10

Air pollution - particulate matter **	8.1		6.1	9.0
Drinking water violations	No			
Severe housing problems	10%	7-13%	9%	12%
Driving alone to work	78%	76-81%	72%	81%
Long commute - driving alone	19%	15-22%	16%	20%

Additional Physical Environment (not included in overall ranking)

Traffic volume	502			1,461
Homeownership	74%	73-75%	81%	71%
Severe housing cost burden	7%	4-9%	7%	10%

Areas to Explore

Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data