

Lyon (LY) 2020 Rankings

County Demographics

	County	State
Population	11,811	3,156,145
% below 18 years of age	28.3%	23.2%
% 65 and older	18.1%	17.1%
% Non-Hispanic Black	0.3%	3.8%
% American Indian & Alaska Native	0.3%	0.5%
% Asian	0.4%	2.7%
% Native Hawaiian/Other Pacific Islander	0.2%	0.1%
% Hispanic	2.6%	6.2%
% Non-Hispanic White	95.4%	85.3%
% not proficient in English	1%	2%
% Females	49.3%	50.2%
% Rural	100.0%	36.0%

	Lyon County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Health Outcomes					14
Length of Life					29
Premature death	5,700	4,000-7,300	5,500	6,200	
Quality of Life					11
Poor or fair health **	12%	11-12%	12%	14%	
Poor physical health days **	2.9	2.7-3.0	3.1	3.3	
Poor mental health days **	3.3	3.1-3.5	3.4	3.6	
Low birthweight	6%	5-7%	6%	7%	

Additional Health Outcomes (not included in overall ranking)

Life expectancy	81.2	79.5-82.8	81.1	79.4
Premature age-adjusted mortality	270	220-330	270	320
Child mortality			40	50
Infant mortality			4	5
Frequent physical distress	8%	8-9%	9%	10%
Frequent mental distress	10%	10-10%	11%	11%
Diabetes prevalence	16%	10-23%	7%	10%
HIV prevalence			41	98

Health Factors

Health Behaviors					11
Adult smoking **	14%	14-15%	14%	17%	
Adult obesity	39%	31-47%	26%	33%	
Food environment index	9.1		8.6	8.2	
Physical inactivity	27%	20-35%	20%	24%	
Access to exercise opportunities	68%		91%	83%	
Excessive drinking **	21%	20-22%	13%	22%	
Alcohol-impaired driving deaths	0%	0-28%	11%	27%	
Sexually transmitted infections	84.8		161.4	441.6	
Teen births	15	10-20	13	19	

Additional Health Behaviors (not included in overall ranking)

Food insecurity	7%		9%	11%
Limited access to healthy foods	3%		2%	6%
Drug overdose deaths			10	10
Motor vehicle crash deaths	13	7-24	9	11

Insufficient sleep	25%	24-26%	27%	28%
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Clinical Care

73

Uninsured	6%	5-7%	6%	5%
Primary care physicians	2,950:1		1,030:1	1,370:1
Dentists	2,360:1		1,240:1	1,500:1
Mental health providers	11,810:1		290:1	640:1
Preventable hospital stays	4,206		2,761	3,808
Mammography screening	61%		50%	51%
Flu vaccinations	37%		53%	53%

Additional Clinical Care (not included in overall ranking)

Uninsured adults	7%	6-9%	7%	7%
Uninsured children	4%	3-6%	3%	3%
Other primary care providers	1,969:1		665:1	990:1

Social & Economic Factors

2

High school graduation	94%		96%	91%
Some college	72%	64-79%	73%	70%
Unemployment	1.5%		2.6%	2.5%
Children in poverty	10%	6-13%	11%	14%
Income inequality	3.2	3.0-3.5	3.7	4.2
Children in single-parent households	12%	8-16%	20%	29%
Social associations	28.8		18.4	15.2
Violent crime	134		63	282
Injury deaths	48	32-69	58	67

Additional Social & Economic Factors (not included in overall ranking)

Disconnected youth			4%	5%
Reading scores	3.4		3.4	3.1
Math scores	3.2		3.4	3.1
Median household income	\$69,000	\$61,400-76,700	\$69,000	\$60,100
Children eligible for free or reduced price lunch	25%		32%	40%
Residential segregation - Black/White			23	62
Residential segregation - non-white/white	20		14	48
Homicides			2	2
Suicides			11	14
Firearm fatalities			8	9
Juvenile arrests	31			37

Physical Environment

6

Air pollution - particulate matter **	8.3		6.1	9.0
Drinking water violations	No			
Severe housing problems	7%	5-9%	9%	12%
Driving alone to work	79%	77-82%	72%	81%
Long commute - driving alone	23%	19-26%	16%	20%

Additional Physical Environment (not included in overall ranking)

Traffic volume	243			1,461
Homeownership	83%	81-86%	81%	71%
Severe housing cost burden	5%	3-7%	7%	10%

Areas to Explore

Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data