

# Clinton County Health Improvement Plan

Date Updated: June 3, 2019



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# Community Priority

**Goal #1** By 2021, Improve the ranking of Clinton County residents as measured on the annual county health rankings of healthy behaviors.

National Alignment

Nutrition, Physical Activity, Obesity

State Alignment

Healthy Iowans 6-5, 6-9, 3-7

**Objective 1-1** By 2021, decrease adult smoking percentage by 2% in Clinton County as measured in the county health rankings.

Baseline Year	Baseline Value	Target Year	Target Value
2014	28%	2021	26%

Report Date

June 18, 2018

Year

2018

Value

16%

Progress on Objective

- Met, trend in right direction     Not met, trend in right direction  
 Met, no trend     Not met, no trend  
 Met, trend in wrong direction     Not met, trend in wrong direction

Progress notes:

Report Date

June 3, 2019

Year

2019

Value

16%

Progress on Objective

- Met, trend in right direction     Not met, trend in right direction  
 Met, no trend     Not met, no trend  
 Met, trend in wrong direction     Not met, trend in wrong direction

Progress notes: measure remains the same from last year

**Strategy 1-1.1** By December 31, 2018, 100 tobacco users will be offered education on smoking cessation using the American Lung Association Freedom from Smoking thru community programs.

Strategy Type

Long-Lasting Protective Intervention

Who's Responsible

ASAC

Target Date

Dec 31, 2018

Report Date

June 18, 2018

Progress on Strategy

- Complete     On track     Off track     No progress

Progress notes: Smoking cessation classes are being offered in the Clinton area. 10 Classes have been offered in the area in the last 18 months with 53 participants. 8 tobacco cessation classes have been offered between June 2017 and May 2018 with 26 attendees

Report Date

6-3-19

Progress on Strategy

- Complete     On track     Off track     No progress

Progress notes: Continue to offer Smoking cessation classes at Mercy Hospital

**Strategy 1-1.2** By June 30, 2018, a minimum of 2 housing properties in Clinton County will adopt a 100% smoke free housing policy covering a minimum of 1 building with no grandfathered smoking residents.

Strategy Type

Environmental / Policy / Systems Change

Who's Responsible

ASAC

Target Date

Jun 30, 2018

<u>Report Date</u> June 18, 2018	<u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress
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Progress notes: ASAC staff have been working with housing properties and providing them with information on policies for smoke free policies. HUD has a tobacco free policy now that takes effect 7/15/18. That policy includes 3 properties. ASAC has not seen a copy of this policy yet, but know that the policy is ready to go; buildings are all set up to begin following their policy on 7/15 (changes may include: outbuilding smoke areas created, leases were changed, tobacco cessation offered).

<u>Report Date</u> 6-3-19	<u>Progress on Strategy</u> <input checked="" type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress
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Progress notes: ASAC staff have worked with 3 housing units to adopt Smoke-free housing: Hawthorne Woods, Roosevelt, and Armstrong building. The landing, Falcon Crest Village, Pheasant Run and West Heights have Qitline aterials available. ASAC staff continue to work with other housing units to become smoke-free

Strategy 1-1.3 By January 1, 2017, a community outreach campaign to increase the referral system for the Freedom From Smoking Classes will be implemented. the county healthcare agencies will be used to develop this referral system. The providers include the ACO, health coaches, health systems, and public health

Strategy Type  
Counseling & Education

Who's Responsible  
ASAC

Target Date  
1-1-17

<u>Report Date</u> June 18, 2018	<u>Progress on Strategy</u> <input checked="" type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress
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Progress notes: ASAC is working with Mercy Medical Center to offer the smoking cessation classes and using the campaign offered by IDPH

Objective 1-2	By December 31,2019, decrease or maintain the percentage of adults over the age of 18 in Clinton County that report no physical activity on the County Health Rankings.	<u>Baseline Year</u>	<u>Baseline Value</u>	<u>Target Year</u>	<u>Target Value</u>
		2015	27	2019	25

