

Bremer County, IA Health Improvement Plan

Date Updated: 05/31/2019



For additional information, CONTACT:

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Community Priority

Preparedness

Goal #1 By 2021, increase Bremer County residents preparedness for natural and man-made disasters	National Alignment	State Alignment
	None Applicable	None Applicable

Objective 1-1 By 2021, 65% of the Bremer County population will indicate they/ their family are prepared for a natural or man-made disaster.	Baseline Year	Baseline Value	Target Year	Target Value
	2015	55%	2021	65%

Report Date
04/28/2017

Year
2017

Value
55%

Progress on Objective

<input type="checkbox"/> Met, trend in right direction	<input type="checkbox"/> Not met, trend in right direction
<input checked="" type="checkbox"/> Met, no trend	<input type="checkbox"/> Not met, no trend
<input type="checkbox"/> Met, trend in wrong direction	<input type="checkbox"/> Not met, trend in wrong direction

Progress notes: Target Value will be measured in 2020 with the next Bremer County Health Department (BCHD) Community Needs Assessment.

Report Date
6/01/2018

Year
2018

Value
55%

Progress on Objective

<input type="checkbox"/> Met, trend in right direction	<input type="checkbox"/> Not met, trend in right direction
<input checked="" type="checkbox"/> Met, no trend	<input type="checkbox"/> Not met, no trend
<input type="checkbox"/> Met, trend in wrong direction	<input type="checkbox"/> Not met, trend in wrong direction

Progress notes: Target Value will be measured in 2020 with the next Bremer County Health Department (BCHD) Community Needs Assessment.

Strategy 1-1.1 Through 2020, increase public knowledge of hazards, and protective measures so individuals appropriately respond during disasters

Strategy Type
Counseling & Education

Who's Responsible
Bremer County Health Department and Cedar Valley Healthcare Coalition

Target Date
12/31/2020

Report Date
04/28/2017

Progress on Strategy

<input type="checkbox"/> Complete	<input checked="" type="checkbox"/> On track	<input type="checkbox"/> Off track	<input type="checkbox"/> No progress
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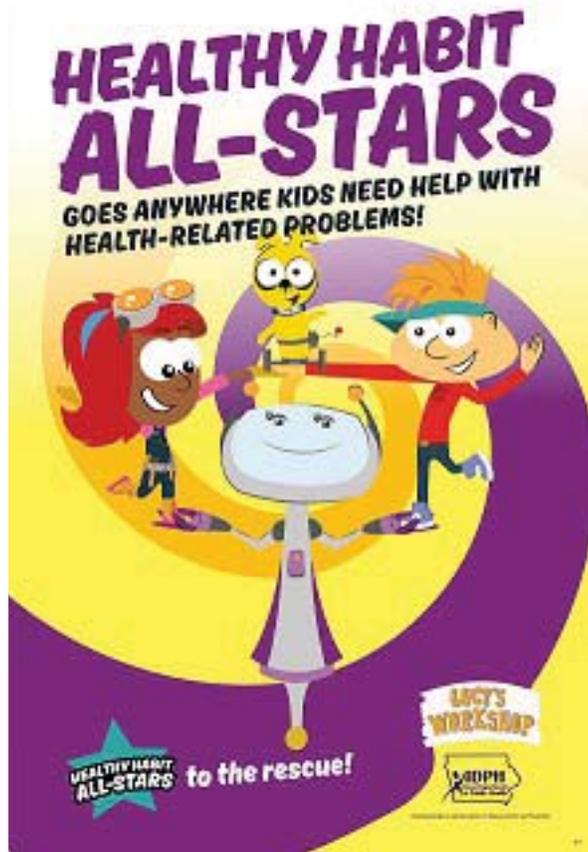
Progress notes: On April 8, 2017, the BCHD had a booth at the Bremer County Community Partners Family Fun Fair. The BCHD booth had several handouts for fun fair attendees on protective measures they and their families should take to make sure they are prepared for man-made, natural, and public health disasters. Hand-outs included a list of items basic items that should go into an emergency kit and family emergency plans. The BCHD also had a drawing for four families to receive weather radios, which were all distributed to the winners a week later. The fun fair was attended by 161 families (260 adults and 378 children). 46% of the family fun fair attendees took the handouts provided by the BCHD.

