Humboldt (HU)
2020 Rankings

County Demographics

	County	State
Population	9,547	3,156,145
% below 18 years of age	23.4%	23.2%
% 65 and older	21.5%	17.1%
% Non-Hispanic Black	0.6%	3.8%
% American Indian & Alaska Native	0.3%	0.5%
% Asian	0.5%	2.7%
% Native Hawaiian/Other Pacific Islander	0.0%	0.1%
% Hispanic	4.9%	6.2%
% Non-Hispanic White	92.8%	85.3%
% not proficient in English	1%	2%
% Females	50.7%	50.2%
% Rural	46.6%	36.0%

	Humboldt County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Health Outcomes					**54**
Length of Life					**71**
Premature death	7,100	4,900-9,300	5,500	6,200	
Quality of Life					**31**
Poor or fair health **	14%	13-14%	12%	14%	
Poor physical health days **	3.3	3.1-3.4	3.1	3.3	
Poor mental health days **	3.6	3.4-3.8	3.4	3.6	
Low birthweight	5%	4-7%	6%	7%	

Additional Health Outcomes (not included in overall ranking)

	Humboldt County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Life expectancy	79.3	77.3-81.2	81.1	79.4	
Premature age-adjusted mortality	310	250-370	270	320	
Child mortality			40	50	
Infant mortality			4	5	
Frequent physical distress	10%	10-10%	9%	10%	
Frequent mental distress	11%	11-12%	11%	11%	
Diabetes prevalence	7%	3-12%	7%	10%	
HIV prevalence			41	98	
Health Factors					**46**
Health Behaviors					**49**
Adult smoking **	16%	16-17%	14%	17%	
Adult obesity	30%	22-38%	26%	33%	
Food environment index	8.2		8.6	8.2	
Physical inactivity	22%	15-30%	20%	24%	
Access to exercise opportunities	72%		91%	83%	
Excessive drinking **	20%	20-21%	13%	22%	
Alcohol-impaired driving deaths	40%	23-56%	11%	27%	
Sexually transmitted infections	303.2		161.4	441.6	
Teen births	12	8-18	13	19	

Additional Health Behaviors (not included in overall ranking)

	Humboldt County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Food insecurity	11%		9%	11%	
Limited access to healthy foods	5%		2%	6%	
Drug overdose deaths			10	10	
Motor vehicle crash deaths	22	12-37	9	11	
Insufficient sleep	28%	27-29%	27%	28%	

Clinical Care				52
Uninsured	5%	4-6%	6%	5%
Primary care physicians	4,780:1		1,030:1	1,370:1
Dentists	2,390:1		1,240:1	1,500:1
Mental health providers	4,770:1		290:1	640:1
Preventable hospital stays	2,609		2,761	3,808
Mammography screening	52%		50%	51%
Flu vaccinations	38%		53%	53%

Additional Clinical Care (not included in overall ranking)

Uninsured adults	7%	5-8%	7%	7%
Uninsured children	3%	2-4%	3%	3%
Other primary care providers	1,364:1		665:1	990:1

Social & Economic Factors				47
High school graduation	93%		96%	91%
Some college	67%	58-75%	73%	70%
Unemployment	2.5%		2.6%	2.5%
Children in poverty	13%	9-17%	11%	14%
Income inequality	4.3	3.6-5.0	3.7	4.2
Children in single-parent households	31%	21-40%	20%	29%
Social associations	13.6		18.4	15.2
Violent crime	57		63	282
Injury deaths	65	44-92	58	67

Additional Social & Economic Factors (not included in overall ranking)

Disconnected youth			4%	5%
Reading scores	3.4		3.4	3.1
Math scores	3.4		3.4	3.1
Median household income	$60,200	$53,300-67,000	$69,000	$60,100
Children eligible for free or reduced price lunch	40%		32%	40%
Residential segregation - Black/White			23	62
Residential segregation - non-white/white	45		14	48
Homicides			2	2
Suicides			11	14
Firearm fatalities			8	9
Juvenile arrests				37

Physical Environment				37
Air pollution - particulate matter **	8.6		6.1	9.0
Drinking water violations	No			
Severe housing problems	9%	7-11%	9%	12%
Driving alone to work	85%	82-88%	72%	81%
Long commute - driving alone	19%	16-23%	16%	20%

Additional Physical Environment (not included in overall ranking)

Traffic volume	364			1,461
Homeownership	74%	71-78%	81%	71%
Severe housing cost burden	7%	5-10%	7%	10%

Areas to Explore   Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.
** Data should not be compared with prior years
Note: Blank values reflect unreliable or missing data