

**Warren County
Health Improvement Plan**

Date Updated: June 12, 2019



For additional information, CONTACT:

| Name | Organization | Phone | Email |
|-----------------------|-------------------------------|--------------|----------------------------|
| Jodene DeVault RN BSN | Warren County Health Services | 515.961.1074 | jodened@warrencountyia.org |

Community Priority

Mental Health - Access to Care

Goal #1 Increase access to Mental Health Providers in Warren County By 12/31/2021

National Alignment

AHS-5.1; AHS-6.1

State Alignment

8-1.4; 8-1.5

Objective 1-1 Explore ways to increase access to Mental Health providers within 20 minutes or 30 miles of home.

| Baseline Year | Baseline Value | Target Year | Target Value |
|---------------|----------------|-------------|--------------|
| TBD | TBD | TBD | TBD |

Report Date

Jul 12, 2018

Year

2018

Value

TBD

Progress on Objective

- | | |
|---|--|
| <input checked="" type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend | <input type="checkbox"/> Not met, no trend |
| <input type="checkbox"/> Met, trend in wrong direction | <input type="checkbox"/> Not met, trend in wrong direction |

Progress notes: We have added a couple of new local Mental Health provider agencies to our county as well as have had several of them meet together to help identify continuing gaps of service and brainstorm how they may work together and with other partners to fill these gaps. We also have 2 sites (Jail and Warren Co Mental Health office) where we have telepsyche available to eliminate the transportation barrier and the effects of medication non-compliance associated with the transportation issue and not being able to obtain timely prescription refills.

Report Date

Jun 12, 2019

Year

2019

Value

TBD

Progress on Objective

- | | |
|---|--|
| <input checked="" type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend | <input type="checkbox"/> Not met, no trend |
| <input type="checkbox"/> Met, trend in wrong direction | <input type="checkbox"/> Not met, trend in wrong direction |

Progress notes: The Mental Health subgroup of the Warren County Wellness Coalition has not been during the past 3 months. They have met most all objectives put into the HIP including updating the MH Resources Manual.

Strategy 1-1.1 Revive the Warren County Wellness Coalition (WCWC) and strive to develop a Mental Health subcommittee composed of those who are, or have close relationships with, mental health providers

Strategy Type

Long-Lasting Protective Intervention

Who's Responsible

Jodene DeVault RN BSN

Target Date

06/01/2016

Report Date

Jul 12, 2018

Progress on Strategy

- | | | | |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |
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Progress notes: The Mental Health subcommittee has met several times over the past year and has surveyed providers in our area and completed and distributed several Mental Health resources booklets.

Report Date

Progress on Strategy

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| <input type="checkbox"/> Complete | <input type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |
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Progress notes:

Strategy 1-1.2 Request the Mental Health sub committee explore how to communicate with providers outside of Warren County regarding consideration of adding telehealth to their practices.

Strategy Type

Clinical Intervention

Who's Responsible Warren County Wellness Committee - MH Subgroup Target Date 7/1/2016

Report Date Jul 12, 2018 Progress on Strategy
 Complete On track Off track No progress

Progress notes: Telehealth is now available in 2 sites in Warren County.

Strategy 1-1.3 Attempt to create a local ICON which can be consistently displayed across all web source to obtain mental health sources available in and out of Warren County. Strategy Type Counseling & Education

Who's Responsible WCWC-MH subcommittee Target Date 12/1/2016

Report Date Jul 12, 2018 Progress on Strategy
 Complete On track Off track No progress

Progress notes: No progress made, Wellness Coalition is no longer discussing this intervention

Report Date Jun 12, 2019 Progress on Strategy
 Complete On track Off track No progress

Progress notes: We will not be pursuing this strategy at this time

Strategy 1-1.4 Explore Options regarding creation of a 24/7 crisis team who can assist with evaluation of individuals in crisis and help to determine appropriate treatment/placement at the time of crisis. Strategy Type Clinical Intervention

Who's Responsible WCWC/Eyerly Ball Mental Health Services Target Date 12/1/2016

Report Date Jul 12, 2018 Progress on Strategy
 Complete On track Off track No progress

Progress notes: Central Ia Community Services region has been successful in contracting with Eyerly Ball to create an effective Crisis team who assists schools, public officials and law enforcement to respond to a person with a mental health crisis in the most appropriate manner considering the client, costs and efficiency of resolution for the situation.

