

Linn County Health Improvement Plan

Date Updated: June 1, 2018



For additional information, CONTACT:

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|----------------|---------------------------|--------------|-------------------------------|
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Community Priority

Social Determinants of Health

Goal #1 Increase access to properly maintained and affordable housing.

National Alignment

Healthy Homes and Healthy Communities

State Alignment

Healthy Homes

Objective 1-1 By June 1, 2017 a plan will be created to address the barriers that hard to house populations and those living under 30% of the area median income (AMI) face in relation to obtaining affordable housing.

| Baseline Year | Baseline Value | Target Year | Target Value |
|---------------|----------------|-------------|---------------|
| 2016 | 0% complete | 2017 | 100% complete |

Report Date

Jun 1, 2017

Year

2017

Value

100%

Progress on Objective

- Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Report Date

Jun 1, 2018

Year

2018

Value

100%

Progress on Objective

- Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Strategy 1-1.1 Collect existing data on barriers to accessing affordable housing among the targeted population across Linn County

Strategy Type

Address Social Determinant / Health Inequity

Who's Responsible

Continuum of Care, Waypoint, City of Cedar Rapids, Linn County Community Services, United Way, Willis Dady

Target Date

6/1/2017

Report Date

Jun 1, 2017

Progress on Strategy

- Complete On track Off track No progress

Progress notes: Additional questions were added to the 7/27/16 'Point in Time' survey collected by the Continuum of Care group.

Report Date

Jun 1, 2018

Progress on Strategy

- Complete On track Off track No progress

Progress notes: Tenant and landlord surveys will be conducted as part of the 2018 CHA to gather detailed information about the housing disparities in our community. Survey results will be used to identify topics for focus groups.

Strategy 1-1.2 Assess the barriers that landlords face that influence their willingness to rent to individuals in the defined population across Linn County

Strategy Type

Long-Lasting Protective Intervention

Who's Responsible

Eastern Iowa Health Center, Willis Dady

Target Date

6/1/2017

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2017 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: Waypoint has arranged quarterly meetings with area landlords. The City of Cedar Rapids has provided a listing of city landlords to receive a survey on willingness and barriers to renting to individuals.

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2018 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input type="checkbox"/> On track <input checked="" type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: Tenant and landlord surveys will be conducted as part of the 2018 CHA to gather detailed information about the housing disparities in our community. Survey results will be used to identify topics for focus groups. Landlords to complete the survey will be reached through city networks and the Landlords of Linn County.

Strategy 1-1.3 Engage city staff in conversation regarding limitations and opportunities to support affordable housing in their jurisdiction

Strategy Type
Long-Lasting Protective Intervention

Who's Responsible
City of Cedar Rapids, Linn County Public Health

Target Date
6/1/2017

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2017 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: City of CR Section 8 staff convened a meeting with homeless service providers and advocates on 7/14/16 to discuss changes to the Section 8 Preference. A list of recommendations was sent to the City Council for its approval in September 2016.

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2018 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: The Continuum of Care – Public Awareness Committee has met with Cedar Rapids city staff to discuss limitations and opportunities to support affordable housing options within Linn County. A plan for collaboration is in the works, however, nothing has been finalized by the city council at this time. The CoC Public Awareness (PA) committee has agreed to focus on Permanent Supportive and Affordable housing at its meetings in the even months. A City Staff member has joined the team. City staff has had discussions with the CoC PA committee about becoming part of the review process for Low Income Housing Tax Credit (LIHTC) projects to make recommendations to better serve low-income populations.

Objective 1-2 Between January 1, 2017 and December 31, 2017, 50% of individuals attending Tenant Education courses will report an increased knowledge of tenant rights, proper housing maintenance (cleaning) and building a positive rental resume.

| Baseline Year | Baseline Value | Target Year | Target Value |
|---------------|----------------|-------------|--------------|
| 2016 | 0% | 2019 | 50% |

| | |
|-----------------------------------|---------------------|
| <u>Report Date</u> Jun 1, 2017 | <u>Year</u> 2017 |
| | <u>Value</u> NA |

| | |
|--|--|
| <u>Progress on Objective</u> | |
| <input type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend | <input type="checkbox"/> Not met, no trend |
| <input type="checkbox"/> Met, trend in wrong direction | <input type="checkbox"/> Not met, trend in wrong direction |

Progress notes: Data has not yet been collected on this measure.

Report Date

Jun 1, 2018

Year

2017

Value

100%

Progress on Objective

- Met, trend in right direction
- Met, no trend
- Met, trend in wrong direction
- Not met, trend in right direction
- Not met, no trend
- Not met, trend in wrong direction

Progress notes:

Strategy 1-2.1 Identify and assess tenant education currently being conducted in the community (who is providing, curriculum, frequency, clientele, circumstance training is provided, culturally competent/tailored)

Strategy Type

Counseling & Education

Who's Responsible

Waypoint

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: Waypoint offers a 9-hour Tenant Academy monthly using Rent Wise curriculum. Waypoint's Academy is open to all interested participants. City of Cedar Rapids (Section 8) Program reports no formal education provided to tenants outside of educating tenants on how the voucher is used. HACAP TH programs offers tenant education based on tenant goals and individual case plans. CVFF does not offer tenant education as part of their rent assistance program.

Strategy 1-2.2 Investigate best practice tenant education curriculum and strategies to engage clientele

Strategy Type

Long-Lasting Protective Intervention

Who's Responsible

Waypoint

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: Rent Wise curriculum has been chosen as a quality tenant education program used by Des Moines (HOME Inc.) and Nebraska Housing Coalition. Classes began late 2016. Waypoint's Tenant Academy is currently being offered on a monthly basis. Waypoint offers incentives of: Gift Card Raffle at completion of program; Certification of Completion that participants can show landlords. Social service agencies are beginning to require clients to attend the Tenant Academy.

Report Date

Jun 1, 2018

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: A total of 9 sessions were held in 2017 (total participants = 109). The breakdown of participants is as follows: 11 were housed; 21 resided at an institution (Heart of Iowa, Hinzman); 77 were at a shelter or were homeless. The most recent data provided found that 28 participants who attended the trainings have found permanent housing. Landlords have attended the Tenant Academy as well. On post-survey, 100% of participants indicated they have an increased knowledge on tenant rights and responsibilities from the training. The tenant academy trainings will continue through 2018.

Strategy 1-2.3 Investigate opportunities for additional trainings to occur (location, time)

Strategy Type

Environmental / Policy / Systems Change

Who's Responsible

Waypoint

Target Date

1/1/2019

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2017 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: Waypoint is working with AmeriHealth Caritas on ways to promote this training to clients and other community members. Waypoint piloted a Tenant Academy course in the evening (Jan. 2017).

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2018 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: Waypoint has offered the Tenant Academy at a variety of locations and times to best-serve Linn County residents. Training locations have included the Heart of Iowa and Ladd Library. Waypoint continues to seek additional community members who are willing to be trained on the Rent Wise Curriculum. At the Social Determinants of Health subcommittee meeting on 1/16/18, Waypoint shared information about the number of participants reached through the Tenant Academy and asked if other individuals/organizations would be interested in being trained. A representative from ASAC indicated she would be interested. Waypoint was asked to create a 1-page document about what being a trainer would entail, and we will send out to the entire subcommittee for more members.

Strategy 1-2.4 Identify and assess demographics and language needs of current tenants to inform need for tailored education

Strategy Type
Long-Lasting Protective Intervention

Who's Responsible
Cedar Rapids Community School District

Target Date
1/1/2019

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2017 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input checked="" type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes:

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2018 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: At the Social Determinants of Health subcommittee meeting on 1/16/18, the group discussed possible methods to reach-out to vulnerable populations. Ideas included communicating with CMC, Cedar Rapids Community School District, and the area Refugee Advisory Group. Similarly, Waypoint will develop a 1-page document about the skills/time commitment to teach a tenant academy that can be shared with local community organizations.

Strategy 1-2.5 Establish a community referral process for providing tenant education and connecting clients with other needed support resources

Strategy Type
Long-Lasting Protective Intervention

Who's Responsible
Cedar Rapids Community School District

Target Date
1/1/2019

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2017 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input checked="" type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes:

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2018 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: At the most recent Social Determinants of Health subcommittee meeting on 1/16/18, the group discussed the possible implications of the TAV Connect system on housing-related issues. Cindy Fiester (LCPH) described TAV for new members of the group and shared that documents may be placed within the TAV library or we

can use the high-level referral map. More discussion about this topic to be included in a future meeting. Waypoint has a coordinated resource sheet (homeless population) and the City of Cedar Rapids currently uses the Linn County resource sheets.

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|---------------|---|---------------|-------------------|-------------|--------------|
| Objective 1-3 | By December 31, 2018 50% of participants from social service agencies who complete basic housing hazards training will demonstrate increased knowledge of potential in-home hazards. The training will result in an increased capacity of agencies providing in-home services to provide resources to partners and clients in order to mitigate general unsafe home conditions. | Baseline Year | Baseline Value | Target Year | Target Value |
| | | 2016 | To be established | 2019 | 50% |

| | | |
|--------------------|--------------|---|
| <u>Report Date</u> | <u>Year</u> | Progress on Objective <input type="checkbox"/> Met, trend in right direction <input type="checkbox"/> Not met, trend in right direction <input type="checkbox"/> Met, no trend <input type="checkbox"/> Not met, no trend <input type="checkbox"/> Met, trend in wrong direction <input type="checkbox"/> Not met, trend in wrong direction |
| Jun 1, 2017 | 2016 | |
| | <u>Value</u> | |
| | NA | |

Progress notes: Data has not yet been collected for this measure.

| | | |
|--------------------|--------------|--|
| <u>Report Date</u> | <u>Year</u> | Progress on Objective <input checked="" type="checkbox"/> Met, trend in right direction <input type="checkbox"/> Not met, trend in right direction <input type="checkbox"/> Met, no trend <input type="checkbox"/> Not met, no trend <input type="checkbox"/> Met, trend in wrong direction <input type="checkbox"/> Not met, trend in wrong direction |
| Jun 1, 2018 | 2017 | |
| | <u>Value</u> | |
| | 100% | |

Progress notes:

Strategy 1-3.1 Identify a list of social service and health care agencies that provide in-home services in Linn County

Strategy Type
Address Social Determinant / Health Inequity

Who's Responsible
East Central Iowa Council of Governments, Linn County Public Health, Hawkeye Area Community Action Program, City of Cedar Rapids, Families First, Abbe Center, Mercy, Linn County Community Services Home Health

Target Date
1/1/2019

| | |
|--------------------|--|
| <u>Report Date</u> | Progress on Strategy |
| Jun 1, 2017 | <input checked="" type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |

Progress notes: A provider resource sheet and possible Healthy Homes training offerings were shared with the SDOH subcommittee.

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| <u>Report Date</u> | Progress on Strategy |
| Jun 1, 2018 | <input checked="" type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |

Progress notes: The resource sheet was updated for 2018, and a link was sent to the SDH subcommittee.

Strategy 1-3.2 Develop a resource sheet that identifies unsafe conditions and provides contact information for service agencies

Strategy Type
Address Social Determinant / Health Inequity

Who's Responsible
East Central Iowa Council of Governments, Linn County Public Health, Hawkeye Area Community Action Program, City of Cedar Rapids, Families First, Abbe Center, Mercy, Linn County Community Services Home Health

Target Date
1/1/2019

Report Date
Jun 1, 2017

Progress on Strategy
 Complete
 On track
 Off track
 No progress

Progress notes: A resource sheet was developed that breaks safe housing into four categories: current programs, educational material, laws / codes, and commercial / industry.

Report Date
Jun 1, 2018

Progress on Strategy
 Complete
 On track
 Off track
 No progress

Progress notes: Resource sheet has been finalized and the group has discussed placing the document in with the other Linn County resource sheets. Final decision on where the resource sheet will be shared TBD.

Strategy 1-3.3 **Provide training to social service agencies**

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
Linn County Public Health

Target Date
1/1/2019

Report Date
Jun 1, 2017

Progress on Strategy
 Complete
 On track
 Off track
 No progress

Progress notes:

Report Date
Jun 1, 2018

Progress on Strategy
 Complete
 On track
 Off track
 No progress

Progress notes: In November 2017, healthy homes training (1-day) was held by the National Center for Healthy Housing and by Linn County Public Health for a total of 16 participants. An increase in knowledge was shared by all 16 participants attending the training. The training was offered again in May 2018.

