

Mitchell (MT) 2020 Rankings

County Demographics

| | County | State |
|--|--------|-----------|
| Population | 10,569 | 3,156,145 |
| % below 18 years of age | 23.6% | 23.2% |
| % 65 and older | 21.2% | 17.1% |
| % Non-Hispanic Black | 0.6% | 3.8% |
| % American Indian & Alaska Native | 0.2% | 0.5% |
| % Asian | 0.4% | 2.7% |
| % Native Hawaiian/Other Pacific Islander | 0.0% | 0.1% |
| % Hispanic | 1.4% | 6.2% |
| % Non-Hispanic White | 96.7% | 85.3% |
| % not proficient in English | 0% | 2% |
| % Females | 50.2% | 50.2% |
| % Rural | 67.2% | 36.0% |

| | Mitchell County | Error Margin | Top U.S. Performers ^ | Iowa | Rank (of 99) |
|------------------------------|-----------------|--------------|-----------------------|-------|--------------|
| Health Outcomes | | | | | 8 |
| Length of Life | | | | | 15 |
| Premature death | 5,100 | 3,400-6,900 | 5,500 | 6,200 | |
| Quality of Life | | | | | 17 |
| Poor or fair health ** | 13% | 12-14% | 12% | 14% | |
| Poor physical health days ** | 3.2 | 3.0-3.3 | 3.1 | 3.3 | |
| Poor mental health days ** | 3.5 | 3.3-3.7 | 3.4 | 3.6 | |
| Low birthweight | 5% | 3-6% | 6% | 7% | |

Additional Health Outcomes (not included in overall ranking)

| | | | | |
|----------------------------------|------|-----------|------|------|
| Life expectancy | 80.4 | 78.7-82.0 | 81.1 | 79.4 |
| Premature age-adjusted mortality | 270 | 220-320 | 270 | 320 |
| Child mortality | | | 40 | 50 |
| Infant mortality | | | 4 | 5 |
| Frequent physical distress | 9% | 9-10% | 9% | 10% |
| Frequent mental distress | 11% | 11-11% | 11% | 11% |
| Diabetes prevalence | 8% | 4-13% | 7% | 10% |
| HIV prevalence | | | 41 | 98 |

Health Factors **10**

Health Behaviors **10**

| | | | | |
|----------------------------------|------|--------|-------|-------|
| Adult smoking ** | 15% | 14-16% | 14% | 17% |
| Adult obesity | 32% | 25-40% | 26% | 33% |
| Food environment index | 8.4 | | 8.6 | 8.2 |
| Physical inactivity | 20% | 14-26% | 20% | 24% |
| Access to exercise opportunities | 70% | | 91% | 83% |
| Excessive drinking ** | 21% | 20-22% | 13% | 22% |
| Alcohol-impaired driving deaths | 29% | 9-50% | 11% | 27% |
| Sexually transmitted infections | 84.7 | | 161.4 | 441.6 |
| Teen births | 9 | 6-14 | 13 | 19 |

Additional Health Behaviors (not included in overall ranking)

| | | | | |
|---------------------------------|----|------|----|-----|
| Food insecurity | 9% | | 9% | 11% |
| Limited access to healthy foods | 8% | | 2% | 6% |
| Drug overdose deaths | | | 10 | 10 |
| Motor vehicle crash deaths | 16 | 8-28 | 9 | 11 |

| | | | | |
|--------------------|-----|--------|-----|-----|
| Insufficient sleep | 26% | 25-27% | 27% | 28% |
|--------------------|-----|--------|-----|-----|

Clinical Care

61

| | | | | |
|----------------------------|---------|------|---------|---------|
| Uninsured | 7% | 6-8% | 6% | 5% |
| Primary care physicians | 3,540:1 | | 1,030:1 | 1,370:1 |
| Dentists | 2,110:1 | | 1,240:1 | 1,500:1 |
| Mental health providers | | | 290:1 | 640:1 |
| Preventable hospital stays | 2,097 | | 2,761 | 3,808 |
| Mammography screening | 55% | | 50% | 51% |
| Flu vaccinations | 28% | | 53% | 53% |

Additional Clinical Care (not included in overall ranking)

| | | | | |
|------------------------------|---------|------|-------|-------|
| Uninsured adults | 8% | 7-9% | 7% | 7% |
| Uninsured children | 5% | 3-6% | 3% | 3% |
| Other primary care providers | 1,510:1 | | 665:1 | 990:1 |

Social & Economic Factors

10

| | | | | |
|--------------------------------------|------|---------|------|------|
| High school graduation | 100% | | 96% | 91% |
| Some college | 62% | 54-71% | 73% | 70% |
| Unemployment | 1.9% | | 2.6% | 2.5% |
| Children in poverty | 12% | 8-17% | 11% | 14% |
| Income inequality | 3.8 | 3.2-4.5 | 3.7 | 4.2 |
| Children in single-parent households | 19% | 12-26% | 20% | 29% |
| Social associations | 18.8 | | 18.4 | 15.2 |
| Violent crime | 74 | | 63 | 282 |
| Injury deaths | 62 | 42-87 | 58 | 67 |

Additional Social & Economic Factors (not included in overall ranking)

| | | | | |
|---|----------|-----------------|----------|----------|
| Disconnected youth | | | 4% | 5% |
| Reading scores | 3.4 | | 3.4 | 3.1 |
| Math scores | 3.2 | | 3.4 | 3.1 |
| Median household income | \$59,600 | \$52,700-66,400 | \$69,000 | \$60,100 |
| Children eligible for free or reduced price lunch | 30% | | 32% | 40% |
| Residential segregation - Black/White | | | 23 | 62 |
| Residential segregation - non-white/white | 15 | | 14 | 48 |
| Homicides | | | 2 | 2 |
| Suicides | | | 11 | 14 |
| Firearm fatalities | | | 8 | 9 |
| Juvenile arrests | | | | 37 |

Physical Environment

3

| | | | | |
|---------------------------------------|-----|--------|-----|-----|
| Air pollution - particulate matter ** | 8.2 | | 6.1 | 9.0 |
| Drinking water violations | No | | | |
| Severe housing problems | 7% | 5-9% | 9% | 12% |
| Driving alone to work | 78% | 74-82% | 72% | 81% |
| Long commute - driving alone | 24% | 20-29% | 16% | 20% |

Additional Physical Environment (not included in overall ranking)

| | | | | |
|----------------------------|-----|--------|-----|-------|
| Traffic volume | 293 | | | 1,461 |
| Homeownership | 83% | 80-85% | 81% | 71% |
| Severe housing cost burden | 6% | 4-8% | 7% | 10% |

Areas to Explore

Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data