Report Date Jun 12, 2019 Progress on Strategy
 Complete On track Off track No progress

Progress notes: Crisis team has been effective, utilized.

Strategy 1-1.5 Work towards development of a 24/7 crisis help line strategy to "advertise" on websites, social media etc. This may be just tapping into a resource that treatment centers already have available. Strategy Type Counseling & Education

Who's Responsible WCWC- MH subcommittee Target Date 12/1/2016

Report Date Jul 12, 2018 Progress on Strategy
 Complete On track Off track No progress

Progress notes: Central Ia Community Services region has been successful in contracting with Eyerly Ball to create an effective Crisis team who assists schools, public officials and law enforcement to respond to a person with a mental health crisis in the most appropriate manner considering the client, costs and efficiency of resolution for the situation

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| <u>Report Date</u> Jun 12, 2019 | <u>Progress on Strategy</u> <input checked="" type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
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Progress notes: Crisis team active, efficient, ongoing

Strategy 1-1.6 Seek Collaboration between emergency room staff and law enforcement to identify how increased collaboration/assessment protocols could provide more adequate treatment for those in crisis. Strategy Type
Clinical Intervention

Who's Responsible
WCWC - MH subcommittee/Mike Morrison Target Date
12/1/2016

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| <u>Report Date</u> Jul 12, 2018 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
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Progress notes: This strategy is now met with the development of the Crisis team responding to the calls of law enforcement.

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| <u>Report Date</u> Jun 12, 2019 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
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Progress notes: Crisis team is intervening for and with law enforcement to prevent unnecessary transport of MH clients to ED when it is not necessary.

Strategy 1-1.7 Explore potential opportunities to offer Parent Child Interaction Therapy training to current Warren County mental health Providers. Mapping the providers with and without the training could be useful in planning Strategy Type
Clinical Intervention

Who's Responsible
WCWC MH subcommittee Target Date
12/1/2016

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| <u>Report Date</u> Jul 12, 2018 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input checked="" type="checkbox"/> No progress |
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Progress notes: Our MH subcommittee has offered many Mental Health First Aid training in our area, no Parent Child Interaction Therapy training has been offered to my knowledge at this time.

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| <u>Report Date</u> Jun 12, 2019 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input checked="" type="checkbox"/> No progress |
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Progress notes: No progress, this is no longer a priority with our MH subcommittee since the crisis team can also intervene with children emergencies.

Strategy 1-1.8 Develop a relationship with some businesses in Warren County in an effort to promote employee assistance programs particularly the counseling and mental health products in each employee's plan (providing a training or information to employers)Civic, Faith bases and Business. Strategy Type
Address Social Determinant / Health Inequity

Who's Responsible
WCWC (Warren County Wellness Coalition) Target Date
12/1/2016

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|------------------------------------|---|
| <u>Report Date</u> Jul 12, 2018 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input checked="" type="checkbox"/> No progress |
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Progress notes: We believe this continues to be a good strategy to bring the value of EAP's to the forefront of the business and employee knowledge but have not yet been able to pursue this strategy/goal

Report Date

Jun 12, 2019

Progress on Strategy

Complete On track Off track No progress

Progress notes: We have not yet been effective at promoting EAP's with our local businesses.
There is a considerable time barrier with this strategy

Strategy 1-1.9

Discuss opportunities with school administrations and faith based leadership as to how we may be able to collaborate and support their efforts for addressing mental health issues in their respective environments.

