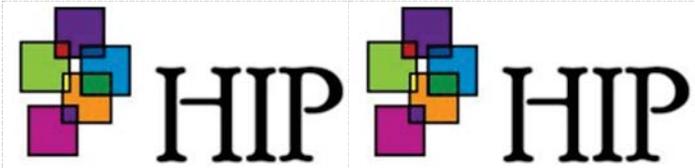


# Sioux County Health Improvement Plan

Date Updated: February 18, 2016



For additional information, CONTACT:

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# Community Priority

## Overweight/ obesity in elementary aged children

<b>Goal #1</b>	By 2021, reduce the rate of overweight and obesity among students in Sioux County.	National Alignment	State Alignment
		<input type="text"/>	<input type="text"/>

<b>Objective 1-1</b>	Reduce the % of students in grades K, 3, and 5 in Sioux County who are overweight or obese from 35% in 2015 to 25% by 2021.	Baseline Year	Baseline Value	Target Year	Target Value
		2015	35%	2021	25%

<b>Strategy 1-1.1</b>	By 2017, increase the number of participants in summer 5-2-1-0 programs by 10%.	<u>Strategy Type</u> Long-Lasting Protective Intervention
	<u>Who's Responsible</u> Healthy Sioux County	<u>Target Date</u> 1/30/2017

<b>Strategy 1-1.2</b>	By 2017, incorporate BMI screening and education in 50% of Sioux County primary care clinics.	<u>Strategy Type</u> Clinical Intervention
	<u>Who's Responsible</u> Rural Health Network Steering Team	<u>Target Date</u> 1/30/2017

# Community Priority

## Diabetes

Goal #1	By 2021, reduce the number of Sioux County residents living with diabetes.	National Alignment	State Alignment			
Objective 1-1	By 2017, increase the number of National Diabetes Prevention Programs available in Sioux County.		Baseline Year	Baseline Value	Target Year	Target Value
			2015	0	2017	1
Strategy 1-1.1	By 2017, apply for recognition for National Diabetes Prevention Program.	Strategy Type Counseling & Education				
	Who's Responsible Community Health Partners	Target Date 6/1/2016				
Strategy 1-1.2	By 2017 a County-wide collaborative national Diabetes Prevention Program will be in place in Sioux County	Strategy Type Counseling & Education				
	Who's Responsible Hawarden Regional Health, Hegg Memorial Hospital, Orange City Area Health System, Sioux Center Health, CHP	Target Date 12/1/2017				
Strategy 1-1.3	By 2017, 3 Sioux County healthcare systems will have diabetes prevention referral systems in place.	Strategy Type Environmental / Policy / Systems Change				
	Who's Responsible Rural Health Network Steering team	Target Date 1/30/2017				
Objective 1-2	By 2021, reduce the diabetes prevalence in Sioux County from 7.6% to 5%.	Baseline Year	Baseline Value	Target Year	Target Value	
		2014	7.6%	2021	5%	
Strategy 1-2.1	By 2018, increase participation in a National Diabetes Prevention program from 0 to 15	Strategy Type Counseling & Education				
	Who's Responsible CHP, county hospitals	Target Date 12/30/2018				

# Community Priority

## Cancer

Goal #1	By 2021, reduce the number of Sioux County residents diagnosed with cancer.	National Alignment	State Alignment			
Objective 1-1	By 2021, reduce the invasive cancer incidence rate in Sioux County from 435.46 per 100,000 (age-adjusted) to 400 per 100,000 (age-adjusted)		Baseline Year	Baseline Value	Target Year	Target Value
			2012	435.36	2021	400
Strategy 1-1.1	Educate the public about the importance of diet and exercise for cancer prevention.	<u>Strategy Type</u> Counseling & Education				
	<u>Who's Responsible</u> Community Health Partners	<u>Target Date</u> 6/1/2017				
Strategy 1-1.2	Promote early screening and detection through organizing collaborative events with county healthcare providers.	<u>Strategy Type</u> Counseling & Education				
	<u>Who's Responsible</u> Community Health Partners, Promise CHC, Sioux County hospitals and clinics, Latina Health Coalition	<u>Target Date</u> 12/30/2016				

