

Story County Community Health Improvement Plan

Date Updated: 6/3/2019



For additional information, CONTACT:

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Community Priority

Hunger and Healthy Food Choices

Goal #1 By 2021, Story County will improve food security and access to healthy food choices.

National Alignment

Healthy People 2020 - Nutrition

State Alignment

Healthy Iowans-Iowa's Health Improvement Plan 2012-16 - Nutrition and Food

Objective 1-1 By 2021, Story County will be above the State of Iowa average (stretch goal: national top performer level) on Robert Wood Johnson Foundation's (RWJF) measures of Food Environment Index.

Baseline Year	Baseline Value	Target Year	Target Value
2015 RWJF rankings	7.1	2021 RWJF rankings	8.0

Report Date

Jun 22, 2017

Year

2017

Value

7.0

Progress on Objective

- | | |
|--|---|
| <input type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend | <input type="checkbox"/> Not met, no trend |
| <input type="checkbox"/> Met, trend in wrong direction | <input checked="" type="checkbox"/> Not met, trend in wrong direction |

Progress notes: In the 2014-15 school year, 158 children from 4 school districts were served in the Backpack program. This school year, 252 children from 6 school districts were served. Three of those schools expanded their program in the last 2 years. This year's summer food service programs include the Ames Schools, Ames Public Library, Ballard Schools, Collins-Maxwell Schools and Nevada School

Report Date

May 29, 2018

Year

2018

Value

7.0

Progress on Objective

- | | |
|--|---|
| <input type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend | <input type="checkbox"/> Not met, no trend |
| <input type="checkbox"/> Met, trend in wrong direction | <input checked="" type="checkbox"/> Not met, trend in wrong direction |

Progress notes: The Summer Food Service Program includes 6 sites this year, 3 in various locations in Ames and then 1 in Ballard, Collins and Nevada school systems. Last year they served over 22,000 meals to children in Story County. The following school districts participate in the Backpack program (through the Food Bank of Iowa), Ames, Ballard, Colo-Nesco, Collins-Maxwell, Nevada and Roland Story elementary schools.

Report Date

May 29, 2019

Year

2019

Value

7.0

Progress on Objective

- | | |
|--|--|
| <input type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend | <input checked="" type="checkbox"/> Not met, no trend |
| <input type="checkbox"/> Met, trend in wrong direction | <input type="checkbox"/> Not met, trend in wrong direction |

Progress notes: The Summer Food Service Program served 24,007 meals to 610 children in Story County. This included various locations in Ames, as well as Ballard, Collins and Nevada school systems.

Strategy 1-1.1 Leverage current community efforts by partnering with existing collaboration to work toward shared goals. Implement standardized process in work group to establish how work will be completed --> Hunger Collaboration

Strategy Type

Environmental / Policy / Systems Change

Who's Responsible

Story County Public Health and SCQLA

Target Date

4/30/2016

Report Date

Jun 22, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: Hunger Collaboration began in 2011 to look at unmet needs of the community related to hunger. They come up with ideas, such as Backpack program or Senior programs and begin the process and then turn the program over to other groups in the community.

Mary Greeley Home Health worked with Heartland Senior Center to improve the availability of meals to the elderly.

Strategy 1-1.2 As part of a new/integrated standardized work process, identify disproportionate opportunity to impact

Strategy Type

Address Social Determinant / Health Inequity

Who's Responsible

Hunger Collaboration/SCQLA

Target Date

7/31/2018

Report Date

Jun 22, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: They continue to identify gaps in the community related to hunger. Children hunger during the summer continues to be an issue, as well as ISU students and rural area access. These areas will continue to be evaluated.

Report Date

May 29, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: Various Groups continue to work together to impact the problem and identify solutions. Groups are also working on reasons why people in Story County are hungry. Heartland Senior Services and Mary Greeley Medical Center have partnered to develop a more efficient way of providing home delivered meals. Many programs that the United Way of Story County support deal with areas that have an affect on families facing hunger such as financially providing transportation and teaching basic financial education so that individuals can spend their money more wisely; or offers sliding fee scales to families for day care for their children, or adult day services for their aging parent.