Strategy Type

Counseling & Education

Who's Responsible

Warren County Wellness Coalition - MH Subgroup

Target Date

Nov 1, 2016

Report Date

Jul 12, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: We have not yet been able to make progress on this strategy

Report Date

Jun 12, 2019

Progress on Strategy

Complete On track Off track No progress

Progress notes: Schools and churches oriented to the availability of the Mental Health Crisis team for use when they are contacted by a person who needs urgent/emergent Mental Health interventions

Community Priority

Food security and Healthy Food Access in Warren County

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|---|--------------------|-----------------|
| Goal #1 Increase food security and Healthy food access in Warren County through 12/31/2021 | National Alignment | State Alignment |
| | NWS-12; NWS-13 | 6-1.13-6-1.20 |

| | | | | |
|--|---------------|----------------|-------------|--------------|
| Objective 1-1 Increase food security and healthy food access in Warren County | Baseline Year | Baseline Value | Target Year | Target Value |
| | TBD | TBD | TBD | TBD |

Report Date
July 2018

Year
2018

Value
TBD

Progress on Objective

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|---|--|
| <input checked="" type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend | <input type="checkbox"/> Not met, no trend |
| <input type="checkbox"/> Met, trend in wrong direction | <input type="checkbox"/> Not met, trend in wrong direction |

Progress notes: We have 3 new mobile pantrys in Warren County since HIP created. We also have a monthly subgroup for food insecurity which is very active.

Report Date
Jun 12, 2019

Year
2019

Value
TBD

Progress on Objective

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| <input checked="" type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend | <input type="checkbox"/> Not met, no trend |
| <input type="checkbox"/> Met, trend in wrong direction | <input type="checkbox"/> Not met, trend in wrong direction |

Progress notes: We have 2 pantries utilizing DMARC software to assist with tracking, our main pantry has expanded hours and nixed the need for a referral form to access the pantry. We also have a document we share through the community with all pantries/locations/hours as well as the free community meals. We continue to deliver produce boxes to lower income geriatric/homebound clients, we are working on initiating double up food bucks in Warren County and we have just begun food rescue with the Kum & Go stores in the Eastern side of our county.

Strategy 1-1.1 Revive the Warren County Wellness Coalition and strive to develop a subcommittee of those who have knowledge about our current food security system and are passionate about increasing opportunities and/or communicating these opportunities to the communities within our County.

Strategy Type
Address Social Determinant / Health Inequity

Who's Responsible
Warren County Wellness Committee

Target Date
5/1/2016

Report Date
Jul 12, 2018

Progress on Strategy

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| <input checked="" type="checkbox"/> Complete | <input type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |
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Progress notes: We have a very active food insecurity subgroup who meets monthly looking for ways to expand food availability and decrease food insecurity in Warren County

Strategy 1-1.2 Collaborate with cities/councils/churches to identify the number of community gardens that are available in our county, how they are managed and who may be able to enjoy the produce from the gardens with the objective being to identify additional sources of healthy foods for families.

Strategy Type
Address Social Determinant / Health Inequity

Who's Responsible
Warren County Wellness Committee

Target Date
6/1/2016

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| <u>Report Date</u> Jul 12, 2018 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
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Progress notes: We have made some progress with this effort, more progress needs to be made thorough this summer.

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| <u>Report Date</u> Jun 12, 2019 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input type="checkbox"/> On track <input checked="" type="checkbox"/> Off track <input type="checkbox"/> No progress |
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Progress notes: We have gathered little information. We have applied for grants to be able to expand community garden access but did not get these grants.

Strategy 1-1.3 Attempt to engage Master gardeners, ISU extension office, Indianola Park Friends and other groups who currently provide community education on gardening to the public to consider providing classes about "Apartment Gardening" to provide families with another source of healthy foods. Strategy Type
Address Social Determinant / Health Inequity

Who's Responsible Warren County Wellness Coaliton - Food Insecurity sub committee Target Date
9/1/2016

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| <u>Report Date</u> Jul 12, 2018 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input checked="" type="checkbox"/> No progress |
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Progress notes: We have not been able to reach out to our partners to provide this on a community wide scale yet. Ongoing

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| <u>Report Date</u> Jun 12, 2019 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
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Progress notes: We are working with some of the Master gardeners in our community for produce donation but have not yet pursued the apartment gardening. Will likely contact educator at ISU extension who may be more willing to work with us on this strategy.

