Des Moines (DM)
2020 Rankings

County Demographics

	County	State
Population	39,138	3,156,145
% below 18 years of age	22.5%	23.2%
% 65 and older	20.8%	17.1%
% Non-Hispanic Black	5.9%	3.8%
% American Indian & Alaska Native	0.4%	0.5%
% Asian	1.0%	2.7%
% Native Hawaiian/Other Pacific Islander	0.1%	0.1%
% Hispanic	3.1%	6.2%
% Non-Hispanic White	87.1%	85.3%
% not proficient in English	0%	2%
% Females	51.3%	50.2%
% Rural	26.7%	36.0%

	Des Moines County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Health Outcomes					**87**
Length of Life					**74**
Premature death	7,200	6,300-8,200	5,500	6,200	
Quality of Life					**95**
Poor or fair health **	15%	14-16%	12%	14%	
Poor physical health days **	3.6	3.4-3.8	3.1	3.3	
Poor mental health days **	4.0	3.8-4.2	3.4	3.6	
Low birthweight	7%	6-8%	6%	7%	

Additional Health Outcomes (not included in overall ranking)

	Des Moines County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Life expectancy	78.5	77.7-79.4	81.1	79.4	
Premature age-adjusted mortality	370	330-400	270	320	
Child mortality	30	10-50	40	50	
Infant mortality			4	5	
Frequent physical distress	11%	10-11%	9%	10%	
Frequent mental distress	12%	12-13%	11%	11%	
Diabetes prevalence	13%	10-16%	7%	10%	
HIV prevalence	69		41	98	
Health Factors					**98**
Health Behaviors					**98**
Adult smoking **	19%	18-19%	14%	17%	
Adult obesity	37%	32-42%	26%	33%	
Food environment index	7.4		8.6	8.2	
Physical inactivity	27%	23-32%	20%	24%	
Access to exercise opportunities	76%		91%	83%	
Excessive drinking **	19%	19-20%	13%	22%	
Alcohol-impaired driving deaths	38%	24-50%	11%	27%	
Sexually transmitted infections	621.6		161.4	441.6	
Teen births	34	30-38	13	19	

Additional Health Behaviors (not included in overall ranking)

	Des Moines County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Food insecurity	13%		9%	11%	
Limited access to healthy foods	9%		2%	6%	
Drug overdose deaths	11	6-19	10	10	
Motor vehicle crash deaths	18	13-23	9	11	

	Des Moines County	Error Margin	Top U.S. Performers	Iowa
Insufficient sleep	30%	29-31%	27%	28%

Clinical Care   63

	Des Moines County	Error Margin	Top U.S. Performers	Iowa
Uninsured	5%	4-6%	6%	5%
Primary care physicians	1,460:1		1,030:1	1,370:1
Dentists	1,450:1		1,240:1	1,500:1
Mental health providers	500:1		290:1	640:1
Preventable hospital stays	5,588		2,761	3,808
Mammography screening	46%		50%	51%
Flu vaccinations	58%		53%	53%

Additional Clinical Care (not included in overall ranking)

	Des Moines County	Error Margin	Top U.S. Performers	Iowa
Uninsured adults	6%	5-7%	7%	7%
Uninsured children	3%	2-4%	3%	3%
Other primary care providers	1,030:1		665:1	990:1

Social & Economic Factors   97

	Des Moines County	Error Margin	Top U.S. Performers	Iowa
High school graduation	84%		96%	91%
Some college	68%	63-74%	73%	70%
Unemployment	3.3%		2.6%	2.5%
Children in poverty	20%	13-26%	11%	14%
Income inequality	4.2	3.6-4.7	3.7	4.2
Children in single-parent households	42%	35-49%	20%	29%
Social associations	18.0		18.4	15.2
Violent crime	518		63	282
Injury deaths	89	76-102	58	67

Additional Social & Economic Factors (not included in overall ranking)

	Des Moines County	Error Margin	Top U.S. Performers	Iowa
Disconnected youth			4%	5%
Reading scores	3.3		3.4	3.1
Math scores	3.1		3.4	3.1
Median household income	$51,800	$46,500-57,100	$69,000	$60,100
Children eligible for free or reduced price lunch	50%		32%	40%
Residential segregation - Black/White	46		23	62
Residential segregation - non-white/white	38		14	48
Homicides	6	3-9	2	2
Suicides	19	13-27	11	14
Firearm fatalities	16	11-22	8	9
Juvenile arrests	84			37

Physical Environment   90

	Des Moines County	Error Margin	Top U.S. Performers	Iowa
Air pollution - particulate matter **	10.7		6.1	9.0
Drinking water violations	No			
Severe housing problems	13%	11-15%	9%	12%
Driving alone to work	83%	81-86%	72%	81%
Long commute - driving alone	12%	10-14%	16%	20%

Additional Physical Environment (not included in overall ranking)

	Des Moines County	Error Margin	Top U.S. Performers	Iowa
Traffic volume	673			1,461
Homeownership	72%	71-74%	81%	71%
Severe housing cost burden	11%	9-13%	7%	10%

Areas to Explore   Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.
** Data should not be compared with prior years
Note: Blank values reflect unreliable or missing data