# Community Priority

## Youth nicotine use

<b>Goal #1</b>	By 2021 reduce the number of Sioux County youth in grades 6, 8, and 11 who use nicotine delivery products.	National Alignment	State Alignment
		<input type="text"/>	<input type="text"/>

<b>Objective 1-1</b>	By 2017, increase by 40% the number of schools who have a nicotine free school policy.	Baseline Year	Baseline Value	Target Year	Target Value
		2015	5	2017	7

<b>Strategy 1-1.1</b>	Provide in-school education sessions for administration, faculty and staff at Sioux County schools.	<u>Strategy Type</u>
		Environmental / Policy / Systems Change
	<u>Who's Responsible</u>	<u>Target Date</u>
	NWITFC / WHY coalition	12/30/2017

# Community Priority

## Recreation opportunities

<b>Goal #1</b>	By 2021, increase Sioux County residents' access to recreational opportunities.	National Alignment	State Alignment	

Objective 1-1	By 2021, increase the percentage of Sioux County residents with adequate access to exercise opportunities from 79% to 85%.	Baseline Year	Baseline Value	Target Year	Target Value
		2015	79%	2021	85%
Strategy 1-1.1	Promote community recreational opportunities and Complete Streets and Joint Use ordinances.	Strategy Type Environmental / Policy / Systems Change			
	Who's Responsible Healthy Sioux County	Target Date 1/1/2021			
Strategy 1-1.2	Increase the number of paved miles of public use trails in Sioux County.	Strategy Type Environmental / Policy / Systems Change			
	Who's Responsible Sioux County Trails Council	Target Date 1/1/2012			

# Community Priority

## Radon

**Goal #1** By 2021, increase the percentage of Sioux County homes tested for radon and abated.

National Alignment

State Alignment

**Objective 1-1** By 2021, the percentage of Sioux County homes that test above the action level will be decreased from 77% to 50%.

Baseline Year

Baseline Value

Target Year

Target Value

2012

77%

2021

50%

**Strategy 1-1.1** By 2017, increase the number of radon testing kits sold by 10% from 280 to 308.

Strategy Type

Counseling & Education

Who's Responsible

Community Health Partners

Target Date

January 2021

# Community Priority

## Flu and pneumococcal vaccination

<b>Goal #1</b>	By 2021, increase flu and pneumococcal vaccination for Sioux County adults age 65+.	National Alignment	State Alignment
		<input type="text"/>	<input type="text"/>

<b>Objective 1-1</b>	Increase the percentage of Sioux County adults age 65+ who receive flu vaccine from 51% to 75% by 2021.	Baseline Year	Baseline Value	Target Year	Target Value
		2015	51	2021	75

<b>Strategy 1-1.1</b>	By 2017, CHNA stakeholder group will determine flu vaccine strategies for clinical providers.	<u>Strategy Type</u>
		Counseling & Education
	<u>Who's Responsible</u>	<u>Target Date</u>
	CHNA Advisory Team	1/1/2017

<b>Objective 1-2</b>	Increase the percentage of Sioux County adults age 65+ who receive pneumococcal vaccination from 21% to 50% by 2021.	Baseline Year	Baseline Value	Target Year	Target Value
		2014	21%	2021	50%

<b>Strategy 1-2.1</b>	By 2017, CHNA advisory team will determine pneumococcal vaccine strategies for clinical providers.	<u>Strategy Type</u>
		Counseling & Education
	<u>Who's Responsible</u>	<u>Target Date</u>
	CHNA Advisory Team	1/1/2017

# Community Priority

## Surge capacity

<b>Goal #1</b>	By 2021, maintain the surge capacity for Sioux County emergency response.	National Alignment	State Alignment			
<b>Objective 1-1</b>	By 2021, ensure that 100% of mutual aid MOUs are up to date.		Baseline Year	Baseline Value	Target Year	Target Value
			2015	100%	2020	100%
<b>Strategy 1-1.1</b>	Secure funding for ongoing participation in the County Emergency Preparedness Coalition.		<b>Strategy Type</b> Environmental / Policy / Systems Change			
			<b>Who's Responsible</b> Community Health Partners, Sioux County hospitals, Sioux County EMA		<b>Target Date</b> 1/1/2021	

