

# Jasper County Health Improvement Plan

Date Updated: May 7, 2019



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# Community Priority

## Promote Healthy Living - Better access to mental health services

**Goal #1** Increasing access to local mental health services for Jasper County residents

National Alignment

Healthy People 2020 MHMD-6, MHMD-9

State Alignment

Mental & Emotional Well-being 8-1.2,8-1.3

**Objective 1-1** Increase availability of qualified local providers in the community for assessment and treating crisis mental illness from zero to at least one provider option

Baseline Year	Baseline Value	Target Year	Target Value
2016	0	2020	1

Report Date

Apr 14, 2017

Year

2017

Value

Progress on Objective

- |   |  |
|---|--|
| <input checked="" type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend                            | <input type="checkbox"/> Not met, no trend                 |
| <input type="checkbox"/> Met, trend in wrong direction            | <input type="checkbox"/> Not met, trend in wrong direction |

Progress notes: Numerous new mental health providers in community. Working with CICS to offer more services including Mental Health First Aid and Transition Housing. Monthly Mental Health meeting.

**Strategy 1-1.1** Complete community-wide collaborative service assessment for providers available for persons served with mental illness and/or mental health crisis

Strategy Type

Counseling & Education

Who's Responsible

Skiff Medical Center is seeking grant funds with intent to lead collaborative process of community providers charged with working together to improve access to care for supporting mental illness and promotion of mental health and well-being

Target Date

Mar 31, 2017

Report Date

Apr 10, 2017

Progress on Strategy

- |  |                                   |                                    |                                      |
|--|-----------------------------------|------------------------------------|--------------------------------------|
| <input checked="" type="checkbox"/> Complete | <input type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |
|--|-----------------------------------|------------------------------------|--------------------------------------|

Progress notes: Skiff received \$100,000 grant from CHI. They hired a coordinator and the first meeting was held. Numerous community providers in place. Crisis line in place.

# Mobile Crisis working in Jasper County, supporters say

Only 4 hospitalized, 1 jailed out of 43 calls

By David Dolmage Newton Daily News

Aug. 8, 2018



File Photo

Caption +



Crisis Go is working in Jasper County, supporters say. Since the inception of the mobile crisis response team in March, the agency has responded to 43 calls for service within Jasper County.

Progress Image

## AFTERNOON UPDATE NEW

Have our latest news, sports and obituaries emailed directly to you Monday through Friday.

[SIGN UP](#)

Report Date  
06/25/2018

### Progress on Strategy

Complete  On track  Off track  No progress

Progress notes: Numerous meetings held on a monthly basis with good attendance. 5/2019 Mental Health and Substance Abuse Coalitions combine

Report Date  
06/25/2018

Year  
2018

Value

Progress on Objective

- Met, trend in right direction
- Not met, trend in right direction
- Met, no trend
- Not met, no trend
- Met, trend in wrong direction
- Not met, trend in wrong direction

Progress notes: Continue mental health committees with several sub groups. Worked on numerous projects including a project with the schools and planning a mental health fair in August 2018. Numerous providers available. Capstone moved to a larger location.

JASPER COUNTY TRIBUNE

### Local substance abuse coalition and mental health group join forces

A lifesaving partnership

By Christopher Braunschweig Newton Daily News  
April 17, 2018



Christopher Braunschweig/Daily News

Caption +



the stigmas associated with mental health and substance abuse.

At their core, the Jasper County Substance Abuse Coalition and the Mental Health Collaboration are fighting for the same outcome: positive changes in the community.

However, the grant sustaining the Mental Health Collaboration group expires June 30. This month, it was announced the local initiative will combine with the Jasper County Substance Abuse Coalition to further increase the promotion of prevention efforts, improve access to treatment and reduce

AFTERNOON UPDATE NEWSLETTER

Have our latest news, sports and obituaries emailed directly to you Monday through Friday.



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LOCAL COMMUNITY CALENDAR

TUE 7 Discover Hope, a faith-based addiction...