Goal #2 Increase access to care and community resources for vulnerable populations

National Alignment

Access to Health Services

State Alignment

Access to Quality Health Services and Support

Objective 2-1 By December 31, 2018 a plan will be implemented to address the gaps in transportation services and the barriers to transportation experienced by community members

| Baseline Year | Baseline Value | Target Year | Target Value |
|---------------|----------------|-------------|---------------|
| 2016 | 0% complete | 2019 | 100% complete |

Report Date
Jun 1, 2017

Year
2017

Value
100%

Progress on Objective
 Met, trend in right direction
 Not met, trend in right direction
 Met, no trend
 Not met, no trend
 Met, trend in wrong direction
 Not met, trend in wrong direction

Progress notes:

Report Date
Jun 1, 2018

Year
2017

Value
100%

Progress on Objective
 Met, trend in right direction
 Not met, trend in right direction
 Met, no trend
 Not met, no trend
 Met, trend in wrong direction
 Not met, trend in wrong direction

Progress notes:

Strategy 2-1.1 **Convene county-wide transportation experts into a conversation in order to align transportation plans**

and outline gaps to services specific to vulnerable populations

Strategy Type

Address Social Determinant / Health Inequity

Who's Responsible

East Central Iowa Council of Governments - Transportation Advisory Group, Metropolitan Planning Organization, City of Cedar Rapids, Linn County, Four Oaks, Horizons

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: In early 2016, the Corridor MPO initiated assessment of the current condition of the transit system within the corridor. The review team assessed all Cedar Rapids bus stops for the absence or presence of the following amenities:

- Benches
- Shelters
- Concrete waiting pads
- Connection to a sidewalk
- Trash receptacle
- Bike racks

This inventory will be used to prioritize passenger amenities and other capital improvements made to bus stops in the future.

Report Date

Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: TAG Meeting was held on 2/27/2018 at the Cedar Rapids Public Library. Brandon Whyte, Multimodal Transportation Planner with the Corridor MPO, shared information and asked for comments on transit and transit related projects as part of the MPO's Transportation Improvement Plan (TIP).

Transit funding requests for FFY21 and 22 include 2 new heavy-duty buses for Cedar Rapids Transit, 1 medium duty bus for Linn County LIFTS paratransit service, and a sidewalk project along the bus route on Edgewood Road. There is a \$358,000 gap between the funding requested and the funding available, so some of these projects will not receive funding or may just get a portion of the funding they have requested.

The sidewalk project is on a busy road with a bus route; it will also be helpful as a new housing project (which includes a number of units for chronically homeless individuals (who likely have transportation challenges) will be opening in that area.

The Federal Transportation Administration (FTA) will visiting in April for the triennial review of the city's transit systems. They will look at all public transit operations to ensure compliance with federal guidelines.

Strategy 2-1.2 Provide community education on available transportation resources

Strategy Type

Counseling & Education

Who's Responsible

East Central Iowa Council of Governments - Transportation Advisory Group, Metropolitan Planning Organization, City of Cedar Rapids, Linn County, Four Oaks, Horizons

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: The "2016 Corridor MPO Transit Study: Existing Conditions Analysis and Final Recommendations" report was completed and presented to the City of Cedar Rapids City Council at the end of June 2016 and to the Social Determinants of Health subcommittee in April 2017.

Report Date
Jun 1, 2018

Progress on Strategy
 Complete
 On track
 Off track
 No progress

Progress notes: The updated 'Transportation Resources Directory' for 2018 is available. Over 3,000 copies of the English and 600 copies of the Spanish version were distributed in 2017. Linn County will create a translated French version this year in an effort to reach refugee populations who speak French – however, no contact has been identified. ISU Extension staff translated brochure into French at no-cost. Marci Williams, Transit Programs Coordinator with Cedar Rapids Transit, shared an updated flyer with details on their Income-Based Half-Fare Program (for residents with income at or below 160% of the federal poverty level can qualify for half-price bus fares and passes).

After CR Transit concludes its triennial FTA review, Terry will be conducting CR Transit Rider Survey to get feedback on the system and changes that took place last year. LIFTS is also looking to do a similar survey. Terry also hopes to work with CR Transit to develop a Travel Training program this year to help people new to the system or needing assistance.

The Transportation Advisory Group (TAG) is piloting moving around meeting times in order to accommodate the schedule of their ridership. Specifically for older adults, people with disabilities and low income residents.

Strategy 2-1.3 Provide education to community members and businesses on multi-modal transportation benefits and opportunities

Strategy Type
Counseling & Education

Who's Responsible

East Central Iowa Council of Governments - Transportation Advisory Group, Metropolitan Planning Organization, City of Cedar Rapids, Linn County, Four Oaks, Horizons

Target Date

1/1/2019

Report Date
Jun 1, 2017

Progress on Strategy
 Complete
 On track
 Off track
 No progress

Progress notes:

Report Date
Jun 1, 2018

Progress on Strategy
 Complete
 On track
 Off track
 No progress

Progress notes: 'Take the first step, , make walking a priority' was published by the Gazette on 9/13/2017. LCPH staff presented at the Linn County Board of Supervisor's 'Director's Meeting' on walkability initiatives and opportunities within Linn County on 11/28/2017 and the possibility of working with Linn County Conservation on a walkability initiative in Summer/Fall 2018. LCPH met with with Terry Bergen (Linn County) to discuss Health Care Access project. The Health Care Access project goal is to ensure transportation is the link, and never the barrier to health, vitality, and well-being of individuals, families, and their communities.

Objective 2-2 By December 31, 2018 increase the number of practicing healthcare providers who accept Medicaid by 5%

| Baseline Year | Baseline Value | Target Year | Target Value |
|---------------|----------------|-------------|--------------|
| 2015 | 1,995 | 2019 | 5% increase |

Report Date
Jun 1, 2017

Year
2016

Value
2,013

Progress on Objective
 Met, trend in right direction
 Not met, trend in right direction
 Met, no trend
 Not met, no trend
 Met, trend in wrong direction
 Not met, trend in wrong direction

Progress notes:

Report Date
Jun 1, 2018

Year
2016

Value
2013

Progress on Objective

Met, trend in right direction Not met, trend in right direction

Met, no trend Not met, no trend

Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Strategy 2-2.1 Investigate opportunities to recruit and retain healthcare providers during early education and undergraduate programs

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
Mercy, Eastern Iowa Health Center, UnityPoint, His Hands, University of Iowa Nurse Practitioner College

Target Date
1/1/2019

Report Date
Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes:

Report Date
Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes:

Strategy 2-2.2 Implement individual organization recruitment plan

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
Mercy, Eastern Iowa Health Center, UnityPoint, His Hands, University of Iowa Nurse Practitioner College

Target Date
1/1/2019

Report Date
Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes:

Report Date
Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes:

Objective 2-3 Increase the number of Linn County residents who access insurance through Medicaid, Medicare, or Healthcare Marketplace.

| Baseline Year | Baseline Value | Target Year | Target Value |
|---------------|-------------------|-------------|--------------|
| 2016 | To be established | 2019 | 10% increase |

Report Date
Jun 1, 2017

Year
2017

Value
NA

Progress on Objective

Met, trend in right direction Not met, trend in right direction

Met, no trend Not met, no trend

Met, trend in wrong direction Not met, trend in wrong direction

Progress notes: Data has not yet been collected for this measure.

Report Date

Jun 1, 2018

Year

2017

Value

NA

Progress on Objective

- Met, trend in right direction
- Not met, trend in right direction
- Met, no trend
- Not met, no trend
- Met, trend in wrong direction
- Not met, trend in wrong direction

Progress notes: Data has not yet been collected for this measure.

Strategy 2-3.1 Assess the service needs and barriers of vulnerable populations in Linn County

Strategy Type

Address Social Determinant / Health Inequity

Who's Responsible

Linn County Public Health, 211, Willis Dady, EIHC, ISU extension, Four Oaks

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: LCPH analyzed and coded the survey data obtained from the Referral System Assessment conducted in August. The results will be transformed into a report provided to the C3 Steering committee.

Report Date

Jun 1, 2018

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: LCPH staff met with United Way/HACAP to discuss the 211 website and 211-counts program.

Strategy 2-3.2 Identify services currently available to vulnerable populations across Linn County

Strategy Type

Address Social Determinant / Health Inequity

Who's Responsible

SIM C3

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: Assessments for diabetes, tobacco, and obesity have been completed and gap analysis conducted.

Strategy 2-3.3 Identify locations where off-site services may be provided to address access barriers

Strategy Type

Environmental / Policy / Systems Change

Who's Responsible

Willis Dady, Four Oaks, Linn County Public Health

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: Community partners are coming together quickly in support of a mobile health care delivery system for our SIM C3 community. CareAVan will be a mobile van that will move throughout our county providing health care access for the homeless or near homeless population. Included will be education materials, selected/targeted health screenings, SDH referrals, enrollment into the ACA, etc.

Report Date

Jun 1, 2018

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: LCPH continues to work with community partners to conduct outreach events that assess for heart disease and diabetes risk.

Strategy 2-3.4 Engage partners who may provide social and health services

Strategy Type

Environmental / Policy / Systems Change

Who's Responsible

Eastern Iowa Health Center, Four Oaks, Linn County Public Health, Mercy

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: SIM staff and coalition members recruit and retain membership to the SIM C3 ongoing from March 2016-December 2016

Report Date

Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: SIM staff and coalition members recruit and retain membership to the SIM C3.

Objective 2-4 By December 31, 2018, the utilization of primary care services among Medicaid patients will be increased by 10%.

Baseline Year

2016

Baseline Value

To be established

Target Year

2019

Target Value

10% increase

Report Date

Jun 1, 2017

Year

2017

Value

NA

Progress on Objective

Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes: Data has not yet been collected on this measure.

Report Date

Jun 1, 2018

Year

2017

Value

NA

Progress on Objective

Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes: Data has not yet been collected on this measure.

Strategy 2-4.1 Develop a process for efficiently connecting vulnerable populations to needed services.

Strategy Type

Environmental / Policy / Systems Change

Who's Responsible

SIM/UWECI/LCPH

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: Activities have been identified, no progress on activities

Report Date

Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: TAVHealth has been selected as the population management software

Strategy 2-4.2 Create resources to support health care providers in eliminating barriers to care

Strategy Type

Environmental / Policy / Systems Change

Who's Responsible
 Mercy, UnityPoint, Eastern Iowa Health Center, Hawkeye Area Community
 Action Program, Linn County Public Health

Target Date
 1/1/2019

Report Date
 Jun 1, 2017

Progress on Strategy
 Complete On track Off track No progress

Progress notes: The SIM C3 coalition has agreed to utilize a population health management system to connect populations to services.

Report Date
 Jun 1, 2018

Progress on Strategy
 Complete On track Off track No progress

Progress notes: TAVHealth has been selected as the population management software.

Strategy 2-4.3 Create resources to support health care providers in eliminating barriers to care Strategy Type
 Long-Lasting Protective Intervention

Who's Responsible
 SIM C3, Linn County Public Health

Target Date
 1/1/2019

Report Date
 Jun 1, 2017

Progress on Strategy
 Complete On track Off track No progress

Progress notes: TAVHealth has been selected as the population management software.

Objective 2-5 By December 31, 2018 a referral system will be in place to connect vulnerable populations with needed resource and support services

| Baseline Year | Baseline Value | Target Year | Target Value |
|---------------|----------------|-------------|---------------|
| 2016 | 0% complete | 2018 | 100% complete |

Report Date
 Jun 1, 2017

Year
 2017

Value
 50%

Progress on Objective
 Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Report Date
 Jun 1, 2018

Year
 2018

Value
 100%

Progress on Objective
 Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Strategy 2-5.1 Identify and assess existing referral systems in Linn County (community resource sheets, hospitals, clinics, non-profits) Strategy Type
 Environmental / Policy / Systems Change

Who's Responsible
 SIM, Linn County Public Health

Target Date
 1/31/2018

Report Date
Jun 1, 2017

Progress on Strategy
 Complete
 On track
 Off track
 No progress

Progress notes: Identify & Study Potential Software Systems/Tools, Identify Software Already used in Linn County, Study Population Health Software used around Iowa, Identify How Each Agency/Org will use the Software, Evaluate Software Systems/ Create Grading Matrix, Decide on Software System(s), and Determine Costs and Software Sustainability are all complete

Report Date
Jun 1, 2018

Progress on Strategy
 Complete
 On track
 Off track
 No progress

Progress notes: SIM C3 Sustainability committee is in the process of reviewing costs and gaining grant support to support the TAVHealth software.

Strategy 2-5.2 **Develop and implement the care coordination system**

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
Linn County Public Health, SIM Steering Committee

Target Date
1/31/2018

Report Date
Jun 1, 2017

Progress on Strategy
 Complete
 On track
 Off track
 No progress

Progress notes: Activities have been identified, but no update on the activities.