<u>Report Date</u> June 18, 2018	<u>Year</u> 2018	<u>Progress on Objective</u> <input type="checkbox"/> Met, trend in right direction <input checked="" type="checkbox"/> Not met, trend in right direction <input type="checkbox"/> Met, no trend <input type="checkbox"/> Not met, no trend <input type="checkbox"/> Met, trend in wrong direction <input type="checkbox"/> Not met, trend in wrong direction
	<u>Value</u> 27%	

Progress notes: The Move More , part of Let's Live Healthy have outlined several action plans that will help raise awareness and educate the community to help make the healthy choice the easy choice. The initiatives in this project include walking school buses at area schools, increased community access and awareness of walking paths, a kids run, Splash Dash, and working with the city of Clinton on the complete streets project. This past fall, we completed a walking audit of the downtown area. We have also sent someone to the Walking College to help bring new ideas into the community.

<u>Report Date</u> 6-3-19	<u>Year</u> 2019	<u>Progress on Objective</u> <input type="checkbox"/> Met, trend in right direction <input checked="" type="checkbox"/> Not met, trend in right direction <input type="checkbox"/> Met, no trend <input type="checkbox"/> Not met, no trend <input type="checkbox"/> Met, trend in wrong direction <input type="checkbox"/> Not met, trend in wrong direction
	<u>Value</u> 27%	

Progress notes: he Move More , part of Let's Live Healthy have coninued to work on several action plans that have been outlined by the group. This year, we received 5-2-1-0 funding and have been able

to move forward several action items due to funding. See notes in strategy 1-2.3

Strategy 1-2.1 By January 2018, implement a program to help promote and manage healthy behaviors. example..Complete Health Improvement Program(CHIP) Strategy Type  
Long-Lasting Protective Intervention

Who's Responsible Target Date  
Mercy Jan 1, 2018

Report Date Progress on Strategy  
June 18, 2018  Complete  On track  Off track  No progress

Progress notes: Mercy Medical Center continues to offer CHIP program. One class was held in the fall of 2017 with 12 participants. Are currently advertising for the next program.

Strategy 1-2.2 By December 1, 2017 a resource tool will be developed to help the community find physical activity opportunities available for all levels, ages, and cost. Strategy Type  
Counseling & Education

Who's Responsible Target Date  
Mercy Medical Center, Public health, and YWCA 012/31/17

Report Date Progress on Strategy  
June 18, 2018  Complete  On track  Off track  No progress

Progress notes: • Clinton Area outdoor walking paths list was created that are no cost, for all levels, and ages. Dissemination of this information is still being worked on. This strategy is being addressed now in 1-2.5.

Report Date Progress on Strategy  
6-3-19  Complete  On track  Off track  No progress

Progress notes: No progress on this strategy

Strategy 1-2.3 By December 31, 2019 increase physical activity, improve fitness, and active transportation for Clinton County residents. Strategy Type  
Counseling & Education

Who's Responsible Target Date  
Mercy Hospital, Clinton, Clinton area schools, YWCA and partners. Dec 31, 2019

Report Date Progress on Strategy  
June 18, 2018  Complete  On track  Off track  No progress

Progress notes: •Collaboration with partners such as Clinton Parks and Rec. to complete a list of current indoor and outdoor walking paths in the Clinton- Area has been done. Dissemination is being worked on. Additional indoor walking locations may be added by the end of this year.  
• Marketing ideas to communicate current indoor and outdoor walking paths/ locations have been developed: Visit Clinton APP, Kiosk on bike path, fitness centers, list placed in visitor folders.  
• Clinton launched a pilot Walking School Bus on April 11, 2018 at Jefferson Elementary School. The Walking School Bus walked once a week for 8 weeks. Participants met at a local park about 1/2 mile from the school. Each week there was a different volunteer group walking with the students. The volunteers were from the Police Dept, Fire Dept, the Optimist Group, School Personnel, ASAC, and parents. The Walking School Bus averaged 25 kids.

Report Date Progress on Strategy  
6-3-19  Complete  On track  Off track  No progress

Progress notes: The City of Clinton started a bike share program. The program kicked off in the summer of 2018, the campaign was a success, this summer plans are to increase

the docking stations from 6 to 11. The goal is also to increase number of bikes available daily from 20 to 35. Funding is being pursued. The city hopes to increase the number of rentals from 9(2018) to 20(2019). Walking School continues to be an initiative, increased participation from 2 schools to 3 schools. Schools had several guest walkers and fun incentives for children that participated. The 5-2-1-0 funding allowed an evidence based CATCH program trainer to come in and train providers in Childcare, after-school programs, and summer camp counselors on how to make physical activity and nutrition the fun and easy choice.