Strategy 1-1.4 Provide education to community members, with a focus on those on supplemental nutrition assistance program (SNAP), on how to make their SNAP dollars go further by purchasing healthy foods; how to create quick and easy freezer meals and crockpot meals so they have a quick and healthy choice for their family rather than fast food. Strategy Type
Counseling & Education

Who's Responsible ISU Extension/HyVee Dietitian/Outreach Target Date
10/1/2016

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| <u>Report Date</u> Jul 12, 2018 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input checked="" type="checkbox"/> No progress |
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Progress notes: Continues to be discussed as a goal, no progress made at this time.

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| <u>Report Date</u> Jun 12, 2019 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input checked="" type="checkbox"/> No progress |
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Progress notes: Not available through HyVee dietitian, we will ask for Eat Greater Des Moines to assist us with this while trying to sell the Double Up Food Bucks strategies in Warren County.

Strategy 1-1.5 Develop a flyer identifying all known food sources in Warren County to post in apartment buildings, laundromats, libraries, churches and other community locations so those who have a need for food can be aware of where/how to access these resources. Strategy Type
Address Social Determinant / Health Inequity

Who's Responsible Warren County Wellness Coalition - food insec subgroup Target Date 4/1/2016

Report Date Jul 12, 2018 Progress on Strategy
 Complete On track Off track No progress

Progress notes: One of our subgroup members provides this to all partners for them to disperse to their contacts.

Strategy 1-1.6 Collaborate with a grocery store in Warren County who would consider altering the products they have available in the check out aisles to incorporate healthier choices Strategy Type Environmental / Policy / Systems Change

Who's Responsible Warren County Wellness Coalition/Jodene or Veronica Target Date 12/1/2016

Report Date Jul 12, 2018 Progress on Strategy
 Complete On track Off track No progress

Progress notes: This is very difficult to change in a retailer setting. Goodies = \$.

Report Date Jun 12, 2019 Progress on Strategy
 Complete On track Off track No progress

Progress notes: No progress, not able to affect a change in a retail outlet so far.

Strategy 1-1.7 Discuss the opportunities for vending machine changes for a Warren County business in order to affect employees making healthier snack choices while working Strategy Type Environmental / Policy / Systems Change

Who's Responsible Warren County Wellness Coalition/Jodene Target Date 12/1/2016

Report Date Jul 12, 2018 Progress on Strategy
 Complete On track Off track No progress

Progress notes: We continue to discuss this, we have not made any progress with approaching businesses about this strategy

Report Date Jun 12, 2019 Progress on Strategy
 Complete On track Off track No progress

Progress notes: No progress with this strategy.

Strategy 1-1.8 Collaborate with backpack programs in our county to consider how the backpack programs can provide the current level of service, with increasing costs, yet increase the provision of some healthier options of the foods distributed. Strategy Type Address Social Determinant / Health Inequity

Who's Responsible WCWC Food Security Subcommittee Target Date 12/1/2016

Report Date Jul 12, 2018 Progress on Strategy
 Complete On track Off track No progress

Progress notes: Most backpack programs are changing to family access pantries on the school sites. Will continue to monitor and see if we can assist with healthy food options.

Report Date Jun 12, 2019 Progress on Strategy
 Complete On track Off track No progress

Progress notes: Many of the backpack programs have turned into school pantries which assist with being able to partner with FBI and get some healthier foods. Strategy is ongoing.

Strategy 1-1.9 Seek to provide opportunities for those who may qualify for programs such as SNAP, but do not have the understanding of the application process, to be able to contact Food Bank Association to complete the application via phone or in person with some technical assistance from the Food Bank Association

Strategy Type
Address Social Determinant / Health Inequity

Who's Responsible
Jodene DeVault

Target Date
12/1/2016

Report Date
Jul 12, 2018

Progress on Strategy
 Complete On track Off track No progress

Progress notes: Public Health does have a computer for persons to apply for SNAP as well as providing technical assistance with this.

Report Date
Jun 12, 2019

Progress on Strategy
 Complete On track Off track No progress

Progress notes: PH staff continue to be available for this, little request for this assistance over the past year.