WED Older Wiser Livlier Seniors (OWLS)

Progress Image

Strategy 1-1.2 Update current roster of providers serving mental health and mental illness needs and inform public for promoting availability and awareness

Strategy Type  
Long-Lasting Protective Intervention

Who's Responsible  
CHI, Julie Gibson

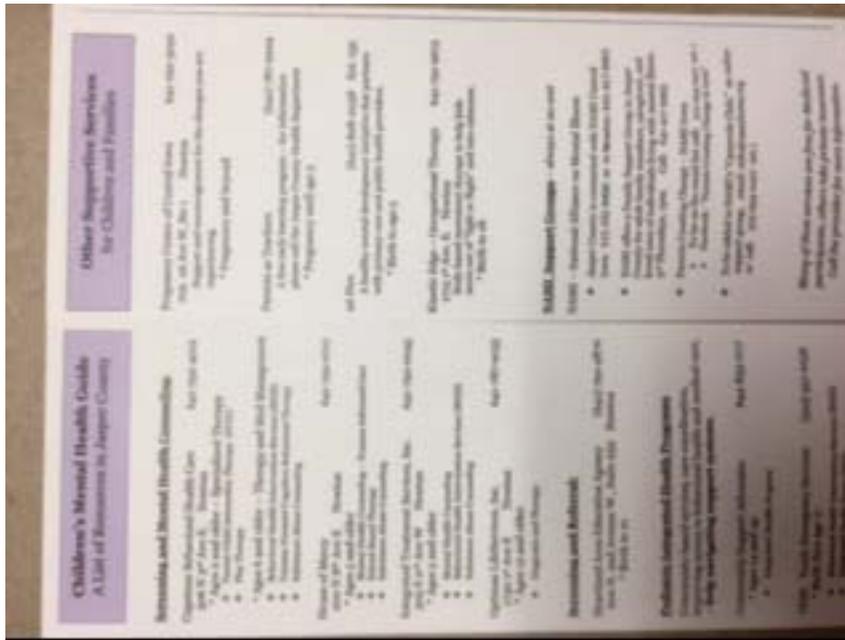
Target Date  
Jun 30, 2018

Report Date  
Apr 10, 2017

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: A list of providers has been made. This task is ongoing due to the frequent change in agencies and providers.



Progress Image

Strategy 1-1.3

Train key community members (e.g., adults who work with the elderly, youth, and armed services personnel) to identify the signs of depression and suicide and refer people to resources.

Strategy Type

Counseling & Education

Who's Responsible

Jasper County Health Department

Target Date

1/1/2019

Report Date

06/25/2018

Progress on Strategy

Complete
  On track
  Off track
  No progress

Progress notes: Mental Health First Aid being offered. Several Jasper County staff trained. CICS and Capstone became Train the trainers. We are offering Lose Your Mind Training 5/2019 with a Virtual Reality of a mental health episode.

## Mental Health First Aid training offered in Newton

© June 15, 2018

Progress Image

# FREE Mental Health Literacy workshops available in Jasper & Poweshiek Counties May 6<sup>th</sup> – 17<sup>th</sup> 2019

Do you interact with young people who may be at risk of suffering, or currently suffering a severe mental illness or psychosis?



**LOSE YOUR MIND** aims to reduce the stigma of mental illness by giving everyone an insight into what it might be like to live with a mental health disorder. We know that those who experience **LOSE YOUR MIND** have increased empathy and insight and may find it easier to have difficult conversations.

**LOSE YOUR MIND** workshops have been designed for anyone who works with teens or young adults who would benefit from an emotionally engaging discussion about mental illness and the best strategies for communication and early intervention.

Using 360 degree video in VR Gear, **LOSE YOUR MIND** aims to simulate the



experience of a young person having a psychotic episode in a respectful,

**LOSE YOUR MIND** workshops incorporate a fully immersive Virtual Reality experience to facilitate a learning opportunity about mental illness based on a deeper personal empathy and understanding.

