# Fremont (FE)
## 2020 Rankings

## County Demographics

|  | County | State |
|---|---|---|
| Population | 6,993 | 3,156,145 |
| % below 18 years of age | 22.4% | 23.2% |
| % 65 and older | 22.7% | 17.1% |
| % Non-Hispanic Black | 0.7% | 3.8% |
| % American Indian & Alaska Native | 0.4% | 0.5% |
| % Asian | 0.4% | 2.7% |
| % Native Hawaiian/Other Pacific Islander | 0.0% | 0.1% |
| % Hispanic | 3.1% | 6.2% |
| % Non-Hispanic White | 94.4% | 85.3% |
| % not proficient in English | 0% | 2% |
| % Females | 50.1% | 50.2% |
| % Rural | 100.0% | 36.0% |

|  | Fremont County | Error Margin | Top U.S. Performers ^ | Iowa | Rank (of 99) |
|---|---|---|---|---|---|
| **Health Outcomes** |  |  |  |  | **85** |
| **Length of Life** |  |  |  |  | **97** |
| Premature death | 9,400 | 6,500-12,400 | 5,500 | 6,200 |  |
| **Quality of Life** |  |  |  |  | **30** |
| Poor or fair health ** | 13% | 12-14% | 12% | 14% |  |
| Poor physical health days ** | 3.2 | 3.0-3.3 | 3.1 | 3.3 |  |
| Poor mental health days ** | 3.6 | 3.4-3.8 | 3.4 | 3.6 |  |
| Low birthweight | 5% | 3-7% | 6% | 7% |  |

## Additional Health Outcomes (not included in overall ranking)

|  | Fremont County | Error Margin | Top U.S. Performers ^ | Iowa | Rank (of 99) |
|---|---|---|---|---|---|
| Life expectancy | 77.5 | 75.1-79.9 | 81.1 | 79.4 |  |
| Premature age-adjusted mortality | 400 | 320-490 | 270 | 320 |  |
| Child mortality |  |  | 40 | 50 |  |
| Infant mortality |  |  | 4 | 5 |  |
| Frequent physical distress | 9% | 9-10% | 9% | 10% |  |
| Frequent mental distress | 11% | 11-12% | 11% | 11% |  |
| Diabetes prevalence | 10% | 6-16% | 7% | 10% |  |
| HIV prevalence |  |  | 41 | 98 |  |
| **Health Factors** |  |  |  |  | **68** |
| **Health Behaviors** |  |  |  |  | **74** |
| Adult smoking ** | 16% | 15-16% | 14% | 17% |  |
| Adult obesity | 33% | 25-41% | 26% | 33% |  |
| Food environment index | 6.8 |  | 8.6 | 8.2 |  |
| Physical inactivity | 27% | 20-35% | 20% | 24% |  |
| Access to exercise opportunities | 45% |  | 91% | 83% |  |
| Excessive drinking ** | 19% | 18-20% | 13% | 22% |  |
| Alcohol-impaired driving deaths | 45% | 30-59% | 11% | 27% |  |
| Sexually transmitted infections | 215.9 |  | 161.4 | 441.6 |  |
| Teen births | 33 | 24-45 | 13 | 19 |  |

## Additional Health Behaviors (not included in overall ranking)

|  | Fremont County | Error Margin | Top U.S. Performers ^ | Iowa | Rank (of 99) |
|---|---|---|---|---|---|
| Food insecurity | 10% |  | 9% | 11% |  |
| Limited access to healthy foods | 22% |  | 2% | 6% |  |
| Drug overdose deaths |  |  | 10 | 10 |  |
| Motor vehicle crash deaths | 20 | 10-37 | 9 | 11 |  |

| Insufficient sleep | 27% | 26-29% | 27% | 28% |
|---|---|---|---|---|
| **Clinical Care** | | | | **94** |
| Uninsured | 5% | 4-6% | 6% | 5% |
| Primary care physicians | 6,950:1 | | 1,030:1 | 1,370:1 |
| Dentists | 6,990:1 | | 1,240:1 | 1,500:1 |
| Mental health providers | 3,500:1 | | 290:1 | 640:1 |
| Preventable hospital stays | 4,753 | | 2,761 | 3,808 |
| Mammography screening | 39% | | 50% | 51% |
| Flu vaccinations | 32% | | 53% | 53% |

# Additional Clinical Care (not included in overall ranking)

| Uninsured adults | 6% | 5-7% | 7% | 7% |
|---|---|---|---|---|
| Uninsured children | 3% | 2-4% | 3% | 3% |
| Other primary care providers | 999:1 | | 665:1 | 990:1 |
| **Social & Economic Factors** | | | | **43** |
| High school graduation | 95% | | 96% | 91% |
| Some college | 71% | 63-79% | 73% | 70% |
| Unemployment | 1.9% | | 2.6% | 2.5% |
| Children in poverty | 16% | 11-22% | 11% | 14% |
| Income inequality | 4.1 | 3.5-4.7 | 3.7 | 4.2 |
| Children in single-parent households | 25% | 17-33% | 20% | 29% |
| Social associations | 7.2 | | 18.4 | 15.2 |
| Violent crime | 397 | | 63 | 282 |
| Injury deaths | 89 | 60-126 | 58 | 67 |

# Additional Social & Economic Factors (not included in overall ranking)

| Disconnected youth | | | 4% | 5% |
|---|---|---|---|---|
| Reading scores | 2.9 | | 3.4 | 3.1 |
| Math scores | 2.9 | | 3.4 | 3.1 |
| Median household income | $54,700 | $48,500-60,800 | $69,000 | $60,100 |
| Children eligible for free or reduced price lunch | 44% | | 32% | 40% |
| Residential segregation - Black/White | | | 23 | 62 |
| Residential segregation - non-white/white | 17 | | 14 | 48 |
| Homicides | | | 2 | 2 |
| Suicides | | | 11 | 14 |
| Firearm fatalities | | | 8 | 9 |
| Juvenile arrests | 21 | | | 37 |
| **Physical Environment** | | | | **57** |
| Air pollution - particulate matter ** | 9.1 | | 6.1 | 9.0 |
| Drinking water violations | No | | | |
| Severe housing problems | 10% | 8-12% | 9% | 12% |
| Driving alone to work | 83% | 80-86% | 72% | 81% |
| Long commute - driving alone | 31% | 26-35% | 16% | 20% |

# Additional Physical Environment (not included in overall ranking)

| Traffic volume | 185 | | | 1,461 |
|---|---|---|---|---|
| Homeownership | 74% | 72-77% | 81% | 71% |
| Severe housing cost burden | 8% | 5-10% | 7% | 10% |

<span style="background-color:#d2691e;color:white;padding:4px;">Areas to Explore</span>   <span style="background-color:#9932cc;color:white;padding:4px;">Areas of Strength</span>

^ 10th/90th percentile, i.e., only 10% are better.
** Data should not be compared with prior years
Note: Blank values reflect unreliable or missing data