Report Date
Jun 1, 2018

Progress on Strategy
 Complete
 On track
 Off track
 No progress

Progress notes: Sustainability subcommittee has finalized partner payment structures, coalesced into several smaller workgroups to propose committee by-laws, data exchange agreements, etc. End users of TAV were trained on-site in September 2017 with informal virtual trainings scheduled with TAV staff.

Strategy 2-5.3 **Evaluate the effectiveness of the care coordination system in connecting client to needed resources**

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
Linn County Public Health

Target Date
1/31/2018

Report Date
Jun 1, 2017

Progress on Strategy
 Complete
 On track
 Off track
 No progress

Progress notes:

Report Date
Jun 1, 2018

Progress on Strategy
 Complete
 On track
 Off track
 No progress

Progress notes: Evaluation is ongoing.

Goal #3 Decrease the number of children who are negatively impacted by risk factors associated with Adverse Childhood Experiences (ACEs)

National Alignment

Health Related Quality of Life & Well-Being, Injury and Violence Prevention

State Alignment

Healthy Growth and Development, Interpersonal Violence

Objective 3-1 By December 31, 2018, 30% of child and youth-based organizations, school buildings, and primary healthcare providers in Linn County will have implemented a comprehensive program to prevent and mitigate the impact of ACEs

| Baseline Year | Baseline Value | Target Year | Target Value |
|---------------|-------------------|-------------|--------------|
| 2016 | To be established | 2019 | 30% |

Report Date

Jun 1, 2017

Year

2017

Value

NA

Progress on Objective

- Met, trend in right direction
- Met, no trend
- Met, trend in wrong direction
- Not met, trend in right direction
- Not met, no trend
- Not met, trend in wrong direction

Progress notes: Data has not yet been collected on this measure.

Report Date

Jun 1, 2018

Year

2018

Value

NA

Progress on Objective

- Met, trend in right direction
- Met, no trend
- Met, trend in wrong direction
- Not met, trend in right direction
- Not met, no trend
- Not met, trend in wrong direction

Progress notes: Data has not yet been collected on this measure.

Strategy 3-1.1 Identify the number of child and youth-based organizations, school buildings, and primary healthcare providers in Linn County

Strategy Type

Environmental / Policy / Systems Change

Who's Responsible

United Way, Cedar Rapids Community School District, College Community School District, Iowa BIG, Four Oaks, Tanager, Linn-Mar School District, Marion Independent Schools, Eastern Iowa Health Center, HACAP, ASAC

Target Date

Dec 31, 2018

Report Date

Jun 1, 2017

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: IowaBIG is piloting a survey of trauma-informed practices is currently being conducted through the Adverse Childhood Experiences (ACEs) Steering Committee and is expected to be reviewed at the May 2017 Steering Committee meeting. Suggestions or edits to the survey will inform the survey that will be going out to the Linn County community later in 2017.

Report Date

Jun 1, 2018

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: IowaBIG provided an update at the last CRC meeting on 5/10/18. The students have found that schools and youth organization leadership are more likely to answer a survey that comes from another local, respected organization. The projected survey completion date will be pushed back to Dec 2018 to accommodate student/parent schedules.

Strategy 3-1.2 Assess current trauma informed care practices, support services, and curriculum within schools

Strategy Type

Environmental / Policy / Systems Change

Who's Responsible

Iowa BIG

Target Date

Dec 31, 2018

Report Date

Jun 1, 2017

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: IowaBIG is piloting a survey of trauma-informed practices is currently being conducted through the Adverse Childhood Experiences (ACEs) Steering Committee and is expected to be reviewed at the May 2017 Steering Committee meeting. Suggestions or edits to the survey will inform the survey that will be going out to the Linn County community later in 2017.

Report Date

Jun 1, 2018

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: IowaBIG provided an update at the last CRC meeting on 5/10/18. The students have found that schools and youth organization leadership are more likely to answer a survey that comes from another local, respected organization. The projected survey completion date will be pushed back to Dec 2018 to accommodate student/parent schedules.

Strategy 3-1.3 Assess current trauma informed care practices, support services, and curriculum within child and youth-based organizations

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
Iowa BIG

Target Date
Dec 31, 2018

Report Date
Jun 1, 2017

Progress on Strategy
 Complete On track Off track No progress

Progress notes: IowaBIG is piloting a survey of trauma-informed practices is currently being conducted through the Adverse Childhood Experiences (ACEs) Steering Committee and is expected to be reviewed at the May 2017 Steering Committee meeting. Suggestions or edits to the survey will inform the survey that will be going out to the Linn County community later in 2017.

Report Date
Jun 1, 2018

Progress on Strategy
 Complete On track Off track No progress

Progress notes: The target completion date for the ACEs community survey has been moved to December 2018 in order to accommodate IowaBIG graduations and student schedules.

Strategy 3-1.4 Assess current trauma informed care practices, support services, and curriculum within healthcare providers

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
Iowa BIG

Target Date
Dec 31, 2018

Report Date
Jun 1, 2017

Progress on Strategy
 Complete On track Off track No progress

Progress notes: IowaBIG is piloting a survey of trauma-informed practices is currently being conducted through the Adverse Childhood Experiences (ACEs) Steering Committee and is expected to be reviewed at the May 2017 Steering Committee meeting. Suggestions or edits to the survey will inform the survey that will be going out to the Linn County community later in 2017.

Report Date
Jun 1, 2018

Progress on Strategy
 Complete On track Off track No progress

Progress notes: The target completion date for the ACEs community survey has been moved to December 2018 in order to accommodate IowaBIG graduations and student schedules.

Strategy 3-1.5 Promote the use of evidence-based curriculum in the community

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
United Way, Cedar Rapids Community School District, College Community School District, Iowa BIG, Four Oaks, Tanager, Linn-Mar School District, Marion Independent Schools, Eastern Iowa Health Center, HACAP, ASAC

Target Date
1/1/2019

Report Date
Jun 1, 2017

Progress on Strategy
 Complete On track Off track No progress

Progress notes: Utilize ACE Interface Trainers to train additional presenters and promote ACE/Trauma informed practice

ACE Interface Trainings/#s Trained:
 - 12/9/2016 (Human Services Campus)
 - 8/15/2016 (UWECI)

ACE Presentations/Attendees:
 - 9/15/2016: ACE Interface with Mentoring and Youth Development Programs (30)
 - 10/10/2016: Iowa Works (76)
 - 10/21/2016: Family Connections Library
 - 3/2/2017: Sexual Health Alliance of Linn & Johnson Counties (9)

Report Date
Jun 1, 2018

Progress on Strategy
 Complete On track Off track No progress

Progress notes: ACE Interface Trainings continue to be offered in Linn County.

| | | | | | |
|---------------|--|---------------|----------------|-------------|--------------|
| Objective 3-2 | By December 31, 2018 maintain/increase the number of community learning opportunities about ACEs/Trauma-Informed Care. | Baseline Year | Baseline Value | Target Year | Target Value |
| | | 2015 | TBD | 2019 | TBD |

Report Date
Jun 1, 2017

Year:
 Value:

Progress on Objective
 Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes: This objective was recently added, data has not yet been collected

Report Date
Jun 1, 2018

Year:
 Value:

Progress on Objective
 Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

| | | | |
|----------------|--|---------------|---|
| Strategy 3-2.1 | Train organizations that provide services to adult populations about trauma informed care. | Strategy Type | Environmental / Policy / Systems Change |
|----------------|--|---------------|---|

Who's Responsible
ACEs Steering Committee

Target Date
12/31/2018

Report Date
Jun 1, 2017

Progress on Strategy
 Complete On track Off track No progress

Progress notes:

Report Date
Jun 1, 2018

Progress on Strategy
 Complete On track Off track No progress

Progress notes: 'Paper Tigers' and 'Resilience' film screenings have been held, Art of ACEs and Faces of ACEs events are held annually. Community Partnership for Protecting Children

(CPPC) coordinated pinwheels and media coverage for Child Abuse Prevention Month (April). Resiliency & Trauma Informed Care Symposium training was hosted by Tanager Place and National Resilience Institute (NRI).

Community Priority

Behavioral Health

Goal #1 Increase access to mental health services

National Alignment

Mental Health and Mental Disorders

State Alignment

Mental Health and Mental Disorders

Objective 1-1 By January 1, 2019, increase the percentage of healthcare prescribers who provide mental health services in Linn County by 10%

| Baseline Year | Baseline Value | Target Year | Target Value |
|---------------|----------------|-------------|--------------|
| 2016 | 37 | 2019 | 41 |

Report Date

Year

Jun 1, 2017

2016

Value

37

Progress on Objective

- | | |
|--|--|
| <input type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend | <input checked="" type="checkbox"/> Not met, no trend |
| <input type="checkbox"/> Met, trend in wrong direction | <input type="checkbox"/> Not met, trend in wrong direction |

Progress notes: Baseline value was collected by Linn County Public Health in 2017

Report Date

Year

Jun 1, 2018

2017

Value

43

Progress on Objective

- | | |
|---|--|
| <input checked="" type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend | <input type="checkbox"/> Not met, no trend |
| <input type="checkbox"/> Met, trend in wrong direction | <input type="checkbox"/> Not met, trend in wrong direction |

Progress notes:

Strategy 1-1.1 Identify the current number of psychiatric healthcare prescribers who provide mental health services to their patients and those who accept Medicaid

Strategy Type

Long-Lasting Protective Intervention

Who's Responsible

Tanager Place, Mercy, UnityPoint, Abbe

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

- Complete On track Off track No progress

Progress notes: Abbe- 13
ASAC- 1
Associates for BH Care- Not accept
Cedar Centre- 7
Covenant Family Solutions-1
EIHC-1
Mercy- 8
Tanager- 3
Unity Point- 7

Report Date

6/1/2018

Progress on Strategy

- Complete On track Off track No progress

Progress notes: (Includes Telehealth)
Abbe-14/~8 FTEs
• Same Day Access for MH Assessments
• 2-3 week wait if meds are indicated
• Accepts Medicaid- does not "cap"
Cedar Centre-
Covenant Family Solutions-

- EIHC-
 Mercy-8/8 FTE
- Wait time varies- generally 4 weeks
 - Medicaid only accepted for psych. testing
- Tanager-2/1 FTE
- Currently not accepting for med management
 - Accepts Medicaid
- Unity Point-10 (8 inpatient, 2 peds. outpatient)
- 3-4 week wait for outpatient peds.
 - Cancellations almost daily
 - Currently accepts Medicaid

Strategy 1-1.2 Provide clear information to health professionals about all regional mental health access points.

Strategy Type
 Long-Lasting Protective Intervention

Who's Responsible
 Mercy, UnityPoint, Abbe, Eastern Iowa Health Center

Target Date
 1/1/2019

Report Date
 Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: Subcommittee is working on compiling a comprehensive list of mental health resources for both adult and pediatric populations, therapists available, non-medical resources such as integrative medicine, nutrition, exercise, spirituality/religion. A diagram or flow chart of a patient presenting will be created. The use of behavioral health mentoring programs should be continued, and the PHQ2 and 4 should be used as a screening tool in primary care settings. Eastern Iowa Health Center continues to provide mental health screening for new patient and annual visits.

Report Date
 6/1/2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: The Linn-Mar school district continued the mental health services program for the 2017-18 school year. Two behavioral health providers are mentoring medical students at Mercy Medical Center regarding mental health services. Mercy is also working to expand the use of PHQ2 and PHQ4 in primary care settings. The PHQ9 is administered if PHQ 2/4 are positive screens. The Linn County Detention Center is using the MAYSI-2 screening tool. There is also a new effort to focus on outreach to urgent cares to inform them of mobile crisis resources.

Strategy 1-1.3 Assess barriers and concerns non-traditional prescribers face related to providing mental health services

Strategy Type
 Long-Lasting Protective Intervention

Who's Responsible
 Mercy, UnityPoint, Linn County Public Health, Eastern Iowa Health Center

Target Date
 1/1/2019

Report Date
 Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes:

Report Date
 Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: This strategy has not been addressed due to other strategies being prioritized at a higher level.

Strategy 1-1.4 Implement a recruitment strategy to increase the number of mental health prescribers who are available in Linn County and those who provide Medicaid

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
Mercy, UnityPoint, Tanager, Abbe

Target Date
1/1/2019

Report Date: Jun 1, 2017
Progress on Strategy: Complete On track Off track No progress

Progress notes: Partner with Mental Health/Disability Services of the East Central Region to identify recruitment strategies for mental health providers. Senate File 2188 - An Act Relating to Prescription Authority for Certain Psychologists and Making Penalties Applicable was signed on May 27, 2016. Mercy recruited one psychologist and one child and adolescent counselor to start in fall 2016.

Report Date: Jun 1, 2018
Progress on Strategy: Complete On track Off track No progress

Progress notes: The Mental Health/Disability Services of the East Central Region provides \$20,000 incentive to mental health psychiatrists and ARNPs which stay for one year or longer at a mental health center. Abbe has added three telehealth providers and are exploring staff sharing with UnityPoint. Tanager utilizes telehealth and ARNPs for providers.

