

Mahaska (MH) 2020 Rankings

County Demographics

	County	State
Population	22,000	3,156,145
% below 18 years of age	23.9%	23.2%
% 65 and older	18.3%	17.1%
% Non-Hispanic Black	1.7%	3.8%
% American Indian & Alaska Native	0.4%	0.5%
% Asian	1.6%	2.7%
% Native Hawaiian/Other Pacific Islander	0.1%	0.1%
% Hispanic	2.4%	6.2%
% Non-Hispanic White	92.8%	85.3%
% not proficient in English	1%	2%
% Females	49.4%	50.2%
% Rural	43.9%	36.0%

	Mahaska County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Health Outcomes					50
Length of Life					42
Premature death	6,200	5,000-7,300	5,500	6,200	
Quality of Life					59
Poor or fair health **	14%	14-15%	12%	14%	
Poor physical health days **	3.3	3.1-3.5	3.1	3.3	
Poor mental health days **	3.7	3.5-3.9	3.4	3.6	
Low birthweight	6%	5-7%	6%	7%	

Additional Health Outcomes (not included in overall ranking)

Life expectancy	79.0	77.9-80.1	81.1	79.4
Premature age-adjusted mortality	330	290-370	270	320
Child mortality	70	40-110	40	50
Infant mortality			4	5
Frequent physical distress	10%	10-10%	9%	10%
Frequent mental distress	12%	11-12%	11%	11%
Diabetes prevalence	12%	8-17%	7%	10%
HIV prevalence	65		41	98

Health Factors **64**

Health Behaviors **77**

Adult smoking **	17%	16-18%	14%	17%
Adult obesity	33%	27-41%	26%	33%
Food environment index	7.7		8.6	8.2
Physical inactivity	27%	21-33%	20%	24%
Access to exercise opportunities	79%		91%	83%
Excessive drinking **	20%	19-21%	13%	22%
Alcohol-impaired driving deaths	27%	13-41%	11%	27%
Sexually transmitted infections	373.3		161.4	441.6
Teen births	22	18-26	13	19

Additional Health Behaviors (not included in overall ranking)

Food insecurity	12%		9%	11%
Limited access to healthy foods	8%		2%	6%
Drug overdose deaths			10	10
Motor vehicle crash deaths	17	11-24	9	11
Insufficient sleep	28%	27-29%	27%	28%

Clinical Care

29

Uninsured	5%	4-6%	6%	5%
Primary care physicians	1,710:1		1,030:1	1,370:1
Dentists	2,200:1		1,240:1	1,500:1
Mental health providers	790:1		290:1	640:1
Preventable hospital stays	3,740		2,761	3,808
Mammography screening	49%		50%	51%
Flu vaccinations	57%		53%	53%

Additional Clinical Care (not included in overall ranking)

Uninsured adults	6%	5-7%	7%	7%
Uninsured children	3%	2-4%	3%	3%
Other primary care providers	1,000:1		665:1	990:1

Social & Economic Factors

71

High school graduation	91%		96%	91%
Some college	64%	58-70%	73%	70%
Unemployment	2.5%		2.6%	2.5%
Children in poverty	16%	11-20%	11%	14%
Income inequality	4.8	4.2-5.3	3.7	4.2
Children in single-parent households	29%	23-35%	20%	29%
Social associations	18.4		18.4	15.2
Violent crime	268		63	282
Injury deaths	70	55-88	58	67

Additional Social & Economic Factors (not included in overall ranking)

Disconnected youth			4%	5%
Reading scores	3.1		3.4	3.1
Math scores	3.2		3.4	3.1
Median household income	\$56,500	\$51,800-61,200	\$69,000	\$60,100
Children eligible for free or reduced price lunch	46%		32%	40%
Residential segregation - Black/White	64		23	62
Residential segregation - non-white/white	36		14	48
Homicides			2	2
Suicides	13	7-22	11	14
Firearm fatalities			8	9
Juvenile arrests	36			37

Physical Environment

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Air pollution - particulate matter **	9.6		6.1	9.0
Drinking water violations	No			
Severe housing problems	13%	10-15%	9%	12%
Driving alone to work	79%	77-82%	72%	81%
Long commute - driving alone	21%	18-25%	16%	20%

Additional Physical Environment (not included in overall ranking)

Traffic volume	918			1,461
Homeownership	71%	68-74%	81%	71%
Severe housing cost burden	11%	9-13%	7%	10%

Areas to Explore

Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data