**Workshops include:**

- The VR Experience (2D version available).
- What is psychosis?
- What treatments work?
- How to talk to someone who might be

Progress Image

**Goal #2** Increase options for after hours services for mental health crisis services

National Alignment

Healthy People 2020 MHMD-6, MHMD-9

State Alignment

Mental & Emotional Well-being 8-1.2,8-1.3

**Objective 2-1** Communicate with health and human service providers how to respond to mental illness episodes in crisis for prompting assessment and treatment by a qualified mental health professional within 24 hours

Baseline Year	Baseline Value	Target Year	Target Value
2015	0	2019	1

Report Date  
Apr 14, 2017

Year  
2017

Value  
[ ]

**Progress on Objective**

- |   |  |
|---|--|
| <input checked="" type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend                            | <input type="checkbox"/> Not met, no trend                 |
| <input type="checkbox"/> Met, trend in wrong direction            | <input type="checkbox"/> Not met, trend in wrong direction |

Progress notes:

Report Date  
06/25/2018

Year  
2018

Value  
[ ]

**Progress on Objective**

- |   |  |
|---|--|
| <input checked="" type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend                            | <input type="checkbox"/> Not met, no trend                 |
| <input type="checkbox"/> Met, trend in wrong direction            | <input type="checkbox"/> Not met, trend in wrong direction |

Progress notes: CICS added mobile crisis unit to Jasper County.

Strategy 2-1.1 Determine best practice protocol in the county for responding to mental health crisis after hours

Strategy Type  
Clinical Intervention

Who's Responsible

Skiff Medical Center Emergency Department, Capstone, Jasper County Health Department, Optima, CICS

Target Date

Jul 29, 2016

Report Date

Apr 14, 2017

Progress on Strategy

Complete  On track  Off track  No progress

Progress notes: Crisis hotline in Jasper County complete.

LOCAL

## Mobile Crisis Response services launched

Mobile crisis response team will launch in the remaining six counties

March 29, 2018



DES MOINES — CICS and its partner organization Eyerly Ball Mental Health Services officially launched their new mobile crisis response services in Jasper County at 7 a.m. Monday.

Mobile crisis response services is active in Madison, Poweshiek and Warren counties and will begin in the other six counties of Boone, Franklin, Hamilton, Hardin, Marshall and Story when staffing capacities are met.

For more information about working as a mobile crisis responder or contact Krystina Engle at [krystinae@eyerlyball.org](mailto:krystinae@eyerlyball.org).

CICS and Eyerly Ball Mental Health Services announced in early 2018 they will provide new mobile crisis response services for central Iowans in the CICS region struggling with depression, anxiety, suicidal thoughts and other mental illnesses. The mobile crisis response team responds to and remains with callers in a crisis. This frees up local police forces to continue their patrols on the streets of the communities they serve.

In collaboration with Foundation 2, the Cedar Rapids-based organization operating CICS's 24-hour Central Iowa Crisis Line (844-258-8858), the mobile crisis response team will operate 24-hours a day, 365 days a year, with no less than two providers, trained according to requirements of Iowa Administrative Code Chapter 24. This means when someone calls the Central Iowa Crisis Line, a trained crisis counselor will determine if the caller needs in-person, preventive care and dispatch a response team to the caller's location within the hour.

"This is huge for the CICS region's residents who may need crisis services at any hour of the day," said CICS CEO Jody Eaton. "Right now, that responsibility falls on local police officers who can't always stay by someone's side throughout the night as they deal with their crisis. Having a trained team respond and coordinate care for individuals in need will be critical for improving mental health services in central Iowa."

### Progress Image

Report Date

06/25/2018

Progress on Strategy

Complete  On track  Off track  No progress

Progress notes: Mobile crisis unit working well.