Report Date
09/21/2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: On 9/21/2017, the BCHD presented the "Healthy Habit All-Stars Program" to PreK-4th graders at Wapsie Valley Elementary. The goal of this program was to teach children about a public health hazard and increase their knowledge on the importance of immunizations and hand washing by 5%. Results from the Wapsie Valley children showed they increased their knowledge by 12%. The "Healthy Habit All-Star Program" was a curriculum developed by the Iowa Department of Public Health. Children were given a pre-test, the material was taught to them and then they were given a post-test. Children demonstrated their knowledge on what vaccinations are, if they thought vaccinations were important, herd immunity, if they should go to school when sick, how to properly cover a cough/sneeze, and how to properly wash their hands.



Progress Image

Report Date
5/31/2019

Progress on Strategy

Complete On track Off track No progress

Progress notes: On July 12, 2018, the BCHD presented the "Healthy Habit All-Stars Program" to over 20 children at Waverly Childcare and Preschool and to over 10 children on July 30, 2018 at the Summer Food & Explorer's Club Program at SE Elementary in Waverly. The goal of this program was to teach children about a public health emergencies such as an influenza outbreak and increase their knowledge on the importance of immunizations and hand washing. The "Healthy Habit All-Star Program" was a curriculum developed by the Iowa Department of Public Health. Children were given a pre-test, the material was taught to them and then they were given a post-test. Children demonstrated their knowledge on what vaccinations are, if they thought vaccinations were important, herd immunity, if they should go to childcare and preschool when they feel sick, how to properly cover a cough/sneeze, and how to properly wash their hands. Children had to give examples illnesses that would require them to stay home from daycare and preschool: responses ranged from stomach aches, having a fever, coughing.

Report Date

5/31/2019

Year

2019

Value

55%

Progress on Objective

- Met, trend in right direction
- Met, no trend
- Met, trend in wrong direction
- Not met, trend in right direction
- Not met, no trend
- Not met, trend in wrong direction

Progress notes: Target Value will be measured in 2020 with the next Bremer County Health Department (BCHD) Community Needs Assessment.

Children also had to demonstrate skills of how they should cover their mouth when coughing and sneezing and then each student had to wash their hands properly.

Strategy 1-1.2 Through 2020, increase the number of families that have the necessary supplies to act during an emergency by promotion of preparedness supply lists and through education.

Strategy Type

Counseling & Education

Who's Responsible

Bremer County Health Department

Target Date

12/31/2020

Report Date

04/28/2017

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: On June 30, 2016 the BCHD staff attended the Summer Food & Explorer's Club Program at SE Elementary in Waverly. BCHD staff educated fourteen children and two parents on the necessary supplies that they should have in an emergency kit. The BCHD provided small pictures of items that need to go into an emergency kit and then had the children put them into a zip-lock bag. As the children put the items (pictures) into their emergency bag (zip-lock bag), BCHD staff explained why they would need each item in their emergency kit. No participants of the program currently had an emergency bag, but did have items at home that could easily be put into an emergency bag. The children then took their zip-lock bags home to their families to show them what they all needed in their emergency bags. On July 8, 2016, two of the children who had attended the June 30th Explorers Club told BCHD staff that they had started to make an emergency kit.

The BCHD repeated this activity on August 9, 2016 at Waverly Child Care for over twenty children and and four staff.

Report Date

06/01/2018

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: On April 7, 2018 BCHD staff had a booth at the Bremer County Community Partners Family Fun Fair. The BCHD's goal was to make sure families are supplies ready for emergencies. To accomplish this, the BCHD had a "Spin the Wheel" game in which the participants and their families would have to spin the wheel and then answer what they and their family would do in specific emergency situations, if they had emergency kits, emergency plans, etc., when the wheel stopped. Participants also won prizes for answering the questions which included Safety Tubes from the American Red Cross, Weather Radios, First Aid Kits, and other prizes. The Fun Fair was attended by over 700 individuals from Bremer and Butler counties.



Progress Image



Progress Image

Report Date
5/31/2019

Progress on Strategy

Complete On track Off track No progress

Progress notes: On July 17, 2018 the BCHD presented at Pathway's Empowerment Day in Waverly at Redeemer Lutheran Church. Participants who attended this Empowerment Day ranged from elderly individuals to persons with intellectual and mental illnesses. At the beginning of the presentation, individuals had to go around and tell the BCHD presenter what they each had at home that they considered to be an "emergency kit." Each individual identified that their cell phone was the main emergency supply. A few others described items they had in their First Aid kits that they would use in events such as natural disasters. BCHD then presented on different natural and public health hazards and the importance of having an

emergency kit for these hazards. At the end of the presentation, individuals broke into groups and together thought of supplies they had in their homes that they should put into an emergency kit. At the end of the presentation each individual was given emergency supply checklists for both their home and vehicles.