Strategy 1-1.5 Implement advocacy efforts at the local and state levels

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
Mercy, UnityPoint, Foundation 2, ASAC

Target Date
1/1/2019

Report Date: Jun 1, 2017
Progress on Strategy: Complete On track Off track No progress

Progress notes: Utilize lobbyists to provide representation at local and state-level advocacy events related to behavioral health. Public Health Day on the hill was 2-1-2017, and the East Central Region has a lobbyist.

Report Date: Jun 1, 2018
Progress on Strategy: Complete On track Off track No progress

Progress notes: Linn County partners have spoken to mental health barriers at Public Health Day on the Hill, and through lobbyist work on behalf of the East Central Region and Linn County. It has been identified that non-compete contracts from some employers are barriers to recruiting mental health providers.

Objective 1-2 By January 1, 2019 there will be a 10% increase in the number of successful mental health referrals through the TAVhealth system.

| Baseline Year | Baseline Value | Target Year | Target Value |
|---------------|----------------|-------------|-------------------|
| 2017 | Not applicable | 2019 | To be established |

Report Date: Jun 1, 2017
Year: 2017
Value: NA

Progress on Objective: Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes: Baseline data on the number of TAV referrals is not yet available due to the launch of TAV in 2017.

Report Date

Jun 1, 2018

Year

2018

Value

NA

Progress on Objective

- Met, trend in right direction Not met, trend in right direction
- Met, no trend Not met, no trend
- Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Strategy 1-2.1 Research and quantify current mental health referral processes

Strategy Type

Environmental / Policy / Systems Change

Who's Responsible

Linn County Public Health

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

- Complete On track Off track No progress

Progress notes: Mercy Medical Center is working to improve discharge planning process to include follow-up and linkage to services post discharge. LCPH is working with United Way - 211 to better identify agencies that provide mental health services.

Report Date

Jun 1, 2018

Progress on Strategy

- Complete On track Off track No progress

Progress notes: TAVHealth was launched in 2017, so preliminary data is available, however agencies are continue to ramp up utilization of the TAVConnect system. 211 and community resource sheets are also used to improve referral processes.

Strategy 1-2.2 Identify best practice methods for implementing crisis mental health services

Strategy Type

Environmental / Policy / Systems Change

Who's Responsible

Foundation 2

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

- Complete On track Off track No progress

Progress notes: A list of best practices has been identified, including the following practices:

- Mobile Crisis Outreach and Crisis Center
- Waypoint Crisis Line for domestic violence
- Riverview – sexual assault crisis line
- SASC – 24-hour gambling crisis line (walk-in availability)
- Promote Mental Health/Disability Services of the East Central Region sponsored warm line
- Tanager Place – if in crisis will get priority appointment (school and community)
- Abbe walk-in window
- Assign mental health professional to partner with law enforcement

Other best practices that are not offered in Linn County still needs to be identified.

Report Date

Jun 1, 2018

Progress on Strategy

- Complete On track Off track No progress

Progress notes: Best practice methods have been identified.

Strategy 1-2.3 Develop and implement a procedure to increase crisis mental health service opportunities

Strategy Type

Long-Lasting Protective Intervention

Who's Responsible

Foundation 2

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: Current goal for services provided after a referral is longer than the goal of 2 weeks.

Report Date

Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: No activity since last update.

Strategy 1-2.4 Educate the community about available mental health resources

Strategy Type

Counseling & Education

Who's Responsible

Foundation 2, Tanager Place, ASAC

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes:

Report Date

Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes:

Strategy 1-2.5 Continue the use of mental health screenings within primary care offices

Strategy Type

Clinical Intervention

Who's Responsible

Mercy, UnityPoint, Eastern Iowa Health Center, Abbe

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: Mercy Medical Center is working to increase utilization of assessment tool for depression by primary care physicians. Deploy access nurses for any patient with identified behavioral health issues within the hospital as needed. Patient's mental health and substance abuse status will be assessed by access nurse. If issue(s) identified, services are provided during inpatient stay, incorporated into the treatment plan and discharge planning process. This is an ongoing and current practice.

Report Date

Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: Mercy Medical center had a process to deploy access nurses for any patient with identified behavioral health issues within the hospital as needed. Patient's mental health and substance abuse status will be assessed by access nurse. If issue(s) identified, services are provided during inpatient stay, incorporated into the treatment plan and discharge planning process.

Strategy 1-2.6 Provide community members access to services through the use of telehealth services

Strategy Type

Environmental / Policy / Systems Change

Who's Responsible

Mercy, UnityPoint, Eastern Iowa Health Center, Abbe

Target Date

1/1/2019

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2017 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input type="checkbox"/> On track <input checked="" type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: Mercy Medical Center is exploring opportunities to provide behavioral health services through the use of telehealth

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2018 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: Mercy is doing more telepsych as part of Employee Assistance Plan program offerings, plan to expand as part of this service after July 1, 2018.

| | | | | | |
|---------------|--|---------------|----------------|-------------|--------------|
| Objective 1-3 | By January 1, 2019, there will be a 2% reduction in adults who report poor mental health | Baseline Year | Baseline Value | Target Year | Target Value |
| | | 2013 | 29.6% | 2019 | 27.6% |

| | | |
|-----------------------------------|---------------------|--|
| <u>Report Date</u> Jun 1, 2017 | <u>Year</u> 2014 | <u>Progress on Objective</u> <input type="checkbox"/> Met, trend in right direction <input type="checkbox"/> Not met, trend in right direction <input type="checkbox"/> Met, no trend <input type="checkbox"/> Not met, no trend <input type="checkbox"/> Met, trend in wrong direction <input checked="" type="checkbox"/> Not met, trend in wrong direction |
| <u>Value</u> 33.9% | | |

Progress notes:

| | | |
|-----------------------------------|---------------------|--|
| <u>Report Date</u> Jun 1, 2018 | <u>Year</u> 2016 | <u>Progress on Objective</u> <input type="checkbox"/> Met, trend in right direction <input type="checkbox"/> Not met, trend in right direction <input type="checkbox"/> Met, no trend <input type="checkbox"/> Not met, no trend <input type="checkbox"/> Met, trend in wrong direction <input checked="" type="checkbox"/> Not met, trend in wrong direction |
| <u>Value</u> 33.5% | | |

Progress notes:

Strategy 1-3.1 **Develop and implement a mental health awareness campaign that addresses stigma related to mental health issues** Strategy Type
Clinical Intervention

Who's Responsible
ASAC, Abbe, NAMI Target Date
1/1/2019

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2017 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: "Pinwheels for Prevention" campaign in April 2017. Messaging includes remedies for resilient families and promotes proper treatment for mental illness and substance abuse.

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2018 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: "Pinwheels for Prevention" campaign was completed in April 2018.

Strategy 1-3.2 **Promote prevention and stigma reducing services through social services, youth & adolescent organizations, faith based organizations, and providers serving at-risk populations** Strategy Type
Clinical Intervention

Who's Responsible
ASAC, Abbe, NAMI Target Date
1/1/2019

Report Date
Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: Activities continue targeting: homeless, youth, veterans, victims of violence, youth in juvenile justice system, correctional system, and other at-risk populations.

Report Date
Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: ASAC has launched the You are More campaign

Goal #2 Decrease the rate of suicide in Linn County

National Alignment

Mental Health and Mental Disorders

State Alignment

Mental Health and Mental Disorders - Suicide

| | | | | | |
|---------------|---|---------------|------------------|-------------|-----------------|
| Objective 2-1 | By January 1, 2019 adult suicide rates will be decreased by 10% | Baseline Year | Baseline Value | Target Year | Target Value |
| | | 2011 | 12.7 per 100,000 | 2019 | 9.9 per 100,000 |

Report Date
Jun 1, 2017

Year
2015

Value
12.9 per 100,000

Progress on Objective

Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Report Date
Jun 1, 2018

Year
2015

Value
12.9 per 100,000

Progress on Objective

Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Strategy 2-1.1 Identify existing services in Linn County related to suicide prevention

Strategy Type

Environmental / Policy / Systems Change

Who's Responsible
Foundation 2, Suicide Prevention Coalition

Target Date
1/1/2019

Report Date
Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: ASIST training is offered periodically throughout the year. Many community partners promoted and participated in the International Survivors of Suicide Day Conference on November 19, 2016.

Report Date
Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: ASIST training continues to be offered throughout Linn County. Adult and youth mental health first aid continues to be offered on an ongoing basis.

Strategy 2-1.2 Increase early intervention services

Strategy Type

Environmental / Policy / Systems Change

Who's Responsible
 Mercy, Suicide Prevention Coalition

Target Date
 1/1/2019

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2017 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: Mercy added a suicide-related question to depression assessment, UnityPoint Point screens for suicide. If positive screen, patient is referred and gets into counseling center within 24 hours. Cedar Rapids Community Schools are integrating suicide risk assessment into Social, Emotional, Behavioral assessment.

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2018 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: An Access Center is being created for Linn County, supported by the East Central Region and Linn County, among other partners. The Access center will allow for early and lower cost intervention.

Strategy 2-1.3 Promote and Expand upon existing suicide prevention efforts and programs

Strategy Type
 Long-Lasting Protective Intervention

Who's Responsible
 Mercy, Suicide Prevention Coalition

Target Date
 1/1/2019

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2017 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: Community partners continue to promote Foundation 2 services such as Mobile Crisis Outreach, crisis phone counseling, and crisis chat. ASIST training continues to be offered. Zero Suicide has been identified as a potential tool, but funding is a barrier.

Strategy 2-1.4 Partner with firearm dealers, Linn County Sheriff's office, and gun owner groups to incorporate suicide awareness as a basic part of firearm safety and responsible firearm ownership

Strategy Type
 Environmental / Policy / Systems Change

Who's Responsible
 Foundation 2, Suicide Prevention Coalition

Target Date
 1/1/2019

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2017 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input checked="" type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes:

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2018 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input checked="" type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes:

Objective 2-2 By January 1, 2019, there will be a 25% increase in the number of Adult and Youth MHFA classes in Linn County compared to the baseline year.

| Baseline Year | Baseline Value | Target Year | Target Value |
|---------------|----------------|-------------|--------------|
| 2016 | 15 | 2019 | 19 |

| | |
|-----------------------------------|--|
| <u>Report Date</u> Jun 1, 2017 | <u>Year</u> <input type="text" value="2017"/> |
| | <u>Value</u> <input type="text" value="NA"/> |

| | |
|--|--|
| <u>Progress on Objective</u> | |
| <input type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend | <input checked="" type="checkbox"/> Not met, no trend |
| <input type="checkbox"/> Met, trend in wrong direction | <input type="checkbox"/> Not met, trend in wrong direction |

Progress notes: A baseline for education provided to target populations has not been identified.

Report Date
Jun 1, 2018

Year
2017

Value
13

Progress on Objective

Met, trend in right direction Not met, trend in right direction

Met, no trend Not met, no trend

Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Strategy 2-2.1 **Assess current suicide prevention practices conducted within the community**

Strategy Type
Long-Lasting Protective Intervention

Who's Responsible
Suicide Prevention Coalition

Target Date
J1/1/2019

Report Date
Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: Adult and Youth Mental Health First Aid training dates are shared with partners on a quarterly basis. Foundation 2 provides education to worksites, and distributes the results of the statewide survey related to suicide prevention practices.

Report Date
Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: Mental health first aid classes are shared among the Mental Health Workgroup. Classes have been offered on the following dates:
 *Adult MHFA - Jan 12-13, 2016 / Mar 8-9, 2016 / Apr 23, 2016 / Apr 30, 2016 / May 10-11, 2016 / May 14, 2016 / July 21 & 28, 2016 / Aug 4 & 11, 2016 / Sep 13-14, 2016 / Oct 18, 2016 / Nov 8, 2016 / Nov 16, 2016 / Jan 10, 2017 / Mar 7, 2017 / Mar 31, 2017 / May 9 & 11, 2017 / Jul 11 & 13, 2017 (A)/ Aug 17, 2017 / Sep 8, 2017 (A)/ Sept 12 & 14, 2017 (A)/ Nov 14 & 16, 2017 (A)/ Mar 5 & 7, 2018 (C) / Mar 13 & 15, 2018 (A)/ May 8 & 10, 2018 (A)/
 *Youth MHFA - May 4-5, 2016 / June 22-23, 2016 / Aug 3-4, 2016 / Apr 25-26, 2017 / Aug 17 & 21, 2017 (A) / Aug 18 & Sep 13, 2017 (A) / Sep 28, 2017 (T)/ Mar 19, 2018 (A)/ May 24, 2018 (T)/ July 26, 2018 (T)/ Oct 8, 2018 (T)

Strategy 2-2.2 **Assess the current suicide prevention curriculum and practices implemented within the Linn County school system**

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
Suicide Prevention Coalition, Cedar Rapids Community Schools

Target Date
1/1/2019

Report Date
Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: Curriculum is used in Cedar Rapids, Linn-Mar, Marion Independent, and Mt. Vernon schools

Report Date
Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: College Community uses Second Step for curriculum in the Social Emotional/ counseling areas for K-8. Cedar Rapids Community School District has a need for staff training on how to respond to a suicide. Foundation 2 will assist with this request.