**Goal #2** By 2020, decrease youth risky behaviors of 11th graders in Clinton County

National Alignment: Adolescent Health.

State Alignment: Healthy Iowans 3-3, 3-4,3-5,8-1

Objective 2-1	By December 31, 2021, decrease or maintain teenage pregnancy rate as reported on county health rankings	Baseline Year	Baseline Value	Target Year	Target Value
		2014	44/1000	2021	42/1000

Report Date: June 18, 2018

Year: 2018

Value: 36/1000

**Progress on Objective**

Met, trend in right direction     Not met, trend in right direction

Met, no trend     Not met, no trend

Met, trend in wrong direction     Not met, trend in wrong direction

Progress notes: Measurement from county health rankings indicates Clinton Co is moving in the right direction

Report Date: 6-3-19

Year: 2019

Value: 32/1000

**Progress on Objective**

Met, trend in right direction     Not met, trend in right direction

Met, no trend     Not met, no trend

Met, trend in wrong direction     Not met, trend in wrong direction

Progress notes: measurement from county health rankings indicates Clinton Co is moving in the right direction. Clinton Co has 4 long term family support services that serve over 100 families. These services provide support from prenatal to age 5. Health education is also provided by Women's Health Services at the high schools.

Strategy 2-1.1 By December 31,2018, community partners will look at established programs offered to middle schooler on teen pregnancy and education to prevent pregnancy

Strategy Type: Long-Lasting Protective Intervention

Who's Responsible: Public health and Women's Health services

Target Date: 12-31-18

Report Date: 6-23-17

**Progress on Strategy**

Complete     On track     Off track     No progress

Progress notes: No progress has been made with this strategy, so it will be removed. The county has long term home visitation programs that are offered and Women's Health Services has health education on teen pregnancy in the education they offer. No new plans at this time mainly due to funding.

Objective 2-2	Changing measurement. By 2020, decrease % of 11 graders that report marijuana usage in the past 30 days,	Baseline Year	Baseline Value	Target Year	Target Value
		2014	9.9%	2021	10%

Report Date: June 18, 2018

Year: 2016

Value: 9.9%

**Progress on Objective**

Met, trend in right direction     Not met, trend in right direction

Met, no trend     Not met, no trend

Met, trend in wrong direction     Not met, trend in wrong direction

Progress notes:

Report Date  
Jun 3, 2019

Year  
2018

Value  
13.6%

Progress on Objective	
<input type="checkbox"/> Met, trend in right direction	<input type="checkbox"/> Not met, trend in right direction
<input type="checkbox"/> Met, no trend	<input type="checkbox"/> Not met, no trend
<input type="checkbox"/> Met, trend in wrong direction	<input checked="" type="checkbox"/> Not met, trend in wrong direction

Progress notes: Changing measurement. By 2020, decrease % of 11 graders that report marijuana usage in the past 30 days, 2014- 11%, 2016 10.2%, 2018 10.5%. Decrease % to 10%. The project coordinator for the Camanche/DeWitt coalition (CDC) conducted focus groups to ask specific questions regarding marijuana usage in the community. All answers were confidential and were reviewed for patterns and trends. Trends noted included student use marijuana before, after, and during school. Some parents allow usage on their premises. The group is working a social marketing campaign "Life Can Take You Higher than Drugs". The objective to increase youth's perception of risk/harm related to marijuana use. The results billboards were up around prom and graduation time creating 130,000 impressions. Over 500 promotional items were given out. Survey showed 39% of youth surveyed were aware of campaign.

