

## Bremer (BR) 2020 Rankings

### County Demographics

	County	State
Population	24,947	3,156,145
% below 18 years of age	22.3%	23.2%
% 65 and older	19.6%	17.1%
% Non-Hispanic Black	1.2%	3.8%
% American Indian & Alaska Native	0.1%	0.5%
% Asian	1.1%	2.7%
% Native Hawaiian/Other Pacific Islander	0.0%	0.1%
% Hispanic	1.7%	6.2%
% Non-Hispanic White	95.0%	85.3%
% not proficient in English	0%	2%
% Females	50.5%	50.2%
% Rural	64.5%	36.0%

	Bremer County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
<b>Health Outcomes</b>					<b>5</b>
<b>Length of Life</b>					<b>3</b>
Premature death	4,200	3,300-5,100	5,500	6,200	
<b>Quality of Life</b>					<b>14</b>
Poor or fair health **	12%	11-12%	12%	14%	
Poor physical health days **	2.9	2.7-3.0	3.1	3.3	
Poor mental health days **	3.4	3.2-3.6	3.4	3.6	
Low birthweight	6%	5-7%	6%	7%	

### Additional Health Outcomes (not included in overall ranking)

Life expectancy	82.2	81.2-83.3	81.1	79.4
Premature age-adjusted mortality	240	210-270	270	320
Child mortality			40	50
Infant mortality			4	5
Frequent physical distress	9%	8-9%	9%	10%
Frequent mental distress	10%	10-11%	11%	11%
Diabetes prevalence	8%	5-13%	7%	10%
HIV prevalence	38		41	98

### Health Factors

### Health Behaviors

Adult smoking **	14%	13-15%	14%	17%
Adult obesity	33%	26-41%	26%	33%
Food environment index	8.9		8.6	8.2
Physical inactivity	22%	16-28%	20%	24%
Access to exercise opportunities	82%		91%	83%
Excessive drinking **	22%	21-23%	13%	22%
Alcohol-impaired driving deaths	13%	1-35%	11%	27%
Sexually transmitted infections	285.0		161.4	441.6
Teen births	5	4-7	13	19

### Additional Health Behaviors (not included in overall ranking)

Food insecurity	9%		9%	11%
Limited access to healthy foods	2%		2%	6%
Drug overdose deaths			10	10
Motor vehicle crash deaths	8	4-14	9	11

Insufficient sleep 27% 26-28% 27% 28%

**Clinical Care** 17

Uninsured	4%	3-5%	6%	5%
Primary care physicians	1,920:1		1,030:1	1,370:1
Dentists	1,660:1		1,240:1	1,500:1
Mental health providers	730:1		290:1	640:1
Preventable hospital stays	3,487		2,761	3,808
Mammography screening	53%		50%	51%
Flu vaccinations	48%		53%	53%

**Additional Clinical Care (not included in overall ranking)**

Uninsured adults	5%	4-5%	7%	7%
Uninsured children	2%	2-3%	3%	3%
Other primary care providers	780:1		665:1	990:1

**Social & Economic Factors** 5

High school graduation	94%		96%	91%
Some college	79%	73-86%	73%	70%
Unemployment	2.0%		2.6%	2.5%
Children in poverty	6%	4-9%	11%	14%
Income inequality	4.0	3.6-4.3	3.7	4.2
Children in single-parent households	19%	14-24%	20%	29%
Social associations	18.1		18.4	15.2
Violent crime	378		63	282
Injury deaths	44	33-57	58	67

**Additional Social & Economic Factors (not included in overall ranking)**

Disconnected youth			4%	5%
Reading scores	3.1		3.4	3.1
Math scores	3.3		3.4	3.1
Median household income	\$74,600	\$70,300-79,000	\$69,000	\$60,100
Children eligible for free or reduced price lunch	23%		32%	40%
Residential segregation - Black/White			23	62
Residential segregation - non-white/white	32		14	48
Homicides			2	2
Suicides	11	6-19	11	14
Firearm fatalities	8	4-15	8	9
Juvenile arrests	32			37

**Physical Environment** 47

Air pollution - particulate matter **	9.3		6.1	9.0
Drinking water violations	No			
Severe housing problems	9%	8-11%	9%	12%
Driving alone to work	80%	78-82%	72%	81%
Long commute - driving alone	25%	22-28%	16%	20%

**Additional Physical Environment (not included in overall ranking)**

Traffic volume	616			1,461
Homeownership	82%	81-83%	81%	71%
Severe housing cost burden	9%	7-11%	7%	10%

Areas to Explore

Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.

\*\* Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data