

UNION COUNTY

Health Improvement Plan

Date Updated: June 3, 2019



For additional information, CONTACT:

Name	Organization	Phone	Email
Robin Sevier, RN	Greater Regional Health - Public Health	641-782-3545	robins@greaterregional.org
Gwen Buck, Chief Clinical Officer	Greater Regional Health	641-782-3917	gwenb@greaterregional.org

Community Priority

Obesity

Goal #1 Assist Union County residents to increase their physical activity and improve healthy eating habits.

National Alignment

22.7%

State Alignment

65.4%

Objective 1-1 Decrease by 10% the number of Iowa and Union County residents with BMI's greater than 29.9%. Iowa 2000 baseline - 65.4%; Union County 2011 baseline - 26.1%

Baseline Year	Baseline Value	Target Year	Target Value
2011	26.1%	2020	16.1%

Report Date

5/31/2017

Year

2017

Value

38%

Progress on Objective

- Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes: The 65.4% Baseline value is the year 2000 State of Iowa percentage. Iowa's 2017 percentage is 31%. Union County's 2017 percentage is 38% - adults that report a BMI of 30 or more.

Report Date

6/15/2018

Year

2018

Value

39%

Progress on Objective

- Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes: County Health Rankings & Roadmaps 2018 Data Report indicates Adult Obesity in Union County is 39%.

Report Date

5/28/2019

Year

2019

Value

39.1%

Progress on Objective

- Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes: CARE Engagement Network indicates Adult Obesity in Union County is 39.1%; 3,576 of adults with BMI >30.0 in the population over age 20 (total adult population is 9,192)

Strategy 1-1.1 Providing educational materials about healthier eating, portion control and increased physical activity. Utilize Nutritional Counseling Grant activities to enhance education opportunities.

Strategy Type

Counseling & Education

Who's Responsible

Greater Regional Outreach-Public Health
Greater Regional Medical Center

Target Date

Jul 1, 2017

Report Date

5/31/2017

Progress on Strategy

- Complete On track Off track No progress

Progress notes: Greater Regional Outreach-Public Health and Greater Regional Medical Center have been utilizing social media (Facebook, twitter) to promote education about healthy eating habits including portion control. Poster campaign within Greater Regional has been ongoing and plans are to continue educational efforts. Our Diabetic Education department has completed and plan to continue outreach within Union County and surrounding communities to promote healthy eating and

portion control. As of this report, the percentage of BMI's of adults in Union County is 38%.

Report Date

6/15/2018

Progress on Strategy

Complete

On track

Off track

No progress

Progress notes: Public Health staff job duty prioritization shuffled, therefore focus on healthy lifestyle education on social media has decreased.

Community Priority

Mental Illness

Goal #1 Improve local access to mental health services for all ages in Union County.

National Alignment

79%

State Alignment

62.9%

Objective 1-1 Increase the number of psychiatrists in Union County by 2017.

Baseline Year	Baseline Value	Target Year	Target Value
2006	0	2020	1

Report Date

5/31/2017

Year

2017

Value

1

Progress on Objective

- | | |
|--|--|
| <input type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input checked="" type="checkbox"/> Met, no trend | <input type="checkbox"/> Not met, no trend |
| <input type="checkbox"/> Met, trend in wrong direction | <input type="checkbox"/> Not met, trend in wrong direction |

Progress notes: Greater Regional Medical Center has hired a full time psychiatrist in their Medical Clinic. The practice was established in April 2016.

Report Date

6/15/2018

Year

2018

Value

1

Progress on Objective

- | | |
|--|--|
| <input type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input checked="" type="checkbox"/> Met, no trend | <input type="checkbox"/> Not met, no trend |
| <input type="checkbox"/> Met, trend in wrong direction | <input type="checkbox"/> Not met, trend in wrong direction |

Progress notes: Greater Regional Medical Clinic continues to have a full time psychiatrist on staff in their Medical Clinic.

Report Date

5/28/2019

Year

2019

Value

1+

Progress on Objective

- | | |
|--|--|
| <input type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend | <input type="checkbox"/> Not met, no trend |
| <input type="checkbox"/> Met, trend in wrong direction | <input type="checkbox"/> Not met, trend in wrong direction |

Progress notes: Greater Regional Health has hired a Psychiatric Nurse Practitioner to join their full time psychiatrist to add to mental health services offered in Union County. She will start in August 2019.

Strategy 1-1.1 Actively recruit mental health providers to establish a practice in Union County.

Strategy Type

Clinical Intervention

Who's Responsible

Greater Regional Medical Center

Target Date

Jan 1, 2017

Report Date

May 23, 2017

Progress on Strategy

- Complete On track Off track No progress

Progress notes: Greater Regional Medical Center has hired a full time psychiatrist in their Medical Clinic. The practice was established in April 2016.

Report Date

May 28, 2019

Progress on Strategy

- Complete On track Off track No progress

Progress notes: Greater Regional Health has hired a Psychiatric Nurse Practitioner to join their full time psychiatrist to add to mental health services offered in Union County. She will start in August 2019.

Community Priority

Aging

Goal #1 Improve the general health and safety of the aging population in Union County.

National Alignment

17% hospitalizations due to falls

State Alignment

17.38% hospitalizations due to falls

Objective 1-1 Reduce the amount of elderly patients who fall in their homes.

Baseline Year	Baseline Value	Target Year	Target Value
2013	17.38 %	2017	15%

Report Date

5/31/2017

Year

2017

Value

Progress on Objective

- Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes: No progress has been completed at this time on this strategy due to budget restraints.

Report Date

6/15/2018

Year

2018

Value

Progress on Objective

- Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes: No progress has been completed at this time on this strategy due to staff / budget restraints.

Report Date

5/28/2019

Year

2019

Value

Progress on Objective

- Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes: No progress has been completed at this time on this strategy due to staff / budget restraints.

Strategy 1-1.1 Conduct communication campaigns targeting the over age 65 population regarding fall prevention and healthy lifestyle activities.

Strategy Type

Counseling & Education

Who's Responsible

Greater Regional Outreach-Public Health
Greater Regional Medical Center

Target Date

06/01/2017

Report Date

5/31/2017

Progress on Strategy

- Complete On track Off track No progress

Progress notes: No progress has been completed at this time on this strategy due to budget restraints.