

O'Brien (OB) 2020 Rankings

County Demographics

	County	State
Population	13,840	3,156,145
% below 18 years of age	23.8%	23.2%
% 65 and older	20.7%	17.1%
% Non-Hispanic Black	0.9%	3.8%
% American Indian & Alaska Native	0.4%	0.5%
% Asian	0.9%	2.7%
% Native Hawaiian/Other Pacific Islander	0.0%	0.1%
% Hispanic	5.1%	6.2%
% Non-Hispanic White	92.1%	85.3%
% not proficient in English	1%	2%
% Females	49.9%	50.2%
% Rural	66.3%	36.0%

	O'Brien County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Health Outcomes					17
Length of Life					25
Premature death	5,600	4,100-7,000	5,500	6,200	
Quality of Life					16
Poor or fair health **	13%	13-14%	12%	14%	
Poor physical health days **	3.1	2.9-3.3	3.1	3.3	
Poor mental health days **	3.4	3.2-3.6	3.4	3.6	
Low birthweight	5%	4-6%	6%	7%	

Additional Health Outcomes (not included in overall ranking)

Life expectancy	79.2	77.8-80.5	81.1	79.4
Premature age-adjusted mortality	310	260-360	270	320
Child mortality			40	50
Infant mortality			4	5
Frequent physical distress	9%	9-10%	9%	10%
Frequent mental distress	11%	10-11%	11%	11%
Diabetes prevalence	9%	5-14%	7%	10%
HIV prevalence			41	98

Health Factors **20**

Health Behaviors **19**

Adult smoking **	15%	15-16%	14%	17%
Adult obesity	29%	21-36%	26%	33%
Food environment index	8.1		8.6	8.2
Physical inactivity	27%	20-34%	20%	24%
Access to exercise opportunities	81%		91%	83%
Excessive drinking **	21%	20-22%	13%	22%
Alcohol-impaired driving deaths	14%	1-39%	11%	27%
Sexually transmitted infections	217.4		161.4	441.6
Teen births	21	16-27	13	19

Additional Health Behaviors (not included in overall ranking)

Food insecurity	10%		9%	11%
Limited access to healthy foods	9%		2%	6%
Drug overdose deaths			10	10
Motor vehicle crash deaths	15	9-25	9	11
Insufficient sleep	27%	26-28%	27%	28%

Clinical Care

48

Uninsured	6%	5-7%	6%	5%
Primary care physicians	1,530:1		1,030:1	1,370:1
Dentists	1,540:1		1,240:1	1,500:1
Mental health providers	2,770:1		290:1	640:1
Preventable hospital stays	2,765		2,761	3,808
Mammography screening	47%		50%	51%
Flu vaccinations	33%		53%	53%

Additional Clinical Care (not included in overall ranking)

Uninsured adults	7%	5-8%	7%	7%
Uninsured children	3%	2-4%	3%	3%
Other primary care providers	865:1		665:1	990:1

Social & Economic Factors

24

High school graduation	87%		96%	91%
Some college	62%	54-70%	73%	70%
Unemployment	2.0%		2.6%	2.5%
Children in poverty	11%	7-14%	11%	14%
Income inequality	3.9	3.4-4.4	3.7	4.2
Children in single-parent households	21%	16-27%	20%	29%
Social associations	27.5		18.4	15.2
Violent crime	219		63	282
Injury deaths	60	43-81	58	67

Additional Social & Economic Factors (not included in overall ranking)

Disconnected youth			4%	5%
Reading scores	3.2		3.4	3.1
Math scores	3.2		3.4	3.1
Median household income	\$53,100	\$49,200-57,100	\$69,000	\$60,100
Children eligible for free or reduced price lunch	40%		32%	40%
Residential segregation - Black/White			23	62
Residential segregation - non-white/white	34		14	48
Homicides			2	2
Suicides			11	14
Firearm fatalities			8	9
Juvenile arrests	17			37

Physical Environment

8

Air pollution - particulate matter **	8.5		6.1	9.0
Drinking water violations	No			
Severe housing problems	9%	7-12%	9%	12%
Driving alone to work	75%	72-79%	72%	81%
Long commute - driving alone	21%	17-26%	16%	20%

Additional Physical Environment (not included in overall ranking)

Traffic volume	391			1,461
Homeownership	72%	69-75%	81%	71%
Severe housing cost burden	9%	6-12%	7%	10%

Areas to Explore

Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data