# Community Priority

## Promote Healthy Living - Child Abuse & Neglect

**Goal #1** By 2021, reduce the number of child abuse or neglect cases in Jasper County

National Alignment

Injury and Violence Prevention-  
National Prevention Strategy; Infant  
Care - Healthy People 2020

State Alignment

Injury and Violence Prevention, and  
Health Living - Healthy Iowans

Objective 1-1	Decrease the number of children who have child abuse or neglect cases in Jasper County from 29.3 per 1000 in 2015 to lower than 24 per 1000 in 2020	Baseline Year	Baseline Value	Target Year	Target Value
		2015	29.3	2020	24.0

Report Date

Apr 14, 2017

Year

2017

Value

Progress on Objective

- |  |  |
|--|--|
| <input type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input checked="" type="checkbox"/> Met, no trend      | <input type="checkbox"/> Not met, no trend                 |
| <input type="checkbox"/> Met, trend in wrong direction | <input type="checkbox"/> Not met, trend in wrong direction |

Progress notes: No new data. Working with the community groups to increase education to parents.

Report Date

06/25/2018

Year

2018

Value

Progress on Objective

- |  |  |
|--|--|
| <input type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input checked="" type="checkbox"/> Met, no trend      | <input type="checkbox"/> Not met, no trend                 |
| <input type="checkbox"/> Met, trend in wrong direction | <input type="checkbox"/> Not met, trend in wrong direction |

Progress notes: Jasper County Health Department took over Parents as Teachers and the case loads are full.

Strategy 1-1.1 Coordinate community partners to identify, plan and promote community engagement regarding child abuse prevention including programs serving parents and children

Strategy Type

Address Social Determinant / Health Inequity

Who's Responsible

Jasper County Health Department, Schools, Community Partners/Providers,  
Skiff Medical Center

Target Date

Jan 1, 2018

Report Date

Apr 10, 2017

Progress on Strategy

- |                                   |  |                                    |                                      |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |
|-----------------------------------|--|------------------------------------|--------------------------------------|

Progress notes: Numerous groups YPA, SYNC, Human Service Providers. Started MCH Taskforce.

Report Date

06/25/2018

Progress on Strategy

- |                                   |  |                                    |                                      |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |
|-----------------------------------|--|------------------------------------|--------------------------------------|

Progress notes: Numerous community partners. SYNC and YPA active programs.

Strategy 1-1.2 Implement media campaigns to increase awareness of child abuse and neglect prevention

Strategy Type

Address Social Determinant / Health Inequity

Who's Responsible

Jasper County Health Department

Target Date

Jan 1, 2018

Report Date

Apr 10, 2017

Progress on Strategy

- |                                   |  |                                    |                                      |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |
|-----------------------------------|--|------------------------------------|--------------------------------------|

Progress notes: Numerous promotions using media and social media. Articles in newspaper.

# April is Child Abuse Prevention Month

By Kristina Winfield Jasper County Health Department

© April 2, 2019



Did someone help you have a great childhood when you were young — perhaps a parent, sibling, teacher or coach? Do you help children in your life today have a great childhood — your own kids, nephews or nieces, or maybe children you mentor or babysit?

In 2008, Prevent Child Abuse America introduced the pinwheel as the new national symbol for child abuse prevention through Pinwheels for Prevention. What research showed is that people

Progress Image

Report Date  
06/25/2018

Progress on Strategy

Complete  On track  Off track  No progress

Progress notes: articles and social media

LOCAL

## Local leaders push to protect drug-endange

Hard drug use could be changed to child abuse under Iowa law

By Justin Jagler Newton Daily News

Jan. 18, 2017



File photo

Caption +

Newton Village

We Have a 97% Rehab to Home Rate! Call Now.

LEARN MORE CONTACT

Imagine a parent shooting up heroin in front of their child. It is a frightening image. When a parent faces such an allegation in Iowa, it is not assessed as child abuse.

Under current Iowa law, if a parent stands accused of abusing cocaine or heroin in the presence of their child, the case will not be looked at as child abuse. Unless the child is under 6 years old, the same applies for a parent using methamphetamine.

Progress Image

# Newton Wellness Talks: Parents as Teachers

By Jasper County Health Department

© May 29, 2018



Parents as Teachers is dedicated to the highest quality of child abuse prevention programs which foster family growth and development.

