

## Monroe (MN) 2020 Rankings

### County Demographics

|  | County | State     |
|--|--------|-----------|
| Population                               | 7,790  | 3,156,145 |
| % below 18 years of age                  | 23.7%  | 23.2%     |
| % 65 and older                           | 20.0%  | 17.1%     |
| % Non-Hispanic Black                     | 0.7%   | 3.8%      |
| % American Indian & Alaska Native        | 0.2%   | 0.5%      |
| % Asian                                  | 0.4%   | 2.7%      |
| % Native Hawaiian/Other Pacific Islander | 0.0%   | 0.1%      |
| % Hispanic                               | 2.8%   | 6.2%      |
| % Non-Hispanic White                     | 94.9%  | 85.3%     |
| % not proficient in English              | 0%     | 2%        |
| % Females                                | 50.5%  | 50.2%     |
| % Rural                                  | 55.2%  | 36.0%     |

|                              | Monroe County | Error Margin | Top U.S. Performers ^ | Iowa  | Rank (of 99) |
|------------------------------|---------------|--------------|-----------------------|-------|--------------|
| <b>Health Outcomes</b>       |               |              |                       |       | <b>84</b>    |
| <b>Length of Life</b>        |               |              |                       |       | <b>79</b>    |
| Premature death              | 8,000         | 5,700-10,300 | 5,500                 | 6,200 |              |
| <b>Quality of Life</b>       |               |              |                       |       | <b>80</b>    |
| Poor or fair health **       | 14%           | 14-15%       | 12%                   | 14%   |              |
| Poor physical health days ** | 3.3           | 3.1-3.4      | 3.1                   | 3.3   |              |
| Poor mental health days **   | 3.6           | 3.4-3.8      | 3.4                   | 3.6   |              |
| Low birthweight              | 7%            | 5-9%         | 6%                    | 7%    |              |

### Additional Health Outcomes (not included in overall ranking)

|                                  |      |           |      |      |
|----------------------------------|------|-----------|------|------|
| Life expectancy                  | 76.1 | 74.2-78.0 | 81.1 | 79.4 |
| Premature age-adjusted mortality | 410  | 330-490   | 270  | 320  |
| Child mortality                  |      |           | 40   | 50   |
| Infant mortality                 |      |           | 4    | 5    |
| Frequent physical distress       | 10%  | 9-10%     | 9%   | 10%  |
| Frequent mental distress         | 11%  | 11-12%    | 11%  | 11%  |
| Diabetes prevalence              | 13%  | 6-22%     | 7%   | 10%  |
| HIV prevalence                   | 77   |           | 41   | 98   |

### Health Factors 76

| Health Behaviors                 | Monroe County | Error Margin | Top U.S. Performers ^ | Iowa  | Rank (of 99) |
|----------------------------------|---------------|--------------|-----------------------|-------|--------------|
| Adult smoking **                 | 18%           | 17-18%       | 14%                   | 17%   |              |
| Adult obesity                    | 34%           | 24-43%       | 26%                   | 33%   |              |
| Food environment index           | 7.9           |              | 8.6                   | 8.2   |              |
| Physical inactivity              | 26%           | 18-35%       | 20%                   | 24%   |              |
| Access to exercise opportunities | 72%           |              | 91%                   | 83%   |              |
| Excessive drinking **            | 20%           | 19-21%       | 13%                   | 22%   |              |
| Alcohol-impaired driving deaths  | 43%           | 22-61%       | 11%                   | 27%   |              |
| Sexually transmitted infections  | 204.0         |              | 161.4                 | 441.6 |              |
| Teen births                      | 22            | 16-31        | 13                    | 19    |              |

### Additional Health Behaviors (not included in overall ranking)

|                                 |     |        |     |     |
|---------------------------------|-----|--------|-----|-----|
| Food insecurity                 | 11% |        | 9%  | 11% |
| Limited access to healthy foods | 8%  |        | 2%  | 6%  |
| Drug overdose deaths            |     |        | 10  | 10  |
| Motor vehicle crash deaths      |     |        | 9   | 11  |
| Insufficient sleep              | 28% | 27-29% | 27% | 28% |