Strategy 1-1.3 Through 2020, increase the number of families that have practiced drills and activities that would take place during an emergency.

Strategy Type
Counseling & Education

Who's Responsible
Bremer County Health Department

Target Date
12/31/2020

Report Date
04/28/2017

<u>Progress on Strategy</u>			
<input type="checkbox"/> Complete	<input checked="" type="checkbox"/> On track	<input type="checkbox"/> Off track	<input type="checkbox"/> No progress

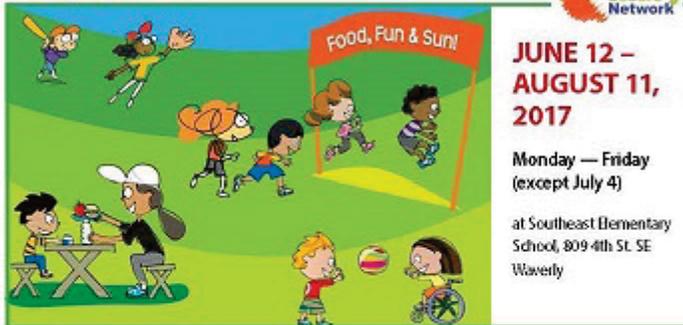
Progress notes: On July 8, 2016, BCHD staff attended the Summer Food & Explorer's Club Program at SE Elementary in Waverly. BCHD staff educated eight children on the importance of practicing drills at home for natural disasters and also educated the children on several different emergency scenarios and what the children would do in each scenario (who they would call, where they would do, etc.). Each child took Family Emergency Plans home with them to fill out with their families. The plans included cut-out cards that they could put in a wallet or backpack for each family member with important phone numbers and where they should meet in an emergency.

Report Date
06/01/2018

<u>Progress on Strategy</u>			
<input type="checkbox"/> Complete	<input checked="" type="checkbox"/> On track	<input type="checkbox"/> Off track	<input type="checkbox"/> No progress

Progress notes: On June 19, 2017 the BCHD staff attended the Summer Food & Explorer's Club Program at SE Elementary in Waverly. BCHD educated children from Waverly, Janesville and Plainfield on practicing drills for specific emergencies. The BCHD staff used children videos from www.ready.gov regarding specific emergencies (fires, tornadoes, winter storms, flooding, etc.) after each video, children had to sit in small groups and discuss with their partners what they and their families plans were for each scenario. If a child/family didn't have a plan in place, they would fill out a sheet to take home to their parents on what they needed to work on. The BCHD repeated this activity again on June 29, 2017 at Waverly Child Care.

FREE Summer Lunch & Activities for Kids!



Lunch 11:30 a.m. - 12 noon • Activities 12:15 - 1:30 p.m.
Adult supervision provided - No pre-registration necessary

FREE TRANSPORTATION
provided by Open Bible Church
 Open Bible Church — 11 a.m. pick up; 2:30 p.m. return
 Waverly-Shell Rock Middle School — 11:15 a.m. pick up; 2:15 p.m. return
 Shell Rock Library — 11:45 a.m. pick up; 1:45 p.m. return
 *Times are approximate and may vary based on number of youth.

To learn more,
 contact United Way:
 Jill Krall, 352-2582
 director@wesuunitedway.org



Waverly-Shell Rock
 Area United Way

*This institution is an equal
 opportunity provider.*

FUNDING & SUPPORT PROVIDED BY:



Progress Image

Report Date

5/31/2019

Progress on Strategy

Complete On track Off track No progress

Progress notes: On July 24, 2018, BCHD returned to Waverly Childcare and Preschool to practice drills and emergency activities with staff and children using videos and games from www.ready.gov regarding specific emergencies (fires, tornadoes, winter storms, flooding, etc.) After each video regarding a specific type of disaster, children and staff played the a game called "Disaster Master" in which they had to come up with the correct and safest answer of what they should do in each hazard. Children and staff then moved onto "Build a Kit" game in which they had to go through a simulation of looking at different rooms in a house and picking items from each room that they could gather to build an emergency kit.