Strategy 2-2.1

By 2020, Clinton County Community partners will explore access trends and ways to decrease use of Marijuana by teenagers in Clinton County

Strategy Type  
Counseling & Education

Who's Responsible

Clinton Area Substance Abuse

Target Date

Sep 1, 2020

Report Date

June 18, 2018

Progress on Strategy			
<input type="checkbox"/> Complete	<input checked="" type="checkbox"/> On track	<input type="checkbox"/> Off track	<input type="checkbox"/> No progress

Progress notes: Clinton Co has 2 coalitions: Gateway Impact Coalition and Camanche- DeWitt Coalition(CDC) that have goals to reduce substance abuse among youth and increase community collaboration. CDC and Gateway Impact use the Strategic Prevention Framework to develop the individual strategies. CDC had a marijuana townhall meeting to raise awareness in the community how easy accessibility is and to education the effects of marijuana on the developing brain. Outreach was key last year in getting the coalitions name out there. Members attended 4 community events, had a dodge ball tournament, and sent several youth to CADCA training. The GIC has provided training to parents and community members on the facts about marijuana and how to talk to your kids about marijuana, and set clear boundaries. The GIC has also expanded it's focus on opiates with Clinton Co having an alarming Opioid Epidemic. The coalitions have worked on a trailer called "Hidden in Plain Site." The trailer mimics a child's bedroom and how they can hide drugs. The trailer is used as an awareness tool and is being taken to community events as well as school conferences. The parents take a pre and post test, while in the trailer a police officer talks to them about the hiding places and the dangers.

Report Date

Jun 3, 2019

Progress on Strategy			
<input type="checkbox"/> Complete	<input checked="" type="checkbox"/> On track	<input type="checkbox"/> Off track	<input type="checkbox"/> No progress

Progress notes: The project coordinator for the Camanche/DeWitt coalition (CDC) conducted focus groups to ask specific questions regarding marijuana usage in the community. All answers were confidential and were reviewed for patterns and trends. Trends noted student use marijuana before, after, and during school. Some parents allow usage on their premises. The group is working a social marketing campaign "Life Can Take You Higher than Drugs". The objective to increase youth's perception of risk/harm related to marijuana use. The results :billboards were up around prom and graduation time creating 130,000 impressions. Over 500 promotional items were given out. Survey showed 39% of youth surveyed were aware of campaign. The Hidden in Plain Sight Trailer continues to be used in Clinton County. The problem: parents do not think marijuana use is harmful, they do not understand

the risks and do not talk to their kids about marijuana. The Hidden in Plain Sight program offers adults an insight into what youth may be hiding in their rooms. The experimental learning opportunity focuses on alcohol and tobacco use and current trends in the abuse of other drugs such as cannabis, synthetic and "designer" drugs, opiates, cocaine, amphetamine-type stimulants, hallucinogens and prescription drugs. The program is geared for parents, guardians, and other concerned adults. The participants are given a pre-determined amount of time to inspect a mock-up bedroom. Then education is given on the dangers in the room and the harm of drug use.

Objective 2-3	By December 31, 2020, decrease the number of 11th graders who have had suicidal plans in the last 12 months (changed from 30 days to reflect Iowa Youth Survey question).	Baseline Year	Baseline Value	Target Year	Target Value
		2014	9.6%	2021	9%

Report Date  
June 18, 2018

Year  
2016

Value  
11.9%

Progress on Objective

Met, trend in right direction     Not met, trend in right direction

Met, no trend     Not met, no trend

Met, trend in wrong direction     Not met, trend in wrong direction

Progress notes: Clinton County schools continue to have education on suicide, support groups for those affected from suicide, and public awareness on suicide with a large community walk that had over 500 people this year. Clinton county also has a mental health screening program in the high schools that is voluntary but is offered to every student.

Report Date  
Jun 3, 2019

Year  
2018

Value  
12.1%

Progress on Objective

Met, trend in right direction     Not met, trend in right direction

Met, no trend     Not met, no trend

Met, trend in wrong direction     Not met, trend in wrong direction

Progress notes: Clinton County schools continue to have education on suicide, support groups for those affected from suicide, and public awareness on suicide with a large community walk that had over 500 people this year. Clinton county also has a mental health screening program in the high schools that is voluntary but is offered to every student.