# Community Priority

## Health insurance

Goal #1	By 2021, decrease the number of uninsured Sioux County residents.	National Alignment	State Alignment			
Objective 1-1	By 2018, increase the percentage of eligible Sioux County residents who access Hawk-I, Medicaid, private insurance, or Health Insurance Exchange products.		Baseline Year	Baseline Value	Target Year	Target Value
			2015	85.6%	2018	90%
Strategy 1-1.1	Increase referrals to qualified Health Insurance Navigators / Community Care Coordinators / Certified Application Counselors	<u>Strategy Type</u> Address Social Determinant / Health Inequity				
	<u>Who's Responsible</u> Community Health Partners / Healthcare providers/RHN Steering Team	<u>Target Date</u> 1/1/2018				
Strategy 1-1.2	Increase outreach activities to connect the Hispanic/Latino residents of Sioux County to health insurance information and to community care coordinators.	<u>Strategy Type</u> Counseling & Education				
	<u>Who's Responsible</u> Community Health Partners / Latina Health Coalition/Promise CHC/Sioux County Hospitals	<u>Target Date</u> 1/1/2018				

# Community Priority

## Mental Health Services

**Goal #1** By 2021, increase access to mental health services for Sioux County residents.

National Alignment

State Alignment

Objective 1-1	Increase the number of providers available in Sioux County from 1570:1 to 1000:1 by 2021.	Baseline Year	Baseline Value	Target Year	Target Value
		2015	1570:1	2021	1000:1

Strategy 1-1.1 Develop community and provider partnerships to determine barriers to provider access.

Strategy Type  
Address Social Determinant / Health Inequity

Who's Responsible  
Community Health Partners

Target Date  
1/1/2021

# Community Priority

## Transportation

**Goal #1** By 2021, improve the Sioux County transportation system.

National Alignment

State Alignment

**Objective 1-1** By 2021, develop partnerships with county and community leaders to develop a county transportation plan.

Baseline Year	Baseline Value	Target Year	Target Value
2015	0	2021	1

**Strategy 1-1.1** Complete a feasibility study of a county transportation system.

Strategy Type  
Address Social Determinant / Health Inequity

Who's Responsible  
SCAT - HIP work group

Target Date  
1/30/2021

**Strategy 1-1.2** Pursue funding to pilot a county-wide transportation system.

Strategy Type  
Address Social Determinant / Health Inequity

Who's Responsible  
SCAT HIP work group

Target Date  
1/30/2021

# Community Priority

## Childcare

**Goal #1** By 2021, increase available daycare options in Sioux County

National Alignment

State Alignment

Objective 1-1

Increase the number of available daycare spaces from 44 to 80 by 2020.

Baseline Year

2015

Baseline Value

44

Target Year

2020

Target Value

80

Strategy 1-1.1

Develop community partnerships with community and healthcare leaders to develop a plan to increase daycare availability.

Strategy Type

Address Social Determinant / Health Inequity

Who's Responsible

HIP Group

Target Date

1/1/2020

# Community Priority

## Housing

Goal #1	By 2021, reduce stressed housing in Sioux County.	National Alignment	State Alignment			
Objective 1-1	Reduce the percentage of stress housing in Sioux County, IA from 20% in 2014 to 10% by 2021.		Baseline Year	Baseline Value	Target Year	Target Value
			2014	20%	2021	10%
Strategy 1-1.1	By September, 2016 convene a county housing forum including community leaders, realtors, and landlords.		<u>Strategy Type</u> Address Social Determinant / Health Inequity			
	<u>Who's Responsible</u> HIP Housing Work Group		<u>Target Date</u> 9/30/2016			
Strategy 1-1.2	By 2019, five local communities will incorporate housing stress alleviation in their strategic plan.		<u>Strategy Type</u> Environmental / Policy / Systems Change			
	<u>Who's Responsible</u> Community Health Partners		<u>Target Date</u> 1/30/2019			
Objective 1-2	Reduce the percentage of Sioux County residents with high housing costs from 18.2% in 2014 to 15% by 2021.		Baseline Year	Baseline Value	Target Year	Target Value
			2014	18.2%	2021	15%
Strategy 1-2.1	By 2017, increase the number of communities including low-income rental property development in their strategic plans.		<u>Strategy Type</u> Address Social Determinant / Health Inequity			
	<u>Who's Responsible</u> Community Health Partners		<u>Target Date</u> 1/30/2017			