Strategy 2-2.3 Standardize the implementation of evidence-based suicide prevention curriculum across one Linn County school district

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
Suicide Prevention Coalition, Cedar Rapids Community Schools

Target Date
1/1/2019

Report Date
Jun 1, 2017

| <u>Progress on Strategy</u> | | | |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: Cedar Rapids schools will implement Signs of Suicide in the 2017-2018 school year.

Report Date
Jun 1, 2018

| <u>Progress on Strategy</u> | | | |
|-----------------------------------|-----------------------------------|---|--------------------------------------|
| <input type="checkbox"/> Complete | <input type="checkbox"/> On track | <input checked="" type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: No progress since 2017.

Strategy 2-2.4 Educate and train teachers, youth-based staff, and healthcare providers on identifying warning signs and behaviors related to serious mental health illness and referring patients to needed services

Strategy Type
Clinical Intervention

Who's Responsible
Foundation 2, Four Oaks, Tanager, Cedar Rapids Community School District

Target Date
1/1/2019

Report Date
Jun 1, 2017

| <u>Progress on Strategy</u> | | | |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: Abbe Health provides Adult and Youth Mental Health First Aid three times per year. Tanager Place offers Youth Mental Health First Aid quarterly. Training is open to the community for a small fee to cover materials.

Report Date
Jun 1, 2018

| <u>Progress on Strategy</u> | | | |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: Beginning in March, Tanager Place will be offering Youth Mental Health First Aid on a quarterly basis. The training will be open to the community. There will be a small fee associated with the training to cover the cost of materials.

Strategy 2-2.5 Educate parents on identifying warning signs and behaviors related to serious mental health illness and the resources available in the community

Strategy Type
Counseling & Education

Who's Responsible
Foundation 2, Four Oaks, Tanager

Target Date
1/1/2019

Report Date
Jun 1, 2017

| <u>Progress on Strategy</u> | | | |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: ASIST and Youth Mental Health First Aid continue to be offered community-wide. Safe Talk, an adaptation of ASIST is being explored.

Report Date
Jun 1, 2018

| <u>Progress on Strategy</u> | | | |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: ASIST and Youth Mental Health First Aid continue to be offered community-wide.

Strategy 2-2.6 Promote positive adult to child relationships to increase social connectedness

Strategy Type
Long-Lasting Protective Intervention

Who's Responsible

Foundation 2, ACEs Steering Committee, Cedar Rapids Community School District

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: Activities have been aligned with the ACEs section of the CHIP.

Report Date

Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: Activities have been aligned with the ACEs section of the CHIP.

Goal #3 Decrease the rate of substance abuse among adults and adolescents

National Alignment

Substance Abuse

State Alignment

Addictive Behaviors

Objective 3-1 By January 1, 2019, the rate of binge and underage drinking will be reduced by 2%

Baseline Year

2014

Baseline Value

8% adolescent
17.9% adult

Target Year

2019

Target Value

6% adolescent
15.9% adult

Report Date

Jun 1, 2017

Year

2016

Value

8% adolescent
18.2% adult

Progress on Objective

Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Report Date

Jun 1, 2018

Year

2016

Value

8% adolescent
19.1% adult

Progress on Objective

Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Strategy 3-1.1 Increase outreach and education to homeless population providers

Strategy Type

Counseling & Education

Who's Responsible

Area Substance Abuse Council, Continuum of Care, Mission of Hope

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: Linn County Continuum of Care has received 4 presentations and has been offered Mental health First Aid. Healthcare for the Homeless coalition has received education on behavioral health referrals.

Report Date

Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: A representative from the Mental Health Region provided education on Trauma Informed Care to the Continuum of Care group at April 24th meeting. The Health

Care for the Homeless Committee is continuing to work to find a speaker on schizophrenia or bipolar disorder for the November Continuum meeting.

Presentation on "Substance Abuse Trends in Linn County" to Continuum of Care group.

Mental Health First Aid offerings have been distributed to Continuum of Care. The most recent offering was March 2017.

Strategy 3-1.2 Establish a system to connect homeless and vulnerable populations with mental health and support services

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible

Area Substance Abuse Council, Continuum of Care, Foundation 2, Mission of Hope

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: The SIM referral system project, TAVHealth, will be used as a tool for referrals.

Report Date

Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: TAVHealth launched in the fall of 2017. This process allows for referrals between mental health and social service providers.

Strategy 3-1.3 Identify the source adolescents use to obtain alcohol

Strategy Type
Long-Lasting Protective Intervention

Who's Responsible

Area Substance Abuse Council

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: Will use results from the 2016 Iowa Youth Survey

Report Date

Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: ASAC staff presented new IYS survey data to the community. Different organizations invited and in attendance include Linn Co PH, Youth serving organizations, local law enforcement, first responders, civic groups and other coalitions. Discussion was had after presentation about what entities could do with updated data.

Strategy 3-1.4 Use adolescent alcohol access data to support the utilization of a comprehensive evidence-based alcohol prevention program

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible

Area Substance Abuse Council

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: Alcohol access data to be updated spring 2017. Ongoing promotion of ASAC facilitated evidence-based practices in 14 locations first quarter 2017.

Report Date
Jun 1, 2018

| Progress on Strategy | | | |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: ASAC has promoted their evidence-based programming to all school districts in Linn County.

ASAC staff reached out to current schools where evidence based programming is being facilitated to set up programming for school year 18-19. Staff also reached out to schools who did not have programming this year to see about extending services.

Strategy 3-1.5 Provide evidence-based prevention programming to youth to increase critical life skills needed to abstain from alcohol

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
Area Substance Abuse Council

Target Date
1/1/2019

Report Date
Jun 1, 2017

| Progress on Strategy | | | |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: ASAC implements evidence-based programming in schools and youth serving organizations following fidelity. Evaluation tools are utilized for programming, and sustainability plans are developed with organizations receiving programming.

Report Date
Jun 1, 2018

| Progress on Strategy | | | |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: ASAC staff provided programming for over 20 groups in Linn County this year. Staff also provides programming at 5 youth serving organizations throughout the school year. Sustainability plans have been created for programming with schools in the 2018-19 school year.

Strategy 3-1.6 Investigate and assess policies that encourage a reduction in adolescent access to alcohol and binge drinking behaviors

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
Area Substance Abuse Council

Target Date
1/1/2019

Report Date
Jun 1, 2017

| Progress on Strategy | | | |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: A policy assessment identified youth venues policies, community event policies, workplace ATOD policies as best practices.

Report Date
Jun 1, 2018

| Progress on Strategy | | | |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: ASAC continues to work with businesses and community events to discuss risk and liability to serving alcohol including underage and binge drinking.

Strategy 3-1.7 Promote the adoption of relevant policies

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
Area Substance Abuse Council

Target Date
1/1/2019

Report Date
Jun 1, 2017

Progress on Strategy
 Complete On track Off track No progress

Progress notes: Currently ASAC has reached out and offered technical assistance to over 50 businesses, youth venues, and communities to update ATOD policies.

Report Date
Jun 1, 2018

Progress on Strategy
 Complete On track Off track No progress

Progress notes: ASAC staff have reached out and provided TA to over 50 businesses, youth venues, and communities to updated any ATOD policies.

Objective 3-2 By January 1, 2019 the rate of marijuana use among adolescents will be reduced by 2%

| Baseline Year | Baseline Value | Target Year | Target Value |
|---------------|----------------|-------------|--------------|
| 2014 | 5% | 2019 | 3% |

Report Date
Jun 1, 2017

Year
2016

Value
4%

Progress on Objective
 Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Report Date
Jun 1, 2018

Year
2016

Value
4%

Progress on Objective
 Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Strategy 3-2.1 Increase outreach and education among adolescents to increase perception of harm regarding marijuana use

Strategy Type
Counseling & Education

Who's Responsible
Area Substance Abuse Council

Target Date
1/1/2019

Report Date
Jun 1, 2017

Progress on Strategy
 Complete On track Off track No progress

Progress notes: ASAC implemented a Marijuana campaign during FY16.

Report Date
Jun 1, 2018

Progress on Strategy
 Complete On track Off track No progress

Progress notes: ASAC and Linn County Coalition began implementation of You are More campaign which connects youth substance use to mental health. ASAC is focusing on social media and targeted outreach to Linn County schools.

Strategy 3-2.2 Increase outreach and education through environmental practices that prohibit accessibility to marijuana paraphernalia and marketing

Strategy Type
Long-Lasting Protective Intervention

Who's Responsible
Area Substance Abuse Council

Target Date
1/1/2019

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2017 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: New law, HF 295, prevents counties from adopting ordinances on sales of drug paraphernalia. ASAC partnered with Coe College to update a college policy on tracking alcohol and drug incidents among students to increase retention and support students.

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2018 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: One business in Linn county changed policy to include age of purchaser to 18. City of Marion is looking into potentially passing ordinance to do the same.

ASAC worked on increasing community readiness on marijuana para and marketing restrictions during FY18. This included implementing educational activities, materials and a petition which includes over 200 signatures of those who support an age restriction on sales.

ASAC held updated CASICS training to local college counselors. CASICS is a brief intervention procedure that allows counselors to obtain information as to if students are in need of substance abuse treatment in regards to Marijuana.

Strategy 3-2.3 **Increase outreach and education on identification and referral to treatment** Strategy Type
Clinical Intervention

Who's Responsible Area Substance Abuse Council Target Date 1/1/2019

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2017 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: The Marketing and Events Committee of the Linn County Coalition for Safe & Healthy Communities, with the help of youth advocacy groups, have developed the theme and messaging for a campaign titled, "You Are More." The campaign will take place in May in coordination with Mental Health Awareness month. ASAC staff work on distribution of new crime stopper materials highlighting the Linn County Text to Tip Hotline targeting local youth.

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2018 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: ASAC still promoting www.asac.us/gethelp website to explain process of getting treatment for self and loved ones. New promotional videos of community members discussing the impact of ASAC's help are now up on the website and on social media.

ASAC will be rolling out new promotional campaign this summer to follow up with the one listed above. IT will be celebrating those in recovery and the milestones that come with recovery.

ASAC staff continues to work with Linn County Crimestoppers.

| | | | | | |
|---------------|--|---------------|----------------|-------------|--------------|
| Objective 3-3 | By January, 1 2019 the rate of prescription drug abuse and misuse will be stabilized | Baseline Year | Baseline Value | Target Year | Target Value |
| | | 2014 | 4% | 2019 | <=4% |

Report Date

Jun 1, 2017

Year

2016

Value

4%

Progress on Objective

- Met, trend in right direction
- Met, no trend
- Met, trend in wrong direction
- Not met, trend in right direction
- Not met, no trend
- Not met, trend in wrong direction

Progress notes:

Report Date

Jun 1, 2018

Year

2016

Value

4%

Progress on Objective

- Met, trend in right direction
- Met, no trend
- Met, trend in wrong direction
- Not met, trend in right direction
- Not met, no trend
- Not met, trend in wrong direction

Progress notes:

Strategy 3-3.1 Engage and partner with local law enforcement agencies, pharmacies, and physicians

Strategy Type

Long-Lasting Protective Intervention

Who's Responsible

Cedar Rapids Police Department Heroin Initiative

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: 72 providers are using Prescription Drug Monitoring Program (PMP). ASAC staff utilize the new CDC prescribing guidelines which include utilizing the PMP when working with medical providers. ASAC staff utilize talking points with medical providers discussing the utilization of the PMP as the main evidence based strategy when dealing with the Rx/Heroin epidemic.

Report Date

Jun 1, 2018

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: ASAC staff continue to utilize the new CDC prescribing guidelines which include utilizing the PMP when working with medical providers. ASAC staff utilize talking points with medical providers discussing the utilization of the PMP as the main evidence based strategy when dealing with the Rx/Heroin epidemic.

Strategy 3-3.2 Utilize opportunities to prevent misuse/abuse at the point of prescription

Strategy Type

Long-Lasting Protective Intervention

Who's Responsible

Cedar Rapids Police Department Heroin Initiative

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: Count, lock, dispose campaign participation by providers is underway; RX Prevention tool kits provided by prescribers; PMP policy/promo beginning July 2016.

