

# Benton County Health Improvement Plan

Date Updated: June 1, 2019



For additional information, CONTACT:

Name	Organization	Phone	Email
Melissa Smith	Benton County Public Health	319-472-6360	msmith@vghinc.com

# Community Priority

## Promote Healthy Living

**Goal #1** By 2021, decrease substance abuse among Benton County Youth.

National Alignment

Substance Abuse

State Alignment

Addictive Behaviors

**Objective 1-1** By 2021, decrease the percentage of 11th graders who reported it was "Easy/Very Easy" to have access to Alcohol by 3%.

Baseline Year	Baseline Value	Target Year	Target Value
2014	65%	2021	62%

Report Date  
6/1/2018

Year  
2016

Value  
68%

Progress on Objective

Met, trend in right direction     Not met, trend in right direction  
 Met, no trend     Not met, no trend  
 Met, trend in wrong direction     Not met, trend in wrong direction

Progress notes:

Report Date  
6/1/2019

Year  
2019

Value  
50%

Progress on Objective

Met, trend in right direction     Not met, trend in right direction  
 Met, no trend     Not met, no trend  
 Met, trend in wrong direction     Not met, trend in wrong direction

Progress notes:

**Strategy 1-1.1** Increase retailer alcohol sales compliance checks through partnerships with Law Enforcement.

Strategy Type

Environmental / Policy / Systems Change

Who's Responsible

Above the Influence Coalition, Community Partners

Target Date

1/1/2021

Report Date  
Jun 1, 2017

Progress on Strategy

Complete     On track     Off track     No progress

Progress notes: Staff person is scheduling dates and times for compliance checks with local businesses.

Report Date  
Jun 1, 2018

Progress on Strategy

Complete     On track     Off track     No progress

Progress notes: No compliance checks were done in 2017. The last compliance check completed was done a couple of years ago and results were 94% compliance. there are plans to do compliance checks Fall 2018.

**Strategy 1-1.2** Provide education and training to Benton County businesses who have liquor licenses.

Strategy Type

Counseling & Education

Who's Responsible

Above the Influence Coalition, Community Partners

Target Date

1/1/2021

Report Date  
Jun 1, 2017

Progress on Strategy

Complete     On track     Off track     No progress

Progress notes: Trainings are being scheduled with local businesses.

Report Date  
Jun 1, 2018

Progress on Strategy

Complete     On track     Off track     No progress

Progress notes: TIPS trainings completed by ASAC was completed on 11/15/17 with 3 Benton County businesses who have a liquor license. There were approximately 10 employees trained. Partners continue to actively pursue businesses to hold TIPS trainings.

Eight Benton County business with alcohol licenses were educated by ASAC on best practices and policy changes related to alcohol in 2017. Four of these businesses made an alcohol related policy change.

# Community Priority

## Promote Healthy Living

**Goal #1** By 2021, decrease prescription drug abuse among Benton County residents.

National Alignment  
Substance Abuse, Addictive Behaviors

State Alignment  
Addictive Behaviors

**Objective 1-1** By 2018, Benton County will increase the number of pounds of prescription medications collected through drop boxes from 350 pounds to 400 pounds.

Baseline Year	Baseline Value	Target Year	Target Value
2015	350 pounds	2018	400 pounds

Report Date  
Jun 1, 2017

Year  
Sept. 2016-  
April 2017

Value  
99

Progress notes:

Progress on Objective

<input type="checkbox"/> Met, trend in right direction	<input checked="" type="checkbox"/> Not met, trend in right direction
<input type="checkbox"/> Met, no trend	<input type="checkbox"/> Not met, no trend
<input type="checkbox"/> Met, trend in wrong direction	<input type="checkbox"/> Not met, trend in wrong direction

Report Date  
Jun 1, 2018

Year  
2017

Value  
250

Progress notes:

Progress on Objective

<input type="checkbox"/> Met, trend in right direction	<input checked="" type="checkbox"/> Not met, trend in right direction
<input type="checkbox"/> Met, no trend	<input type="checkbox"/> Not met, no trend
<input type="checkbox"/> Met, trend in wrong direction	<input type="checkbox"/> Not met, trend in wrong direction

**Strategy 1-1.1** Provide information to community on Count, Lock-up, Dispose campaign through various forms of media and sustainable locations.

Strategy Type  
Counseling & Education

Who's Responsible  
Above the Influence, Community Partners

Target Date  
1/1/2018

Report Date  
Jun 1, 2017

Progress on Strategy

<input type="checkbox"/> Complete	<input checked="" type="checkbox"/> On track	<input type="checkbox"/> Off track	<input type="checkbox"/> No progress
-----------------------------------	--	------------------------------------	--------------------------------------

Progress notes: Tool-kits were handed out at Benton Co Health Fair on April 1, 2017 to approximately 100 people.

