

## Cedar (CE) 2020 Rankings

### County Demographics

	County	State
Population	18,627	3,156,145
% below 18 years of age	22.1%	23.2%
% 65 and older	19.7%	17.1%
% Non-Hispanic Black	0.6%	3.8%
% American Indian & Alaska Native	0.2%	0.5%
% Asian	0.7%	2.7%
% Native Hawaiian/Other Pacific Islander	0.1%	0.1%
% Hispanic	2.1%	6.2%
% Non-Hispanic White	95.3%	85.3%
% not proficient in English	0%	2%
% Females	50.2%	50.2%
% Rural	83.4%	36.0%

	Cedar County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
<b>Health Outcomes</b>					<b>1</b>
<b>Length of Life</b>					<b>2</b>
Premature death	4,200	3,000-5,300	5,500	6,200	
<b>Quality of Life</b>					<b>1</b>
Poor or fair health **	11%	11-12%	12%	14%	
Poor physical health days **	2.8	2.6-3.0	3.1	3.3	
Poor mental health days **	3.2	3.0-3.4	3.4	3.6	
Low birthweight	5%	4-6%	6%	7%	

### Additional Health Outcomes (not included in overall ranking)

Life expectancy	82.1	80.9-83.3	81.1	79.4
Premature age-adjusted mortality	230	200-270	270	320
Child mortality			40	50
Infant mortality			4	5
Frequent physical distress	8%	8-9%	9%	10%
Frequent mental distress	10%	10-10%	11%	11%
Diabetes prevalence	5%	3-10%	7%	10%
HIV prevalence	64		41	98

**Health Factors** **27**

**Health Behaviors** **22**

Adult smoking **	14%	13-15%	14%	17%
Adult obesity	35%	28-43%	26%	33%
Food environment index	8.6		8.6	8.2
Physical inactivity	28%	22-36%	20%	24%
Access to exercise opportunities	72%		91%	83%
Excessive drinking **	22%	21-23%	13%	22%
Alcohol-impaired driving deaths	40%	26-53%	11%	27%
Sexually transmitted infections	199.5		161.4	441.6
Teen births	13	10-17	13	19

### Additional Health Behaviors (not included in overall ranking)

Food insecurity	9%		9%	11%
Limited access to healthy foods	5%		2%	6%
Drug overdose deaths			10	10
Motor vehicle crash deaths			9	11

Insufficient sleep	27%	26-28%	27%	28%
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**Clinical Care****42**

Uninsured	4%	4-5%	6%	5%
Primary care physicians	3,710:1		1,030:1	1,370:1
Dentists	1,860:1		1,240:1	1,500:1
Mental health providers	2,070:1		290:1	640:1
Preventable hospital stays	3,405		2,761	3,808
Mammography screening	49%		50%	51%
Flu vaccinations	44%		53%	53%

**Additional Clinical Care (not included in overall ranking)**

Uninsured adults	5%	4-6%	7%	7%
Uninsured children	3%	2-4%	3%	3%
Other primary care providers	2,328:1		665:1	990:1

**Social & Economic Factors****21**

High school graduation	87%		96%	91%
Some college	72%	63-80%	73%	70%
Unemployment	2.4%		2.6%	2.5%
Children in poverty	10%	7-12%	11%	14%
Income inequality	3.5	3.1-3.9	3.7	4.2
Children in single-parent households	18%	13-23%	20%	29%
Social associations	12.9		18.4	15.2
Violent crime	95		63	282
Injury deaths	40	28-55	58	67

**Additional Social & Economic Factors (not included in overall ranking)**

Disconnected youth			4%	5%
Reading scores	3.0		3.4	3.1
Math scores	3.1		3.4	3.1
Median household income	\$67,600	\$59,800-75,400	\$69,000	\$60,100
Children eligible for free or reduced price lunch	25%		32%	40%
Residential segregation - Black/White			23	62
Residential segregation - non-white/white	36		14	48
Homicides			2	2
Suicides			11	14
Firearm fatalities			8	9
Juvenile arrests	25			37

**Physical Environment****80**

Air pollution - particulate matter **	10.4		6.1	9.0
Drinking water violations	No			
Severe housing problems	8%	7-10%	9%	12%
Driving alone to work	82%	80-84%	72%	81%
Long commute - driving alone	42%	38-46%	16%	20%

**Additional Physical Environment (not included in overall ranking)**

Traffic volume	417			1,461
Homeownership	81%	78-83%	81%	71%
Severe housing cost burden	6%	4-7%	7%	10%

Areas to Explore

Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.

\*\* Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data