Report Date

Jun 1, 2018

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: Count, lock, dispose campaign participation by providers is underway; RX Prevention tool kits provided by prescribers; PMP policy/promo beginning July 2016.

Strategy 3-3.3 Increase outreach and education to increase perception of harm of prescription medication use among younger adolescents

Strategy Type
Counseling & Education

Who's Responsible
Cedar Rapids Police Department Heroin Initiative

Target Date
1/1/2019

Report Date: Jun 1, 2017
Progress on Strategy: Complete On track Off track No progress

Progress notes: Evidence based substance abuse education being provided in schools and local youth serving organizations

Report Date: Jun 1, 2018
Progress on Strategy: Complete On track Off track No progress

Progress notes: ASAC staff did not purchase programming due to lack of evidence behind it. Staff has created information to facilitate in schools and have reached over 150 middle school students and parents.

Strategy 3-3.4 Increase education on Count, Lock, and Disposal practices

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
Cedar Rapids Police Department Heroin Initiative

Target Date
1/1/2019

Report Date: Jun 1, 2017
Progress on Strategy: Complete On track Off track No progress

Progress notes: Partnership between ASAC and Cedar Rapids schools on count, lock, and disposal practices.

Report Date: Jun 1, 2018
Progress on Strategy: Complete On track Off track No progress

Progress notes: ASAC staff trained school nurses on opioid issues but no policy changes were made.

Strategy 3-3.5 Increase outreach and education on identification and referral to treatment

Strategy Type
Counseling & Education

Who's Responsible
Cedar Rapids Police Department Heroin Initiative

Target Date
1/1/2019

Report Date: Jun 1, 2017
Progress on Strategy: Complete On track Off track No progress

Progress notes:

Report Date: Jun 1, 2018
Progress on Strategy: Complete On track Off track No progress

Progress notes: ASAC has a promotional campaign to inform the public on treatment availability

Objective 3-4 By January 1, 2019, reduce the percentage of adults and adolescents who currently use nicotine delivery products including cigars, cigarettes, smokeless tobacco, and electronic smoking devices by 2%

| Baseline Year | Baseline Value | Target Year | Target Value |
|---------------|---|-------------|---|
| 2014 | Youth: Ecig=5%, Cigar=2%, Cigarette=3% | 2019 | Youth: Ecig=3%, Cigar=0%, Cigarette=1% |

Report Date

Jun 1, 2017

Year

2016

Value

Youth:
Ecig=3%,
Cigar=1%,
Cigarette=4%

Progress notes:

Progress on Objective

- Met, trend in right direction
- Not met, trend in right direction
- Met, no trend
- Not met, no trend
- Met, trend in wrong direction
- Not met, trend in wrong direction

Report Date

Jun 1, 2018

Year

2016

Value

Youth:
Ecig=3%,
Cigar=1%,
Cigarette=4%

Progress notes:

Progress on Objective

- Met, trend in right direction
- Not met, trend in right direction
- Met, no trend
- Not met, no trend
- Met, trend in wrong direction
- Not met, trend in wrong direction

Strategy 3-4.1 Promote evidence-based tobacco cessation strategies and outlets

Strategy Type

Long-Lasting Protective Intervention

Who's Responsible

Area Substance Abuse Council, Mercy

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: Quitline is promoted among young people and adults, as well as medical and behavioral health providers. 295 referrals in FY17, 7.72% of Iowa total. Tobacco cessation classes offered monthly at Mercy. UnityPoint chemical dependency provides brochures on tobacco cessation to all patients.

Report Date

Jun 1, 2018

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: Quitline reports are no longer sent via email from IDPH, but are available upon request. Quitline is being promoted to medical and behavioral health providers.

Strategy 3-4.2 Work with school districts, colleges and worksites to improve campus regulation of nicotine use

Strategy Type

Environmental / Policy / Systems Change

Who's Responsible

Area Substance Abuse Council, Mercy

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: All K12 schools are tobacco free/nicotine free. 1 of the 4 colleges/universities have a policy. Technical assistance has been provided to 2 colleges to go tobacco/nicotine free.

Report Date

Jun 1, 2018

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: ASAC has reached out to over 20 Linn county worksites to discuss policy change. 4 businesses have made changes. ASAC will continue to work with worksites to

provide sample nicotine/tobacco free policies through the end of FY18 and through FY19.

Strategy 3-4.3 Partner with health care providers to increase tobacco screening in health care settings and referral to support services Strategy Type
Long-Lasting Protective Intervention

Who's Responsible Target Date
Area Substance Abuse Council, Mercy 1/1/2019

Report Date Progress on Strategy
Jun 1, 2017 Complete On track Off track No progress

Progress notes:

Report Date Progress on Strategy
Jun 1, 2018 Complete On track Off track No progress

Progress notes: ASAC is working with Mercy to continue utilization of a nicotine assessment and cessation advised assessment (for positively assessed for tobacco use) in primary care offices for all patients 13 and older.

Strategy 3-4.4 Investigate and assess policies that encourage a reduction in adolescent access to nicotine products and protect community members from unwanted exposure to second hand smoke and nicotine Strategy Type
Environmental / Policy / Systems Change

Who's Responsible Target Date
Area Substance Abuse Council, Cedar Rapids Wellbeing Committee 1/1/2019

Report Date Progress on Strategy
Jun 1, 2017 Complete On track Off track No progress

Progress notes: Assessment is complete, identified strategies include schools, parks, housing.

Strategy 3-4.5 Promote the adoption of relevant policies related to nicotine delivery products Strategy Type
Environmental / Policy / Systems Change

Who's Responsible Target Date
Area Substance Abuse Council 1/1/2019

Report Date Progress on Strategy
Jun 1, 2017 Complete On track Off track No progress

Progress notes: Six Linn County communities have nicotine-free parks. Worksite policies promoted at an area conference and roundtable. Working with local colleges to implement nicotine free campus policies.

Report Date Progress on Strategy
Jun 1, 2018 Complete On track Off track No progress

Progress notes: Marion passed an additional nicotine free "parks" policy in their alley art section of town. ASAC staff continues to work with key stakeholders to change policy in Cedar Rapids. ASAC staff continues to work with local housing organizations, YTD in FY18, 3 large companies have changed policies.

Strategy 3-4.6 Increase enforcement of regulations related to the access of electronic smoking devices among adolescents Strategy Type
Environmental / Policy / Systems Change

Who's Responsible Target Date
Area Substance Abuse Council 1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: Community presentations on the sale of paraphernalia, compliance checks are ongoing.

Report Date

Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: ASAC continues to educate on issues with ESD's when discussing emerging drug trends.

Community Priority

Health Promotion

Goal #1 Increase data sharing and effective use of technology among the local public health system in order to identify and address emerging health trends

National Alignment

Public Health Infrastructure - Data and Information Systems

State Alignment

Preparedness and Response - Technical and Communication Capacity

Objective 1-1 By January 1, 2019 a written process for data sharing among partners within the local public health system will be established

| Baseline Year | Baseline Value | Target Year | Target Value |
|---------------|----------------|-------------|---------------|
| 2016 | 0% complete | 2016 | 100% complete |

Report Date

Jun 1, 2017

Year

2017

Value

0%

Progress on Objective

- Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Report Date

Jun 1, 2018

Year

2017

Value

10%

Progress on Objective

- Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Strategy 1-1.1 Identify community partners interested in data sharing

Strategy Type

Clinical Intervention

Who's Responsible

Linn County Public Health, United Way

Target Date

7/1/2016

Report Date

Jun 1, 2017

Progress on Strategy

- Complete On track Off track No progress

Progress notes: Agencies with GIS capability have been identified.

Report Date

Jun 1, 2018

Progress on Strategy

- Complete On track Off track No progress

Progress notes: An initial group of individuals and agencies including the Cedar Rapids and Marion police departments, City of Cedar Rapids (wellbeing advisory committee), LCCS, LCPH, United Way, Kirkwood, and LCGIS were gathered to discuss the visualization and data sharing software, Tableau. Further plans are in the works to invite other organizations to the table to facilitate data sharing.

Strategy 1-1.2 Create a data sharing document approved by Linn County Attorney's office, which may be augmented by community partners to meet the legal needs of the partner

Strategy Type

Long-Lasting Protective Intervention

Who's Responsible

Linn County Public Health

Target Date

7/1/2016

Report Date
Jun 1, 2017

Progress on Strategy
 Complete On track Off track No progress

Progress notes: Data indicators to be shared have been identified.

Report Date
Jun 1, 2018

Progress on Strategy
 Complete On track Off track No progress

Progress notes:

Strategy 1-1.3 **Draft written process for data sharing** Strategy Type
Long-Lasting Protective Intervention

Who's Responsible
Together! Healthy Linn Health Promotion Subcommittee

Target Date
7/1/2016

Report Date
Jun 1, 2017

Progress on Strategy
 Complete On track Off track No progress

Progress notes: LCPH is in the process of finalizing the draft of data categories to disseminate to community partners for additional feedback on missing or desired indicators with data source availability.

Report Date
Jun 1, 2018

Progress on Strategy
 Complete On track Off track No progress

Progress notes: Engaged community partners have convened to discuss data sharing process

Goal #2 Decrease preventable diseases through health education in the community

National Alignment
Substance Abuse, Sexually Transmitted Diseases

State Alignment
Addictive Behaviors, Acute Disease - Immunization and Infectious Disease

| | | | | | |
|---------------|---|---------------|----------------|-------------|--------------|
| Objective 2-1 | By January 1, 2019 increase the number of people reached through substance abuse prevention education by 2% | Baseline Year | Baseline Value | Target Year | Target Value |
| | | 2016 | 19,423 | 2019 | 19,811 |

Report Date
Jun 1, 2017

Year
2017

Value
NA

Progress on Objective
 Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes: Data for this measure has not yet been collected.

Report Date
Jun 1, 2018

Year
2017

Value
14,371

Progress on Objective
 Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Strategy 2-1.1 **Collect data from Mercy, UnityPoint, ASAC and district school systems for types of substance abuse education being provided and number of individuals reached** Strategy Type
Counseling & Education

Who's Responsible
ASAC, Cedar Rapids School District, Mercy, UnityPoint

Target Date
1/1/2019

Report Date
Jun 1, 2017

Progress on Strategy
 Complete On track Off track No progress

Progress notes: A survey was created to collect data on substance abuse education provided, but response rate was very low.

Report Date
Jun 1, 2018

Progress on Strategy
 Complete On track Off track No progress

Progress notes: Survey was not conducted during 2017-2018 school year. Can look into implementing during 2018-2019 year.

Strategy 2-1.2 Identify barriers related to healthy decision making regarding substances

Strategy Type
Long-Lasting Protective Intervention

Who's Responsible
ASAC

Target Date
1/1/2019

Report Date
Jun 1, 2017

Progress on Strategy
 Complete On track Off track No progress

Progress notes: Community assessment was completed and results were shared with committee.

Report Date
Jun 1, 2018

Progress on Strategy
 Complete On track Off track No progress

Progress notes: Community Assessment workbook updated in 2017. Will update again in 2018.

Strategy 2-1.3 Expand upon existing school based and community substance abuse education using evidence based curriculum

Strategy Type
Counseling & Education

Who's Responsible
ASAC

Target Date
1/1/2019

Report Date
Jun 1, 2017

Progress on Strategy
 Complete On track Off track No progress

Progress notes: ASAC staff providing EBP in schools will meet with school staff and create plans for 2017-2018 school year before completing 2016-2017 school year.

Report Date
Jun 1, 2018

Progress on Strategy
 Complete On track Off track No progress

Progress notes: ASAC staff reached out to Linn County school districts to discuss needs for evidence-based programming. ASAC staff provides information to school districts on evidence based programming as well as other trainings that can be provided to school staff. Staff discusses needs and gaps and creates plan to fit needs. ASAC is currently facilitating evidence-based programming at the following Linn county school districts: CRCSD, North Linn, and Alburnett. We are in the works to start programming at Springville and Mt. Vernon soon. We also continue to support health classes at Marion and College Community by facilitating lessons within the already existing health curriculums.

Strategy 2-1.4 Provide education to the community regarding the current status of substance issues and how the issues may be prevented and addressed by targeted audiences (policy makers, healthcare and service

providers, and community members)

Strategy Type

Environmental / Policy / Systems Change

Who's Responsible

ASAC

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: Emerging drug trends training, Advanced emerging drug trends training, and TIPS training have been offered.

Report Date

Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: ASAC continues to provide community level, bi-annual emerging drug trends trainings. ASAC also offers drug trends trainings to schools, community groups, organizations, businesses, and faith communities. ASAC has stopped implementing advance drug trends and have blended both basic and advanced trainings into one training. ASAC continues to provide TIPS trainings to local businesses as needed. Due to funding, ASAC has only sustained two staff trained as trainers. The need/want for this training has greatly decreased over the last year.