Report Date  
Jun 1, 2018

Progress on Strategy

<input type="checkbox"/> Complete	<input checked="" type="checkbox"/> On track	<input type="checkbox"/> Off track	<input type="checkbox"/> No progress
-----------------------------------	--	------------------------------------	--------------------------------------

Progress notes: Materials on the Count, Lock-up, Dispose Campaign are provided to residents through the Benton County medical clinics and pharmacies. Posters and fliers are located at the majority of health care locations throughout the county. Information has also been given out at the annual VGH County Health Fair, approximately 200 fliers were handed out.

**Strategy 1-1.2** Promote 2 scheduled Take Back Days for prescription medication.

Strategy Type  
Counseling & Education

Who's Responsible  
Above the Influence Coalition, Community Partners

Target Date  
1/1/2018

Report Date

Jun 1, 2017

Progress on Strategy

Complete  On track  Off track  No progress

Progress notes: Between 9-2016 to 4-2017, 99 pounds of medications were collected.

Report Date

Jun 1, 2018

Progress on Strategy

Complete  On track  Off track  No progress

Progress notes: A billboard was placed in Vinton and Belle Plaine from Oct-Nov 2017 promoting the October Take-Back Month event the Above the Influence Coalition hosted. For the month of October 2017, a total of 100 pounds of medication was collected.

# Community Priority

## Promote Healthy Living

**Goal #1** By 2021, increase healthy behaviors among residents of Benton County.

National Alignment

Nutrition and Weight Status, Physical Activity, Health Related Quality of Life and Well Being, Healthy Eating, Active Living

State Alignment

Healthy Living

**Objective 1-1** By 2021, decrease Benton County adult obesity rate by 1%.

Baseline Year	Baseline Value	Target Year	Target Value
2012	32.8%	2021	31.8%

Report Date  
Jun 1, 2018

Year  
2013

Value  
34.2

Progress on Objective

- |  |   |
|--|---|
| <input type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction            |
| <input type="checkbox"/> Met, no trend                 | <input type="checkbox"/> Not met, no trend                            |
| <input type="checkbox"/> Met, trend in wrong direction | <input checked="" type="checkbox"/> Not met, trend in wrong direction |

Progress notes:

**Strategy 1-1.1** By 2021, increase awareness of health related concerns due to obesity among Benton County Residents through health promotion campaigns.

Strategy Type

Counseling & Education

Who's Responsible

Benton County Public Health, Virginia Gay Hospital, Community Partners

Target Date

1/1/2021

Report Date  
Jun 1, 2017

Progress on Strategy

- Complete  On track  Off track  No progress

Progress notes: ISU Extension presented health-related information at Benton Co Coalition meeting on 5-22-17. Healthy eating brochures to be handed out at July 8th health fair.

Report Date  
June 1, 2018

Progress on Strategy

- Complete  On track  Off track  No progress

Progress notes: Vinton has a Community Youth Garden that has been in use since 2010 with approximately 15-30 kids involved. This is a year-round program that involves selection of seeds, garden bed preparation, planting, weeding, and harvesting. This is a volunteer led program who meet with the youth monthly November-March and then one to 2 times per week in April through the summer months. The adults work with the youth on trying new foods and encouraging healthy eating in their homes. They get to take the produce home to share with their families. The town of Atkins also has a Youth Garden that partners with the school there.

A community garden was started in 2016-2017, in Vinton, near a low-income housing area in the town of Vinton, also noted as a food desert. It did not have much attendance therefore a new location was decided in Vinton for the Summer of 2018. This is a community garden, open to the public (for a small fee), through the City of Vinton to grow produce privately. There are 39 (raised bed) plots available and most of them are being used this summer!

Iowa State Extension, through Horizons, assist low-income families with promotion of fresh vegetable consumption.

Iowa State Extension has been working on the "Farm to School" program to be implemented in the school districts within the county. This would include partnering with local farms and incorporating fresh produce in the school menus.

Vinton-Shellsburg school district is being looked at currently, with intentions to work with the other two districts as well. Benton Community and Belle Plain School Districts both have a school garden and/or wellness program in their schools that promote healthy eating and consumption of fresh produce.

Healthy eating and nutrition information was handed out at both the 2017 and 2018 VGH County Health Fair using ChooseMyPlate literature. In 2017 there were over 500 in attendance with 50 exhibitors and in 2018 over 400 in attendance with 57 exhibitors.

