Adair (AD)
2020 Rankings

County Demographics

	County	State
Population	7,063	3,156,145
% below 18 years of age	21.6%	23.2%
% 65 and older	22.7%	17.1%
% Non-Hispanic Black	0.5%	3.8%
% American Indian & Alaska Native	0.3%	0.5%
% Asian	0.4%	2.7%
% Native Hawaiian/Other Pacific Islander	0.0%	0.1%
% Hispanic	2.2%	6.2%
% Non-Hispanic White	95.9%	85.3%
% not proficient in English	0%	2%
% Females	50.3%	50.2%
% Rural	100.0%	36.0%

	Adair County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Health Outcomes					**48**
Length of Life					**44**
Premature death	6,200	4,200-8,900	5,500	6,200	
Quality of Life					**55**
Poor or fair health **	14%	13-15%	12%	14%	
Poor physical health days **	3.2	3.0-3.4	3.1	3.3	
Poor mental health days **	3.6	3.4-3.8	3.4	3.6	
Low birthweight	6%	4-8%	6%	7%	

Additional Health Outcomes (not included in overall ranking)

	Adair County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Life expectancy	79.7	77.8-81.7	81.1	79.4	
Premature age-adjusted mortality	310	240-390	270	320	
Child mortality			40	50	
Infant mortality			4	5	
Frequent physical distress	9%	9-10%	9%	10%	
Frequent mental distress	11%	11-12%	11%	11%	
Diabetes prevalence	12%	6-21%	7%	10%	
HIV prevalence			41	98	
Health Factors					**31**
Health Behaviors					**40**
Adult smoking **	16%	15-16%	14%	17%	
Adult obesity	32%	23-42%	26%	33%	
Food environment index	8.7		8.6	8.2	
Physical inactivity	27%	19-36%	20%	24%	
Access to exercise opportunities	72%		91%	83%	
Excessive drinking **	20%	19-21%	13%	22%	
Alcohol-impaired driving deaths	50%	38-61%	11%	27%	
Sexually transmitted infections	269.4		161.4	441.6	
Teen births	14	9-22	13	19	

Additional Health Behaviors (not included in overall ranking)

	Adair County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Food insecurity	10%		9%	11%	
Limited access to healthy foods	1%		2%	6%	
Drug overdose deaths			10	10	
Motor vehicle crash deaths	20	9-36	9	11	

Insufficient sleep	27%	26-28%	27%	28%

Clinical Care   14

Uninsured	5%	5-6%	6%	5%
Primary care physicians	2,350:1		1,030:1	1,370:1
Dentists	1,770:1		1,240:1	1,500:1
Mental health providers			290:1	640:1
Preventable hospital stays	1,682		2,761	3,808
Mammography screening	49%		50%	51%
Flu vaccinations	54%		53%	53%

Additional Clinical Care (not included in overall ranking)

Uninsured adults	6%	5-7%	7%	7%
Uninsured children	4%	2-5%	3%	3%
Other primary care providers	1,177:1		665:1	990:1

Social & Economic Factors   51

High school graduation	96%		96%	91%
Some college	61%	53-69%	73%	70%
Unemployment	2.4%		2.6%	2.5%
Children in poverty	13%	8-18%	11%	14%
Income inequality	3.8	3.3-4.2	3.7	4.2
Children in single-parent households	31%	20-41%	20%	29%
Social associations	9.9		18.4	15.2
Violent crime	103		63	282
Injury deaths	106	75-145	58	67

Additional Social & Economic Factors (not included in overall ranking)

Disconnected youth			4%	5%
Reading scores	2.8		3.4	3.1
Math scores	2.8		3.4	3.1
Median household income	$54,300	$47,600-61,000	$69,000	$60,100
Children eligible for free or reduced price lunch	50%		32%	40%
Residential segregation - Black/White			23	62
Residential segregation - non-white/white	3		14	48
Homicides			2	2
Suicides			11	14
Firearm fatalities			8	9
Juvenile arrests				37

Physical Environment   23

Air pollution - particulate matter **	8.7		6.1	9.0
Drinking water violations	No			
Severe housing problems	8%	5-10%	9%	12%
Driving alone to work	79%	75-82%	72%	81%
Long commute - driving alone	33%	27-38%	16%	20%

Additional Physical Environment (not included in overall ranking)

Traffic volume	446			1,461
Homeownership	77%	75-79%	81%	71%
Severe housing cost burden	7%	5-10%	7%	10%

Areas to Explore	Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.
** Data should not be compared with prior years
Note: Blank values reflect unreliable or missing data