

Community Health Needs Assessment (CHNA) Report for Henry County

Revised
6/4/2020



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Henry County Community Health Needs Assessment Details

6/4/2020

Priority 1

Mental Health

Data/Rationale

In the community survey, mental health was identified as a top health concern by 75% of respondents. Lack of access to mental health care was identified as a top barrier to health in Henry County by 64% of respondents. Henry County is located in a mental health provider shortage area as defined by the Health Resources and Services Administration. According to County Health Rankings, Henry County has a population to provider ratio of 870:1 compared to Iowa's overall ratio of 640:1.

Is this issue addressed in an improvement plan? Yes

Priority 2

Obesity/Poor Nutrition

Data/Rationale

In the community survey, obesity was identified by 59% of respondents and poor nutrition was identified by 26% of respondents as top health concerns in Henry County. Twenty-one percent of survey respondents identified lack of free recreational activities as a top barrier to health in Henry County. According to the 2020 County Health Rankings, 35% of adults in Henry County are obese, up from 31% in 2010, and 29% of adults report no leisure time physical activity.

Is this issue addressed in an improvement plan? Yes

Priority 3

Access to health care

Data/Rationale

Access to health care was listed as a top barrier to health in Henry County by 31% of community survey respondents and was identified as one of the most important factors for a healthy community by 65% of respondents. Henry County is designated as a health care provider shortage area by the Health Resources and Services Administration.

Is this issue addressed in an improvement plan? Yes

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Priority 4

Cancers

Data/Rationale

In the community survey, 34% of respondents identified cancer as a top health concern in Henry County. Henry County has higher rates than the state average of lung cancer, colorectal cancer, and melanoma. According to the Iowa Public Health Tracking Portal, Henry County has a Five Year (2012-2016) incidence rate (age-adjusted per 100K) of 74.67 for lung and bronchus cancer (IA is 62.69), 57.86 for colorectal cancer (IA is 44.17), and 29.60 for melanoma of the skin (IA is 26.17). Cervical cancer data is suppressed. Cancer was identified as the leading cause of death for people under the age of 75 in Henry County (2020 County Health Rankings).

Is this issue addressed in an improvement plan? Yes

Priority 5

Infectious Disease Mitigation

Data/Rationale

On March 23, 2020, the Iowa Department of Public Health identified the first Henry County case of COVID-19 and all available information indicates that COVID-19 currently poses a substantial widespread risk of infection leading to a significant risk of harm to the population of Henry County.

Is this issue addressed in an improvement plan? Yes

Priority 6

Low-income/Poverty

Data/Rationale

Fifty-five percent of survey respondents identified low wages and 43% identified poverty as top barriers to health in Henry County. According to the United Way's ALICE report, 41% of households in Henry County have income below a survivable wage. The situation is most difficult for single-parent families: 41% of single female-headed households and 20% of single male-headed households in Henry County live in poverty (United Way ALICE report).

Is this issue addressed in an improvement plan? No

Reasons why this issue is not addressed in an improvement plan:

Existing programs already address issue; Lack of financial resources; Lack of human resources/staff

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Priority 7

Underinsured/Lack of health insurance

Data/Rationale

In the community survey, health insurance coverage was identified by 49% of respondents as a top barrier to health in Henry County. According to the 2020 County Health Rankings, 6% of Henry County under the age of 65 is uninsured which is higher than the Iowa rate of 5%.

Is this issue addressed in an improvement plan? No

Reasons why this issue is not addressed in an improvement plan:

Lack of financial resources; Other priorities listed higher

Priority 8

Tobacco/Nicotine Use

Data/Rationale

Forty-one percent of survey respondents identified tobacco and other nicotine product use as a top health concern in Henry County. According to the 2018 Iowa Youth Survey, 13% of 11th graders in Henry County reported using tobacco products in the past 30 days and 26% reported using e-cigarettes in the past 30 days. This measure has increased since the 2016 IYS when 6% of 11th graders reported current e-cigarette use.

Is this issue addressed in an improvement plan? No

Reasons why this issue is not addressed in an improvement plan:

Tobacco/Nicotine Use included under cancer priority

Priority 9

Substance Use

Data/Rationale

Fifty-nine percent of community survey respondents identified substance use as a top health concern in Henry County. According to County Health Rankings 20% of adults in Henry County report binge drinking or heavy drinking and 25% of driving deaths had alcohol involvement.

Is this issue addressed in an improvement plan? No

Reasons why this issue is not addressed in an improvement plan:

Existing programs already address issue

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Priority 10

Cardiovascular Disease

Data/Rationale

Henry County has a 2018 heart attack hospitalization rate of 30.64 (age-adjusted rate (Per 10K) [35 and older]). This is higher than Iowa's overall rate of 28.87. Diseases of heart were the second highest cause of death for people under the age of 75 in Henry County (2020 County Health Rankings).

Is this issue addressed in an improvement plan? No

Reasons why this issue is not addressed in an improvement plan:

Other priorities rated higher

Henry County Community Health Needs Assessment Snapshot

6/4/2020

Priority 1: Mental Health

Priority 2: Obesity/Poor Nutrition

Priority 3: Access to health care

Priority 4: Cancers

Priority 5: Infectious Disease Mitigation

Priority 6: Low-income/Poverty

Priority 7: Underinsured/Lack of health insurance

Priority 8: Tobacco/Nicotine Use

Priority 9: Substance Use

Priority 10: Cardiovascular Disease