The HACAP Mobile Food Pantry is made available to residents both in the northern and southern parts of Benton County at least monthly. Food is purchased from HACAP Food Reservoir and Fareway. Volunteers purchase fresh produce, fresh eggs from local farmers, and they have at least 3 proteins each month. They also provide cereal, bread, canned fruit/vegetables, in addition to the fresh items. Volunteers also provide education on how to combine foods to be used for meals/recipes. The Vinton location usually serves 55-60 families (110-125 people) of all ages, per month.

For patients seeing a prescribing physician at the Abbe Center for Mental Health, providers are checking the patient's BMI. If their BMI is above normal they are given nutritional information at their appointment.

Employees of Benton County are offered a Wellness Program through ISAC, which is designed to enhance the health and well-being of the employees. This does include programs such as the "Naturally Slim" weight loss program. There are incentives for participating in the program.

Virginia Gay Hospital has implemented a program where patients can make a self-referral to the dietitian for weight loss or weight management goals. This is offered at a reduced price to the patient. The VGH Dietitian also monitors BMI for patient who are in the hospital, long-term care facility, or in an outpatient setting.

VGH and Clinics are tracking patient's BMI in the electronic health record. Screening and follow-up plans are being tracked as a QI measure through the VGH quality department. Staff have been informed of this process, proper documentation, and education to provide patients.

The Benton County WIC Program has a staff of dietitians who provide individual education on the importance of eating a well-balanced meal, that include the MyPlate guidelines. They can also provide further education on Enhanced Nutrition and Counseling for Obesity if needed.

Strategy 1-1.2 By 2021, Benton County will add infrastructure/facilities to promote healthy living and access to recreation and exercise facilities. Strategy Type  
Environmental / Policy / Systems Change

Who's Responsible Target Date  
Community Partners 1/1/2021

<u>Report Date</u>	<u>Progress on Strategy</u>
Jun 1, 2017	<input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress

Progress notes: Per Parks and Recreation: Are expanding the fitness center exercise area into one of the racket-ball courts that is not used. New equipment was purchased and plans include virtual fitness, fitness bands, and yoga at no cost. In the Fall, the Vinton Play Project is being planned to raise money for a splash-pad at the Kiwanis, to replace 30 year old wooden playground equipment at Riverside Park, addition of a nature & imagination natural play-scape at Riverside Park (unique to the area), Vinton Activity Center to be updated (used on Friday & Saturday nights for activities). The swimming pool was opened; baseball and softball sessions will start next week. Golf mini-league/youth festival for children will start in July. Party-In-

The-Park is a 3 day music event with activities. Trail system has been expanded in Vinton for walking and bikes.

Report Date

Jun 1, 2018

Progress on Strategy

Complete

On track

Off track

No progress

Progress notes: The Parks and Recreation Department in Vinton has completed their expansion project of their new fitness room. The hours have been expanded to meet the public's need and it continues to be a free service available to all. The Vinton Play Project remains underway, fundraising continues for the splash pad and new playground equipment. The playground equipment is expected to be installed Summer 2018. Continued adult and youth programming is made available through the department such as but not limited to: baseball/softball, golf, swimming, and roller skating.

Benton County Public Health, Schools, Parks and Rec, Chamber of Commerce, Iowa State Extension office and other community partners are in the beginning stages of working with Wellmark's Healthy Hometown program to identify ways that will help create positive and lasting changes in our community. Two meetings have been held so far to discuss current programs going on in the community, ideas and future ideas to help promote eating well, moving more, and feeling better. Ideas discussed thus far include improving walk-ability routes, expanded/connected trails systems, bike routes/safety through town, parkettes downtown, and others.

# Community Priority

## Prevent Injuries & Violence

**Goal #1** By 2021, reduce intentional injuries among Benton County Residents.

National Alignment

Injury and Violence Prevention, Mental Health/Mental Disorders

State Alignment

Injury and Violence, Mental Health/Mental Disorders

**Objective 1-1** By 2021, reduce percent of Benton County students who have in the past 12 months seriously considered suicide by 1%.

Baseline Year	Baseline Value	Target Year	Target Value
2014	13%	2021	12%

Report Date  
Jun 1, 2018

Year

Value

Progress on Objective

Met, trend in right direction     Not met, trend in right direction

Met, no trend     Not met, no trend

Met, trend in wrong direction     Not met, trend in wrong direction

Progress notes:

Report Date  
June 1, 2019

Year

Value

Progress on Objective

Met, trend in right direction     Not met, trend in right direction

Met, no trend     Not met, no trend

Met, trend in wrong direction     Not met, trend in wrong direction

Progress notes:

**Strategy 1-1.1** By 2021, increase awareness of signs and symptoms of youth depression through health promotion campaigns.

Strategy Type  
Counseling & Education

Who's Responsible

Benton County Public Health, Schools, Community Partners

Target Date

1/1/2021

Report Date  
Jun 1, 2017

Progress on Strategy

Complete     On track     Off track     No progress

Progress notes: Paper tiger movie May 4th had 20 participants. CDC suicide booklet was emailed to county school nurses.