Strategy 2-1.5 Implement social marketing campaigns

Strategy Type

Counseling & Education

Who's Responsible

ASAC

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: The Get Help and You Are More campaigns have been implemented in 2016 and 2017.

Report Date

Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: ASAC continues to promote the www.asac.us/gethelp website through media articles and social media. ASAC has filmed their second round of commercials this spring. ASAC continues to promote social marketing campaign educating on Marijuana issues including lowering IQ, "Natural"-ness of the drug, and consequences of youth use. ASAC continues to implement social media as well as poster campaign discussing connection to substance use and mental health. The campaign also includes the ASAC teen page at www.asac.us/teens.

Objective 2-2 By January 1, 2019 stabilize the positivity rate of Chlamydia, Syphilis, and HIV

| Baseline Year | Baseline Value | Target Year | Target Value |
|---------------|--|-------------|--|
| 2014 | Chl=486, Syph=10.1, HIV 6.9 per 100,000 population | 2019 | Chl=486, Syph=10.1, HIV 6.9 per 100,000 population |

Report Date

Jun 1, 2017

Year

2016

Value

Chl=480,
Syph=14.0,
HIV=9.0 per
100,000
population

Progress on Objective

- Met, trend in right direction
- Met, no trend
- Met, trend in wrong direction
- Not met, trend in right direction
- Not met, no trend
- Not met, trend in wrong direction

Progress notes:

Report Date

Jun 1, 2018

Year

2016

Value

Chl=550.2,
Syph=9.5,
HIV=9.0 per
100,000
population

Progress on Objective

- Met, trend in right direction
- Met, no trend
- Met, trend in wrong direction
- Not met, trend in right direction
- Not met, no trend
- Not met, trend in wrong direction

Progress notes:

Strategy 2-2.1 Assess the sexual health education curriculum being provided in middle and high schools across Linn County

Strategy Type

Long-Lasting Protective Intervention

Who's Responsible

Cedar Rapids School District, Planned Parenthood, Linn County Public Health

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: The Sexual Health Alliance conducted an analysis of sexual health services and education being offered in middle and high schools across Linn County.

Report Date

Jun 1, 2018

Progress on Strategy

- Complete
- On track
- Off track
- No progress

Progress notes: SHA conducted online assessment of sexual health education in Linn County, Fall 2016. 20/28 schools completed assessment. Data analyzed identified that out of 20 schools, approximately half of the schools surveyed do not use curriculum and a handful of the schools surveyed who use curriculum do not use an evidence-based curriculum.

Strategy 2-2.2 Increase the number of middle and high schools who provide consistent sexual health education to students

Strategy Type

Counseling & Education

Who's Responsible

Cedar Rapids School District, Planned Parenthood, Linn County Public Health

Target Date

1/1/2019

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2017 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: Data analyzed and gaps identified, 20/28 schools completed survey. Class length varies from 1 hour to 6 weeks. About half of the schools surveyed do not use curriculum and a handful of the schools surveyed who use curriculum do not use an evidence-based curriculum.

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2018 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: Created an online sexual health education toolkit. <http://www.shacoalition.com/educationtoolkit/>

Strategy 2-2.3 Implement social marketing campaigns to reduce stigma, increase awareness, and promote testing for sexually transmitted infections

Strategy Type
Counseling & Education

Who's Responsible
Planned Parenthood, Linn County Public Health

Target Date
1/1/2019

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2017 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: Facebook, Twitter, and Craigslist utilized to promote sexual health and advertise Get Yourself Tested month

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2018 | <u>Progress on Strategy</u> <input checked="" type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: Advertisement on Craigslist to encourage STI and HIV testing and free condoms. Plans underway for LCPH to set up Benevolad account to provide geographical advertisements for STI, HIV, and Hep C screenings with Scruf dating app for MSM and LGBTQIA communities.

Strategy 2-2.4 Increase testing among high risk groups

Strategy Type
Clinical Intervention

Who's Responsible
Planned Parenthood, Linn County Public Health, Eastern Iowa Health Center

Target Date
1/1/2019

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2017 | <u>Progress on Strategy</u> <input checked="" type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: Current STI data was used to create hot spot maps, HIV testing advertisements were placed on buses and billboards in high incidence areas. HIV and STI testing event at Kirkwood Community College including condom distribution and education on 10/24-25/2016. Condom distribution at Abbe IHH Health Fair on 4/7/2017.

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2018 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: Current partnership with businesses to provide STI, HIV, Hep C screenings are the following:

- Linn County Correctional Center
- 6th Judicial District Correctional Services
- Linn County Juvenile Detention Center
- Area Substance Abuse Council Main Campus
- Bridgehaven pregnancy support center

- Heart of Iowa
- Geneva Towers
- Catholic Worker's House
- Area Substance Abuse Council Human Services
- Area Substance Abuse Council Jones County
- Iowa Harm Reduction Coalition
- Belle's Basix

Outreach Coordinator provided Insti-HIV screenings during CR PRIDEFEST – July 2017. Plans are underway to provide Insti-HIV screenings for 2018 CR PRIDEFEST on July 7th, 2018

Outreach Coordinator planning to provide Insti-HIV screenings during Stand Down event for Veterans on September 7th, 2018.

Goal #3 Decrease the incidence of chronic disease in Linn County

National Alignment

Nutrition and Weight Status, Physical Activity, Diabetes, Heart Disease and Stroke

State Alignment

Healthy Living - Nutrition and Food, Physical Activity, and Chronic Disease - Diabetes, Heart Disease and Stroke

Objective 3-1 By January 1, 2019 the percentage of residents who are overweight or obese will be stabilized

| Baseline Year | Baseline Value | Target Year | Target Value |
|---------------|-------------------------------|-------------|-----------------------------------|
| 2013 | Overweight: 33% Obese: 32% | 2019 | Overweight: 37.3% Obese: 31.3% |

Report Date

Jun 1, 2017

Year

2014

Value

Overweight: 37.3%
Obese: 31.3%

Progress notes:

Progress on Objective

- | | |
|--|---|
| <input type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend | <input type="checkbox"/> Not met, no trend |
| <input type="checkbox"/> Met, trend in wrong direction | <input checked="" type="checkbox"/> Not met, trend in wrong direction |

Report Date

Jun 1, 2018

Year

2016

Value

Overweight: 36.2%
Obese: 32.2%

Progress notes:

Progress on Objective

- | | |
|--|---|
| <input type="checkbox"/> Met, trend in right direction | <input type="checkbox"/> Not met, trend in right direction |
| <input type="checkbox"/> Met, no trend | <input type="checkbox"/> Not met, no trend |
| <input type="checkbox"/> Met, trend in wrong direction | <input checked="" type="checkbox"/> Not met, trend in wrong direction |

Strategy 3-1.1 Identify barriers for vulnerable population related to access of healthy foods and physical activity

Strategy Type

Environmental / Policy / Systems Change

Who's Responsible

Linn County Public Health, Eastern Iowa Health Center

Target Date

1/1/2019

Report Date
Jun 1, 2017

| Progress on Strategy | | | |
|--|-----------------------------------|------------------------------------|--------------------------------------|
| <input checked="" type="checkbox"/> Complete | <input type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: A map has been created of community resources, sidewalk gaps, fast food density, convenience stores, grocers, SNAP retailers, food deserts, food banks and food assistance, and population indicators. Sixty-one one on one assessments of food access barriers and issues were conducted in the Westdale and Oakhill Jackson Neighborhoods in Cedar Rapids.

Strategy 3-1.2 Increase the availability of affordable healthy foods

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
Meals on Wheels, Feed Iowa First

Target Date
1/1/2019

Report Date
Jun 1, 2017

| Progress on Strategy | | | |
|--|-----------------------------------|------------------------------------|--------------------------------------|
| <input checked="" type="checkbox"/> Complete | <input type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: Local partners, namely the Linn County Food Systems Council, Cedar Rapids Food Environment Alliance, and the Cedar Rapids Wellbeing Advisory Committee, are working to increase use of SNAP at Farmers Markets, advertise food assistance resources, events and food systems work within the community, advance urban gardening, Influence zoning regulations to support the food environment, work with schools and communities to educate about community gardening, and promote farm to school.

Strategy 3-1.3 Provide education on healthy food preparation

Strategy Type
Clinical Intervention

Who's Responsible
Feed Iowa First, Horizons

Target Date
1/1/2019

Report Date
Jun 1, 2017

| Progress on Strategy | | | |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: Community cooking classes are ongoing. Specific activities include: Horizons is collaborating with Soilmates and NewBo chefs to make healthy eating easy and fun, ISU Extension conducting youth specific cooking classes geared toward healthy choices using fresh produce, Anti-inflammatory Cooking – what is it and how to incorporate into your diet through Mercy's Integrative Medicine Department, UnityPoint organized healthy cooking demonstration for individuals with diabetes at LiveWell 5K walk.

Food/nutrition education within the community is also ongoing, including: coordination of mobile food pantries to increase access to healthy foods and provide nutrition education to food recipients, ISU Extension is providing nutrition education in their Eat, Buy, Live Healthy Program which teaches adults and kids over an eight-week period about fresh produce and health choices, Mercy Medical Center offering 12-week weight loss and nutrition program utilizing science-based strategies and nutrition education and counseling through Nutrition Services' Outpatient Counseling, Food Corps cooking teachers will implement education using fresh seasonal produce grown from gardens at Horizons and from local farms, such as Bass Farms and Feed Iowa First, each Friday schools in CRCSD will receive a vegetable from a local farmer; children will receive education about the vegetable, where and how it was grown and health information about the vegetable. Hy-Vee provided a cooking demonstration on healthy diabetic friendly meals in November at the Diabetes Awareness event at NewBo City Market. In Sept 2016, UnityPoint offered next 20-week session of evidence-based, provider-guided weight loss and nutrition education program. Program offers 8-10 cycles per year.

Report Date
Jun 1, 2018

| Progress on Strategy | | | |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: Activities are ongoing. Mercy classes were held July 2017, Sept 2017, Jan. 2018, Feb 2018, May 2018. Unfortunately, the founder and executive director of Feed Iowa First died unexpectedly in the spring of 2018. This will likely mean progress in this strategy will slow in the future.

Strategy 3-1.4 Increase opportunities throughout the community to engage in physical activity based on assessment information and best practice methodology

Strategy Type
Long-Lasting Protective Intervention

Who's Responsible
Bike CR, Bike and Pedestrian Advisory Committee

Target Date
1/1/2019

Report Date
Jun 1, 2017

| Progress on Strategy | | | |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: Community partners are working on Safe Routes to School, specifically a pilot project within the Marion Independent School District. Cedar Rapids Wellbeing Advisory Committee is working with community partners to influence closing of sidewalk gaps. BikeCR and Marion Bicycle and Pedestrian Advisory Committee provided are working on increasing connectivity between trails by providing suggestions and updates to the Master Trails Plan, which currently focuses on trail connectivity. ReZone, the User Group associated with the update of the Cedar Rapids Zoning Code provided suggested changes to support the built environment which included assurance of connectivity between on and off-street bike trails, and incentivizing closure of the sidewalk gaps.

Report Date
Jun 1, 2018

| Progress on Strategy | | | |
|--|-----------------------------------|------------------------------------|--------------------------------------|
| <input checked="" type="checkbox"/> Complete | <input type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: Safe Routes to School pilot project is complete.

Strategy 3-1.5 Target high concentration areas of high risk groups for outreach opportunities

Strategy Type
Long-Lasting Protective Intervention

Who's Responsible
Linn County Public Health, EIH, Mercy, CRMEF, UnityPoint

Target Date
Jan 1, 2019

Report Date
Jun 1, 2017

| Progress on Strategy | | | |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: Collaborate with community partners to conduct outreach events that assess for heart disease and diabetes risk. Hy-Vee, Abbe, ASAC, Mercy, Linn County Public Health, UnityPoint, YMCA, and SIM groups have all worked together to provide screening for high risk groups in Linn County.

Report Date
Jun 1, 2018

| Progress on Strategy | | | |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: The SIM Diabetes Subcommittee Outreach Workgroup preformed A1C testing and Diabetes/Prediabetes education at the Veterans Stand Down Event in Cedar Rapids. The SIM Diabetes Subcommittee Outreach Workgroup conducted a large educational event in November for Diabetes Awareness Month. The event took place at Hy-Vee Wilson Ave. The SIM Diabetes Subcommittee Outreach Workgroup preformed A1C testing and education at the Healthy You Healthy Family event at the Cedar Rapids Downtown Library.

