

Iowa (IW) 2020 Rankings

County Demographics

	County	State
Population	16,141	3,156,145
% below 18 years of age	23.3%	23.2%
% 65 and older	19.0%	17.1%
% Non-Hispanic Black	0.6%	3.8%
% American Indian & Alaska Native	0.3%	0.5%
% Asian	0.5%	2.7%
% Native Hawaiian/Other Pacific Islander	0.0%	0.1%
% Hispanic	3.1%	6.2%
% Non-Hispanic White	94.6%	85.3%
% not proficient in English	0%	2%
% Females	50.2%	50.2%
% Rural	82.2%	36.0%

	Iowa County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Health Outcomes					22
Length of Life					35
Premature death	5,900	4,500-7,400	5,500	6,200	
Quality of Life					12
Poor or fair health **	12%	12-13%	12%	14%	
Poor physical health days **	3.0	2.8-3.2	3.1	3.3	
Poor mental health days **	3.3	3.1-3.5	3.4	3.6	
Low birthweight	6%	5-7%	6%	7%	

Additional Health Outcomes (not included in overall ranking)

Life expectancy	79.8	78.5-81.2	81.1	79.4
Premature age-adjusted mortality	300	250-340	270	320
Child mortality	70	30-120	40	50
Infant mortality			4	5
Frequent physical distress	9%	9-9%	9%	10%
Frequent mental distress	10%	10-11%	11%	11%
Diabetes prevalence	10%	6-14%	7%	10%
HIV prevalence	52		41	98

Health Factors

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Health Behaviors

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Adult smoking **	15%	14-15%	14%	17%
Adult obesity	32%	25-38%	26%	33%
Food environment index	8.6		8.6	8.2
Physical inactivity	20%	15-25%	20%	24%
Access to exercise opportunities	76%		91%	83%
Excessive drinking **	21%	20-21%	13%	22%
Alcohol-impaired driving deaths	24%	14-35%	11%	27%
Sexually transmitted infections	273.2		161.4	441.6
Teen births	12	9-17	13	19

Additional Health Behaviors (not included in overall ranking)

Food insecurity	10%		9%	11%
Limited access to healthy foods	3%		2%	6%
Drug overdose deaths			10	10
Motor vehicle crash deaths	18	11-27	9	11
Insufficient sleep	26%	25-27%	27%	28%

Clinical Care

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Uninsured	4%	4-5%	6%	5%
Primary care physicians	1,460:1		1,030:1	1,370:1
Dentists	2,690:1		1,240:1	1,500:1
Mental health providers	1,470:1		290:1	640:1
Preventable hospital stays	3,723		2,761	3,808
Mammography screening	45%		50%	51%
Flu vaccinations	49%		53%	53%

Additional Clinical Care (not included in overall ranking)

Uninsured adults	5%	4-6%	7%	7%
Uninsured children	3%	2-4%	3%	3%
Other primary care providers	1,614:1		665:1	990:1

Social & Economic Factors

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High school graduation	94%		96%	91%
Some college	73%	64-82%	73%	70%
Unemployment	2.1%		2.6%	2.5%
Children in poverty	8%	5-11%	11%	14%
Income inequality	3.8	3.2-4.4	3.7	4.2
Children in single-parent households	19%	13-25%	20%	29%
Social associations	16.8		18.4	15.2
Violent crime	104		63	282
Injury deaths	81	63-103	58	67

Additional Social & Economic Factors (not included in overall ranking)

Disconnected youth			4%	5%
Reading scores	3.1		3.4	3.1
Math scores	3.0		3.4	3.1
Median household income	\$64,200	\$56,600-71,800	\$69,000	\$60,100
Children eligible for free or reduced price lunch	28%		32%	40%
Residential segregation - Black/White			23	62
Residential segregation - non-white/white	33		14	48
Homicides			2	2
Suicides	26	16-42	11	14
Firearm fatalities			8	9
Juvenile arrests	19			37

Physical Environment

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Air pollution - particulate matter **	9.9		6.1	9.0
Drinking water violations	No			
Severe housing problems	8%	6-10%	9%	12%
Driving alone to work	82%	78-85%	72%	81%
Long commute - driving alone	34%	30-39%	16%	20%

Additional Physical Environment (not included in overall ranking)

Traffic volume	273			1,461
Homeownership	78%	75-81%	81%	71%
Severe housing cost burden	8%	5-10%	7%	10%

Areas to Explore

Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data