Report Date

6/3/2019

Progress on Strategy

Complete On track Off track No progress

Progress notes: Five Story County agencies worked together through a SIM grant to provide healthy food to eligible individuals through their own independent programs. This has included one weeks worth of prepared meals to patients recently discharged from the hospital, expanded the Farm to Clinic to prenatal patients, increased the number of CSA shares available at Primary Health Care as well as expanded healthy food offerings during the winter months, expanded healthy food options at local food pantries, expanded access to healthy food vouchers for eligible families, and rebuilt a green-house to extend growing season and increase capacity.

Community Priority

Access to Mental Health/Crisis Services

Goal #1 By 2021, improve access to mental health/crisis services in Story County.

National Alignment

Healthy People 2020 - Mental Health

State Alignment

Healthy Iowans-Iowa's Health Improvement Plan 2012-2016 - Mental Health and Access to Quality Health Services

Objective 1-1	Decrease average number of poor mental health days reported in Story County	Baseline Year	Baseline Value	Target Year	Target Value
		2015 RWJF rankings	2.2	2021 RWJF rankings	1.75

Report Date
Jun 22, 2017

Year
2017

Value
3.1

Progress on Objective

Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Report Date
May 29, 2018

Year
2018

Value
3.2

Progress on Objective

Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Report Date
May 29, 2019

Year
2019

Value
3.2

Progress on Objective

Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Strategy 1-1.1 Leverage current community efforts by partnering with existing collaboration to work toward shared goals. Implement standardized process in work group to establish how work will be completed --> Story County Mental Health Task Force

Strategy Type

Environmental / Policy / Systems Change

Who's Responsible
SCPH/SCQLA

Target Date
4/30/2016

Report Date
Jun 22, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: FY16 a contract for 2 crisis psychiatric appointments to be available at Eyerly Ball weekly for Story County was established. FY17 2 more crisis therapy appointments are to be available weekly at Eyerly Ball for Story County. There is also flexibility to access these appointments in Boone County or other counties in the region if needed. Telepsych services have become available at the Story Co. Jail on 4/1/16 and then recently became available at the Story County Medical Center Emergency

Department. A contract is in place for Telepsych services for Mary Greeley Medical Center Emergency Department and will begin soon. In the Emergency Departments this provides access to Prescreening service to determine if a person needs to be admitted for behavioral health care or could be referred to services and support in the community.

Strategy 1-1.2 As part of a new/integrated standardized work process, identify disproportionate opportunity to impact. This will include reviewing how the current identified objective correlates with the Goal. Likely that a better measure will need to be identified.

Strategy Type
Address Social Determinant / Health Inequity

Who's Responsible
Story County Mental Health Task Force/SCQLA

Target Date
7/31/2018

Report Date
Jun 22, 2017

Progress on Strategy
 Complete On track Off track No progress

Progress notes: The jail populations has been identified as an area for opportunity.

Report Date
May 29, 2018

Progress on Strategy
 Complete On track Off track No progress

Progress notes: The Story County Mental Health Task Force meets quarterly to maintain open communication and dialogue between service providers, local law enforcement and other organizations within the community. The group is a resource to share information.

Strategy 1-1.3 Based on strategy 1-1.2, identify actions to address.

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
Story County Mental Health Task Force/SCQLA

Target Date
10/31/2018

Report Date
Jun 22, 2017

Progress on Strategy
 Complete On track Off track No progress

Progress notes: Therapy services in the Story Jail became available in January 2017 and can provide mental health evaluations and substance abuse evaluations for individuals who are dually diagnosed. Individual and group therapy can be provided. Enhancement of Service Coordination services is to begin in August 2017.

Report Date
May 29, 2018

Progress on Strategy
 Complete On track Off track No progress

Progress notes: The following new programs have been developed based on needs identified by the Story County Mental Health Task Force. They include the following: Formation of an Opioid Task Force, a New Transitional Housing Program through ERP, Mobile Crisis Response Unit through Eyerly Ball, the offering of CIT trainings for Local Law Enforcement sponsored by NAMI and the upcoming Crisis Stabilization Center through Mary Greeley Medical Center.

Report Date
May 29, 2019

Progress on Strategy
 Complete On track Off track No progress

Progress notes: members/agencies who participate in this Task Force have developed services in respect to the agencies they work for. New services implemented in Story County in FY18 and FY19 that I have noted are:
 Assertive Community Treatment (ACT) provided by Eyerly Ball Community Mental Health Services
 Mobile Crisis Response Team Services (MCRT) provided by Eyerly Ball Community Mental Health Services
 Warm Line Services - phone line staffed by peer counselors who provide support to

an individual who is experiencing a personal crisis is provided by Abbe Center for Community Mental Health.

