

UNION COUNTY

Health Improvement Plan

Date Updated: March 4, 2016



For additional information, CONTACT:

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Community Priority

Mental Illness

Goal #1 Improve local access to mental health services for all ages in Union County.	National Alignment	State Alignment
	79%	62.9%

Objective 1-1	Increase the number of psychiatrists in Union County by 2017.	Baseline Year	Baseline Value	Target Year	Target Value
		2006	0	2020	1

Strategy 1-1.1	Actively recruit mental health providers to establish a practice in Union County.	Strategy Type	
		Clinical Intervention	
	<u>Who's Responsible</u>	<u>Target Date</u>	
	Greater Regional Medical Center	Jan 1, 2017	

Community Priority

Obesity

Goal #1	Assist Union County residents to increase their physical activity and improve healthy eating habits.	National Alignment	State Alignment
		22.7%	65.4%

Objective 1-1	Decrease by 10% the number of Union county residents with BMI's greater than 29.9%.	Baseline Year	Baseline Value	Target Year	Target Value
		2000	65.4%	2020	55%

Strategy 1-1.1	Providing educational materials about healthier eating, portion control and increased physical activity. Utilize Nutritional Counseling Grant activities to enhance education opportunities.	<u>Strategy Type</u>
		Counseling & Education
	<u>Who's Responsible</u>	<u>Target Date</u>
	Greater Regional Outreach-Public Health Greater Regional Medical Center	Jul 1, 2017

Community Priority

Aging

Goal #1	Improve the general health and safety of the aging population in Union County.	National Alignment	State Alignment
		17% hospitalizations due to falls	17.38% hospitalizations due to falls

Objective 1-1	Reduce the amount of elderly patients who fall in their homes.	Baseline Year	Baseline Value	Target Year	Target Value
		2013	17.38 %	2017	15%

Strategy 1-1.1	Provide education regarding prevention of chronic diseases. Establish a chronic disease management program.	<u>Strategy Type</u> Counseling & Education	
		<u>Who's Responsible</u> Greater Regional Outreach-Public Health Greater Regional Medical Center	<u>Target Date</u> 6/1/2017

Strategy 1-1.2	Conduct communication campaigns targeting the over age 65 population regarding fall prevention and healthy lifestyle activities.	<u>Strategy Type</u> Counseling & Education	
		<u>Who's Responsible</u> Greater Regional Outreach-Public Health Greater Regional Medical Center	<u>Target Date</u> 06/01/2017