Children begin learning at birth, and Parents as Teachers can help you give your child the best possible start in life. We believe that the parent is the child's first and best teacher. Parents as Teachers is a nationally known program throughout the United States, reaching thousands of families. Parents as Teachers provides a

research based curriculum, which centers on activities related to the latest information concerning your child's development. Parents as Teachers helps during children's early years, which are critical for optimal development.

Parent educators will provide home visits and group meetings that provide developmental information, fun activities, encouragement and support throughout the stages of a child's development. The Parent Educators can help families by providing resource information to help with family needs, be a support system by listening to parents/caregivers concerns and provide them with information on the best way to address those concerns.

Parents as Teachers is a free program and has established a wide variety of incentives for families that are enrolled in the Parents as Teachers program. The incentives will be given to families using a points system and each family receives one package of diapers per month for each child enrolled, while supplies last.

If you know someone that may benefit from Parents as Teachers, please call the Jasper County Health Department at 641-787-9224, fax 641-275-3708 or email Melissa Gary, P. A.T. Parent Educator at [mgary@co.jasper.ia.us](mailto:mgary@co.jasper.ia.us)

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Progress Image

Strategy 1-1.3 Promote breast feeding initiation and duration and bonding between parents and infants in Jasper County

Strategy Type  
Counseling & Education

Who's Responsible  
Jasper County Health Department and Skiff Medical Center

Target Date  
Jan 1, 2019

Report Date  
Apr 10, 2017

Progress on Strategy			
<input type="checkbox"/> Complete	<input checked="" type="checkbox"/> On track	<input type="checkbox"/> Off track	<input type="checkbox"/> No progress

Progress notes: Skiff doing Weigh and Grow, support group and BF home visits. WIC promoting breastfeeding.

Report Date  
06/25/2018

Progress on Strategy			
<input type="checkbox"/> Complete	<input checked="" type="checkbox"/> On track	<input type="checkbox"/> Off track	<input type="checkbox"/> No progress

Progress notes: Started Parent Cafes along with lending library with Parents as Teachers



Progress Image

Progress Image

Strategy 1-1.4 Assess the community needs for evidence based parenting education programs

Strategy Type  
Counseling & Education

Who's Responsible

Target Date

Jasper County Health Department, VNS, Skiff Medical Center, Jasper County  
Prevent Child Abuse

Jan 1, 2019

Report Date  
Apr 10, 2017

Progress on Strategy

Complete  On track  Off track  No progress

Progress notes: Iowa State, Parents as Teachers, Marion took over MCH grant, WIC, Pregnancy Center. Numerous programs in place in Jasper County.

Report Date  
06/25/2018

Progress on Strategy

Complete  On track  Off track  No progress

Progress notes: JCHD started Parents as Teachers program and Parent Cafes.

Strategy 1-1.5 Obtain funding to expand evidence based parenting activities to prevent child abuse and promote growth and development of children in Jasper County

Strategy Type  
Counseling & Education

Who's Responsible

Target Date

Jasper County Health Department, VNS, Skiff Medical Center, Jasper County  
Prevent Child Abuse

Jan 1, 2019

<u>Report Date</u> Apr 10, 2017	<u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress
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Progress notes: Marion County offering more parenting services in Jasper county. Parents as Teachers worried about continued empowerment funding.

<u>Report Date</u> 06/25/2018	<u>Progress on Strategy</u> <input checked="" type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress
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Progress notes: Received year end decat funds for Parent Cafes.

Strategy 1-1.6 Explore the community needs for an after school program Strategy Type  
Address Social Determinant / Health Inequity

Who's Responsible Jasper County Health Department, VNS, Skiff Medical Center, Jasper County  
Prevent Child Abuse, Schools Target Date  
Jan 1, 2019

<u>Report Date</u> Apr 10, 2017	<u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress
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Progress notes: Newton Schools applied for an after school grant.