Report Date  
Jun 1, 2018

Progress on Strategy

Complete     On track     Off track     No progress

Progress notes: A town hall meeting was held 5/31/18 in Belle Plaine to provide information, resources and support in relation to suicide prevention. Multiple community partners such as Benton County Public Health, ISU Extension, Foundation 2, NAMI, the VA, Above the Influence Coalition, and Social Services were involved in this event. This is in response to this community having 3 deaths in a 2 month time period related to suicide. there were approximately 30 people in attendance.

VGH & Clinics have implemented a process of completing a depression screening on any patient that is 12 years or older. A different screening tool is used for youth and adults. This is being tracked as a quality measure through the VGH QI department. Staff have been educated on this process, proper documentation, and information to be discussed with the patients.

A women's and men's group was held at the Vinton Alternative High School that included members of community partners mentoring students on mental, emotional, relational wellness topics. ASAC also provides educational classes

similar in topics in the schools throughout Benton County.

An Applied Suicide Intervention Skills Training (ASIST) was held in Benton County May 14-15, 2018. Ten people attended which included community partners, such as but not limited to, law enforcement, chaplains, and school guidance counselors.

HACAP First Five Program offered the ACES training to Virginia Gay Hospital providers and staff on 12/7/17, 11 people were in attendance. Another training was offered to community partners on 5/4/18, 20 partners and community members were in attendance. A third training was offered in Benton County to community partners (hosted by ASAC) in Benton County on May 31, 2017. There were 72 people that attended this ACES training.

Benton County Social Services and partners actively promote Benton County Residents to use the Mental Health and You (MHU) App. This is a tool that provides access to a 24-hour crisis hotline, emergency assistance, education on signs and symptoms of mental illnesses, and links people to a broad array of local behavioral health and social support services. It also provides epidemiological information about mental illness and its treatment.

Benton County Social Services and multiple other community partners are actively involved in Senate File (SF504) Workgroup Meetings to address persons with complex needs. The group meetings had 18-29 attendees.

HACAP provides the Edinburgh Prenatal Depression Screening to the WIC clients that enroll in the Maternal Health Program. This screening is completed one time prenatally and one time postpartum. The WIC Clinic nursing staff completes the screening and refers the client to her provider if the score is greater than 10. The screening is faxed to the client's provider. Counseling services, therapy, and discussion of a plan if symptoms worsen are reviewed with the client.

Services through Plugged in Iowa are available to the residents of Benton County. Services include mental health peer support to adjust with mental illness. They may assist with connecting people to resources and services they need to help move them into the recovery process if they are ready. This is funded through the region. These services are made aware to many organizations through multiple community partners within the county.

Strategy 1-1.2 By 2021, Virginia Gay Hospital will expand their services to include a provider in behavioral health. Strategy Type  
Clinical Intervention

Who's Responsible Benton County Public Health, Virginia Gay Hospital Target Date  
1/1/2021

Report Date Jun 1, 2017 Progress on Strategy  
 Complete  On track  Off track  No progress

Progress notes: VGH received a donation toward the position. VGH applied for a Federal Grant, which was denied. VGH new clinic will be open approximately July 28-29, 2017. VGH has a plan to advertise for the position, once provider's decide the role of the mental health provider in the clinic setting.

Report Date Jun 1, 2018 Progress on Strategy  
 Complete  On track  Off track  No progress

Progress notes: Although federal funding was not received, VGH has decided to move forward with hiring a behavioral health specialist as the need is apparent. See Strengthen Healthcare Infrastructure strategies below for more information related to this position at VGH.

Report Date

June 1, 2019

Progress on Strategy



Complete



On track



Off track



No progress

Progress notes: Virginia Gay Hospital hired a psychiatric mental health nurse practitioner (PMHNP).

# Community Priority

## Protect Against Environmental Hazards

**Goal #1** By 2021, identify water quality concerns among private well sources in Benton County.

National Alignment

Environmental Health

State Alignment

Environmental Health

**Objective 1-1** Through 2021, Benton County Environmental Health will test a minimum of 52 private wells per year.

Baseline Year	Baseline Value	Target Year	Target Value
2015	48	2021	52

Report Date

Jun 1, 2018

Year

2016

Value

60

Progress on Objective

- Met, trend in right direction     Not met, trend in right direction  
 Met, no trend     Not met, no trend  
 Met, trend in wrong direction     Not met, trend in wrong direction

Progress notes:

Report Date

Jun 1, 2018

Year

2017

Value

60

Progress on Objective

- Met, trend in right direction     Not met, trend in right direction  
 Met, no trend     Not met, no trend  
 Met, trend in wrong direction     Not met, trend in wrong direction

Progress notes:

Report Date

June 1, 2019

Year

2018

Value

64

Progress on Objective

- Met, trend in right direction     Not met, trend in right direction  
 Met, no trend     Not met, no trend  
 Met, trend in wrong direction     Not met, trend in wrong direction

Progress notes:

**Strategy 1-1.1** Increase awareness among homeowners in Benton County that Benton County Environmental Health does testing of wells.