Strategy 2-3.1 By 2020, increase awareness through the dissemination of suicide prevention materials and information at community events. Strategy Type  
Counseling & Education

Who's Responsible  
ASAC, Bridgeview

Target Date  
Dec 31, 2020

Report Date  
6-23-17

Progress on Strategy

Complete     On track     Off track     No progress

Progress notes: Community Partners have been active in trying to disseminate suicide prevention materials in community events such as the Glo Walk which raises money for suicide awareness. Education and screenings are done in the area HS and then referral as needed. Best practices are shared from the <http://suicidepreventionmessaging.org/>

Report Date  
Jun 3, 2019

Progress on Strategy

Complete     On track     Off track     No progress

Progress notes: unchanged from above

Strategy 2-3.2 By December 31, 2020, increase knowledge of the warning signs for suicide and how to connect individuals in crisis with assistance and care. Strategy Type  
Clinical Intervention

Who's Responsible  
ASAC, Bridgeview

Target Date  
12-20

Report Date  
June 18, 2018

Progress on Strategy			
<input type="checkbox"/> Complete	<input checked="" type="checkbox"/> On track	<input type="checkbox"/> Off track	<input type="checkbox"/> No progress

Progress notes: Community Partners have been active in trying to disseminate suicide prevention materials in community events such as the Glo Walk which raises money for suicide awareness. Education and screenings are done in the area HS and then referral as needed. Best practices are shared from the <http://suicidepreventionmessaging.org/>

Objective 2-4 By 12-31-2021, decrease or maintain the # of Clinton Co 11th graders who abuse prescription medication. The question used on the Iowa youth survey is:Used prescription medications that were not prescribed for you by your doctor?

Baseline Year	Baseline Value	Target Year	Target Value
2014	5%	2021	5%

Report Date  
June 18, 2018

Year	2016
Value	8%

Progress on Objective	
<input type="checkbox"/> Met, trend in right direction	<input type="checkbox"/> Not met, trend in right direction
<input type="checkbox"/> Met, no trend	<input type="checkbox"/> Not met, no trend
<input type="checkbox"/> Met, trend in wrong direction	<input checked="" type="checkbox"/> Not met, trend in wrong direction

Progress notes: Clinton county has 2 very active coalitions that are working on action plans to impact the abuse of prescription medication, opioids, and other substances: Gateway Impact Coalition and Camanche- DeWitt Coalition(CDC) have goals to reduce substance abuse among youth and increase community collaboration. CDC and Gateway Impact use the Strategic Prevention Framework to develop the individual strategies. CDC had a marijuana townhall meeting to raise awareness in the community how easy accessibility is and to education the effects of marijuana on the developing brain. Outreach was key last year in getting the coalitions name out there. Members attended 4 community events, had a dodge ball tournament, and sent several youth to CADCA training. The GIC has provided training to parents and community members on the facts about marijuana and how to talk to your kids about marijuana, and set clear boundaries. The GIC has also expanded it's focus on opiates with Clinton Co having an alarming Opioid Epidemic. The coalitions have worked on a trailer called "Hidden in Plain Site." The trailer mimics a child's bedroom and how they can hide drugs. The trailer is used as an awareness tool and is being taken to community events as well as school conferences. The parents take a pre and post test, while in the trailer a police officer talks to them about the hiding places and the dangers.

Strategy 2-4.1 By December 31,2018, community partners will collaborate in offering programs to middle schoolers that deal with risky behaviors.

Strategy Type  
Long-Lasting Protective Intervention

Who's Responsible  
ASAC, Women's Health Service

Target Date  
12-31-18

Report Date  
June 18, 2018

Progress on Strategy			
<input type="checkbox"/> Complete	<input checked="" type="checkbox"/> On track	<input type="checkbox"/> Off track	<input type="checkbox"/> No progress

Progress notes: Clinton County partners have had a couple meetings to talk about services offered in the MS and how we can coordinate these services to help the school and the students and not be overwhelming to the school. 6-18 We have been meeting with Clinton middle school this year and were able to offered ACES training to 70 staff members and recently have been awarded a Child Abuse Prevention Grant to help with our ACES goals. The group has decided to rename itself the CC Trauma Informed Alliance. Mission: Align, engage and mobilize the community to identify and prevent the causes and impacts of trauma. Vision: Sectors within Clinton County have established Trauma Informed Care Best Practices to create a resilient and nurturing community.

<u>Report Date</u> 6-3-19	<u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress
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Progress notes: A group of service providers meet this last year to organize services that are available to the MS.