Strategy 3-1.6 Educate and support healthcare clinics in

implementing healthcare strategies to achieve and support healthy weight management

Strategy Type
Long-Lasting Protective Intervention

Who's Responsible

Diabetes Workgroup, Mercy, UnityPoint, YMCA, ADA, EIHC

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: SIM group is working to implement evidence-based interventions to enhance overweight and obesity identification and treatment using the AACE/ACE algorithm guidelines. Community partners are working to implement system changes to provide specialized care for the prevention and treatment of childhood and adolescent obesity.

Report Date

Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: Provide specialized care for the prevention and treatment of childhood and Adolescent obesity will be explored further in FY19.

Objective 3-2 By January 1, 2019 the percentage of adults with type 2 diabetes will be stabilized

| Baseline Year | Baseline Value | Target Year | Target Value |
|---------------|----------------|-------------|--------------|
| 2013 | 9.7% | 2019 | 9.7% |

Report Date

Jun 1, 2017

Year

2014

Value

9.9%

Progress on Objective

Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Report Date

Jun 1, 2018

Year

2016

Value

8.3%

Progress on Objective

Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Strategy 3-2.1 Identify and assess current diabetes resources within Linn County

Strategy Type
Counseling & Education

Who's Responsible

Linn County Public Health, UnityPoint, Mercy, Eastern Iowa Health Center, YMCA

Target Date

1/1/2019

Report Date

Jun 1, 2017

Progress on Strategy

Complete On track Off track No progress

Progress notes: Linn County Public Health conducted a comprehensive assessment of community diabetes resources. Diabetes resource assessment was shared with community partner organizations in the SIM C3 group.

Strategy 3-2.2 Increase access to diabetes screenings to support current diabetics and identify at-risk individuals and those who are unaware of their diabetic status

Strategy Type
Long-Lasting Protective Intervention

Who's Responsible

Linn County Public Health, UnityPoint, Mercy, Eastern Iowa Health Center, YMCA

Target Date

1/1/2019

Report Date

Jun 1, 2017

| Progress on Strategy | | | |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: Community partners have collaborated to conduct outreach events that assess for heart disease and diabetes risk. Screenings have been held at Hy-Vee, Geneva Tower, Green Square Meals, NewBo City Market, and Mt. Zion church.

Report Date

Jun 1, 2018

| Progress on Strategy | | | |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: The SIM diabetes subcommittee is organizing an prediabetes screening event to take place at the Juneteenth festival at Viola Gibson park in Cedar Rapids June 17th - (Completed half individuals tested had pre/diabetes). The SIM Diabetes Subcommittee Outreach Workgroup performed A1C testing and Diabetes/ Prediabetes education at the Veterans Stand Down Event in Cedar Rapids. The SIM Diabetes Subcommittee Outreach Workgroup conducted a large educational event in November for Diabetes Awareness Month. The event took place at Hy-Vee Wilson Ave. The SIM Diabetes Subcommittee Outreach Workgroup performed A1C testing and education at the Healthy You Healthy Family event at the Cedar Rapids Downtown Library.

Strategy 3-2.3 Improve early identification and referral of at-risk patients (pre-diabetic) and referral to applicable services

Strategy Type

Clinical Intervention

Who's Responsible

Linn County Public Health, Diabetes Workgroup, EIHC, Disparities Group

Target Date

1/1/2019

Report Date

Jun 1, 2017

| Progress on Strategy | | | |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: Several initiatives and screening events have been held to improve early identification of pre-diabetes. EIHC has incorporated evidence based pre-diabetes screening tool recommended by the CDC to identify individuals at risk for development of diabetes and uses this opportunity for patient referral the YMCA's Diabetes Prevention Program. During A1C outreach event EIHC, Mercy and LCPH reviewed the CDCs evidence based pre-diabetes screening tool and incorporated tool in prediabetes screening
In Aug 2016, UnityPoint hosted an event to raise awareness for diabetes. Education was provided and ADA diabetes risk screenings were administered during the event.
Over the summer and fall, 2016 Linn County Public Health along with community partners conducted prediabetes screening using the CDC prediabetes screening initiative.
During prediabetes screening outreach events, individuals identified as prediabetic are referred to a community Diabetes Prevention Program
In Jan 2017, UnityPoint hosted an event providing education and CDC prediabetes screening tool.

Report Date

Jun 1, 2018

| Progress on Strategy | | | |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: Mercy provided education (July2017-May2018) at/to:
• JDRF walk
• Kirkwood dental student presentation
• University of Iowa Type 1 Summit
• Coe College STEM workshop

Mercy provided a recent grand round presentation with Dr. Yacoub on Insulin protocols and policies for providers and nurses. ARNP students, Dietitian students, and Residents rotate through the MercyCare Diabetes Clinic to learn from providers. UnityPoint is developing an education package to promote referrals and the identification of the pre-diabetic population and offer available resources. The YMCA had setup meetings with numerous medical providers in Linn County to provide education/information to care coordinators on prediabetes screening and referral to DPP programming. Clinical interviews were conducted and education provided to organizations who encounter prediabetic individuals. YDPP presented an overview of their diabetes prevention program to the DM subcommittee. The YMCA is participating in TAVConnect in order to streamline prediabetes screening and referral to DPP programming. The YMCA has collaborated with His Hands Free Clinic and Eastern Iowa Health Center in order to increase referral to DPP Programming.

Strategy 3-2.4 Educate providers and pharmacists on support services available to help patients remove barriers to diabetes management Strategy Type
Long-Lasting Protective Intervention

Who's Responsible Linn County Public Health, Mercy Diabetes Center, UnityPoint Diabetes Center, Eastern Iowa Health Center, YMCA Target Date
1/1/2019

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2017 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input checked="" type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes:

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2018 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: SIM DM Subcommittee created a medication workgroup to address this activity. (Possible focus groups, resource sheets). The workgroup will be meeting monthly.

The SIM Diabetes Subcommittee Medication Workgroup collaborated with IHC to conduct 3 focus groups in order to obtain the patient perspective for barriers to medication management and safety. These groups were held at Geneva Tower, EIH and MercyCare Diabetes Center.

Strategy 3-2.5 Conduct outreach services to provide diabetes education to diabetics and those at risk Strategy Type
Long-Lasting Protective Intervention

Who's Responsible Linn County Public Health, UnityPoint, Mercy, Eastern Iowa Health Center, YMCA Target Date
1/1/2019

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2017 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: To support diabetes education for high-risk groups; Mercy, Abbe, LCPH and ASAC are working together to support residents at Geneva Tower by identifying diabetes education needs. Collaboration occurred with the Caregiver's Center of Mercy to identify diabetes education needs of patients and their support systems. Information was provided in Fall 2016 to Caregiver's Center for patients and their support systems who might need help from Diabetes Center or Diabetes specialist RN. A partnership is developing with MercyCare Geriatric Services to identify diabetes education needs of nursing home and assisted living residents and staff. In Oct 2016, UnityPoint provided diabetes training to staff in PCP clinics to enhance knowledge.

To expand diabetes education at the worksite; Mercy is working on developing a

service menu of diabetes education topics available to worksites. Business Health Solutions is working to deliver diabetes education to worksites as needed. In Nov 2016, UnityPoint coordinated diabetes training session for providers and other healthcare staff and implemented ongoing improvements of web-based information for staff and patients.

Report Date
Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: Mt Mercy University senior community health nursing students work with residents who have diabetic education needs (2017 – 18 school year). Mercy Medical Center and UnityPoint Hospital are both on the TAVConnect System which can streamline referral for diabetes education services from EIHC and the free clinic. Mercy and St. Luke’s has grown and continued to develop the community diabetic support group, which is held monthly. Mercy collaborating with the YMCA prediabetes population at the MercyCare Diabetes Clinic location.

Objective 3-3 By January 1, 2019 the mortality rate attributed to heart disease and stroke among adults will be stabilized

| Baseline Year | Baseline Value | Target Year | Target Value |
|---------------|---|-------------|---|
| 2014 | HD: 155.7 per 100,000 Stroke: 28 per 100,000 | 2019 | HD: 155.7 per 100,000 Stroke: 28 per 100,000 |

Report Date
Jun 1, 2017

Year
2015

Value
HD: 150.2 per 100,000
Stroke: 26.6 per 100,000

Progress on Objective

Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Report Date
Jun 1, 2018

Year
2016

Value
HD: 152.9 per 100,000
Stroke: 26.0 per 100,000

Progress on Objective

Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Strategy 3-3.1 Identify and assess current heart disease and stroke education provided in the county

Strategy Type
Counseling & Education

Who's Responsible
Linn County Public Health, UnityPoint, Mercy, Eastern Iowa Health Center

Target Date
1/1/2019

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2017 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: Stroke prevention education is provided to stroke patients during in-patient stay at Mercy. Mercy will provide stroke education to community members, including for-profit and nonprofit businesses by physicians or other healthcare providers at least two times per fiscal year.

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| <u>Report Date</u> Jun 1, 2018 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: Activities from the 6/1/2017 report continue.

Strategy 3-3.2 Support and enhance current heart disease and stroke programs that prevent risk factors (high blood pressure, high blood cholesterol, tobacco use, physical inactivity, and poor nutrition) Strategy Type
Long-Lasting Protective Intervention

Who's Responsible
Linn County Public Health, UnityPoint, Mercy, Eastern Iowa Health Center Target Date
1/1/2019

| | |
|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2017 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: The following stroke education and prevention is provided in the community: Free blood pressure check once monthly at Lindale Mall, Heart2Heart screenings are offered by Mercy, which include complete cholesterol and glucose screening, Body Mass Index (BMI) assessment, brief physical, Framingham risk score, metabolic syndrome screening, review of results, personalized tip for a heart-healthy lifestyle, and referral for follow up if needed. VascULearn (vascular) program screenings and education offered at Mercy Imaging Center weekly.

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| <u>Report Date</u> Jun 1, 2018 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: Activities from the 6/1/2017 report continue.

Strategy 3-3.3 Conduct outreach services to provide additional opportunities for blood pressure and cholesterol screening among at-risk populations Strategy Type
Clinical Intervention

Who's Responsible
Linn County Public Health, UnityPoint, Mercy, Eastern Iowa Health Center Target Date
1/1/2019

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|-----------------------------------|---|
| <u>Report Date</u> Jun 1, 2017 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: Community partners have collaborated to conduct outreach events that assess for heart disease and diabetes risk. Screenings have been held at Hy-Vee, Geneva Tower, Green Square Meals, NewBo City Market, and Mt. Zion church. Mercy partners with community organizations to provide blood pressure screening to Geneva Tower residents, clients at Olivet Neighborhood Mission, and Mercy parish nurses' churches once monthly.

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| <u>Report Date</u> Jun 1, 2018 | <u>Progress on Strategy</u> <input type="checkbox"/> Complete <input checked="" type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress |
|-----------------------------------|---|

Progress notes: Mercy collaborates with community organizations to provide blood pressure screening to Geneva Tower residents, clients at Olivet Neighborhood Mission, and Mercy parish nurses' churches once monthly.

Strategy 3-3.4 Work with local employers to promote healthy worksites

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
Iowa State Extension, Linn County Public Health, Cedar Rapids Community Schools

Target Date
1/1/2019

Report Date
Jun 1, 2017

| | | | |
|-----------------------------------|--|------------------------------------|--------------------------------------|
| <u>Progress on Strategy</u> | | | |
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: LCPH in partnership with CBJ and JCPH will conduct annual worksite wellness assessments and offer technical support to community businesses. Business Health Solutions provide worksite wellness programs, including health risk assessments and screenings, health and wellness coaching, and health fair wellness events. The BlueZones Worksite committee holds quarterly round tables sharing best practices and tips on worksite wellness programs.

Report Date
Jun 1, 2018

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| <u>Progress on Strategy</u> | | | |
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: Quarterly roundtables continue, and the Linn County Worksite Wellness committee hosts worksite wellness assessments and a summit annually, to be held 6-21-2018.

Strategy 3-3.5 Work with local employers to ensure the availability automatic external defibrillators and training of staff on how to use the device

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
Linn County Public Health, Cedar Rapids Community Schools

Target Date
1/1/2019

Report Date
Jun 1, 2017

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|-----------------------------------|--|------------------------------------|--------------------------------------|
| <u>Progress on Strategy</u> | | | |
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: Assess whether worksites have AEDs and train employees: Add question on AED into worksite wellness assessment. Provide education and training on AEDs: Mercy donated 12 AEDS in Fall 2016. This makes 35 donated to area nonprofits in the last three years.

Report Date
Jun 1, 2018

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| <u>Progress on Strategy</u> | | | |
| <input type="checkbox"/> Complete | <input checked="" type="checkbox"/> On track | <input type="checkbox"/> Off track | <input type="checkbox"/> No progress |

Progress notes: MMC donated 16 AEDs in November 2018 through January 2018