Strategy Type

Counseling & Education

Who's Responsible

Benton County Environmental Health, Benton County Public Health

Target Date

1/1/2021

Report Date

May 31, 2017

Progress on Strategy

- Complete     On track     Off track     No progress

Progress notes: Benton Co Environmental Health reported January 1 through May 31, 2017 - 28 well samples tested.

Report Date

6/1/2018

Progress on Strategy

- Complete     On track     Off track     No progress

Progress notes: Benton County Environmental Health reported January 1, 2018-May 31, 2018 that 17 well tests have been completed in Benton County.

Report Date

Jun 1, 2019

Progress on Strategy

- Complete     On track     Off track     No progress

Progress notes: Environmental Health Department reports numbers continue to be on track.

Objective 1-2 By 2021, a minimum of 8 abandoned well sources will be plugged each year by Benton County Environmental Health.

Baseline Year	Baseline Value	Target Year	Target Value
2015	6	2021	8

Report Date  
Jun 1, 2017

Year  
Jan-May 2017

Value  
2

Progress on Objective

Met, trend in right direction  Not met, trend in right direction

Met, no trend  Not met, no trend

Met, trend in wrong direction  Not met, trend in wrong direction

Progress notes:

Report Date  
Jun 1, 2018

Year  
2016

Value  
6

Progress on Objective

Met, trend in right direction  Not met, trend in right direction

Met, no trend  Not met, no trend

Met, trend in wrong direction  Not met, trend in wrong direction

Progress notes:

Report Date  
Jun 1, 2018

Year  
2017

Value  
10

Progress on Objective

Met, trend in right direction  Not met, trend in right direction

Met, no trend  Not met, no trend

Met, trend in wrong direction  Not met, trend in wrong direction

Progress notes:

Report Date  
Jun 1, 2019

Year  
2018

Value  
12

Progress on Objective

Met, trend in right direction  Not met, trend in right direction

Met, no trend  Not met, no trend

Met, trend in wrong direction  Not met, trend in wrong direction

Progress notes:

Strategy 1-2.1 Increase awareness in Benton County that Benton County Environmental Health is available to plug any unused or abandoned wells.

Strategy Type  
Counseling & Education

Who's Responsible

Benton County Environmental Health, Benton County Public Health

Target Date

1/1/2021

Report Date  
May 31, 2017

Progress on Strategy

Complete  On track  Off track  No progress

Progress notes: Environmental Health reports 2 wells were plugged between January 1 through May 31, 2017.

Report Date  
Jun 1, 2018

Progress on Strategy

Complete  On track  Off track  No progress

Progress notes: Benton County Environmental Health reports that 3 wells have been plugged in Benton County from January 1, 2018 through May 31, 2018.

Report Date  
Jun 1, 2019

Progress on Strategy

Complete  On track  Off track  No progress

Progress notes: Environmental Health Department reports numbers continue to be on track.

**Objective 1-3** By 2021, a minimum of 2 well sources will be rehabilitated by Benton County Environmental Health.

Baseline Year	Baseline Value	Target Year	Target Value
2015	0	2021	2

Report Date  
Jun 1, 2018

Year  
2016

Value  
0

Progress on Objective

Met, trend in right direction     Not met, trend in right direction  
 Met, no trend     Not met, no trend  
 Met, trend in wrong direction     Not met, trend in wrong direction

Progress notes:

Report Date  
Jun 1, 2018

Year  
2017

Value  
0

Progress on Objective

Met, trend in right direction     Not met, trend in right direction  
 Met, no trend     Not met, no trend  
 Met, trend in wrong direction     Not met, trend in wrong direction

Progress notes:

Report Date  
Jun 1, 2019

Year  
2018

Value  
0

Progress on Objective

Met, trend in right direction     Not met, trend in right direction  
 Met, no trend     Not met, no trend  
 Met, trend in wrong direction     Not met, trend in wrong direction

Progress notes:

**Strategy 1-3.1** Increase awareness in Benton County that Benton County Environmental Health is available to rehabilitate wells.

Strategy Type  
Counseling & Education

Who's Responsible

Benton County Environmental Health, Benton County Public Health

Target Date

1/1/2021

Report Date  
Jun 1, 2018

Progress on Strategy

Complete     On track     Off track     No progress

Progress notes: Benton County Environmental Health reports that no wells have been rehabbed in Benton County from January 1, 2018 to May 31, 2018.

