

# Worth County

## Community Health Needs Assessment (CHNA) Report

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For additional information about this report, CONTACT:

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## Promote Healthy Living Assessment

includes topics such as addictive behaviors (tobacco, alcohol, drugs, gambling), chronic disease (mental health, cardiovascular disease, cancer, asthma, diabetes, arthritis, etc.), elderly wellness, family planning, infant, child & family health, nutrition and healthy food options, oral health, physical activity, pregnancy & birth, and wellness.

Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Risky behaviors such as alcohol abuse, tobacco use and illegal drug use can greatly reduce healthy living and needs to be addressed in the schools. More education needs to be done in the schools to teach the negative impacts of these risky behaviors along with the life skills to make good choices.	In a survey conducted in our county, Healthy Living tied for 2nd out of 16 for the factors that most improve the quality of life in a community. Alcohol abuse and illegal drug use was tied for the number 1 spot for "risky behaviors" at 64% each. Using tobacco was ranked 7th out of 12 at 18.18%. MORE DATA!!!	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
2 Aging populations require more services to remain in their homes. Families are more transient and unable to provide assistance to their aging family members. The aging population relies on agencies to provide these much needed services to remain in their home safely. Along with aging often comes chronic diseases. Education and monitoring of their health is also critical to optimizing our aging loved ones health and wellness at home.	In a survey conducted in our county, Aging and Cancer was tied for first as the top health problems at 68.18% each.	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
3 Physical activity has many benefits to our overall health. One of the consequences of physical inactivity is obesity. Obesity can lead to many health problems. We need to find ways for people to be more active in their homes and in their communities.	In a survey conducted in our county, Obesity was ranked 3rd for health problems at 54.55%. Physical inactivity was ranked 4th for risky behaviors at 31.82%. Physical inactivity can lead to obesity.	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____	<input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

## Prevent Injuries & Violence Assessment

includes topics such as brain injury, disability, EMS trauma & system development, intentional injuries (violent & abusive behavior, suicide), occupational health & safety, and unintentional injuries (motor vehicle crashes, falls, poisoning, drowning, etc.).

Injuries & Violence Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Texting or using your cell phone while driving.	In a survey conducted in Worth County, the top 4 "risky behaviors" have been addressed under the section Promote Healthy Living. The 5th ranked behavior is texting or using a cell phone while driving. This was identified as our number one behavior in 2010 and remains a high priority.	No	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input checked="" type="checkbox"/> Lack of financial resources

## Protect Against Environmental Hazards Assessment

includes topics such as drinking water protection, food waste, food safety, fluoridation, hazardous materials, hazardous waste, healthy homes, impaired waterways, lead poisoning, nuisances, on site wastewater systems, radon, radiological health, soil erosion, and vector control.

Environmental Hazards Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
1 Illegal septic systems continue to exist.	Time of transfer requires the inspection of a septic system before the property can be sold. Most of our septic systems do not meet today's regulations. Due to the cost of a new septic system, this is usually only addressed at the time of purchase.	No	<input checked="" type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____	<input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input checked="" type="checkbox"/> Lack of financial resources

## Prevent Epidemics & the Spread of Disease Assessment

includes topics such as disease investigation, control & surveillance, HIV/AIDS, immunization, reportable diseases, sexually transmitted diseases (STDs), and tuberculosis (TB).

Epidemics & Spread of Disease Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Influenza vaccination rates for children and adults.	The percentage of adults who received the influenza vaccination in IRIS with a valid zip code is at 29% in Worth County. For children it is 23%. It is unclear if this is reflective of the county or if they are going to their doctor or pharmacy to receive their vaccination. Without all providers using the state registry, it is hard to know the real percentage that are receiving influenza vaccination.	No	<input type="checkbox"/> Other priorities rated higher <input checked="" type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input checked="" type="checkbox"/> Other     Unsure of the data without the state registry used by all providers. <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input checked="" type="checkbox"/> Lack of financial resources

## Prepare for, Respond to, & Recover from Public Health Emergencies Assessment

includes topics such as communication networks, emergency planning, emergency response, individual preparedness, recovery planning, risk communication, and surge capacity.

Preparedness Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
1 Worth County's ability to prepare, respond and recover from public health emergencies.	Public health threats are always present. Community preparedness involves responders, partners, and the community as a whole. Education, training, exercising, planning, etc, will be a continuous need.	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____	<input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

## Strengthen the Health Infrastructure Assessment

includes topics such as access to quality health services, community engagement, evaluation, food security, food systems, food and nutrition assistance (SNAP, WIC), health facilities, health insurance, medical care, organizational capacity, planning, quality improvement, social determinants (e.g., education & poverty levels), transportation, and workforce (e.g., primary care, dental, mental health, public health).

Health Infrastructure Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
1 Transportation for those who can't drive or don't have reliable transportation.	With one doctors office in the county that has a nurse practitioner Monday through Thursday, citizens have to travel to another county to seek medical attention. The transit system is ran through public health which assists in getting the word out to our clients about that service. There are 2 buses that run citizens to Mason City, jobs, school, shopping, errands and for other reasons. This has helped fill a gap, but we are unable to meet everyone's needs.	No	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other	<input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input checked="" type="checkbox"/> Lack of financial resources

# Worth County

## FEBRUARY 25, 2016

### COMMUNITY HEALTH NEEDS ASSESSMENT SNAPSHOT



#### Promote Healthy Living

- Priority #1 Risky behaviors such as alcohol abuse, tobacco use and illegal drug use can greatly reduce healthy living and needs to be addressed in the schools. More education needs to be done in the schools to teach the negative impacts of these risky behaviors along with the life skills to make good choices.
- Priority #2 Aging populations require more services to remain in their homes. Families are more transient and unable to provide assistance to their aging family members. The aging population relies on agencies to provide these much needed services to remain in their home safely. Along with aging often comes chronic diseases. Education and monitoring of their health is also critical to optimizing our aging loved ones health and wellness at home.
- Priority #3 Physical activity has many benefits to our overall health. One of the consequences of physical inactivity is obesity. Obesity can lead to many health problems. We need to find ways for people to be more active in their homes and in their communities.



#### Prevent Injuries & Violence

- Priority #1 Texting or using your cell phone while driving.



#### Protect Against Environmental Hazards

- Priority #1 Illegal septic systems continue to exist.



#### Prevent Epidemics & the Spread of Disease

- Priority #1 Influenza vaccination rates for children and adults.



#### Prepare for, Respond to, & Recover from Public Health Emergencies

- Priority #1 Worth County's ability to prepare, respond and recover from public health emergencies.



#### Strengthen the Health Infrastructure

- Priority #1 Transportation for those who can't drive or don't have reliable transportation.