Howard (HO)
2020 Rankings

County Demographics

	County	State
Population	9,187	3,156,145
% below 18 years of age	24.8%	23.2%
% 65 and older	20.9%	17.1%
% Non-Hispanic Black	0.6%	3.8%
% American Indian & Alaska Native	0.2%	0.5%
% Asian	0.3%	2.7%
% Native Hawaiian/Other Pacific Islander	0.1%	0.1%
% Hispanic	1.6%	6.2%
% Non-Hispanic White	96.4%	85.3%
% not proficient in English	0%	2%
% Females	50.1%	50.2%
% Rural	63.0%	36.0%

	Howard County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Health Outcomes					**37**
Length of Life					**27**
Premature death	5,600	3,900-7,800	5,500	6,200	
Quality of Life					**60**
Poor or fair health **	13%	12-13%	12%	14%	
Poor physical health days **	3.2	3.0-3.3	3.1	3.3	
Poor mental health days **	3.6	3.4-3.8	3.4	3.6	
Low birthweight	7%	5-9%	6%	7%	

Additional Health Outcomes (not included in overall ranking)

	Howard County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Life expectancy	79.3	77.6-81.0	81.1	79.4	
Premature age-adjusted mortality	280	230-350	270	320	
Child mortality			40	50	
Infant mortality			4	5	
Frequent physical distress	9%	9-10%	9%	10%	
Frequent mental distress	11%	11-11%	11%	11%	
Diabetes prevalence	8%	3-15%	7%	10%	
HIV prevalence			41	98	
Health Factors					**26**
Health Behaviors					**31**
Adult smoking **	16%	15-17%	14%	17%	
Adult obesity	32%	23-43%	26%	33%	
Food environment index	7.7		8.6	8.2	
Physical inactivity	25%	17-34%	20%	24%	
Access to exercise opportunities	81%		91%	83%	
Excessive drinking **	20%	19-21%	13%	22%	
Alcohol-impaired driving deaths	0%	0-42%	11%	27%	
Sexually transmitted infections	195.1		161.4	441.6	
Teen births	16	11-22	13	19	

Additional Health Behaviors (not included in overall ranking)

	Howard County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Food insecurity	11%		9%	11%	
Limited access to healthy foods	12%		2%	6%	
Drug overdose deaths			10	10	
Motor vehicle crash deaths			9	11	
Insufficient sleep	27%	25-28%	27%	28%	

Clinical Care				49
Uninsured	6%	5-7%	6%	5%
Primary care physicians	1,850:1		1,030:1	1,370:1
Dentists	4,590:1		1,240:1	1,500:1
Mental health providers	4,590:1		290:1	640:1
Preventable hospital stays	2,899		2,761	3,808
Mammography screening	55%		50%	51%
Flu vaccinations	42%		53%	53%

Additional Clinical Care (not included in overall ranking)

Uninsured adults	7%	6-9%	7%	7%
Uninsured children	4%	2-5%	3%	3%
Other primary care providers	1,021:1		665:1	990:1

Social & Economic Factors				33
High school graduation	96%		96%	91%
Some college	68%	58-78%	73%	70%
Unemployment	2.5%		2.6%	2.5%
Children in poverty	14%	9-19%	11%	14%
Income inequality	3.5	3.0-4.0	3.7	4.2
Children in single-parent households	27%	18-37%	20%	29%
Social associations	15.2		18.4	15.2
Violent crime	63		63	282
Injury deaths	71	49-99	58	67

Additional Social & Economic Factors (not included in overall ranking)

Disconnected youth			4%	5%
Reading scores	2.8		3.4	3.1
Math scores	3.1		3.4	3.1
Median household income	$53,500	$47,800-59,200	$69,000	$60,100
Children eligible for free or reduced price lunch	42%		32%	40%
Residential segregation - Black/White			23	62
Residential segregation - non-white/white			14	48
Homicides			2	2
Suicides			11	14
Firearm fatalities			8	9
Juvenile arrests	23			37

Physical Environment				20
Air pollution - particulate matter **	8.3		6.1	9.0
Drinking water violations	No			
Severe housing problems	12%	9-15%	9%	12%
Driving alone to work	76%	72-80%	72%	81%
Long commute - driving alone	22%	18-27%	16%	20%

Additional Physical Environment (not included in overall ranking)

Traffic volume	172			1,461
Homeownership	79%	76-82%	81%	71%
Severe housing cost burden	7%	4-9%	7%	10%

Areas to Explore	Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.
** Data should not be compared with prior years
Note: Blank values reflect unreliable or missing data