

## Cass (CS) 2020 Rankings

### County Demographics

	County	State
Population	12,930	3,156,145
% below 18 years of age	22.3%	23.2%
% 65 and older	23.2%	17.1%
% Non-Hispanic Black	0.4%	3.8%
% American Indian & Alaska Native	0.4%	0.5%
% Asian	0.4%	2.7%
% Native Hawaiian/Other Pacific Islander	0.5%	0.1%
% Hispanic	2.6%	6.2%
% Non-Hispanic White	95.1%	85.3%
% not proficient in English	1%	2%
% Females	50.8%	50.2%
% Rural	53.6%	36.0%

	Cass County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
<b>Health Outcomes</b>					<b>79</b>
<b>Length of Life</b>					<b>86</b>
Premature death	8,200	6,200-10,100	5,500	6,200	
<b>Quality of Life</b>					<b>58</b>
Poor or fair health **	15%	14-16%	12%	14%	
Poor physical health days **	3.4	3.2-3.6	3.1	3.3	
Poor mental health days **	3.7	3.5-3.9	3.4	3.6	
Low birthweight	5%	4-7%	6%	7%	

### Additional Health Outcomes (not included in overall ranking)

Life expectancy	76.6	75.1-78.2	81.1	79.4
Premature age-adjusted mortality	410	350-470	270	320
Child mortality			40	50
Infant mortality			4	5
Frequent physical distress	10%	10-11%	9%	10%
Frequent mental distress	12%	11-12%	11%	11%
Diabetes prevalence	10%	6-15%	7%	10%
HIV prevalence			41	98

### Health Factors **73**

### Health Behaviors **70**

Adult smoking **	17%	17-18%	14%	17%
Adult obesity	34%	27-41%	26%	33%
Food environment index	7.6		8.6	8.2
Physical inactivity	22%	16-28%	20%	24%
Access to exercise opportunities	77%		91%	83%
Excessive drinking **	18%	17-19%	13%	22%
Alcohol-impaired driving deaths	16%	8-27%	11%	27%
Sexually transmitted infections	213.0		161.4	441.6
Teen births	25	19-32	13	19

### Additional Health Behaviors (not included in overall ranking)

Food insecurity	13%		9%	11%
Limited access to healthy foods	8%		2%	6%
Drug overdose deaths			10	10
Motor vehicle crash deaths	25	16-37	9	11
Insufficient sleep	26%	25-27%	27%	28%

## Clinical Care

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Uninsured	7%	6-8%	6%	5%
Primary care physicians	1,880:1		1,030:1	1,370:1
Dentists	1,080:1		1,240:1	1,500:1
Mental health providers	280:1		290:1	640:1
Preventable hospital stays	2,374		2,761	3,808
Mammography screening	46%		50%	51%
Flu vaccinations	33%		53%	53%

## Additional Clinical Care (not included in overall ranking)

Uninsured adults	8%	6-9%	7%	7%
Uninsured children	4%	3-6%	3%	3%
Other primary care providers	924:1		665:1	990:1

## Social &amp; Economic Factors

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High school graduation	88%		96%	91%
Some college	60%	52-68%	73%	70%
Unemployment	2.7%		2.6%	2.5%
Children in poverty	18%	11-24%	11%	14%
Income inequality	4.5	3.9-5.1	3.7	4.2
Children in single-parent households	31%	20-42%	20%	29%
Social associations	19.8		18.4	15.2
Violent crime	238		63	282
Injury deaths	103	80-130	58	67

## Additional Social &amp; Economic Factors (not included in overall ranking)

Disconnected youth			4%	5%
Reading scores	3.0		3.4	3.1
Math scores	3.1		3.4	3.1
Median household income	\$50,400	\$44,300-56,400	\$69,000	\$60,100
Children eligible for free or reduced price lunch	42%		32%	40%
Residential segregation - Black/White			23	62
Residential segregation - non-white/white	34		14	48
Homicides			2	2
Suicides	26	15-43	11	14
Firearm fatalities			8	9
Juvenile arrests	27			37

## Physical Environment

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Air pollution - particulate matter **	8.7		6.1	9.0
Drinking water violations	No			
Severe housing problems	10%	8-12%	9%	12%
Driving alone to work	79%	76-82%	72%	81%
Long commute - driving alone	18%	15-21%	16%	20%

## Additional Physical Environment (not included in overall ranking)

Traffic volume	634			1,461
Homeownership	69%	66-72%	81%	71%
Severe housing cost burden	9%	6-11%	7%	10%

Areas to Explore

Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.

\*\* Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data