

Benton (BE) 2020 Rankings

County Demographics

	County	State
Population	25,642	3,156,145
% below 18 years of age	23.4%	23.2%
% 65 and older	18.6%	17.1%
% Non-Hispanic Black	0.6%	3.8%
% American Indian & Alaska Native	0.3%	0.5%
% Asian	0.4%	2.7%
% Native Hawaiian/Other Pacific Islander	0.1%	0.1%
% Hispanic	1.5%	6.2%
% Non-Hispanic White	96.3%	85.3%
% not proficient in English	0%	2%
% Females	50.1%	50.2%
% Rural	80.7%	36.0%

	Benton County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Health Outcomes					34
Length of Life					43
Premature death	6,200	5,100-7,400	5,500	6,200	
Quality of Life					26
Poor or fair health **	12%	12-13%	12%	14%	
Poor physical health days **	3.0	2.8-3.1	3.1	3.3	
Poor mental health days **	3.5	3.3-3.7	3.4	3.6	
Low birthweight	6%	5-7%	6%	7%	

Additional Health Outcomes (not included in overall ranking)

Life expectancy	79.9	78.8-81.0	81.1	79.4
Premature age-adjusted mortality	330	290-360	270	320
Child mortality	50	30-90	40	50
Infant mortality			4	5
Frequent physical distress	9%	8-9%	9%	10%
Frequent mental distress	11%	10-11%	11%	11%
Diabetes prevalence	12%	8-16%	7%	10%
HIV prevalence	93		41	98

Health Factors

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Health Behaviors

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Adult smoking **	15%	14-16%	14%	17%
Adult obesity	36%	29-43%	26%	33%
Food environment index	8.7		8.6	8.2
Physical inactivity	25%	20-31%	20%	24%
Access to exercise opportunities	50%		91%	83%
Excessive drinking **	22%	21-23%	13%	22%
Alcohol-impaired driving deaths	18%	10-28%	11%	27%
Sexually transmitted infections	245.7		161.4	441.6
Teen births	13	11-17	13	19

Additional Health Behaviors (not included in overall ranking)

Food insecurity	10%		9%	11%
Limited access to healthy foods	3%		2%	6%
Drug overdose deaths			10	10
Motor vehicle crash deaths	24	17-32	9	11

Insufficient sleep	28%	27-30%	27%	28%
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Clinical Care

78

Uninsured	5%	4-6%	6%	5%
Primary care physicians	6,410:1		1,030:1	1,370:1
Dentists	4,270:1		1,240:1	1,500:1
Mental health providers	5,130:1		290:1	640:1
Preventable hospital stays	4,164		2,761	3,808
Mammography screening	56%		50%	51%
Flu vaccinations	32%		53%	53%

Additional Clinical Care (not included in overall ranking)

Uninsured adults	6%	5-7%	7%	7%
Uninsured children	3%	2-4%	3%	3%
Other primary care providers	1,221:1		665:1	990:1

Social & Economic Factors

42

High school graduation	92%		96%	91%
Some college	70%	64-76%	73%	70%
Unemployment	2.7%		2.6%	2.5%
Children in poverty	9%	6-12%	11%	14%
Income inequality	3.8	3.4-4.3	3.7	4.2
Children in single-parent households	25%	19-31%	20%	29%
Social associations	14.4		18.4	15.2
Violent crime			63	282
Injury deaths	90	73-106	58	67

Additional Social & Economic Factors (not included in overall ranking)

Disconnected youth			4%	5%
Reading scores			3.4	3.1
Math scores			3.4	3.1
Median household income	\$62,800	\$59,100-66,500	\$69,000	\$60,100
Children eligible for free or reduced price lunch	29%		32%	40%
Residential segregation - Black/White			23	62
Residential segregation - non-white/white	15		14	48
Homicides			2	2
Suicides	17	10-27	11	14
Firearm fatalities	11	6-18	8	9
Juvenile arrests	17			37

Physical Environment

96

Air pollution - particulate matter **	9.9		6.1	9.0
Drinking water violations	Yes			
Severe housing problems	8%	6-10%	9%	12%
Driving alone to work	83%	81-85%	72%	81%
Long commute - driving alone	40%	36-43%	16%	20%

Additional Physical Environment (not included in overall ranking)

Traffic volume	217			1,461
Homeownership	82%	81-84%	81%	71%
Severe housing cost burden	7%	5-9%	7%	10%

Areas to Explore

Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data