

TAMA COUNTY

Community Health Needs Assessment (CHNA) Report



For additional information about this report, CONTACT:

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TAMA COUNTY

Promote Healthy Living Assessment

includes topics such as addictive behaviors (tobacco, alcohol, drugs, gambling), chronic disease (mental health, cardiovascular disease, cancer, asthma, diabetes, arthritis, etc.), elderly wellness, family planning, infant, child & family health, nutrition and healthy food options, oral health, physical activity, pregnancy & birth, and wellness.

Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
1 Cardiovascular disease and deaths in all ages	Heart disease is the leading cause of death for all ages in Tama County. This was identified by participants in a county-wide survey conducted by Tama County Public Health, and by statistics gleaned from the IDPH 2010-14 Single County Health Indicators Report, and the 2015 Community Health Status Report from CDC. Tama County's age adjusted heart disease death rate is 114.4. The Healthy People's 2020 Target is 103.4.	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____	<input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
2 Lack of exercise/physical activity in adult population	Tama County CHNA survey participants ranked lack of physical exercise as a top 5 unhealthy behavior. The County Health Rankings Report listed Tama County as 32% of the adult population not participating in adequate physical activity. This compares to 20% nationally, and 24% in the State of Iowa.	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____	<input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Prevent Injuries & Violence Assessment

includes topics such as brain injury, disability, EMS trauma & system development, intentional injuries (violent & abusive behavior, suicide), occupational health & safety, and unintentional injuries (motor vehicle crashes, falls, poisoning, drowning, etc.).

Injuries & Violence Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Alcohol Impaired Driving Deaths	50% of driving deaths in Tama County are related to alcohol impairment, as compared to 23% in Iowa. Also, Tama County's motor vehicle accident death rate for 2010-14 is 26.57, Iowa's is 11.73	No	<input type="checkbox"/> Other priorities rated higher <input checked="" type="checkbox"/> Existing programs already address problem/need <input checked="" type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Protect Against Environmental Hazards Assessment

includes topics such as drinking water protection, food waste, food safety, fluoridation, hazardous materials, hazardous waste, healthy homes, impaired waterways, lead poisoning, nuisances, on site wastewater systems, radon, radiological health, soil erosion, and vector control.

Environmental Hazards Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 High indoor radon levels in Tama County.	The average national indoor radon level is 1.3pCi/L. The average indoor radon levels of Tama County, as determined by radon test results from Air Chek, Inc., is 6.3pCi/L.	No	<input type="checkbox"/> Other priorities rated higher <input checked="" type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Prevent Epidemics & the Spread of Disease Assessment

includes topics such as disease investigation, control & surveillance, HIV/AIDS, immunization, reportable diseases, sexually transmitted diseases (STDs), and tuberculosis (TB).

Epidemics & Spread of Disease Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 No priorities were identified in this focus area.			<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Prepare for, Respond to, & Recover from Public Health Emergencies Assessment

includes topics such as communication networks, emergency planning, emergency response, individual preparedness, recovery planning, risk communication, and surge capacity.

Preparedness Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Emergency response/ sheltering in a disaster	The Local Emergency Planning Committee, in collaboration with Tama County Public Health, has identified a lack of sufficient planning and participation across the county to respond to a disaster that would require widespread sheltering of victims due to loss of electrical power or living space.	No	<input type="checkbox"/> Other priorities rated higher <input checked="" type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Strengthen the Health Infrastructure Assessment

includes topics such as access to quality health services, community engagement, evaluation, food security, food systems, food and nutrition assistance (SNAP, WIC), health facilities, health insurance, medical care, organizational capacity, planning, quality improvement, social determinants (e.g., education & poverty levels), transportation, and workforce (e.g., primary care, dental, mental health, public health).

Health Infrastructure Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Access to mental health care within affordable driving distance	Mental health disease in Tama County was listed as one of the top 5 health concerns on the surveys completed in the community health needs assessment process. But, statistics from 2015 County Health Rankings show a client/provider ratio of 2,511:1, as compared to the State ratio of 904:1, and the national ratio of 386:1. Only one Mental Health Clinic is located in Tama County. Some clients may drive longer distances to providers in other counties.	No	<div style="display: flex; flex-wrap: wrap;"> <div style="width: 50%;"> <input type="checkbox"/> Other priorities rated higher </div> <div style="width: 50%;"> <input type="checkbox"/> Community partners do not exist </div> <div style="width: 50%;"> <input type="checkbox"/> Existing programs already address problem/need </div> <div style="width: 50%;"> <input type="checkbox"/> Lead organization does not exist </div> <div style="width: 50%;"> <input type="checkbox"/> Lack of human resources/ staff </div> <div style="width: 50%;"> <input type="checkbox"/> Lack of financial resources </div> <div style="width: 50%;"> <input checked="" type="checkbox"/> Other </div> </div> <p style="margin-left: 20px;">Local public health does actively partner with the county's mental health providers ongoing in various programs targeting mental health clients, but cannot effectively increase the access to mental health care providers.</p>

TAMA COUNTY

FEBRUARY 23, 2016

COMMUNITY HEALTH NEEDS ASSESSMENT SNAPSHOT



Promote Healthy Living

- Priority #1 Cardiovascular disease and deaths in all ages
- Priority #2 Lack of exercise/physical activity in adult population



Prevent Injuries & Violence

- Priority #1 Alcohol Impaired Driving Deaths



Protect Against Environmental Hazards

- Priority #1 High indoor radon levels in Tama County.



Prevent Epidemics & the Spread of Disease

- Priority #1 No priorities were identified in this focus area.



Prepare for, Respond to, & Recover from Public Health Emergencies

- Priority #1 Emergency response/sheltering in a disaster



Strengthen the Health Infrastructure

- Priority #1 Access to mental health care within affordable driving distance