

Franklin County Health Improvement Plan

Date Updated: May 31, 2018



For additional information, CONTACT:

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Community Priority

Healthy Lifestyles

Goal #1 By 2021, decrease the number of deaths and significant health issues caused by obesity and cardiovascular disease

National Alignment: HP 2020: HDS-2, HDS-3, PA-1, & PA-2

State Alignment: Healthy Iowans: 4-8, 4-9 & 6-5

Objective 1-1	By 2021, decrease the percentage of adults age 20 and older who self-report that they have a BMI greater than 30 by 5%. (Source: CHNA.org - 32.8%)	Baseline Year	Baseline Value	Target Year	Target Value
		2016	32.8%	2021	27.8%

Report Date: Jun 1, 2018

Year: 2017

Value: 8

Progress on Objective

Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Strategy 1-1.1 Through 2020, the Franklin County Wellness Coalition will identify opportunities to improve healthy behaviors within the county and increase resource utilization through education, information sharing and marketing.

Strategy Type: Environmental / Policy / Systems Change

Who's Responsible: Franklin County Wellness Coalition

Target Date: 12/31/2020

Report Date: Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: Franklin County Wellness Coalition continues to meet and have educational Health Fairs with providers and organizations. We have had have had 2 since 2018 the public actively participates through education and services available to FC residents of all ages. FC Public Health does monthly BP screening at the Senior Center ,Hardees and our agency. Our staff provides an educational topic called medical minutes for education following the BP screenings at the Senior Center

Strategy 1-1.2 Through 2020, educate the public on the importance of eating healthy and being physically active to reduce their risk of being overweight/obese.

Strategy Type: Counseling & Education

Who's Responsible: Franklin County Public Health, Franklin County Wellness Center, and Franklin General Hospital.

Target Date: 12/31/2020

Report Date: Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: The FC Wellness center, FCPH and Franklin General Hospital all participate with wellness activities such as BP screening, cooking classes, BMI screenings, membership to the public for use of the wellness center offering reduced membership and small incentives for participation, encourages Amerigroup clients to participate in Wellness Center. Franklin County Public Health offers Health screening to businesses, seniors and local volunteer groups. Health screening to Local fire departments with education and follow up annually.

Report Date: Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes:

Strategy 1-1.3 Hold a Hispanic women's health fair, in 2017 , that contains a variety of information and services (e.g., health screenings, nutrition information, and cooking demonstrations, etc.) to address the special health needs of Hispanic women. Strategy Type
Counseling & Education

Who's Responsible Target Date
Franklin County Public Health, Franklin General Hospital, Franklin County Wellness Center, and ISU Extension 19-20-18

Report Date Progress on Strategy
Jun 1, 2018 Complete On track Off track No progress

Progress notes: All partners together hold a Hispanic women’s health fair in Oct 2016 with a new group in FC call LaLuz Hispania where we do BP, Ht and Wt, pre Diabetes screening, Nutrition and portion size, Exercise class, Blood work, Mental Health education, Fat and sugar information- this runs for 1 ½ hrs each session for 6 weeks in the fall and will be doing it again this fall. We acknowledge the women who made progress and encourage the ones who didn’t. We had approx. 12 women who participated in the class

Objective 1-2	By 2021, decrease the age adjusted death rate for heart disease mortality by 15%. (Source: CHNA.org - 175.7)	Baseline Year	Baseline Value	Target Year	Target Value
		2016	175.7	2021	149.3

Strategy 1-2.1 Through 2020, the Franklin County Wellness Coalition will identify opportunities to improve healthy behaviors within the county and increase resource utilization through education, information sharing and marketing. Strategy Type
Environmental / Policy / Systems Change

Who's Responsible Target Date
Franklin County Wellness Coalition 12/31/2020

Report Date Progress on Strategy
Jun 1, 2018 Complete On track Off track No progress

Progress notes: Franklin County Wellness Coalition continues to meet and have educational Health Fairs with providers and organizations. We have had 2 so far in 2018, the public actively participates through education and services available to FC residents of all ages. FC Public Health does monthly BP screening at the Senior Center and medical minutes for education following the BP screenings

Strategy 1-2.2 Through 2020, educate the public on the importance of eating healthy and being physically active to reduce their risk of developing heart disease. Strategy Type
Counseling & Education

Who's Responsible Target Date
Franklin County Public Health, Franklin County Wellness Center, and Franklin General Hospital. 12/31/2020

Report Date Progress on Strategy
Jun 1, 2018 Complete On track Off track No progress

Progress notes: The FC Wellness center, FCPH and Franklin General Hospital all participate with wellness activities such as BP screening, cooking classes, BMI screenings, membership to the public for use of the wellness center offering reduced membership and small incentives for participation, encourages AmeriHealth and Amerigroup clients to participate in Wellness Center. Franklin County Public Health offers Health screening to businesses, seniors and local volunteer groups. Health screening to Local fire departments with education and follow up annually.

Strategy 1-2.3 The wellness Collation continues to have an annual Hispanic women's health fair, in 2018, it will contain a variety of information and services (e.g., health screenings, nutrition information, and cooking demonstrations, etc.) to address the special health needs of Hispanic women,

Strategy Type
Counseling & Education

Who's Responsible

Franklin County Public Health, Franklin General Hospital, Franklin County Wellness Center, and ISU Extension

Target Date

12/31/2018

Report Date

Jun 1, 2018

Progress on Strategy

Complete On track Off track No progress

Progress notes: All partners together hold a Hispanic women's health fair in Oct 2018 with a new group in FC call LaLuz Hispania where we do BP, Ht and Wt, pre Diabetes screening, Nutrition and portion size, Exercise class, Blood work, Mental Health education, Fat and sugar information- Cooking class to decrease caloric intake -this runs for 1 ½ hrs each session for 6 weeks in the fall and will be doing it again this fall. We acknowledge the women who made progress and encourage the ones who didn't. We hope to have approx. 12 women who participate in the class