

Jefferson (JE) 2020 Rankings

County Demographics

	County	State
Population	18,381	3,156,145
% below 18 years of age	15.5%	23.2%
% 65 and older	22.4%	17.1%
% Non-Hispanic Black	2.5%	3.8%
% American Indian & Alaska Native	0.3%	0.5%
% Asian	12.0%	2.7%
% Native Hawaiian/Other Pacific Islander	0.0%	0.1%
% Hispanic	3.1%	6.2%
% Non-Hispanic White	80.6%	85.3%
% not proficient in English	3%	2%
% Females	44.9%	50.2%
% Rural	38.7%	36.0%

	Jefferson County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Health Outcomes					36
Length of Life					23
Premature death	5,600	4,200-6,900	5,500	6,200	
Quality of Life					54
Poor or fair health **	14%	14-15%	12%	14%	
Poor physical health days **	3.3	3.1-3.4	3.1	3.3	
Poor mental health days **	3.3	3.2-3.5	3.4	3.6	
Low birthweight	7%	5-8%	6%	7%	

Additional Health Outcomes (not included in overall ranking)

Life expectancy	80.1	78.7-81.4	81.1	79.4
Premature age-adjusted mortality	270	230-320	270	320
Child mortality			40	50
Infant mortality			4	5
Frequent physical distress	10%	10-10%	9%	10%
Frequent mental distress	11%	10-11%	11%	11%
Diabetes prevalence	8%	5-12%	7%	10%
HIV prevalence			41	98

Health Factors

Health Behaviors

Adult smoking **	15%	15-16%	14%	17%
Adult obesity	28%	21-36%	26%	33%
Food environment index	7.9		8.6	8.2
Physical inactivity	15%	10-21%	20%	24%
Access to exercise opportunities	67%		91%	83%
Excessive drinking **	19%	18-19%	13%	22%
Alcohol-impaired driving deaths	10%	1-30%	11%	27%
Sexually transmitted infections	146.6		161.4	441.6
Teen births	21	16-27	13	19

Additional Health Behaviors (not included in overall ranking)

Food insecurity	13%		9%	11%
Limited access to healthy foods	4%		2%	6%
Drug overdose deaths			10	10
Motor vehicle crash deaths	15	9-24	9	11
Insufficient sleep	29%	28-30%	27%	28%

Clinical Care

90

Uninsured	7%	6-9%	6%	5%
Primary care physicians	1,320:1		1,030:1	1,370:1
Dentists	1,670:1		1,240:1	1,500:1
Mental health providers	840:1		290:1	640:1
Preventable hospital stays	2,798		2,761	3,808
Mammography screening	28%		50%	51%
Flu vaccinations	17%		53%	53%

Additional Clinical Care (not included in overall ranking)

Uninsured adults	8%	7-10%	7%	7%
Uninsured children	4%	3-6%	3%	3%
Other primary care providers	2,042:1		665:1	990:1

Social & Economic Factors

74

High school graduation	92%		96%	91%
Some college	76%	65-87%	73%	70%
Unemployment	2.4%		2.6%	2.5%
Children in poverty	20%	14-26%	11%	14%
Income inequality	5.5	4.0-6.9	3.7	4.2
Children in single-parent households	36%	18-55%	20%	29%
Social associations	10.9		18.4	15.2
Violent crime	84		63	282
Injury deaths	85	67-106	58	67

Additional Social & Economic Factors (not included in overall ranking)

Disconnected youth			4%	5%
Reading scores	3.0		3.4	3.1
Math scores	3.0		3.4	3.1
Median household income	\$46,700	\$40,700-52,700	\$69,000	\$60,100
Children eligible for free or reduced price lunch	36%		32%	40%
Residential segregation - Black/White	65		23	62
Residential segregation - non-white/white	39		14	48
Homicides			2	2
Suicides	22	13-34	11	14
Firearm fatalities	13	7-23	8	9
Juvenile arrests	45			37

Physical Environment

46

Air pollution - particulate matter **	9.9		6.1	9.0
Drinking water violations	No			
Severe housing problems	14%	9-18%	9%	12%
Driving alone to work	71%	68-74%	72%	81%
Long commute - driving alone	13%	9-16%	16%	20%

Additional Physical Environment (not included in overall ranking)

Traffic volume	289			1,461
Homeownership	67%	64-70%	81%	71%
Severe housing cost burden	13%	9-16%	7%	10%

Areas to Explore

Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data