## Clinical Care

68

|                            |         |      |         |         |
|----------------------------|---------|------|---------|---------|
| Uninsured                  | 6%      | 5-7% | 6%      | 5%      |
| Primary care physicians    | 1,960:1 |      | 1,030:1 | 1,370:1 |
| Dentists                   | 2,600:1 |      | 1,240:1 | 1,500:1 |
| Mental health providers    | 3,900:1 |      | 290:1   | 640:1   |
| Preventable hospital stays | 3,190   |      | 2,761   | 3,808   |
| Mammography screening      | 43%     |      | 50%     | 51%     |
| Flu vaccinations           | 42%     |      | 53%     | 53%     |

## Additional Clinical Care (not included in overall ranking)

|                              |         |      |       |       |
|------------------------------|---------|------|-------|-------|
| Uninsured adults             | 7%      | 5-8% | 7%    | 7%    |
| Uninsured children           | 3%      | 2-4% | 3%    | 3%    |
| Other primary care providers | 1,948:1 |      | 665:1 | 990:1 |

## Social &amp; Economic Factors

64

|                                      |      |         |      |      |
|--------------------------------------|------|---------|------|------|
| High school graduation               | 99%  |         | 96%  | 91%  |
| Some college                         | 59%  | 48-70%  | 73%  | 70%  |
| Unemployment                         | 2.9% |         | 2.6% | 2.5% |
| Children in poverty                  | 17%  | 11-22%  | 11%  | 14%  |
| Income inequality                    | 3.5  | 2.9-4.2 | 3.7  | 4.2  |
| Children in single-parent households | 23%  | 12-34%  | 20%  | 29%  |
| Social associations                  | 10.2 |         | 18.4 | 15.2 |
| Violent crime                        | 81   |         | 63   | 282  |
| Injury deaths                        | 81   | 55-114  | 58   | 67   |

## Additional Social &amp; Economic Factors (not included in overall ranking)

|   |          |                 |          |          |
|---|----------|-----------------|----------|----------|
| Disconnected youth                                |          |                 | 4%       | 5%       |
| Reading scores                                    | 3.2      |                 | 3.4      | 3.1      |
| Math scores                                       | 3.2      |                 | 3.4      | 3.1      |
| Median household income                           | \$56,500 | \$50,100-62,900 | \$69,000 | \$60,100 |
| Children eligible for free or reduced price lunch | 36%      |                 | 32%      | 40%      |
| Residential segregation - Black/White             |          |                 | 23       | 62       |
| Residential segregation - non-white/white         | 55       |                 | 14       | 48       |
| Homicides   |          |                 | 2        | 2        |
| Suicides  | 31       | 15-55           | 11       | 14       |
| Firearm fatalities                                |          |                 | 8        | 9        |
| Juvenile arrests                                  |          |                 |          | 37       |

## Physical Environment

56

|                                       |     |        |     |     |
|---------------------------------------|-----|--------|-----|-----|
| Air pollution - particulate matter ** | 9.3 |        | 6.1 | 9.0 |
| Drinking water violations             | No  |        |     |     |
| Severe housing problems               | 12% | 8-15%  | 9%  | 12% |
| Driving alone to work                 | 79% | 73-84% | 72% | 81% |
| Long commute - driving alone          | 29% | 23-35% | 16% | 20% |

## Additional Physical Environment (not included in overall ranking)

|                            |     |        |     |       |
|----------------------------|-----|--------|-----|-------|
| Traffic volume             | 590 |        |     | 1,461 |
| Homeownership              | 78% | 75-81% | 81% | 71%   |
| Severe housing cost burden | 8%  | 5-12%  | 7%  | 10%   |

Areas to Explore

Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.

\*\* Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data