<u>Report Date</u> 06/25/2018	<u>Progress on Strategy</u> <input type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input checked="" type="checkbox"/> No progress
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Progress notes: no known progress

Strategy 1-1.7 Implement a new community resource guide with available services for children and parents Strategy Type  
Address Social Determinant / Health Inequity

Who's Responsible Jasper County Health Department, VNS, Skiff Medical Center, Jasper County  
Prevent Child Abuse Target Date  
Jan 1, 2018

<u>Report Date</u> Apr 10, 2017	<u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress
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Progress notes: Resource guide complete. This is an ongoing project.

<u>Report Date</u> 06/25/2018	<u>Progress on Strategy</u> <input checked="" type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress
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Progress notes: Marion County first five completes this project.

# Community Priority

## Prevent Injuries & Violence - Fall Prevention & Injury Reduction

**Goal #1** Reduce frequency of falls in lowans 65 years and older

National Alignment

Healthy People 2020

State Alignment

Healthy lowans - Iowa's Health Improvement Plan 2012-16, 2015Revisions:7-1.2 Promote the use of evidence based fall promotion strategies to community health professionals and monitor data on fall injuries and death. (Revised from original 7-1.2)

**Objective 1-1** Reduce fall related death rate from 22 per 100,000 in Jasper County to 15 or less per 100,000.

Baseline Year	Baseline Value	Target Year	Target Value
2014	22	2020	15

Report Date  
Apr 14, 2017

Year  
2017

Value

Progress on Objective

- |  |  |
|--|--|
| <input type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input checked="" type="checkbox"/> Met, no trend      | <input type="checkbox"/> Not met, no trend                 |
| <input type="checkbox"/> Met, trend in wrong direction | <input type="checkbox"/> Not met, trend in wrong direction |

Progress notes: no new data at this time.

Report Date  
06/25/2018

Year  
2018

Value

Progress on Objective

- |  |  |
|--|--|
| <input type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input checked="" type="checkbox"/> Met, no trend      | <input type="checkbox"/> Not met, no trend                 |
| <input type="checkbox"/> Met, trend in wrong direction | <input type="checkbox"/> Not met, trend in wrong direction |

Progress notes:

**Strategy 1-1.1** Initiate public health community communication for building awareness of fall prevention and living strategies

Strategy Type  
Counseling & Education

Who's Responsible  
Jasper County Health Department

Target Date  
Aug 31, 2017

Report Date  
Apr 10, 2017

Progress on Strategy

- Complete  On track  Off track  No progress

Progress notes: Media campaign done with Wesley Life. Education to Board of Health and staff. Staff attended Fall Symposium. Education to home care clients.

Report Date  
06/25/2018

Progress on Strategy

- Complete  On track  Off track  No progress

Progress notes: Continue to provide education and evaluate home care clients.

**Strategy 1-1.2** Implement community education for >100 members >50 years old on the topic of fall prevention using Stepping On and/or Matter of Balance curriculum

Strategy Type  
Counseling & Education

Who's Responsible  
Wesley Life, Jasper County Health Department

Target Date  
Jun 30, 2017

Report Date

Apr 10, 2017

Progress on Strategy

Complete  On track  Off track  No progress

Progress notes: Hard to get community involvement

Objective 1-2

Reduce hospitalization rate due to falls from 19.8 to 17 or less per 1000

Baseline Year

2014

Baseline Value

19.8

Target Year

2017

Target Value

17

Strategy 1-2.1 Refer hospitalized patients to community service providers for home safety assessment and patient education for fall prevention at home

Strategy Type

Counseling & Education

Who's Responsible

Skiff Medical Center discharge planners and home care providers

Target Date

Jul 28, 2017

Report Date

Apr 10, 2017

Progress on Strategy

Complete  On track  Off track  No progress

Progress notes: Awaiting reports

Strategy 1-2.2 Encourage in-home providers who work as direct care professionals (home care aides) to complete fall prevention education

Strategy Type

Counseling & Education

Who's Responsible

Jasper County Health Department

Target Date

May 2, 2016