Mills (MI)
2020 Rankings

County Demographics

	County	State
Population	15,063	3,156,145
% below 18 years of age	23.6%	23.2%
% 65 and older	18.4%	17.1%
% Non-Hispanic Black	0.7%	3.8%
% American Indian & Alaska Native	0.7%	0.5%
% Asian	0.4%	2.7%
% Native Hawaiian/Other Pacific Islander	0.1%	0.1%
% Hispanic	3.3%	6.2%
% Non-Hispanic White	93.9%	85.3%
% not proficient in English	0%	2%
% Females	49.7%	50.2%
% Rural	59.6%	36.0%

	Mills County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)	
Health Outcomes						**42**
Length of Life						**56**
Premature death	6,500	5,000-8,000	5,500	6,200		
Quality of Life						**36**
Poor or fair health **	11%	11-12%	12%	14%		
Poor physical health days **	2.8	2.7-3.0	3.1	3.3		
Poor mental health days **	3.4	3.1-3.6	3.4	3.6		
Low birthweight	8%	6-9%	6%	7%		

Additional Health Outcomes (not included in overall ranking)

	Mills County	Error Margin	Top U.S. Performers ^	Iowa		
Life expectancy	80.2	78.5-81.8	81.1	79.4		
Premature age-adjusted mortality	340	290-390	270	320		
Child mortality			40	50		
Infant mortality			4	5		
Frequent physical distress	9%	8-9%	9%	10%		
Frequent mental distress	10%	10-11%	11%	11%		
Diabetes prevalence	7%	3-11%	7%	10%		
HIV prevalence	104		41	98		
Health Factors						**28**
Health Behaviors						**29**
Adult smoking **	14%	14-15%	14%	17%		
Adult obesity	33%	26-41%	26%	33%		
Food environment index	8.7		8.6	8.2		
Physical inactivity	30%	23-38%	20%	24%		
Access to exercise opportunities	60%		91%	83%		
Excessive drinking **	21%	20-22%	13%	22%		
Alcohol-impaired driving deaths	37%	25-49%	11%	27%		
Sexually transmitted infections	192.5		161.4	441.6		
Teen births	20	15-25	13	19		

Additional Health Behaviors (not included in overall ranking)

	Mills County	Error Margin	Top U.S. Performers ^	Iowa		
Food insecurity	9%		9%	11%		
Limited access to healthy foods	3%		2%	6%		
Drug overdose deaths			10	10		
Motor vehicle crash deaths	16	9-26	9	11		

Insufficient sleep	26%	25-27%	27%	28%

Clinical Care   38

Uninsured	4%	4-5%	6%	5%
Primary care physicians	1,670:1		1,030:1	1,370:1
Dentists	2,510:1		1,240:1	1,500:1
Mental health providers	2,150:1		290:1	640:1
Preventable hospital stays	4,519		2,761	3,808
Mammography screening	48%		50%	51%
Flu vaccinations	58%		53%	53%

Additional Clinical Care (not included in overall ranking)

Uninsured adults	5%	4-6%	7%	7%
Uninsured children	2%	2-3%	3%	3%
Other primary care providers	1,674:1		665:1	990:1

Social & Economic Factors   29

High school graduation	95%		96%	91%
Some college	64%	57-72%	73%	70%
Unemployment	2.1%		2.6%	2.5%
Children in poverty	11%	7-14%	11%	14%
Income inequality	4.1	3.6-4.6	3.7	4.2
Children in single-parent households	23%	17-28%	20%	29%
Social associations	9.3		18.4	15.2
Violent crime	287		63	282
Injury deaths	71	53-93	58	67

Additional Social & Economic Factors (not included in overall ranking)

Disconnected youth			4%	5%
Reading scores	3.1		3.4	3.1
Math scores	3.4		3.4	3.1
Median household income	$64,300	$56,700-71,900	$69,000	$60,100
Children eligible for free or reduced price lunch	37%		32%	40%
Residential segregation - Black/White			23	62
Residential segregation - non-white/white	43		14	48
Homicides			2	2
Suicides	17	9-29	11	14
Firearm fatalities	15	7-26	8	9
Juvenile arrests	27			37

Physical Environment   68

Air pollution - particulate matter **	9.1		6.1	9.0
Drinking water violations	No			
Severe housing problems	9%	7-12%	9%	12%
Driving alone to work	85%	81-89%	72%	81%
Long commute - driving alone	38%	34-43%	16%	20%

Additional Physical Environment (not included in overall ranking)

Traffic volume	126			1,461
Homeownership	78%	75-81%	81%	71%
Severe housing cost burden	9%	6-12%	7%	10%

Areas to Explore	Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.
** Data should not be compared with prior years
Note: Blank values reflect unreliable or missing data