# Community Priority

## Translation and Interpretation

<b>Goal #1</b>	By 2021, improve quality of interpretation and translation services available in Sioux County.	National Alignment	State Alignment
		<input type="text"/>	<input type="text"/>

<b>Objective 1-1</b>	By 2017, 3 Sioux County agencies/organizations will have established procedures and guidelines for accessing and reviewing interpretation and translation services, including health literacy.	Baseline Year	Baseline Value	Target Year	Target Value
		2015	0	2017	3

<b>Strategy 1-1.1</b>	Convene workgroup of county agencies who need interpretive or translation services.	<u>Strategy Type</u>
		Address Social Determinant / Health Inequity
	<u>Who's Responsible</u>	<u>Target Date</u>
	Community Health Partners / CASA	1/1/2017

<b>Objective 1-2</b>	By 2018, develop a pool of qualified and specifically trained medical interpreters.	Baseline Year	Baseline Value	Target Year	Target Value
		2015	0	2018	1

<b>Strategy 1-2.1</b>	By 2018, facilitate 2 medical interpreter workshop in partnership with Northwestern College.	<u>Strategy Type</u>
		Counseling & Education
	<u>Who's Responsible</u>	<u>Target Date</u>
	CASA	1/1/2019

# Community Priority

## Community resource network

Goal #1	By 2021, improve the connectedness of community resource providers.	National Alignment	State Alignment			
Objective 1-1	By 2019, at least 7 Sioux County agencies will participate in a collaborative rural health network project.		Baseline Year	Baseline Value	Target Year	Target Value
			2015	5	2017	7
Strategy 1-1.1	Convene Rural Health Network Steering Team on a quarterly basis.		Strategy Type Environmental / Policy / Systems Change			
	<u>Who's Responsible</u> CHP		<u>Target Date</u> 1/30/2019			
Objective 1-2	By 2017, a comprehensive community resource directory will be available on-line.		Baseline Year	Baseline Value	Target Year	Target Value
			2015	0	2017	1
Strategy 1-2.1	Develop a system of ongoing review and maintenance of community resource directory.		Strategy Type Environmental / Policy / Systems Change			
	<u>Who's Responsible</u> Community Health Partners		<u>Target Date</u> 1/1/2017			

# Community Priority

## Health Literacy

<b>Goal #1</b>	By 2021, increase the number of health literate organizations in Sioux County.	National Alignment	State Alignment	

Objective 1-1	By 2017, increase from 2 to 4, the self-reported use of health literacy based tools or health literacy inclusive interventions in health care provider organizations.	Baseline Year	Baseline Value	Target Year	Target Value
		2015	2	2017	4

Strategy 1-1.1	By 2017, increase the number of organizations who have participated in health literacy training including understanding cultural expectations, managing healthcare expectations, and creating a health literate organization.	Strategy Type	Counseling & Education		
	<u>Who's Responsible</u>		<u>Target Date</u>		
	Community Health Partners		1/1/2017		

Objective 1-2	By 2018, increase the number of organizations who report providing their staff with cultural responsiveness training.	Baseline Year	Baseline Value	Target Year	Target Value
		2015	1	2018	5

Strategy 1-2.1	By 2017, increase the number of organizations who have participated in cultural responsiveness training.	Strategy Type	Counseling & Education		
	<u>Who's Responsible</u>		<u>Target Date</u>		
	Community Health Partners		1/1/2017		