Community Priority

Communication Planning on a County Wide Scale

Goal #1 Use health communication strategies to improve population health outcomes and health care quality, and to achieve health equity through 12/31/2021

National Alignment

HC/HIT-1

State Alignment

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Objective 1-1 Enhance the plan for communicating to those residing in our county regarding the resources available to serve our needs. During our survey process for CHNA, we identified there are many services available yet many who reside in our county seem not be aware of these services.

| Baseline Year | Baseline Value | Target Year | Target Value |
|---------------|----------------|-------------|--------------|
| TBD | TBD | TBD | TBD |

Report Date

Jul 12, 2018

Year

2018

Value

TBD

Progress on Objective

- Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes: We continue to try to collaborate among like providers to gain buy in to sit together to identify gaps including knowledge gaps in our communities and plan how we may be able to identify how to fill those gaps.

Report Date

Jun 12, 2019

Year

2019

Value

TBD

Progress on Objective

- Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes: We continue to try to collaborate with our partners to encourage like service providers to sit together to work on strategies which will help affect positive changes in our community. Sometimes we are successful, sometimes we are not.

Strategy 1-1.1 Revive the Warren County Wellness Coalition and strive to develop a subcommittee of those who have knowledge about marketing and effective communication strategies who will work on development of a good communication plan all community providers of service may be able to utilize

Strategy Type

Address Social Determinant / Health Inequity

Who's Responsible

Warren County Wellness Coalition - Comm Collaboration Sub committee

Target Date

9/1/2016

Report Date

Jul 12, 2018

Progress on Strategy

- Complete On track Off track No progress

Progress notes: This group met early in the year, increasing difficulty at this time. Will work on revitalizing the role of this subcommittee during the next year.

Report Date

Jun 12, 2019

Progress on Strategy

- Complete On track Off track No progress

Progress notes: This committee is no longer meeting, changes in priorities, lack of cooperation in the community as well as significant staffing changes have affected this strategy.

Strategy 1-1.2 Seek to remove competitive barriers between businesses to work together towards a healthier community and seek their input on methods they have found to be the best to communicate with their clientele

Strategy Type

Counseling & Education

Who's Responsible WCWC Communication subcommittee Target Date 12/1/2016

Report Date Jul 12, 2018 Progress on Strategy
 Complete On track Off track No progress

Progress notes: We discuss this issue at WCHC and every subcommittee in order to continue to stress the importance of promoting Wellness in our community through multiple partnerships.

Report Date Jun 12, 2019 Progress on Strategy
 Complete On track Off track No progress

Progress notes: We continue to work on this, however we have not been successful in getting the business community buy in.

Strategy 1-1.3 Seek to utilize the members attending the Warren County Wellness Coalition as a "Resource Center" and encourage the members to share information learned at the meeting with those they serve or those they may come into contact with Strategy Type Counseling & Education

Who's Responsible WCWC/Jodene Target Date 12/1/2016

Report Date Jul 12, 2018 Progress on Strategy
 Complete On track Off track No progress

Progress notes: We continue to do this and have guest speakers at our larger WCWC meetings so those of us who remain local can share resources with those we serve.

Report Date Jun 12, 2019 Progress on Strategy
 Complete On track Off track No progress

Progress notes: We continue to meet monthly to bi-monthly and share information for others to share with those they serve. We believe this to be one of the largest benefits with being at the Wellness Coalition table.

Strategy 1-1.4 Consider utilizing the local Public Health department as a central point of contact for those who need assistance and don't know who to call. PH has the expertise to be able to help individual's navigate through the maze of getting connected with who may be able to serve their need with the consumer always making the final choice. (Attempt to receiving funding from United Way within 5 years) Strategy Type Counseling & Education

Who's Responsible Jodene DeVault Target Date 12/1/2016

Report Date Jul 12, 2018 Progress on Strategy
 Complete On track Off track No progress

Progress notes: We encourage all wellness coalition participants to utilize PH as a resource yet the focus has recently switched to utilizing a more well known 2-1-1 partner as the resource center.

Report Date Jun 12, 2019 Progress on Strategy
 Complete On track Off track No progress

Progress notes: No changes with this strategy. We continue to promote 2-1-1.