Report Date  
Jun 1, 2019

Progress on Strategy

Complete     On track     Off track     No progress

Progress notes: Environmental Health Department reports no wells have been rehabbed at this time.

# Community Priority

## Prevent Epidemics & the Spread of Disease

**Goal #1** By 2021, increase vaccination rates of Benton County Residents.

National Alignment

Immunization and Infectious Diseases.

State Alignment

Acute Disease

Objective 1-1	By 2021, increase percentage of 2 year olds who are up-to-date with recommended vaccine series (3 Dtap, 3 Polio, 3 Hib, 3 Hep B, 1 Varicella, 4 PCV) by 2%.	Baseline Year	Baseline Value	Target Year	Target Value
		2014	69%	2021	71%

Report Date

Year

Jun 1, 2018

2015

Value

73%

Progress on Objective

- Met, trend in right direction     Not met, trend in right direction  
 Met, no trend     Not met, no trend  
 Met, trend in wrong direction     Not met, trend in wrong direction

Progress notes:

Report Date

Year

Jun 1, 2018

2016

Value

78

Progress on Objective

- Met, trend in right direction     Not met, trend in right direction  
 Met, no trend     Not met, no trend  
 Met, trend in wrong direction     Not met, trend in wrong direction

Progress notes:

Report Date

Year

June 1, 2019

2017

Value

75%

Progress on Objective

- Met, trend in right direction     Not met, trend in right direction  
 Met, no trend     Not met, no trend  
 Met, trend in wrong direction     Not met, trend in wrong direction

Progress notes:

Strategy 1-1.1 By 2021, increase parental/school/child care awareness of recommended childhood vaccinations through health promotion campaigns.

Strategy Type

Counseling & Education

Who's Responsible

Benton County Public Health, Virginia Gay Hospital, Community Partners

Target Date

1/1/2021

Report Date

May 31, 2017

Progress on Strategy

- Complete     On track     Off track     No progress

Progress notes: According to IRIS benchmark report, 948 clients (24 months) have meet the benchmark vaccinations at 100%. Benton Co Public Health emails updated vaccination information to VGH Clinic and school nurses county-wide. Immunization handouts were given to over 400 Health Fair participants on 4-1-17.

Report Date

Jun 1, 2018

Progress on Strategy

- Complete     On track     Off track     No progress

Progress notes: The following quality measures for 2017 are being tracked at Virginia Gay Hospital & Clinics: Pneumonia Vaccination status for older adults, and Influenza Vaccination. This information has been distributed through the Quality Committee and has been sent to all of the clinics within the organization so staff can work on discussing this information with their patients as well as documentation to capture the data. The

Quality Department has also been in communication with the hospital healthcare team about giving immunizations during the patient's hospital stay.

Vaccination information was handed out at both the 2017 and 2018 VGH County Health Fair using literature provided by IDPH. In 2017 there were over 500 in attendance with 50 exhibitors and in 2018 over 400 in attendance with 57 exhibitors.

The Benton County WIC Clinic staff continue promoting and educating on the importance of receiving all vaccinations for the parents and their children. They also provide written information about the vaccination schedule to the parents, including prenatally.

Report Date

June 1, 2019

Progress on Strategy

Complete

On track

Off track

No progress

Progress notes: Vaccination information was handed out at the 2019 Benton County Health Fair using literature provided by IDPH. There were over 500 in attendance with over 50 exhibitors.

# Community Priority

## Prepare for, Respond to, & Recover from Public Health Emergencies

**Goal #1** By 2021, decrease risk of injury and death related to all hazards.

National Alignment

State Alignment

Preparedness

Preparedness and Response

**Objective 1-1** By 2021, increase the number of emergency/disaster preparedness campaigns/events in Benton County by two.

Baseline Year

Baseline Value

Target Year

Target Value

2011-2015

4 events

2021

6 events

Report Date

Year

Jun 1, 2018

2017

Value

2

Progress on Objective

- |  |   |
|--|---|
| <input type="checkbox"/> Met, trend in right direction | <input checked="" type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend                 | <input type="checkbox"/> Not met, no trend                            |
| <input type="checkbox"/> Met, trend in wrong direction | <input type="checkbox"/> Not met, trend in wrong direction            |

Progress notes: The Benton County Disaster Recover Coalition had a booth at the VGH County Health Fair held April 1, 2017 which had >500 people in attendance. Information and handouts provided to residents on emergency/disaster preparedness and over 100 (filled with items such as flashlight, first aide kit, batteries, ready-to-eat meals) emergency backpacks handed out. A second event that the coalition attended was another Health Fair in Belle Plaine on September 30, 2018 with 100 in attendance. More information regarding emergency/disaster preparedness provided and approximately 30 backpacks given to residents.

Report Date

Year

Jun 1, 2018

2018

Value

1

Progress on Objective

- |  |   |
|--|---|
| <input type="checkbox"/> Met, trend in right direction | <input checked="" type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend                 | <input type="checkbox"/> Not met, no trend                            |
| <input type="checkbox"/> Met, trend in wrong direction | <input type="checkbox"/> Not met, trend in wrong direction            |

Progress notes: The Benton County Coalition attended the 2018 VGH County Health Fair which had >400 people in attendance. Information and handouts were given to residents on emergency/disaster preparedness, approximately 50 (filled) emergency pack backs, and multiple cases of ready-to-eat meals were handed out.

**Strategy 1-1.1** Ongoing collaboration among Emergency Preparedness partners to include activities such as meetings, trainings, and exercises through 2021.

Strategy Type

Environmental / Policy / Systems Change

Who's Responsible

Benton County Public Health, Benton County Emergency Management,  
Benton County Disaster Recovery Coalition, Community Partners

Target Date

1/1/2021

Report Date

May 31, 2017

Progress on Strategy

Complete  On track  Off track  No progress

Progress notes: Benton Co Public Health started attending 6A Emergency Preparedness meetings March 29, 2017 & May 17th at the Manchester Fire Department. Benton CO PH to participate in the next FY Emergency Preparedness Grant along with EMS. Currently met with Benton Co EMS representatives to spend Ebola Grant dollars for EMS PPE requirements. PH working with Virginia Gay Hospital on June tabletop drill and August full-scale exercise.

Report Date

Jun 1, 2018

Progress on Strategy

Complete  On track  Off track  No progress

Progress notes: Benton County Public Health and Emergency Management continue to co-chair the Benton County Disaster Recovery Coalition. The coalition meets multiple times per year for regularly scheduled meetings and more often if an event occurs. Actual events that the coalition has responded to during this reporting period include July 2016 when Vinton had a tornado, and September 2016 Vinton had flooding. Multiple community partners sit on this coalition and good attendance at meetings, trainings, drills, and response to event continue. The coalition members and other community partners such as but not limited to law enforcement, transportation, conservation, social services, and county supervisors continue to be involved in Full Scale Duane Arnold Energy Center (DAEC) Drills. These drills (both dress rehearsals and FEMA evaluated) have been conducted during this reporting period in April 2016, May 2016, August 2017, April 2018, and May 2018.

A tabletop emergency preparedness drill was hosted by Virginia Gay Hospital and Benton County Public Health in June 2017. A winter storm scenario was drilled and multiple community partners were involved including hospital, nursing homes, and emergency services within the county.

Newly hired VGH Home Health/Benton County Public Health staff have completed the National Incident Management System (NIMS) courses to meet NIMS compliance for the agency in the Spring of 2018.

Benton County Public Health and EMS are participating in the IDPH Emergency Preparedness Grant, and attend monthly region 6A meetings. Both agencies work to meet the goals and requirements of the grants along with review/updates of the emergency plans.

Report Date

June 1, 2019

Progress on Strategy

Complete  On track  Off track  No progress

Progress notes: Benton County Public Health and Emergency Management continue to co-chair the Benton County Disaster Recovery Coalition. The coalition meets multiple times per year for regularly scheduled meetings and more often if an event occurs. Multiple community partners sit on this coalition and good attendance at meetings, trainings, drills, and response to event continue. The coalition members and other community partners such as but not limited to law enforcement, transportation, conservation, social services, and county supervisors continue to be involved in Full Scale Duane Arnold Energy Center (DAEC) Drills.

A tabletop emergency preparedness drill was hosted by Virginia Gay Hospital and Benton County Public Health on November 1, 2018. A widespread illness scenario was drilled and multiple community partners were involved including hospital, nursing homes, and emergency services within the county.

Report Date

June 1, 2019

Year

2019

Value

2

Progress on Objective

- |  |   |
|--|---|
| <input type="checkbox"/> Met, trend in right direction | <input checked="" type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend                 | <input type="checkbox"/> Not met, no trend                            |
| <input type="checkbox"/> Met, trend in wrong direction | <input type="checkbox"/> Not met, trend in wrong direction            |

Progress notes: The Benton County Disaster Recovery Coalition attended the 2018 Benton County Health Fair which had >500 people in attendance. Information and handouts were given to residents on emergency/disaster preparedness, and approximately 150 (filled with items such as flashlight, first aide kit, whistle, ready-to-eat food, mask) emergency pack backs were handed out.