Strategy 2-4.2 By 6-30-18, there will be a 10% increase in the use of medication disposal boxes. Strategy Type  
Environmental / Policy / Systems Change

<u>Who's Responsible</u> Gateway Impact Coalition	<u>Target Date</u> Dec 31, 2020
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<u>Report Date</u> June 18, 2018	<u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress
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Progress notes: a partnership between Gateway ImpACT Coalition, several Clinton County law enforcement agencies, and Iowa American Water bought convenient medication disposal boxes to 4 law enforcement locations in CC. Medications can be dropped off during business hours in the lobbies. Clinton County also still participates in the annual national drop off your medication day. This is a 2 day event. One part a law enforcement officer and a nurse visit the senior living facilities to collect expired and unused medications. Then the Gateway ImpACT Coalition does a community drop off site. We have seen an increase in collection/disposal of meds. 2014-939.5 lbs, 2015-899 lbs, 2016-1156 lbs. 2017-1195. We have currently added a drop box in one of the local pharmacy.

<u>Report Date</u> Jun 3, 2019	<u>Progress on Strategy</u> <input checked="" type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress
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Progress notes: Clinton County continues to have drop boxes for unused medication in 4 sites through out the county. 3 law enforcement agencies and 1 pharmacy. These agencies are sustaining the projects themselves. Clinton County decided this year not to participate in the National Take Meds Day and continue to support the agencies with the drop boxes.

<b>Goal #3</b> By 2020, Improve the understanding of mental health and mental illness in Clinton County	<u>National Alignment</u> mental health	<u>State Alignment</u> Healthy Iowas 8-1
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<b>Objective 3-1</b> By December 31, 2020, decrease the number of poor mental health days as reported on the county health rankings quality of life.	<u>Baseline Year</u> 2015	<u>Baseline Value</u> 2.7/30	<u>Target Year</u> 2021	<u>Target Value</u> 1.7/30
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<u>Report Date</u> June 18, 2018	<u>Year</u> 2016	<u>Progress on Objective</u> <input type="checkbox"/> Met, trend in right direction <input type="checkbox"/> Not met, trend in right direction <input type="checkbox"/> Met, no trend <input type="checkbox"/> Not met, no trend <input type="checkbox"/> Met, trend in wrong direction <input checked="" type="checkbox"/> Not met, trend in wrong direction
	<u>Value</u> 3.4/ 30 days	

Progress notes: See progress note in 3-1.2

<u>Report Date</u> Jun 3, 2019	<u>Year</u> 2018	<u>Progress on Objective</u> <input type="checkbox"/> Met, trend in right direction <input checked="" type="checkbox"/> Not met, trend in right direction <input type="checkbox"/> Met, no trend <input type="checkbox"/> Not met, no trend <input type="checkbox"/> Met, trend in wrong direction <input type="checkbox"/> Not met, trend in wrong direction
	<u>Value</u> 3.4	

Progress notes: See progress report below

Strategy 3-1.1 : Align, engage and mobilize the community to identify and prevent the causes and impacts of trauma.

Strategy Type  
Counseling & Education

Who's Responsible  
ASAC and CC Trauma Informed Alliance

Target Date  
April 1, 2020

Report Date  
June 18, 2018

Progress on Strategy  
 Complete  On track  Off track  No progress

Progress notes: The Alliance was started 2 years ago after CC had a World Cafe and mental health was one of the small groups. The group decided it's focus would be awareness and education on ACEs. In last year, the group has decided to broaden its focus to include other causes and impacts of trauma. A Child Abuse Prevention has been awarded to Clinton County for impacting and prevention of trauma in children. Action plans will be developed which reflect the RFP and the needs of the community.

Report Date  
6-3-19

Progress on Strategy  
 Complete  On track  Off track  No progress

Progress notes: The Clinton County Trauma Informed Alliance continues to work on awareness for creating a resilient and nurturing community. The Alliance received a Prevent Child Abuse grant and used it to train 32 Connections Matter trainers. Connections Matters is a training to educate that the caring relationships we build with the children, families, and adults in our lives matters to developing healthy brains and thriving communities. The trainers have been out in the community doing those presentations