

Cerro Gordo (CG) 2020 Rankings

County Demographics

| | County | State |
|--|--------|-----------|
| Population | 42,647 | 3,156,145 |
| % below 18 years of age | 20.7% | 23.2% |
| % 65 and older | 21.8% | 17.1% |
| % Non-Hispanic Black | 1.8% | 3.8% |
| % American Indian & Alaska Native | 0.4% | 0.5% |
| % Asian | 1.1% | 2.7% |
| % Native Hawaiian/Other Pacific Islander | 0.1% | 0.1% |
| % Hispanic | 4.9% | 6.2% |
| % Non-Hispanic White | 90.4% | 85.3% |
| % not proficient in English | 1% | 2% |
| % Females | 51.1% | 50.2% |
| % Rural | 20.6% | 36.0% |

| | Cerro Gordo County | Error Margin | Top U.S. Performers ^ | Iowa | Rank (of 99) |
|------------------------------|-----------------------|-----------------|--------------------------|-------|--------------|
| Health Outcomes | | | | | 80 |
| Length of Life | | | | | 81 |
| Premature death | 8,100 | 7,000-9,100 | 5,500 | 6,200 | |
| Quality of Life | | | | | 71 |
| Poor or fair health ** | 14% | 13-14% | 12% | 14% | |
| Poor physical health days ** | 3.2 | 3.0-3.3 | 3.1 | 3.3 | |
| Poor mental health days ** | 3.7 | 3.5-3.9 | 3.4 | 3.6 | |
| Low birthweight | 7% | 6-8% | 6% | 7% | |

Additional Health Outcomes (not included in overall ranking)

| | | | | |
|----------------------------------|------|-----------|------|------|
| Life expectancy | 78.4 | 77.5-79.3 | 81.1 | 79.4 |
| Premature age-adjusted mortality | 370 | 340-400 | 270 | 320 |
| Child mortality | 60 | 30-90 | 40 | 50 |
| Infant mortality | | | 4 | 5 |
| Frequent physical distress | 9% | 9-10% | 9% | 10% |
| Frequent mental distress | 11% | 11-12% | 11% | 11% |
| Diabetes prevalence | 11% | 8-14% | 7% | 10% |
| HIV prevalence | 63 | | 41 | 98 |

Health Factors 32

Health Behaviors 50

| | | | | |
|----------------------------------|-------|--------|-------|-------|
| Adult smoking ** | 16% | 16-17% | 14% | 17% |
| Adult obesity | 30% | 25-35% | 26% | 33% |
| Food environment index | 8.2 | | 8.6 | 8.2 |
| Physical inactivity | 21% | 17-25% | 20% | 24% |
| Access to exercise opportunities | 92% | | 91% | 83% |
| Excessive drinking ** | 22% | 21-22% | 13% | 22% |
| Alcohol-impaired driving deaths | 36% | 27-45% | 11% | 27% |
| Sexually transmitted infections | 253.5 | | 161.4 | 441.6 |
| Teen births | 20 | 17-23 | 13 | 19 |

Additional Health Behaviors (not included in overall ranking)

| | | | | |
|---------------------------------|-----|-------|----|-----|
| Food insecurity | 11% | | 9% | 11% |
| Limited access to healthy foods | 4% | | 2% | 6% |
| Drug overdose deaths | 14 | 8-22 | 10 | 10 |
| Motor vehicle crash deaths | 17 | 12-22 | 9 | 11 |

| | | | | |
|--------------------|-----|--------|-----|-----|
| Insufficient sleep | 26% | 25-27% | 27% | 28% |
|--------------------|-----|--------|-----|-----|

Clinical Care**3**

| | | | | |
|----------------------------|---------|------|---------|---------|
| Uninsured | 5% | 4-5% | 6% | 5% |
| Primary care physicians | 650:1 | | 1,030:1 | 1,370:1 |
| Dentists | 1,250:1 | | 1,240:1 | 1,500:1 |
| Mental health providers | 360:1 | | 290:1 | 640:1 |
| Preventable hospital stays | 4,264 | | 2,761 | 3,808 |
| Mammography screening | 52% | | 50% | 51% |
| Flu vaccinations | 58% | | 53% | 53% |

Additional Clinical Care (not included in overall ranking)

| | | | | |
|------------------------------|-------|------|-------|-------|
| Uninsured adults | 5% | 4-6% | 7% | 7% |
| Uninsured children | 2% | 2-3% | 3% | 3% |
| Other primary care providers | 592:1 | | 665:1 | 990:1 |

Social & Economic Factors**58**

| | | | | |
|--------------------------------------|------|---------|------|------|
| High school graduation | 92% | | 96% | 91% |
| Some college | 70% | 64-76% | 73% | 70% |
| Unemployment | 2.6% | | 2.6% | 2.5% |
| Children in poverty | 13% | 9-18% | 11% | 14% |
| Income inequality | 4.2 | 3.8-4.6 | 3.7 | 4.2 |
| Children in single-parent households | 35% | 28-41% | 20% | 29% |
| Social associations | 19.3 | | 18.4 | 15.2 |
| Violent crime | 133 | | 63 | 282 |
| Injury deaths | 111 | 97-125 | 58 | 67 |

Additional Social & Economic Factors (not included in overall ranking)

| | | | | |
|---|----------|-----------------|----------|----------|
| Disconnected youth | | | 4% | 5% |
| Reading scores | 2.9 | | 3.4 | 3.1 |
| Math scores | 2.9 | | 3.4 | 3.1 |
| Median household income | \$51,900 | \$47,400-56,400 | \$69,000 | \$60,100 |
| Children eligible for free or reduced price lunch | 38% | | 32% | 40% |
| Residential segregation - Black/White | 51 | | 23 | 62 |
| Residential segregation - non-white/white | 25 | | 14 | 48 |
| Homicides | 4 | 2-7 | 2 | 2 |
| Suicides | 20 | 14-27 | 11 | 14 |
| Firearm fatalities | 9 | 5-14 | 8 | 9 |
| Juvenile arrests | 66 | | | 37 |

Physical Environment**27**

| | | | | |
|---------------------------------------|-----|--------|-----|-----|
| Air pollution - particulate matter ** | 8.6 | | 6.1 | 9.0 |
| Drinking water violations | No | | | |
| Severe housing problems | 10% | 8-12% | 9% | 12% |
| Driving alone to work | 82% | 81-84% | 72% | 81% |
| Long commute - driving alone | 12% | 10-14% | 16% | 20% |

Additional Physical Environment (not included in overall ranking)

| | | | | |
|----------------------------|-------|--------|-----|-------|
| Traffic volume | 1,110 | | | 1,461 |
| Homeownership | 69% | 67-71% | 81% | 71% |
| Severe housing cost burden | 9% | 7-10% | 7% | 10% |

Areas to Explore

Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data