The Benton County Disaster Recovery Coalition attended an Iowa State Extension Open House event where approximately 75 people were in attendance. Information and handouts were given to residents on emergency/disaster preparedness, and approximately 20 (filled with items such as flashlight, first aide kit, whistle, ready-to-eat food, mask) emergency pack backs were handed out.

A tabletop emergency preparedness drill was hosted by Benton County Emergency Management and Benton County Public Health on December 5, 2018 with Keystone Care Center. A winter storm scenario was drilled and multiple community partners were involved including hospital, nursing homes, and emergency services within the county.

Benton County Public Health and EMS continue to participate in the IDPH Emergency Preparedness Grant, and attend monthly region 6A meetings. Both agencies work to meet the goals and requirements of the grants along with review/updates of the emergency plans.

# Community Priority

## Strengthen the Health Infrastructure

**Goal #1** By 2021, increase Mental Health Services for Benton County Residents.

National Alignment

Mental Health and Mental Disorders, Access to Health Services

State Alignment

Mental Health/Mental Disorders

**Objective 1-1** By 2021, Virginia Gay Hospital will hire one Behavioral Health Specialist to provide mental health services to Benton County Residents.

Baseline Year	Baseline Value	Target Year	Target Value
2015	0 Providers	2021	1 Provider

Report Date

6/1/2018

Year

2017

Value

0 Providers

Progress on Objective

- Met, trend in right direction     Not met, trend in right direction  
 Met, no trend     Not met, no trend  
 Met, trend in wrong direction     Not met, trend in wrong direction

Progress notes: Position has been posted, no one hired at this time.

**Strategy 1-1.1** Support Virginia Gay Hospital's efforts to hire a Behavioral Health Specialist by promoting the job opening with community partners.

Strategy Type

Counseling & Education

Who's Responsible

Benton County Public Health, Virginia Gay Hospital, Benton County Coalition, Community Partners

Target Date

1/1/2021

Report Date

May 31, 2017

Progress on Strategy

- Complete     On track     Off track     No progress

Progress notes: VGH received a donation toward the position. VGH applied for a Federal Grant, which was denied. VGH new clinic will be open approximately July 28-29, 2017. VGH has a plan to advertise for the position, once provider's decide the role of the mental health provider in the clinic setting.

Report Date

Jun 1, 2018

Progress on Strategy

- Complete     On track     Off track     No progress

Progress notes: Virginia Gay Hospital & Clinic medical staff have met on multiple occasions to discuss the position of a behavioral health specialist. It was decided that a Psychiatric Social Worker would best meet the needs of the patients in this type of clinic setting. The positions of this opening are limited due to the specific requirements for a Rural Health Clinic on who can be considered, as they must already have their Masters Degree along with completion of two years of supervision. The position was officially posted in March 2018 on multiple job posting boards such as Corridor Careers, colleges, social media, websites, Iowa Hospital job sites, and others.

Report Date

June 1, 2019

Progress on Strategy

- Complete     On track     Off track     No progress

Progress notes: Samantha Jirak, a psychiatric mental health nurse practitioner (PMHNP), has been hired on 11/5/18 by Virginia Gay Hospital. Samantha is employed full time by VGH. Patient Visit Statistics: November 2018-2 visits December 2018-55 visits January 2019-66 visits February 2019-71 visits, March 2019-76 visits, April 2019-98 visits

**Strategy 1-1.2** Support Virginia Gay Hospital's Behavioral Health program through education and promotion of services with Community Partners.

Strategy Type

Counseling & Education

Who's Responsible

Benton County Public Health, Virginia Gay Hospital, Benton County Coalition,  
Community Partners

Target Date

1/1/2021

Report Date

May 31, 2017

Progress on Strategy

Complete  On track  Off track  No progress

Progress notes: VGH received a donation toward the position. VGH applied for a Federal Grant, which was denied. VGH new clinic will be open approximately July 28-29, 2017. VGH has a plan to advertise for the position, once provider's decide the role of the mental health provider in the clinic setting.

Report Date

Jun 1, 2018

Progress on Strategy

Complete  On track  Off track  No progress

Progress notes: The new (VGH) Vinton Family Medical Clinic has been completed and is open. There is space dedicated to the new behavioral health specialists once hired. This position is posted, but has not been filled yet.

Report Date

June 1, 2019

Progress on Strategy

Complete  On track  Off track  No progress

Progress notes: Continued education and support provided to promote the Virginia Gay Hospital's Behavioral Health program. The newly hired psychiatric mental health nurse practitioner (PMHNP), has been invited to attend/participate on the Benton County Coalition (Mental Health Stakeholders) and will be presenting her services at the November 2019 meeting. The PMHNP is also working with Benton County Public Health to assist with client referrals to community resources.