

Dallas (DA) 2020 Rankings

County Demographics

	County	State
Population	90,180	3,156,145
% below 18 years of age	27.8%	23.2%
% 65 and older	12.0%	17.1%
% Non-Hispanic Black	2.3%	3.8%
% American Indian & Alaska Native	0.3%	0.5%
% Asian	5.0%	2.7%
% Native Hawaiian/Other Pacific Islander	0.1%	0.1%
% Hispanic	6.1%	6.2%
% Non-Hispanic White	85.0%	85.3%
% not proficient in English	2%	2%
% Females	50.7%	50.2%
% Rural	30.6%	36.0%

	Dallas County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Health Outcomes					3
Length of Life					4
Premature death	4,200	3,800-4,700	5,500	6,200	
Quality of Life					4
Poor or fair health **	11%	10-11%	12%	14%	
Poor physical health days **	2.7	2.6-2.9	3.1	3.3	
Poor mental health days **	3.0	2.9-3.2	3.4	3.6	
Low birthweight	7%	6-7%	6%	7%	

Additional Health Outcomes (not included in overall ranking)

Life expectancy	82.1	81.4-82.8	81.1	79.4
Premature age-adjusted mortality	240	220-250	270	320
Child mortality	30	20-40	40	50
Infant mortality	3	2-5	4	5
Frequent physical distress	8%	8-8%	9%	10%
Frequent mental distress	9%	9-10%	11%	11%
Diabetes prevalence	8%	6-10%	7%	10%
HIV prevalence	65		41	98

Health Factors

2

Health Behaviors

4

Adult smoking **	13%	13-14%	14%	17%
Adult obesity	29%	25-33%	26%	33%
Food environment index	9.2		8.6	8.2
Physical inactivity	21%	18-24%	20%	24%
Access to exercise opportunities	85%		91%	83%
Excessive drinking **	23%	23-24%	13%	22%
Alcohol-impaired driving deaths	48%	38-57%	11%	27%
Sexually transmitted infections	299.2		161.4	441.6
Teen births	12	10-14	13	19

Additional Health Behaviors (not included in overall ranking)

Food insecurity	8%		9%	11%
Limited access to healthy foods	1%		2%	6%
Drug overdose deaths	6	3-10	10	10
Motor vehicle crash deaths	5	4-8	9	11

Insufficient sleep	26%	25-26%	27%	28%
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Clinical Care**20**

Uninsured	4%	3-5%	6%	5%
Primary care physicians	2,180:1		1,030:1	1,370:1
Dentists	4,100:1		1,240:1	1,500:1
Mental health providers	3,010:1		290:1	640:1
Preventable hospital stays	3,413		2,761	3,808
Mammography screening	52%		50%	51%
Flu vaccinations	58%		53%	53%

Additional Clinical Care (not included in overall ranking)

Uninsured adults	5%	4-6%	7%	7%
Uninsured children	2%	1-3%	3%	3%
Other primary care providers	3,921:1		665:1	990:1

Social & Economic Factors**1**

High school graduation	98%		96%	91%
Some college	85%	81-89%	73%	70%
Unemployment	1.7%		2.6%	2.5%
Children in poverty	5%	4-7%	11%	14%
Income inequality	3.8	3.6-4.0	3.7	4.2
Children in single-parent households	15%	12-17%	20%	29%
Social associations	8.8		18.4	15.2
Violent crime	192		63	282
Injury deaths	40	34-46	58	67

Additional Social & Economic Factors (not included in overall ranking)

Disconnected youth			4%	5%
Reading scores	3.4		3.4	3.1
Math scores	3.5		3.4	3.1
Median household income	\$87,300	\$80,700-93,800	\$69,000	\$60,100
Children eligible for free or reduced price lunch	21%		32%	40%
Residential segregation - Black/White	50		23	62
Residential segregation - non-white/white	36		14	48
Homicides			2	2
Suicides	13	9-17	11	14
Firearm fatalities	6	4-9	8	9
Juvenile arrests	20			37

Physical Environment**65**

Air pollution - particulate matter **	9.2		6.1	9.0
Drinking water violations	No			
Severe housing problems	10%	8-11%	9%	12%
Driving alone to work	86%	85-88%	72%	81%
Long commute - driving alone	23%	21-25%	16%	20%

Additional Physical Environment (not included in overall ranking)

Traffic volume	1,562			1,461
Homeownership	74%	73-76%	81%	71%
Severe housing cost burden	7%	6-8%	7%	10%

Areas to Explore

Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data