Crisis Intervention Training for law enforcement officials organized/facilitated by NAMI CI, Iowa State Police Dept, City of Ames Police Dept, Story Co Attorney's Office and CICS.

Crisis Stabilization-Transitional Living Center (CS-TLC) services provided by Mary Greeley Medical Center. The TLC service is similar to the Transitional Living Program services that MGMC provided for years, however the TLC is different in that it is up to a 90 day service. Crisis Stabilization services were enhanced and transitioned to a new location along with a new location for the TLC service.

Community Priority

Physical Activity and Exercise (Greater Story County)

Goal #1 By 2021, increase the level of and opportunity for physical activity and exercise in greater Story County (outside city of Ames).

National Alignment

Healthy People 2020 - Physical Activity and Obesity

State Alignment

Healthy Iowans-Iowa's Health Improvement Plan 2012-16 - Physical Activity

Objective 1-1 By 2021 increase the percentage of the population with adequate access to locations for physical activity

Baseline Year	Baseline Value	Target Year	Target Value
2015 RWJF rankings	80%	2021 RWJF rankings	90%

Report Date

Year

Jun 22, 2017

2017

Value

90%

Progress on Objective

- Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Report Date

Year

May 29, 2018

2018

Value

91%

Progress on Objective

- Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Report Date

Year

May 29, 2019

2019

Value

92%

Progress on Objective

- Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Strategy 1-1.1 Leverage current community efforts by partnering with existing collaboration to work toward shared goals. Implement standardized process in work group to establish how work will be completed --> new coalition, based in Healthy Ames

Strategy Type

Environmental / Policy / Systems Change

Who's Responsible

SCPH/SCQLA

Target Date

4/30/2016

Report Date

Jun 22, 2017

Progress on Strategy

- Complete On track Off track No progress

Progress notes: A group was started and meets routinely called Story County Healthy Living Coalition.

Strategy 1-1.2 As part of a new/integrated standardized work process, identify disproportionate opportunity to impact. Will work to identify data outside geographical area of Ames.

Strategy Type

Address Social Determinant / Health Inequity

Who's Responsible
new coalition/SCQLA/SCPH

Target Date
7/31/2018

Report Date
6/22/2017

Progress on Strategy				
<input type="checkbox"/> Complete	<input type="checkbox"/> On track	<input type="checkbox"/> Off track	<input checked="" type="checkbox"/> No progress	

Progress notes:

Report Date
May 29, 2018

Progress on Strategy				
<input type="checkbox"/> Complete	<input checked="" type="checkbox"/> On track	<input type="checkbox"/> Off track	<input type="checkbox"/> No progress	

Progress notes: SCQLA developed a presentation based on the data from the 2016 community needs assessment and presented it to service clubs in Story County.

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Progress on Strategy				
<input type="checkbox"/> Complete	<input type="checkbox"/> On track	<input type="checkbox"/> Off track	<input checked="" type="checkbox"/> No progress	

Progress notes:

Strategy 1-1.3 Based on strategy 1-1.2, identify actions to address.

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
new coalition

Target Date
10/31/2018

Report Date
6/22/2017

Progress on Strategy				
<input type="checkbox"/> Complete	<input type="checkbox"/> On track	<input type="checkbox"/> Off track	<input checked="" type="checkbox"/> No progress	

Progress notes:

Report Date
May 29, 2018

Progress on Strategy				
<input type="checkbox"/> Complete	<input type="checkbox"/> On track	<input checked="" type="checkbox"/> Off track	<input type="checkbox"/> No progress	

Progress notes: The new coalition has desolved but SCPH and SCQLA have done some projects this past year. SCPH took a presentation regarding exercise for older adults in conjunction with foot clinics in Story County, which was well received. In addition to this, SCQLA presented to various service clubs in the area our Story County Health Report, based on the 2016 needs assessment.

Report Date
May 29, 2019

Progress on Strategy				
<input type="checkbox"/> Complete	<input type="checkbox"/> On track	<input type="checkbox"/> Off track	<input checked="" type="checkbox"/> No progress	

Progress notes: