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**Dave Koch, Director**

**Johnson County Health Improvement Plan Update**

**SUMMARY:**

2018-2019 HIP updates represent initiatives both led by and supported by JCPH

**HIP PRIORITY:**

- **Radon**
  - Community Health collaborated with Environmental Health to improve rural residents' knowledge and awareness of radon exposure. Activities included:
    - Adapting and developing educational materials
    - Conducting community focus groups to test materials and make adjustments based on feedback (gauged cues to action, thoughts on appearance of material, if people found materials educational, etc.)
      - Two focus groups were conducted with a total of 11 participants
    - Promotion of educational materials to targeted rural areas of county via Every Door Direct Mail (reach of 319 residents), social media, and other methods
    - Selling of low-cost radon kits to the public;
      - 42 radon kits were sold during Jan/Feb 2019, 24% of which identified the targeted outreach as their reason for the radon kit purchase.
- **Transportation Services**
  - The Johnson County Social Services Mobility Coordinator continued to provide education, referrals and trip planning activities for Johnson County residents; reach of 239 community members and agencies regarding transportation needs from May 2018-April 2019.
    - This is an increase from the 154 individuals assisted the previous year.
  - The Johnson County Social Services Mobility Coordinator collaborated and served as a point of contact on a project funded by the Iowa Cancer Consortium. The funding sought to increase transportation access for cancer patients in Johnson County, particularly in rural areas of the county. This is to supplement the American Cancer Society's Road to Recovery program, which typically has gaps serving rural areas. Served as point of contact for local cancer providers on meeting transportation needs of cancer patients in the county. The project worked to improve system alignment across the county.
    - A survey was done with local cancer center providers and identified the need for the Mobility Coordinator to have meetings with local cancer providers (providers did not know what a Mobility Coordinator was or what their functions are).
      - Mobility Coordinator contributed to the development of the survey via monthly meetings.

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- Held two educational meetings with the Holden Comprehensive Center and the Mercy Cancer Center to educate on Mobility Coordinator functions and support (as a result of the survey).
  - Provided one-on-one resources for long-distance cancer patients outside of the county; reach of 4 patients.
- **Access to Health Care**
  - Johnson County Public Health continued to partner with the Iowa City Free Medical and Dental Clinic to provide Certified Application Counselor services during the 2018 open enrollment period; reach of 141 community members.
  - Johnson County Public Health maintains the expansion of access through Community Health's increased HIV and HCV testing services; eight additional testing volunteers trained; 810 HIV tests administered and 258 HCV tests administered in calendar year 2018.
    - This is an increase from last year, 756 HIV tests were administered and 163 HCV tests were administered in calendar year 2017.
- **Access to Dental Care**
  - During the 2017 calendar year, Johnson County Public Health added 2.5 FTE in order to increase access related to the I-Smile program serving area schools and the WIC clinic. This additional outreach has been maintained throughout this calendar year. In total, 2,288 screenings and 1,987 fluoride varnish applications provided in calendar year 2018.
- **Elderly Care Services**
  - Johnson County Social Services added an Aging Specialist position in order to better serve Johnson County seniors by providing them information on resources they require, as well as other support. The position was able to assist 201 community members from January 2018-April 2019.
- **Food Security & Obesity/Physical Activity**
  - The University of Iowa Carver College of Medicine's Upstream Clinic research with Coralville Community Food Pantry clients; 139 participants self-reported on their diet-modifiable chronic disease (DMD) and health care access; 45% had DMD, 52% had recent ER visit/hospital admission, 26% identified cost as a barrier to receiving medical care. Next steps: MD students will develop healthy meal ideas recipe book using pantry ingredients for clients; assist with food labeling systems to highlight healthier options on pantry shelves; and track client progress using onsite biometric testing (A1c, cholesterol, weight, and blood pressure).
- **Sexual Health**
  - During this calendar year, the Sexual Health Alliance of Linn and Johnson Counties decided to stop its current strategic plan in order to restructure the organization. As a result, updates to the previous Health Improvement Plan for this organization are on hold. Johnson County Public Health partnered with Linn County Public Health to fiscally support coalition continuation and resource coalition leadership through JCPH and LCPH staffing as co-Chairs for the coalition's Executive Committee.
- **Diabetes**
  - Johnson County Public Health partnered with the Iowa City Free Medical and Dental Clinic utilizing American Medical Association Foundation funding to support a part-time, bilingual Community Health Worker to deliver diabetes prevention and management education to FMC patients;

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reach of 85 clients during the first grant year, 73% diabetic and 12% pre-diabetic.

- **Community Diversity**

- The Johnson County Public Health Community Health division partnered with the Environmental Health Food Program staff to conduct focus groups concerning barriers to food program compliance; six focus groups held with 24 participants utilizing Mandarin and Spanish-speaking interpreters; lessons learned will be used to create educational materials for distribution by food program staff.