

Adams County Health Improvement Plan

Date Updated: May 31, 2019



For additional information, CONTACT:

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Community Priority

Improve access to mental health services

Goal #1 By 2021, improve the access to mental health services in Adams County.

National Alignment

Reduce suicide attempts by adolescents from 1.9 in 2011, to 1.7 in 2020.

State Alignment

Reduce suicide attempts by adolescents from 1.9 in 2011, to 1.7 in 2020.

Objective 1-1 Increase awareness of mental health resources for the public via website links, social media posts, community gatherings, etc.

Baseline Year	Baseline Value	Target Year	Target Value
2009	0	2020	TBD increase from baseline

Report Date

Year

05/22/17

Value

05/22/17

Progress on Objective

- | | |
|--|---|
| <input type="checkbox"/> Met, trend in right direction | <input checked="" type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend | <input type="checkbox"/> Not met, no trend |
| <input type="checkbox"/> Met, trend in wrong direction | <input type="checkbox"/> Not met, trend in wrong direction |

Progress notes: Behavioral Health coalition has met monthly for the past year. Attempting to increase members/participation. Behavioral health resource directory is in the works. They are having trouble deciding who/where/how to produce it.

Report Date

Year

06/14/18

Value

06/14/18

Progress on Objective

- | | |
|---|--|
| <input checked="" type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend | <input type="checkbox"/> Not met, no trend |
| <input type="checkbox"/> Met, trend in wrong direction | <input type="checkbox"/> Not met, trend in wrong direction |

Progress notes: Behavioral Health Coalition meets monthly. They have hosted several Adult and Youth Mental Health First Aid classes and trained over 140 community members. Capturing Kids Hearts was presented to two schools, training over 60 staff. One school reported 50 fewer absentees in the same time frame as the previous year. 50 people attended Nurtured Heart Approach training.

Report Date

Year

5/30/19

Value

5/30/19

Progress on Objective

- | | |
|---|--|
| <input checked="" type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend | <input type="checkbox"/> Not met, no trend |
| <input type="checkbox"/> Met, trend in wrong direction | <input type="checkbox"/> Not met, trend in wrong direction |

Progress notes: Behavior Health Coalition continues to meet monthly. They have offered Mental Health 1st Aide and Nurtured Hearts training. They will host a celebration of their work in June as they wait to hear if grant funding will continue. CHI Health has put social determinants of health a priority for the hospital based CHNA/HIP. We are hoping goals will continue the progress of the Behavioral Health Coalition. Their final report is not out yet.

Strategy 1-1.1 Decrease the percentage of Adams County 11th graders who responded "having seriously thought about killing yourself in the last 12 months" from 25% to 22% on the 2017 Iowa Youth Survey thru education with guidance counseling at the school and private counselors in the community

Strategy Type

Counseling & Education

Who's Responsible

CHI Mercy Hospital- Corning Tele-psych, AJ Counseling, Crossroads Mental Health, Southwest Valley Guidance Counselor

Target Date

Jul 10, 2017

Report Date

May 22, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: No county data available for current year

Report Date

Jun 14, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: There is not updated data for this year

Report Date

053019

Progress on Strategy

Complete On track Off track No progress

Progress notes: 2018 Iowa Youth Survey show 20% of 11th graders seriously thought about killing themselves, 12% had a plan and 8% attempted 0% of those attempts resulted in an injury poisoning or overdose that had to be treated by a doctor or nurse.

Objective 1-2 Improve coordination by adding 1-2 services for individuals seeking mental health care by 2018.

Baseline Year	Baseline Value	Target Year	Target Value
2009	10	2020	12

Report Date

Year

05/22/17

Value

05/22/17

Progress on Objective

Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes: CHI Mercy Hospital has added 1-2 beds to their facility for those needing mental health care until a bed in an in patient facility can be secured

Report Date

Year

06/14/18

Value

06/14/18

Progress on Objective

Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes: The Coalition has also worked on a collaborative protocol for mental health and commits to be shared among health providers, hospitals, schools and law enforcement. It is a consent work in progress due to staff turnover and suggestions for improvement.

Report Date

Year

053019

Value

053019

Progress on Objective

Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes: Listing of Mental Health services available in Adams Co and surrounding area is distributed to providers and community partners by the Behavioral Health Coalition.

Strategy 1-2.1 Maintain availability of present services (Child Parent Psychotherapy, Circle of Security, Community Support Program, 1st Five, Home Behavioral Health Services, Integrated Health Home Services, Mental Health Court, Mental Health 1st Aid, Parent As Teachers, & Peer Support Specialists/Model) through community program support

and adding 1-2 services by 2018.

Strategy Type
Counseling & Education

Who's Responsible

Target Date

CHI Mercy Hospital- Corning who chairs Behavioral Health Stakeholder meeting. They meet every 1-2 months to bring key stakeholders to the table to establish Best Practices for the community of Adams and Taylor Counties

Jul 10, 2018

<u>Report Date</u> May 22, 2017	<u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress
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Progress notes: Mental Health 1st Aid training completed. Behavioral Health Stakeholder meeting monthly. Senior Life Solutions

<u>Report Date</u> Jun 14, 2018	<u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress
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Progress notes: As noted above several trainings have taken place this past year. Unfortunately the Child Abuse Prevention grant did not meet the submission deadline. This will cause a funding disruption for Circles of Security as well as some local home visiting programs.

<u>Report Date</u> 053019	<u>Progress on Strategy</u> <input type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input checked="" type="checkbox"/> No progress
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Progress notes: Offered Mental Health 1st Aid and Nurtured Hearts training. Will find out late in June if funding will be available to continue the work of this Coalition.

Community Priority

Improve Breast Cancer Screening

Goal #1 By 2021, increase breast cancer screenings yearly in Adams County.

National Alignment

Increase breast cancer screenings from 69.8 in 2008, to 76.8 in 2020.

State Alignment

Increase breast cancer screenings from 69.8 in 2008, to 76.8 in 2020.

Objective 1-1 Increase the number of breast cancer screenings in Adams County residents by 5% in 2020. Mammograms in Adams County have decreased by 20% in the last 5 years.

Baseline Year	Baseline Value	Target Year	Target Value
2008	0	2020	TBD

Strategy 1-1.1 Digital mammography is provided at CHI Mercy Hospital in Corning for Adams County residents. Breast cancer awareness programs are provided through the year by the local school (Pink Out tshirts for sporting events, Fight Like a Girl campaign promoted through CHI Mercy Radiology department.

Strategy Type
Clinical Intervention

Who's Responsible

CHI Mercy Radiology department, Southwest Valley School

Target Date

Dec 1, 2020

Report Date

May 22, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: Using a 12 month period April to April, During 2016 to 2017 CHI conducted 520 mammograms. From 2015 to 2016 526 mammograms were conducted.

Report Date

Jun 14, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: The number of mammograms provided at CHI Mercy Hospital has increased over the same time frame as the previous year. Numbers are recorded in April of each year: 2018 = 643, 2017 = 520, 2016 = 526. Lots of outreach in October on local social media, "Pink Out" nights at school sporting events as well as National Breast Cancer awareness campaigns.

Report Date

053119

Progress on Strategy

Complete On track Off track No progress

Progress notes: he number of mammograms provided at CHI Mercy Hospital decreased slightly over the same time frame as the previous year. Numbers are recorded in April of each year: 2019= 619, 2018 = 643, 2017 = 520, 2016 = 526. Lots of outreach in October on local social media, "Pink Out" nights at school sporting events as well as National Breast Cancer awareness campaigns. This year we distributed breast cancer awareness materials at our flu shot clinics.